



Asmi Advanced Learning Programme

Empowering Tomorrow's Psychologists, Today



Comprehensive Personality Development

OCTOBER 1 '2024 | 5 Hours | ONLINE LIVE

Personality Development

Comprehensive Program for Aspiring Therapists

OVERVIEW

The field of psychology in India is rapidly evolving, with an increasing demand for skilled professionals who can address mental health challenges and promote well-being. However, many psychology aspirants and freshers lack the practical training necessary to excel in this dynamic industry. This gap in hands-on experience leaves them unprepared for real-world scenarios.

At AsmiVeda, we transform psychology education through hands-on training and real-world experience. Our mission is to empower aspiring psychologists with the knowledge and skills needed to succeed. With over 5000 hours of learning and 100+ inspiring success stories, our updated curriculum and focus on collaboration ensure top-tier education.

This course is meticulously designed to equip aspiring therapists with essential skills and knowledge for personal and professional growth. With a focus on communication, cultural competency, presentation skills, and financial literacy, participants will be well-prepared for various therapeutic settings.

HOW WILL THIS PROGRAM HELP?

This program helps participants develop both personal and professional skills, including mastering open-ended questioning, public speaking basics, and mock interviews for therapy positions. It covers cultural considerations, implicit bias, and ethical dilemmas through case studies, and offers role-play scenarios to practice maintaining boundaries, legal issues, and confidentiality.

Additionally, participants will learn budgeting, saving, investing for private practice, and tailoring resumes to job descriptions.

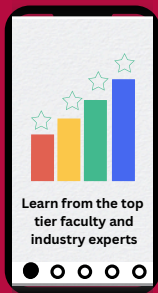
Key components of the program include:

- 1) Communication Skills
- 2) Mock Interviews
- 3) Cultural Competency
- 4) Ethical Decision-Making
- 5) Presentation Skills
- 6) Financial Literacy
- 7) Resume Building



Employment of psychologists is projected to grow by 6% overall, with a 10% increase specifically for clinical, counseling, and school psychologists from 2021 to 2031.

PROGRAMME HIGHLIGHTS



Learn via live online sessions and real world case studies



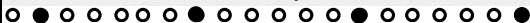
Gain industry oriented insights from field visits



Participate in peer-to-peer learning and grow your network



Receive certificates worth Rs 35000/-



PROGRAMME SCHEDULE

Designed to cultivate well-rounded therapists, this course offers a robust foundation in communication, cultural competence, presentation skills, and financial literacy. Students will emerge prepared to excel in a variety of therapeutic settings.

Mode	Duration	Certification
Live Online Sessions	5 Lectures (1 Hour each)	Participants will receive a certificate upon completion of the course, acknowledging their newly acquired skills and knowledge.

Programme Schedule



Communication Skills

- Providing and receiving constructive feedback on communication style.
- Learning open-ended questioning techniques.
- Public speaking basics: vocal variety and projection.
- Body language

Mock Interviews

- Practice interviewing skills and build confidence in real-world interview scenarios.
- Mock interviews for different therapy positions, such as private practice, community mental health centers, and hospitals.

Cultural Competency

- Case studies on cultural considerations in therapy.
- Discussions on implicit bias and microaggressions.

Ethical Decision-Making

- Case studies on ethical dilemmas therapists face
- Role-playing scenarios to practice maintaining boundaries, legal and regulatory issues

Presentation Skills:

- Structure and organization & delivering presentations

Self-Care and Resilience

- Self-care strategies, mindfulness and sharing coping mechanisms for challenging client interactions.

Financial Literacy

- Budgeting and saving and investing for private practice

Resume Building

- Resume Mastery: Format, Content, Bullets, Tailoring, Keywords



“The focus on cultural competence has expanded my ability to work with diverse populations. I've developed a newfound confidence and clarity in my goals and approach.”

Shivani



“Through comprehensive personality development training, I have cultivated a deeper understanding of my strengths and weaknesses, enabling me to foster more meaningful connections and present myself better.”

Aamna



“The tools and techniques I learned in the personality development program have significantly improved my communication and leadership skills. I've become more self-aware and resilient after completing this program.”

Prince



“The personality development program helped me overcome my fear of public speaking and develop strong presentation skills. I now feel more confident in sharing my ideas and insights.”

Dhruv



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