```
# -------- LIST ADT USING ARRAY --------
class ArrayList:
    def __init__(self):
        self.data = []

    def insert(self, value):
        self.data.append(value)

    def remove(self, value):
        if value in self.data:
            self.data.remove(value)

    def display(self):
        print("Array List:", self.data)


# -------- LIST ADT USING LINKED LIST --------
class Node:
    def __init__(self, value):
        self.data = value
        self.next = None


class LinkedList:
    def __init__(self):
        self.head = None

    def insert(self, value):
        new_node = Node(value)
        if self.head is None:
            self.head = new_node
        else:
            temp = self.head
            while temp.next:
                temp = temp.next
            temp.next = new_node

    def remove(self, value):
        temp = self.head

        if temp and temp.data == value:
            self.head = temp.next
            return

        prev = None
        while temp and temp.data != value:
            prev = temp
            temp = temp.next
```

```
        if temp is None:
            return

        prev.next = temp.next

    def display(self):
        temp = self.head
        print("Linked List:", end=" ")
        while temp:
            print(temp.data, end=" -> ")
            temp = temp.next
        print("None")


# -------- MAIN PROGRAM --------
# Array List
arr = ArrayList()
arr.insert(10)
arr.insert(20)
arr.insert(30)
arr.display()

arr.remove(20)
arr.display()

print()

# Linked List
ll = LinkedList()
ll.insert(10)
ll.insert(20)
ll.insert(30)
ll.display()

ll.remove(20)
ll.display()
```

Output:

```
Array List: [10, 20, 30]
Array List: [10, 30]

Linked List: 10 -> 20 -> 30 -> None
Linked List: 10 -> 30 -> None
```