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Role of Experience and Oscillations in Transforming a Rate Code into a Temporal Code

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While precise spike timing is critical for synaptic plasticity, neither the mechanism for generating a temporal code that establishes such precise spike timing *in vivo*, nor the effect of experience on such a temporal code have been established. Here we propose a mechanism by which a temporal code can be generated through an interaction between an asymmetric rate code and oscillatory inhibition. Consistent with the predictions of our model the rate^{1,2} and temporal³⁻⁵ codes of hippocampal pyramidal neurons are highly correlated. Furthermore, the temporal code becomes more robust with experience. The resulting spike timing satisfies the temporal order constraints of Hebbian learning. Thus, oscillations and receptive field asymmetry may play a critical role in temporal sequence learning.

In a vast majority of brain areas the firing rates of neurons, averaged over several hundred milliseconds to several seconds, can be strongly modulated by, and provide accurate information about, properties of their inputs². This is referred to as the rate code. However, the biophysical laws of synaptic plasticity require precise timing of spikes over short time scales (<10 ms)^{6,7}. Hence it is critical to understand the physiological mechanisms that can generate precise spike timing *in vivo*, and the relationship between such a temporal code and a rate code.

To address these issues we recorded the activity of pyramidal neurons from the dorsal CA1 region of the hippocampus in awake, behaving rats (see methods). The firing rate of these neurons is dependent upon the spatial location of the rat¹, and hence these neurons are referred to as "place cells". The mean firing rates (averaged over >200 ms) of about 100 neurons can provide an accurate estimate of the rat's spatial location². This is the hippocampal rate code.

In addition to this spatial parameter hippocampal activity during active exploration is strongly modulated by a temporal parameter, namely the 8 Hz theta rhythm. In a classic study, O'Keefe and Recce showed that^{3,4} the phase of the theta rhythm at which a place cell fires a spike steadily precesses to lower values as the rat moves further along the place field (figure 1a). Consistent with this, phase was highly (negatively) correlated with position ($r = -0.50 \pm 0.01$, p < 0.0001) across 171 recorded place fields (henceforth referred to as the "population"). Normalizing by occupancy (see methods) yields the firing rate as a function of position and phase, i.e. the spatio-temporal receptive field (STRF, figure 1b). The firing rate increases as phase decreases (from 360° to 180°) and position increases, reaching a maximal value, at a position beyond the center (white line) of the place field and at 200° (red arrow) towards the end of the place field, i.e. the firing rate is an inseparable function of high-phases (180° < phase < 360°) and position. The firing rate at low phases (0° < phase < 180°) shows a weaker dependence on phase and position.

A vast majority of neurons have a similar spatio-temporal structure (figure 1b), where the firing rate shows a significant increase as the mean phase decreases and the distance within the place field increases (population average, figure 1c,d). Thus, there is spatial information in the precise timing of spikes (accurate up to 10 ms) with respect to the theta rhythm³⁻⁵. This is the hippocampal temporal code, which has several advantages over the rate code, such as insensitivity to the rat's running speed³ and scale invariance⁵.

Several computational models have been proposed to explain the origin of this temporal code^{3,8-11}. These models were based upon the observation that while the place field-firing rate is a symmetric function of

position, phase is not, suggesting that phase and rate are governed by separate mechanisms. However, recent results have demonstrated that place fields become asymmetric in an experience-dependent fashion 12 , raising the possibility that rate and phase codes may be more directly coupled. Place field firing rate distributions in the present study were also asymmetric (skewness = -0.42 ± 0.05 , p < 0.0001), such that the firing rate was low at the beginning of a place field, but was high at the end. Based on this observation we sought to test a hypothesized mechanism of the origin of the temporal code (figure 2), in which CA1 neurons receive theta rhythmic inhibitory input 13 , as well as asymmetric excitatory input 12,14,15 . Under this model the relationship between phase and rate is established by assuming that at the beginning of a place field excitation is low and hence the latency with which a neuron comes out of inhibition and fires a spike, i.e. spike phase, is high (360°). As the rat moves further along the place field, excitation increases, resulting in shorter latency to spiking (smaller phases), and higher rates. Such a mechanism, when applied to groups of overlapping place cells, will faithfully reproduce the temporal order of activation of place cells on short (<10 ms) time scales.

This mechanism makes the basic prediction that regions of high firing rate should have a lower mean phase, and vice versa. Indeed, mean phase was negatively correlated with mean firing rate both for individual cells (figure 3a,b) and across the population of neurons (figure 3c).

A second prediction of the model is that as the excitatory input increases with distance along the place field, the fraction of theta cycle during which excitation exceeds inhibition will also increase (blue bars, figure 2a), resulting in a wider phase distribution. Consistent with this prediction, we found an increase in the width of the phase distribution as a function of both distance (figure 3 a,d) and rate ($r = 0.13\pm0.02$, p < 0.0001). Thus the temporal code was highly asymmetric, becoming less precise as the rat's position in the place field increased.

Further, excitation would be an increasing function of position in the first half of the place field, but initially increasing and then slightly decreasing function of position in the last half (figures 2). This predicts that the phase will be a more consistently decreasing function of position in the first half of the place field, compared to the last half. Thus the temporal code should be more robust in the first half of the place field than in the last half. Consistent with this, for the cell in figure 3a the phase is 6.2 more strongly correlated with distance for spikes in the first half of the place field, compared with spikes in the last half of the place field. Similar results were true for the population of cells (figure 3e).

If the theta rhythm is purely sinusoidal, increasing levels of excitation will result in phase advancement from 360° at the trough of the theta cycle to 180° at the peak of the theta cycle. Beyond this point the excitation exceeds inhibition throughout the theta cycle, resulting in a broader distribution of spikes. Thus, according to this model, the high phases should be more strongly correlated with position than the low phases. Indeed, the spikes at high phases for the cell in figure 3a are 7.4 times more strongly correlated with position than spikes at low phases. As a population, the correlation with position was 2.5 times stronger for high phases than low phases (figure 3f). The residual precession at low phases could arise because the theta rhythm is not purely sinusoidal¹⁶.

The above results describe phase precession under the condition of an asymmetric receptive field. However, previous work has shown that place fields do not have a clear asymmetry during early exposure to an environment (figure 2b)¹². In this condition, the rate will not be an increasing function of space and hence phase will be poorly correlated with position. Thus, if the phase was indeed determined by the above mechanism, the temporal code should be less robust during this early period of exposure (figure 4a). Consistent with this prediction, we found that on average the population of place cells had a 2.1 times stronger correlation of phase with position after experience, compared to before (figure 4b, p < 0.0001). The time course of this evolution of the temporal code was also comparable to the time course of evolution of place field firing rate asymmetry¹².

In order to infer the precise effect of experience on firing rate as a function of position and phase, we computed the population averaged STRF (figure 1c) for each lap. The resulting STRF shows a significant 2.2 times stronger correlation (p < 0.00001, paired t-test) of phase with position later during experience (16^{th} lap, figure 4d) than earlier (1^{st} lap, figure 4c).

While the correlation between firing rate and position, and between phase and position become stronger with experience, the model predicts that there should be no change in the correlation between rate and

phase. Consistent with this the rate and phase were significantly correlated in both the 1^{st} ($r = -0.10\pm0.03$, p < 0.01) and the 16^{th} ($r = -0.07\pm0.03$, p < 0.01) laps, and there was no significant change in this correlation with experience (p > 0.8).

In three out of seven sessions, the rat's running velocity showed a significant change with experience (see supplementary figure 5). Hence, we restricted the analysis to 67 place fields obtained from the remainder of four sessions where there was no significant change in the rat's running velocity throughout the first seventeen laps. The magnitude and time course of the experience dependence of the temporal code in these restricted data were virtually identical (see supplementary figure 5) with the results presented in figure 4b. Thus the lap-specific changes in the temporal code could not arise due to changes in rat's behavior.

Finally, if the phase precession is indeed restricted to mostly high phase spikes and is a result of the asymmetric nature of the firing rate distribution, the lap-by-lap fluctuation in these two parameters should be correlated. Indeed, averaged across the population, the firing rate asymmetry in a given lap was highly significantly correlated with the correlation of high phase spikes with position ($r = 0.13\pm0.02$, p < 0.0001).

Thus, our model suggests that the phase of spikes at a given location is largely determined by the net excitatory input at that location: A CA1 pyramidal neuron fires a spike when feed-forward excitation exceeds periodic inhibition. This simple mechanism would be modified in presence of recurrent inhibition as follows. A pyramidal neuronal spike would activate recurrent inhibition within CA1, resulting in a suppression of subsequent pyramidal neuronal activity in that theta cycle. The suppression would have two complementary effects on the rate and the temporal codes. First, the pyramidal activity would be restricted to a small part of the theta cycle, thereby making the temporal code sharper. Second, the suppression would be strongest at higher rates, found towards the end of the place field. Therefore, the firing rate asymmetry would provide an underestimation of the asymmetry of the excitatory drive on a pyramidal neuron. Hence, the spike phase would become a better estimator than spike rate of the strength of feed-forward excitation and hence of rat's spatial location. This could explain the observed stronger correlation between phase and position than between phase and rate, and a stronger correlation between phase and position than between rate and position. This model does not explicitly incorporate other elements of the hippocampal system, and hence it does not rule out the potential contribution of other sequence retrieval based models of phase precession ^{8,9,17,18}.

While previous experimental studies of place fields on linear tracks^{3,4} did not explicitly investigate a relationship between the rate and phase, our results are in broad agreement with previous work¹⁹ on a nonspatial wheel running task where the mean firing rate of a cell was negatively correlated with the mean phase of that cell. Recent experiments have suggested that NMDA antagonists do not eliminate phase precession. These experiments showed an increased the *rate* of phase-precession²⁰ with NMDA antagonists, which is consistent with our data (larger rate of precession before experience than after). The lack of direct measurement of the asymmetry of *individual* place fields and the *correlation* of phase with position and with rate in that study prevents direct comparison of their data with our model.

Recent *in vitro* experiments have shown that increasing amounts of current injection, coupled with theta like oscillations, indeed result in phase advancement²¹. Consistent with our results^{12,14}, these *in vitro* experiments also obtained a clear relationship between the amplitude of injected current and phase in only a restricted part of the phase space.

A similar relationship between rate and latency has also been observed in the STRF of direction selective neurons in V1 (see²² for a recent review), suggesting that similar mechanisms may be involved ^{12,14,15,23,24}. The phase coding of orientation selectivity²⁵ can also be explained by a similar mechanism. An optimally oriented bar would excite a cell maximally, resulting in spiking at the peaks of the gamma rhythm, whereas a sub-optimally tuned bar would correspond to lesser excitatory drive, resulting in a phase lag.

In its most general form, our model suggests that when a stimulus is turned on, the latency to first spike fired by a neuron would be inversely proportional to the subsequent firing rate of the neuron. Thus the latency of first spike could provide rapid information about the stimulus. In presence of oscillations this information would be repeated in each cycle.

One of the critical tasks of the central nervous system is to learn the causal relationships between events ^{12,15,26,27}. For example, spatial navigation may require formation of memory for the temporal order of

activation of spatially selective cells^{12,15,27-29}. However, while the receptive fields are activated in a given sequence on a behaviorally relevant time scale (> 1000 ms), the biophysical laws of plasticity^{6,7} require that the same sequence of events be replayed on short (< 10ms) time scales. This will not occur consistently if the neurons fired purely in a rate varying Poisson fashion. However, in presence of oscillations and *asymmetric* excitation, two place cells which are sequentially activated several hundred milliseconds apart, will be activated in the same temporal sequence within tens of milliseconds in each theta cycle, resulting in a replay (and a "binding") of the sequence, and hence rapid learning of temporal sequences.

Thus oscillations can transform an asymmetric rate code into a temporal code. This can play a critical role in temporal sequence learning by compressing and replaying the behaviorally relevant temporal order of events occurring on long, physiological time scales, into short time scales^{3,4,27} relevant for synaptic plasticity.

Methods

Three Long-Evans rats were trained to run on a linear tracks (see ^{12,29} for details), and single unit data were recorded from the CA1 region of the dorsal hippocampus using tetrodes ¹² according to NIH guidelines. Local field potentials (LFP, sampled at 2 kHz, filtered between 0.1 Hz and 900 Hz) and spike data (sampled at 31 kHz and filtered between 300 Hz to 9 kHz) were recorded from the same tetrodes in the pyramidal layer, along with the rat's position (spatial resolution 0.66 cm, sampling rate 30 Hz) and head direction. A total of 238 cells were active during behavior, and were recorded in 3 rats in 7 sessions. Data from 158 of these cells were used in a previous study ¹². The tracks were "linearized" for the purpose of analysis such that the distance increased along the rat's direction of motion through the place field. Data from goal locations were not used ^{12,29}. 171 place fields obtained from 140 place cells were used for the analyses.

The LFP was bandpass filtered off-line in the theta band (between 4 and 14 Hz) and the peaks and troughs of the theta rhythm were detected. Spike phase was computed with respect to the troughs of the filtered LFP with the highest theta modulation (figure 2), with a phase offset that provided the highest correlation between phase and position³. A vast majority (82%) of neurons exhibited strongest phase precession with a negative phase offset (population average = -30°). All the subsequent analyses were carried out with respect to this ideal phase origin for each neuron.

Calculations involving mean and standard deviation of phases were done using circular statistics³⁰. Thus, the value of width of a phase distribution³⁰ ranged between 0 and $\sqrt{2}$. Correlation of phase and position was computed using linear statistics. Mean values were computed over the entire population of 171 place fields and their significance was estimated with Student's t-test. In order to compute the relationship between the rate and phase, spikes were arranged in ascending order of location. Mean position, mean rate, mean phase and the width of phase distribution, normalized by occupancy, were calculated for successive blocks of 5% of spikes. The last bin therefore had a variable number of spikes (between 0 to 5%) and hence was not used for the subsequent analyses. Relationships between these variables were obtained by computing the correlation coefficient across the blocks of data.

Hippocampal spatio-temporal receptive fields were computed by dividing the number of spikes fired by a neuron in each spatio-temporal bin (spatial width 1pixel = 0.66 cm, temporal width $1^{\circ} \approx 0.35$ ms) by the total time spent by the rat in that bin. The result was smoothed by convolution with a 2 dimensional Gaussian (spatial width 2.4cm, temporal width $12^{\circ} \approx 4.2$ ms).

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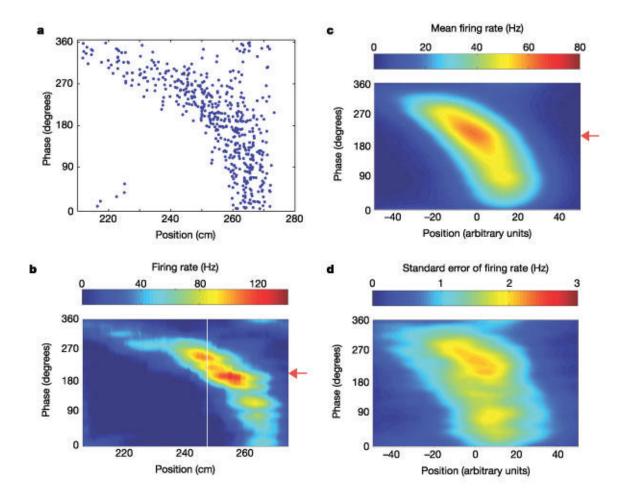


Figure 1: Hippocampal spatio-temporal receptive fields. (a) The rat ran from left to right. Each point represents the phase of the theta rhythm (see methods) and the rat's position at the time of occurrence of a spike from an isolated CA1 pyramidal neuron. Phase is highly correlated with position (r = -0.8). (b) STRF, i.e. the firing rate for the neuron in 1a is plotted as a function of position and phase (see methods). The center of the place field (247 cm) is indicated by a white line. Phase (200°) corresponding to maximal firing rate is indicated by a red arrow. (c) Population averaged STRF. Each place field was re-scaled to be 100 pixels (66 cm) wide. The centers of the re-scaled STRF were aligned at the origin. The average value of firing rate in each spatio-temporal bin is plotted. Phase (220°) corresponding to maximal firing rate is indicated by a red arrow. (d) The standard error of firing rate was computed for the re-scaled population averaged STRF (1c) is plotted as a function of phase and position, showing that the firing rate modulations in 1c are highly significant.

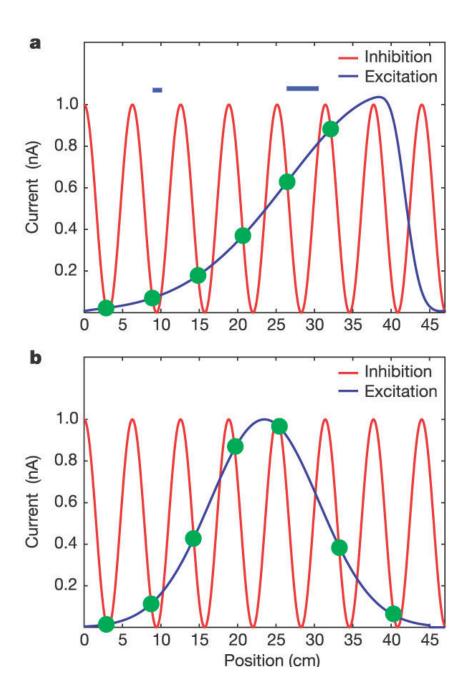


Figure 2: A mechanism that can generate a temporal code from a rate code. (a) Each CA1 cell receives an asymmetric excitatory input (blue curve¹²) and periodic inhibitory input (red curve). The minima of inhibition correspond to 0° or 360°, and the maxima to 180°. The neuron will commence firing only when the excitation exceeds inhibition (green dots). Recurrent inhibition would then quickly terminate the activity. As the rat moves deeper into the place field, the excitation increases, phase decreases, and the neuron is active for a larger fraction of the theta cycle (blue bars). (b) Before experience the excitatory inputs to the CA1 neuron do not have a significant asymmetry (blue curve¹², this does not necessarily mean that individual place fields are symmetric). Therefore, the firing rate, and hence the phase, will be poorly correlated with position.

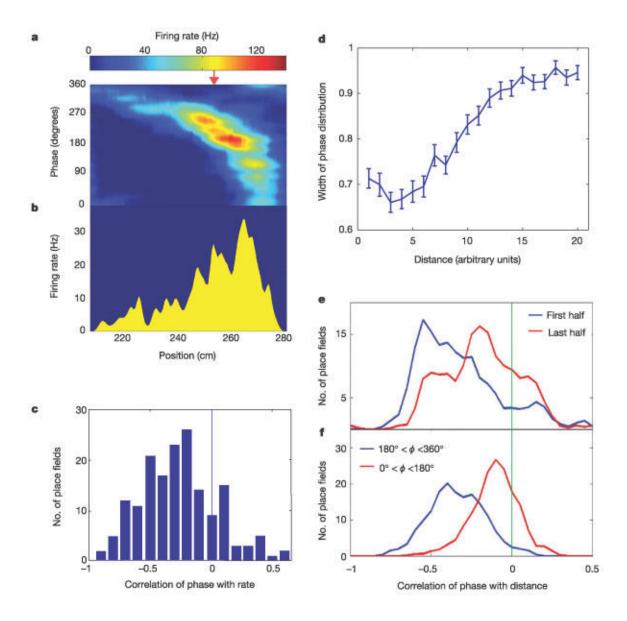
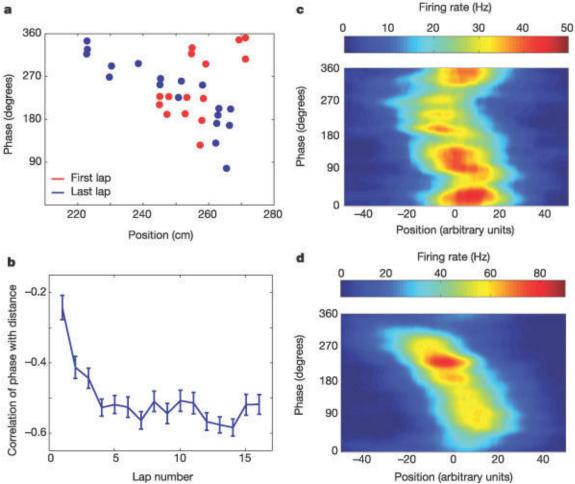


Figure 3: Relationship between hippocampal rate and temporal codes. The mean phase at a spatial location (a) is highly correlated with the mean firing rate (b) at that spatial location (r = -0.6). The place field center is indicated by a red arrow. (c) A histogram of correlation between rate and phase (see methods) for the population of 171 cells shows that phase is negatively correlated with rate ($r = -0.30\pm0.02$, p < 0.0001). (d) The width of phase the distribution is larger at the end than at the beginning of the place field. Population averaged value of the correlation of width of the phase distribution with position was $r = 0.50\pm0.03$, p < 0.0001. (e) Histograms of correlation of phase with position in the first half of the place field (blue line, $r = -0.33\pm0.02$) is 1.7 times stronger than that in the last half (red line, $r = -0.20\pm0.02$, p < 0.0001). (f) Histograms of correlation of spikes at high phases ($180^{\circ}-360^{\circ}$, blue line) and low phases ($0^{\circ}-180^{\circ}$, red line). The high phases are 2.5 times more correlated with position ($r = -0.34\pm0.01$) than the low phases ($r = -0.13\pm0.01$, p < 0.0001).



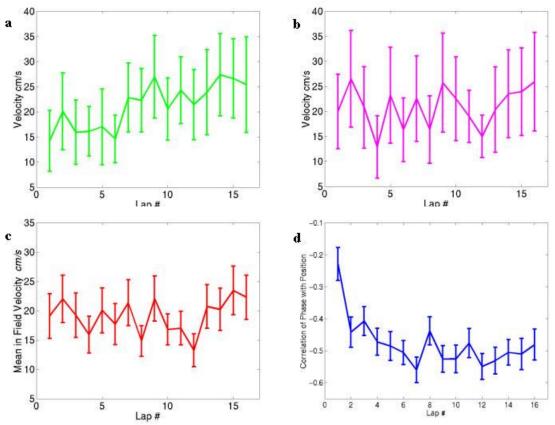


Figure 5: (a) Mean velocity of the rat, averaged across all the seven data sets, is shown as a function of experience. The velocity increased with experience. **(b)** In four out of seven sessions there was no change in the mean velocity of the rat with experience. The average velocity for these sessions is shown as a function of experience. **(c)** The velocity of the rat was computed within each place field. This "in field velocity" was averaged across 67 place fields obtained from the four data sets in (b). The mean "in field velocity" is shown as a function of experience. There was no significant change in the mean velocity (b) and the mean "in field velocity" of the rat **(d)** Correlation of phase with position was computed for these restricted set of 67 place fields obtained from four sessions, and shown as a function of experience. The experience dependence of the temporal code in these restricted data sets (with no change in the rat's running speed) was similar to that observed in full data set (figure 4b).