

MAHIKA MADAN

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SUMMARY

With a strong background in psychology and social work infused, I am passionate about bringing strategic solutions to the current social challenges. I'm extremely passionate about fostering equity and empowerment and to bring about a change. I aim to design and implement sustainable initiatives that drive long-term change and transformation in individuals' lives and society at large.

CO-CURRICULAR

RESEARCH PROJECTS

Jan 2024

- Worked on a research project in the realm of health psychology.
- Research title: "Understanding the Relationship Between Regular Physical Exercise, Stress Levels, and Self-Esteem."
- Conducted under the guidance of Professor Nikhilraj Kola.
- Published in the International Journal of Creative Research Thou

PROJECTS

Sept 2022- Oct 2022

- Interned at Jax Foundation, an NGO based in Noida.
- Aimed to teach children residing in villages around Noida, such as Raipur Mandi.
- Successfully managed to teach the children unclear concepts they found complicated.

GATE QUALIFICATION

March 16 2024- 27

- Attained a rank of AIR 383 out of 3415 candidates in GATE psychology conducted by IISC.
- GATE score is 424

INTERNSHIP

Sept 17 2024- 2024

- Interned at books for all ngo under the SAKSHAM programme which aims to help students who are underprivileged to gain financial independence and it provides free vocational training.
- I worked on a google survey under this programme to know what problems these students faced and how the NGO could improve on it.

EDUCATION

2024-26

Master of social work

AMITY UNIVERSITY

BACHELOR OF ARTS IN APPLIED PSYCHOLOGY HONS.

2021-24

AMITY UNIVERSITY

- Dissertation on the topic " Understanding the relationship between regular physical exercise, stress levels and self-esteem".
- Attained a CGPA of 7.5.

DALHOUSIE HILLTOP SCHOOL, DALHOUSIE

- Attained 82.4% in humanities

CLASS 10

DALHOUSIE HILLTOP SCHOOL :

- Attained 74.6 % in class X board examination conducted by CBSE

ADDITIONAL INFORMATION

- **Languages:** English, Hindi
- **Certifications:** Successfully attained a certification in the course titled “ Cognitive ergonomics” with a score of 75 out of 100 conducted by NPTEL.
- **Awards/Activities:** Received verbal commendations at Sri Venketeshware college Model united nations, Delhi University as a delegation of France.