



Asmi Advanced Learning Programme

Empowering Tomorrow's Psychologists, Today



Intensive QPR Workshop

September 28'2024 | 5 Hours | ONLINE LIVE

SUICIDE QPR

Master Your Role as a Suicide Prevention Gatekeeper

OVERVIEW

The field of psychology in India is rapidly evolving, with an increasing demand for skilled professionals who can address mental health challenges and promote well-being. However, many psychology aspirants and freshers lack the practical training necessary to excel in this dynamic industry. This gap in hands-on experience leaves them unprepared for real-world scenarios.

At AsmiVeda, we transform psychology education through hands-on training and real-world experience. Our mission is to empower aspiring psychologists with the knowledge and skills needed to succeed. With over 5000 hours of learning and 100+ inspiring success stories, our updated curriculum and focus on collaboration ensure top-tier education.

Our **Advanced Training Program in Comprehensive Psychology** bridges the gap between theory and practice. Through immersive experiences, real-life case studies, and personalized mentorship, we prepare learners for the challenges of the psychology profession. Join AsmiVeda and become the industry-ready professional you aspire to be

WHO IS THIS PROGRAM FOR?

This training program is designed to promote mental well-being and equip participants with essential skills to understand and address mental health challenges.

The session addresses the basics of suicidality, including an overview of suicide and its impact, exploration of the causes of suicidality, dispelling common myths, understanding protective factors and risks, examining stages of suicidal behavior, and providing guidelines for effective communication surrounding suicide.

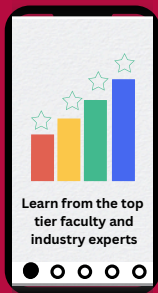
Key components of the program include:

- 1) What is Suicide and its statistics
- 2) Causes of Suicidality
- 3) Common Myths about Suicide
- 4) Protective Factors and Risk Against Suicide
- 5) Stages of Suicidal Behavior
- 6) Communication around Suicide (do's and don'ts)
- 7) How to Question, Persuade and Refer someone who may be suicidal
- 8) The causes & warning signs of suicide
- 9) How to get help for someone in crisis



Employment of psychologists is projected to grow by 6% overall, with a 10% increase specifically for clinical, counseling, and school psychologists from 2021 to 2031.

PROGRAMME HIGHLIGHTS



Learn via live online sessions and real world case studies



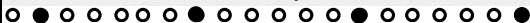
Gain industry oriented insights from field visits



Participate in peer-to-peer learning and grow your network



Receive certificates worth Rs 35000/-



PROGRAMME SCHEDULE

Intensive QPR workshop is a specially curated training where you will be equipped with the knowledge and skills to recognize the signs of suicide, intervene effectively, and connect individuals in crisis with appropriate resources.

Duration	5 HOURS	Faculty
Live Online Sessions	The sessions will run from 10:00 AM to 5:00 PM with two tea breaks and one lunch break incorporated into the schedule.	Mr. Sachin A Certified Suicide Prevention Gatekeeping Instructor by QPR Institute, Washington USA.

Programme Schedule



Module 1

Basics of Suicidality

Learn the fundamentals of suicidality, including causes, protective and risk factors, stages of suicidal ideation, and effective communication strategies.

- **Topics Covered:**
 - Basics of Suicidality
 - Suicide and Non-Suicidal Self Injury (NSSI)
 - Causes of Suicidality
 - Protective Factors and Risk Factors
 - Stages of Suicidal Ideation
 - Communication around Suicide (do's and don'ts)

Module 2

QPR (Question, Persuade, Refer) Training

This module covers the QPR methodology, a recognized suicide prevention gatekeeper training recommended by the Government of India and NIMHANS.

- **Topics Covered:**
 - Myths and Facts about Suicide
 - Warning Signs of Suicide
 - QPR Methodology
 - Certification by QPR Institute, Washington, USA

Additional Features

- **Additional Features:**
 - International QPR certification valid for 1 year.
 - 2 educational credits valid in the USA.
 - Lifetime access to the community platform.
 - Access to mental health and suicide prevention resource.



“

As a teacher, I often encounter students who are going through tough times. This training equipped me with the confidence and knowledge to support them effectively. The certification adds credibility to the skills I've acquired.

”

Sanjay



“

The QPR training was incredibly insightful. I learned how to recognize the warning signs of suicide and how to approach someone who may be struggling. The practical skills I gained have already made a difference in my community

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Aamna



“

The QPR training was an eye-opener. It not only taught me how to help others but also increased my awareness of mental health issues. I highly recommend it to anyone who wants to make a difference

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Prince



“

QPR Gatekeeper Training is a must for anyone in the healthcare field. It provided me with the tools to help patients in crisis and understand the importance of early intervention.

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Dhruv



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