NOTE: This template is meant to provide high-level assistance with formatting manuscripts for submission to *Agrosystems, Geosciences & Environment*. More information is provided about the formatting of each of these sections in our official style guide: <https://dl.sciencesocieties.org/publications/style/>.

**Core ideas (3-5 impact statements, 85 char max for each)**

Effects of cover cropping on soil water parameters at 10-18 cm depth varied by site

Cover crops increased water held at field capacity in 2 of 4 trials

Cover crop had no effect on bulk density at any of the trials at this depth

Proposed causal model shows cover crop root measurements may be key to understanding site-specific effects

Effects of Winter Cover Cropping on Soil Water-holding Capacity Varies by Site

V.A. Nichols, E. B. Moore, S Gailans, M Liebamn

Affiliations: List the full address for each author in the author byline

Abbreviations: Please list abbreviations in alphabetical order with the abbreviation first, separated from its definition by a comma. Please use semicolons to distinguish separate abbreviations.

Abstract

*The abstract should be a single paragraph of 250 words or less. It should be specific, telling why and how the study was made, what the results were, and why they were important. The abstract should read like a “mini-manuscript” with 1 to 2 sentences each for a justification/rationale, objective(s), methods, results, and conclusion.*

Addition of an over-wintering cereal rye (Secale cereal) cover crop (CC) to Midwestern maize (Zea mays)-based systems offers several environmental benefits, but the long-term effects on soil hydrological properties is not well-understood. We utilized four long-term (10+ year) no-till trials in Iowa, USA that included a replicated winter rye CC and no-cover treatment in systems with a maize crop (grain or silage) rotated with soybean (Glycine max). At each trial, we took intact 7.62 diameter soil samples from a 10-18 cm depth increment shortly after cash crop planting in the spring of 2019. We measured the volumetric soil water content at saturation and matric potentials of -2.5, -10, -25, -50, -100, -200 and -500 cm water. Additionally, we measured organic matter, soil texture, and bulk densities of the samples. Pore-size distribution indices and air-entry potentials were estimated from non-linear model fits to the soil water retention curves. Water contents at saturation and at field capacity (-100 cm water) were taken directly from the data. Neither pore-size distribution nor air-entry potential (model parameters) were affected by CCs. At this depth, CCs did not meaningfully affect bulk density or water contents at saturation at any trial. At two trials, soil water content at field capacity was increased by 1.3% (SE: 0.5%) and 1.2% (SE:0.4%), respectively. These changes were not related to above-ground biomass production of the CC. We propose a causal model relating CCs to soil properties relevant to soil water, which indicates root measurements may be key to understanding variable effects of CCs on soil water storage. Our results demonstrate more research is needed on the exact mechanisms by which CCs can improve soil water storage, as well as when and where those benefits may be most easily realized.

Introduction

*Keep the introduction short, but include (i) a brief statement of the problem that justifies doing the work, or the hypothesis on which it is based; (ii) the findings of others that will be further developed or challenged; and (iii) an explanation of the general approach and objectives. This last part may indicate the means by which the question was examined, especially if the methods are new.*

Addition of an over-wintering cereal rye (*Secale cereal*) cover crop (CC) to Midwestern maize (*Zea mays*)-based systems offers several environmental benefits including reduced soil erosion and nutrient pollution (CITE). On average, rye CCs have no effect on maize yields in the short term (Marcillo and Miguez 2017), but it is possible cover cropping in Midwestern systems could stabilize crop yields. In Midwestern rain-fed systems, crops rely on stored soil water and often suffer from terminal drought stress (Campos et al. 2006). In these systems, CCs may induce soil changes such as increased organic matter (Moore et al. 2014) or lower bulk densities (Villamil et al 2006, Chalise et al. 2019) that in theory could result in more water storage capacity, and therefore buffer crop yields against drought stress (Williams et al. 2016, Kane et al. 2021). Cover crops may also benefit crop-water relations by increasing water infiltration or through a mulching effect (Unger and Vigil 1998, Leuthold et al. 2021). Two global meta-analyses suggest CCs can promote an increased capacity for soil to store water and higher infiltration rates (Basche and DeLonge 2017, Basche and DeLonge 2019). However, to our knowledge there are few studies supporting these findings in Midwestern cover cropping contexts, and they report contradicting results (Villamil et al. 2006, Basche et al. 2016, Irmak et al. 2018). Region-specific studies are needed, as climatic and managerial constraints of maize-soybean rotations can limit cover crop options and growth potential (Strock et al. 2004, Baker and Griffis 2009, Nichols and Martinez-Feria 2021). The duration of cover cropping may also impact whether changes in soil structure are detected. Long-term studies on tillage have shown significant, but slow changes to the soil after implementing no-till (al-Kaisi et al. 2014, Cusser et al. 2020). Addition of cover crops may likewise require several years before improved soil hydrological properties can be detected, necessitating data collection from long-term experiments.

Lastly, while shallow soil depths (0-10cm) may be more responsive to cover crop effects (e.g. Moore et al. 2014, Kaspar et al. 2006, the nature conservancy thing), deeper depths may be more important when considering the soil’s contribution to the crop’s water supply (Asbjornsen et al 2008, Williams et al. 2008, Rizzo et al. 2018).

Given both the need to quantify long-term benefits of cover cropping and the current lack of Midwest-specific data, the objectives of our study were to (1) determine what aspects of a soil’s hydrological profile are affected by long-term cover cropping at a depth relevant to crop production, and (2) propose a causal model connecting cover crops to changes in soil properties to aid in targeting future research. We collected soil samples at a 10-18 cm depth increment from four long-term (10+ years) no-till cover crop trials located in Iowa, USA. Two trials were on-farm production fields, and two trials were part of a larger research experiment. We assessed the effects of long-term cover cropping on soil water content at saturation, soil water content at matric potentials approximating field capacity (-100 cm H2O, Moore 2021), and pore-size distributions as estimated by the soil water retention curve shape. To complement and contextualize these data, we also measured soil texture, soil organic matter, and bulk densities of the soil samples. We used our results in combination with previous literature to construct a proposed causal model (Pearl 2008), which was analyzed for conditional dependencies (CITE).

Materials and Methods

Header 2

*Header 3*

*In the Materials and Methods section, give enough detail to allow a competent scientist to repeat the experiments, mentally or in fact. For information about product names, proprietary materials, the names of plants and other organisms, and references, please see our style guide, chapter 1, page 8. For information on equations, please see our style guide, chapter 6.*

**

## *Site descriptions*

Three long-term sites were used for this study (**Figure 1**), with one site having two trials. Therefore, a total of four trials were sampled (**Table 1**). Each trial consisted of two treatments that had been in place for at least 10 years: (1) a maize/soybean rotation (either grain- or silage-based) with a winter rye cover crop planted yearly in the fall following cash crop harvest and terminated in the spring, and (2) the same rotation without a cover crop. Every trial was arranged in a randomized complete block design with four (West and East) or five (Central) replicates. The plots within each trial were managed identically save for the planting of the cover crop in the fall. The exact herbicide and nutrient programs varied by site, reflective of their particular managers and contexts (**supplementary material**). More detailed accounts of agronomic management have been published elsewhere for the research site (Moore et al., 2014) and production sites (Nichols et al. 2020). All sites had sub-surface tile drainage and were managed without tillage since initiation.

|  |
| --- |
| Diagram  Description automatically generated with low confidence |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Plot Size and Average Slope\*** | **Treatment Replications** | **Dominant Soil Types\*** | **Average Depth to Water Table\* (cm)** | **30-year Annual Mean** | |  | **Mean Cover Crop Biomass (Mg ha-1)** | | **2018 Crop** | **2019 Sampling Date** |
| ***Air Temperature (⁰C)*** | ***Precipitation (mm)*** |  | ***5-year*** | ***10-year*** |
| *West-grain (commercial farm),* 41⁰55’N 94⁰36’W, initiated in 2008 | | | | | | | | | | |
| 25 x 250 m (1-3%) | 4 | Nicollet loam | 67 | 9.5 | 880 |  | 0.24 | 0.45 | Soybean | May 23 |
| *Central-silage (research plots);* 42⁰00’N 93⁰48’W; initiated in 2002 | | | | | | | | | | |
| 3.8 x 55 m  (1-3%) | 5 | Clarion loam | 100 | 9.8 | 907 |  | 2.38 | 1.98 | Maize | June 6 |
| *Central-grain (research plots);* 42⁰00’N 93⁰48’W; initiated in 2009 | | | | | | | | | | |
| 3.8 x 55 m  (1-3%) | 5 | Clarion loam | 100 | 9.8 | 907 |  | 1.53 | 0.88 | Maize | June 6 |
| *East-grain (commercial farm);* 41⁰18’N 92⁰48’W; initiated in 2009 | | | | | | | | | | |
| 25 x 275 m  (0-2%) | 4 | Taintor silty clay loam | 0 | 10.2 | 947 |  | 1.73 | 1.32 | Maize | June 10 |

*\* From Web Soil Survey data, see supplementary material for field maps*

The West-grain and East-grain trials were production fields on commercial farms, and only one phase of the maize/soybean rotation was present each year. The Central site was a larger research study managed by the United States Department of Agriculture and included both phases of each rotation (Kaspar et al., 2007, Kaspar et al. 2012). For the present study, only the soybean phase of the USDA site was sampled due to time constraints. Cover crop biomass sampling occurred each spring at every trial; details about methodology are reported elsewhere (Nichols et al. 2020) and historical values are available in supplementary material.

## *Soil Sampling*

An aluminum ring 7.62 cm in diameter and 7.62 cm tall was used to take intact soil samples. Sampling occurred in May or June of 2019 after maize (West) or soybean (East, Central-grain, Central-silage) emergence at each site. Sampling was conducted immediately following crop emergence to minimize the effects of live roots in the samples, and a few days following a rain to ensure the soil was fully drained, but wet enough to remain in the ring during sampling.

At all trials, samples were taken in the middle of the plots between planted rows. To get intact soil cores, a hole 10 cm deep was dug, and soil was smoothed by hand to create a flat area approximately 30 cm square. The ring was placed on the soil surface in the center of the flat area, a hollow metal cap was placed on it, and a 15 kg weight was used to evenly drive the ring into the undisturbed soil. Once the ring was fully inserted into the soil, a hole was dug around the ring. A flat sheet of metal was slid under the ring to extract it, and a knife was used to remove soil from the top and bottom of the ring using a Z-cutting motion. The ring was wrapped in aluminum foil with the soil orientation (top, bottom) marked. The foil-wrapped ring was then placed in an individual plastic container, then placed in a cooler. This process was repeated for each plot. Samples remained in the cooler for no more than four hours before being placed in a refrigerator.

### *Soil-water-retention curve*

## The equipment could accommodate 12 samples at a time, so each trial’s samples were run together in a batch. Our interest was in comparing relative effects within a site, so variation between runs was experimentally included in variation between trials. The samples were measured in the order they were sampled. A given trial’s cores had cheesecloth taped to the bottom of each core and an additional ring taped to the top. The full batch of samples (eight for East and West, 10 for Central) was then placed in a vacuum chamber for at least 12 hours in a solution of 0.01 M CaCl2 filled to the top of the first ring, allowing the solution to move upward to saturate the soils with minimal air entrapment. The top ring was removed from the cores, then the saturated cores were weighed, then transferred to a custom-built pressure cell apparatus (Ankeny et al. 1992). Measurements were made according to the protocol described by Kool et al. 2019. Briefly, the cores were drained at atmospheric pressure for 12 hours to obtain a measurement for gravity-drained values (Ψ = -2.5 cm water). Subsequent measurements were taken at matric potentials (Ψ) of -10, -25, -50, -100, -200, and -500 cm water. The samples were then oven dried at 60 deg C for at least 48 hours, then weighed. Bulk densities were estimated by dividing the oven-dried weight of soil by the ring volume (347.5 cm3).

Saturation

### *Soil Texture*

The oven-dried soil was ground and passed through a 2 mm sieve. Two teaspoons of soil from each core were used for soil texture measurements. Soil texture was measured using laser diffractometry (Miller and Schaetzel 2012) with a Malvern Mastersizer 3000 and a HydroEV attachment (Malvern Panalytical Ltd, UK), producing estimates for the percentage of the soil that was sand (50-2000 micrometers), silt (6-50 micrometers), and clay (0.1-6 micrometers).

***Organic carbon***

Half of the remaining oven-dried soil cores were sent for organic matter analysis (Agsource, need to find the paper that explains their methods) using the loss-on-ignition method with the following conversions:

(LOI%) \* 0.89 = OM%

OM% \* 0.58 = C%

## *Probably need to mention how flawed this method is..*

## *Statistical analysis*

All data manipulation, figure creation, and model fitting was done using R version 4.0.3 (R Core Team, 2020) and the tidyverse meta-package (Wickham et al. 2019). Non-linear models were fit using the nlraa (Miguez 2021) package functionality, with specific equation fits from the HydroMe (Omuto et al. 2021) and soilphysics (Da Silva and De Lima 2015) packages. Linear models were fit and summarized using the lme4 (Bates et al. 2015) and emmeans (Lenth 2021) packages. The meta-analysis of individual plot’s fitted parameters was performed using the metaphor package (Viechtbauer 2010).

The effects of trial, cover crop treatment, and their interaction on soil texture, organic matter, and water contents at saturation and field capacity were assessed using mixed-effect models. Trial, cover crop, and their interaction were included as fixed effects, with a random intercept effect for replicates nested within site. Appropriate covariates were added to models for water content at saturation and field capacity, based on results from soil texture models.

We fit the Gardner equation (CITE) and Van Genutchen models (the 1980 one) to describe the relationship between soil moisture and soil water matric potential in our datasets. We found the models produced similar Akaike’s Information Criteria values (CITE), with the Gardner model showing a slightly better fit, consistent with other studies (Too et al. 2014). We chose to use the results from the Gardner model due to its simplicity and biologically meaningful parameters. The Gardner equation is as follows:

Where θ is the volumetric moisture content at a given soil water potential ; the remaining variables are fitted parameters. θr and θs are the residual and saturated water contents, respectively, *a* is the inverse of the air-entry potential, and *n* is an index for the pore size distribution, with higher values indicating a larger distribution. Residual water contents, estimated by the model, are experimentally measured at -15,000 cm water (CITE). The highest presssure we used in this study was -500 cm water, which could lead to less stable model fits due to lack of an anchoring value. We checked the pore-size distribution parameter estimate against values estimated using capillary rise equations (CITE), which provide an estimate of pore neck diameters, and found the estimates to be similar and produce the same results. We report the results from the Gardner model fit for simplicity.

Models were fit using both a fixed- and mixed-effect approach to account for differences between trials. We found the two models produced similar fit statistics. We chose to fit the Gardner equation to each experimental unit, then performed a meta-analysis on the parameters, weighting by their estimated uncertainties from the non-linear model fitting procedure (CITE). For the meta-analysis we included trial as a random intercept, cover crop as a modifier, and fit models both with and without percent sand as a covariate.

Volumetric water contents at saturation were extracted directly from the data. Volumetric water contents at field capacity were estimated as the volumetric water content averaged over measurements taken at a matric potential of -100 cm water (Moore 2021). We used this approximation because the true field capacity matric potential will depend on the distance to the water table. The trials sampled all had artificial tile drainage installed at ~1.2 meter depths and shallow water tables (Table 1), meaning field capacity will be at matric potentials less than the commonly assumed -330 cm water (Bonfante et al. 2020).

The effects of trial, cover crop treatment, their interaction, and appropriate covariates on water contents at saturation and field capacity were assessed using mixed-effect models, with a random intercept effect for replicates nested within site and all other factors as fixed.

Results and Discussion

Use tables, graphs, and other illustrations in the Results section to provide the reader with a clear understanding of representative data obtained from the experiments. Call attention to significant findings and special features, but do not repeat what is already clear from an examination of the graphics. If you have minimal results, describe them in the text.

Use the Discussion section to interpret your results. Whether combined with the Results section or standing alone, the Discussion section should focus on the meaning of your findings, not recapitulate them. For more information, please see chapter 1 of our style guide.

## Soil texture and organic matter

All plots had textures within ranges classified as silty-clay-loams. Texture varied most strongly by trial, with the East-grain site having the lowest amount of sand and highest silt component. Within an trial, the sample’s texture also varied by cover crop treatment, with the cover cropped plots having a significantly higher sand component, and significantly lower clay component than the no-cover plots in the West-grain and East-grain trials, both production fields (**Table 1**, **Fig. 2**). While the plots in the production fields were randomly assigned a cover crop treatment, both had treatments that regularly alternated strips, which in a field with a uniform texture gradient could result in one treatment having significantly different textures. The Central site had several treatments and the blocks were located in quadrants within the field.

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| **Figure 2.** Soil texture components varied by trial and cover crop treatment, with the cover cropped plots having significantly more sand (bolded orange color) and significantly less clay at the West-grain and East-grain trials. |

Based on these results, sand or clay was included as a covariate in statistical models for response variables thought to be affected by soil texture.

Clay soils can accrue organic matter more easily compared to sand, due to the high surface area and ionic charges associated with clays (Cite). Therefore, for the organic matter response variable, we report the results from statistical models that included sand as a covariate. Organic matter values ranged from 1.8 to 4.6%. Organic matter at the East-grain site was 1.2 (no sand adjustment) or 1.4 (sand adjustment) times higher in the cover crop plots compared to the no-cover plots (p=0.01 and p < 0.01, respectively). Cover cropping did not significantly affect soil organic matter at the other three experimets, regardless of sand adjustments (supplemental material).

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | None | Cover Crop | Change With CC Addition | Statistical Significance |
| Bulk density1 |  |  |  |  |
| West-grain | 1.50 | 1.47 | +0.04 (0.01) | p = 0.003 |
| Central-silage | 1.40 | 1.39 | +0.02 (0.01) | p = 0.06 |
| Central-grain | 1.31 | 1.28 | +0.03 (0.01) | p < 0.001 |
| East-grain | 1.69 | 1.60 | -0.08 (0.01) | p < 0.001 |
| Organic Matter |  |  |  |  |
| West-grain |  |  |  |  |
| Central-silage |  |  |  |  |
| Central-grain |  |  |  |  |
| East-grain |  |  |  |  |

1Statistical models included sand content as a covariate and site as a random intercept

2 XX

The size of sand particles reduces packing efficiencies compared with clay, meaning a sandy soil with the same pore space as a clay soil will have higher apparent bulk densities. Because we were interested in using bulk density as a proxy for pore space, we included sand as a covariate in the models evaluting the effects of cover cropping on bulk densities. Bulk densities varied from 1.2 g cm-3 to 1.7 g cm-3. The bulk densitiy of the cover cropped plots at the East-grain trial were significantly lower than the no-cover plots by 0.1 g cm-3 (SE=0.04, p = 0.02), after adjusting for sand contents. Cover cropping did not significantly affect bulk densities at any other trial (supplemental material).

## Soil hydrological properties

### Saturation and field capacity

Soil volumetric water at saturation is inversely related to bulk density, as it reflects the amount of pore space in a given volume of soil. Consistent with the bulk density results, the East-grain trial was the only trial where cover cropping significantly affected the amount of soil water at saturation (**Figure 3**), increasing it from an estimated 41% to 44% (p= 0.06) after correcting for sand contents. Inclusion of the sand covariate changed the magnitude of the difference at the East-grain, but not the direction. Field capacities were signifiantly higher in the cover cropped plots at both the West-grain (p = 0.06) and Central-silage (p = 0.01) trials. At the West-grain trial, the soil water at field capacity was increased from 35 to 37%, and at the Central-silage trial from 40 to 42%, respectively.

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|  |
| **Figure 3**. Soil volumetric water contents at saturation and field capacity with 10+ years of winter rye cover cropping (green triangles) or winter fallow (brown circles) in a maize-soybean rotation at four trials. Points are estimated means, line ranges are the standard errors of the estimate, and stars indicate significant differences at a p < 0.10. All estimates include an adjustment for the percent sand in the sample, and the y-axes have different scales for ease of viewing. |

### Soil water retention curves

The Gardner equation fit converged for all experimental units (**Figure 4**), with *a* ranging from 0.001 to 0.284, and *n* ranging from 0.45 to 1.49 (supplemental material). Cover cropping did not significantly affect either parameter.

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| **Figure 4.** The Gardner equation was fit to each experimental unit, with four (West-grain, East-grain) or five (Central-silage, Central-grain) replicates for each cover crop treatment (no cover and rye, brown and green, respectively). |

### Causal model

There are several pathways by which cover crops may affect soil hydrology (**Fig. 5**).

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|  |
| **Figure 5**. Pathways by which cover crops may affect the pore size distributions, the amount of water stored at field capacity, and the amount of water at saturation in no-till systems. Red arrows indicate an inverse relationship, while black arrows indicate positive relationships. Gray boxes indicate variables that were measured in this experiment. |

The causal model was built using literature (Table X).

Table X.

|  |  |
| --- | --- |
| Causal arrow | Citation(s) |
| Cover crops increase soil biological activity |  |
| Above-ground and below-ground biomass reduces soil erosion independently of one another |  |
| Soil erosion reduces soil aggregation, soil porosity, soil organic matter, and soil structure |  |
| Above-ground and below-ground biomass contributions to soil organic matter may be independent |  |
| Soil organic matter increases soil structure, soil aggregation, and soil porosity |  |
| Soil aggregation increases soil strucutre independently of soil organic matter |  |
| Below-ground biomass (roots) increase soil porosity and stimulate soil biology |  |
| Soil biology (worms) increase soil porosity |  |
| Soil structure and bulk density affect soil water at field capacity |  |

Graphical analysis of the causal model identified belowground biomass as a necessary measured variable for assessing the strength of each path connecting the effect of cover crops on soil water at saturation and field capacity.

Acknowledgments

Please list any acknowledgments here.

Supplemental Material

Please include a brief summary of your supplemental materials, if any. When using supplemental material to shorten the text of a manuscript, keep in mind that the Materials and Methods section should provide enough detail to allow the reader to determine whether the interpretations are supported by the data. For more information on acceptable file types and formatting, please see our style guide, chapter 1, page 10.

Optional Sections

Optional sections include data availability, author contributions, appendices, and conflict of interest. Please list each separately and make sure they are properly labeled.

References

All in-text reference citations must be formatted using the author-year system and must be listed in alphabetical order. Please do not use numbering for your references.

For more information about reference formatting, please see our style guide, starting in chapter 1, page 11.

Figures and Tables

All tables and figures should be listed near their callouts in the main document on submission. All tables must be created using the table feature in word, not using tabs and spaces. Please do not insert blank columns or rows. Please put all units of measure together in a separate row. For more information about figure and table formatting, please see chapter 5 of our style guide.

Figure 1. This is an example figure legend.

Table 1. This is an example table.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| A† | B | C | D | E |
|  | kg ha-1 | | mg | |
| 1 | Asdf | Yes | 12 | Data |
| 2 | Asdf | Yes | 34 | Data |
| 3 | Asdf | No | 56 | Data |

†Table footnote

Ramblings

Cover crops may improve crop-water relationships through increased soil water-holding capacity, faster infiltration, and mulching effects (Unger and Vigil 1998), which in theory could lead to more stable crop yields with the use of cover crops. Short term use of rye cover crops has, on average, a neutral effect on crop yields (Maricllo and Miguez 2017),

The effects after long-term use, as well as in stress-years is less clear. Recent field studies have shown mixed results with respect to cover crops and drought, with cover crops exacerbating drought effects (Martinez-Feria et al. 2016), having no effect (Hunter et al. 2021), or only stabilizing maize yields in certain landscape positions (Leuthold et al. 2021). The confounding of mulching and cover crop effects on soil structure make it difficult to understand, and thus maximize cover crops ….

isolate the impacts of cover crops on soil-related impacts from yield studies alone (Daigh et al. 2014, Leuthold et al. 2021),.

Measuring soil properties directly related to soil water in replicated trials with cover cropping compared to a control can aid in understanding these complex interactions, allowing researchers to draw more direct links between cover crops and crop yields.

In some circumstances, cover crops may increase soil carbon, water stable aggregate size, and soil porosity (Villamil et al. 2006, Moore et al. 2014, Rorick and Kladivko 2017) which in theory could promote more stable crop yields during years with extreme precipitation. For example, one of the main purported benefits of increased soil organic matter is the increased capacity for the soil to hold and supply water for the crop to use in the absence of rain or irrigation ( \).

The casual link between cover crops and soil water-holding capacity is in-direct, and to our knowledge has not been explicitly explored. It may be mediated through pathways such as increased soil organic matter or promotion of macropores through enhanced soil biology (CITE). Without the ability to visualize these causal connections, it can be difficult to identify when and where cover crops will be most effective.

In a global meta-analysis, the authors found cover crops increase the amount of water stored at field capacity and soil porosity compared to no-cover controls (Basche and DeLonge 2017). However, that dataset included only one study from a winter cover crop in a Midwestern row crop system (Basche et al. 2016), and to our knowledge there are few additional studies from this region.

Old text

Cover cropping can significantly reduce soil erosion and nitrate leaching from Midwestern cropping systems, thus reducing the negative environmental impacts of annual cropping (Kaspar et al. 2001, Kaspar et al. 2007, Kladivko et al. 2014). The effects of cover cropping on crop yields is less straightforward.