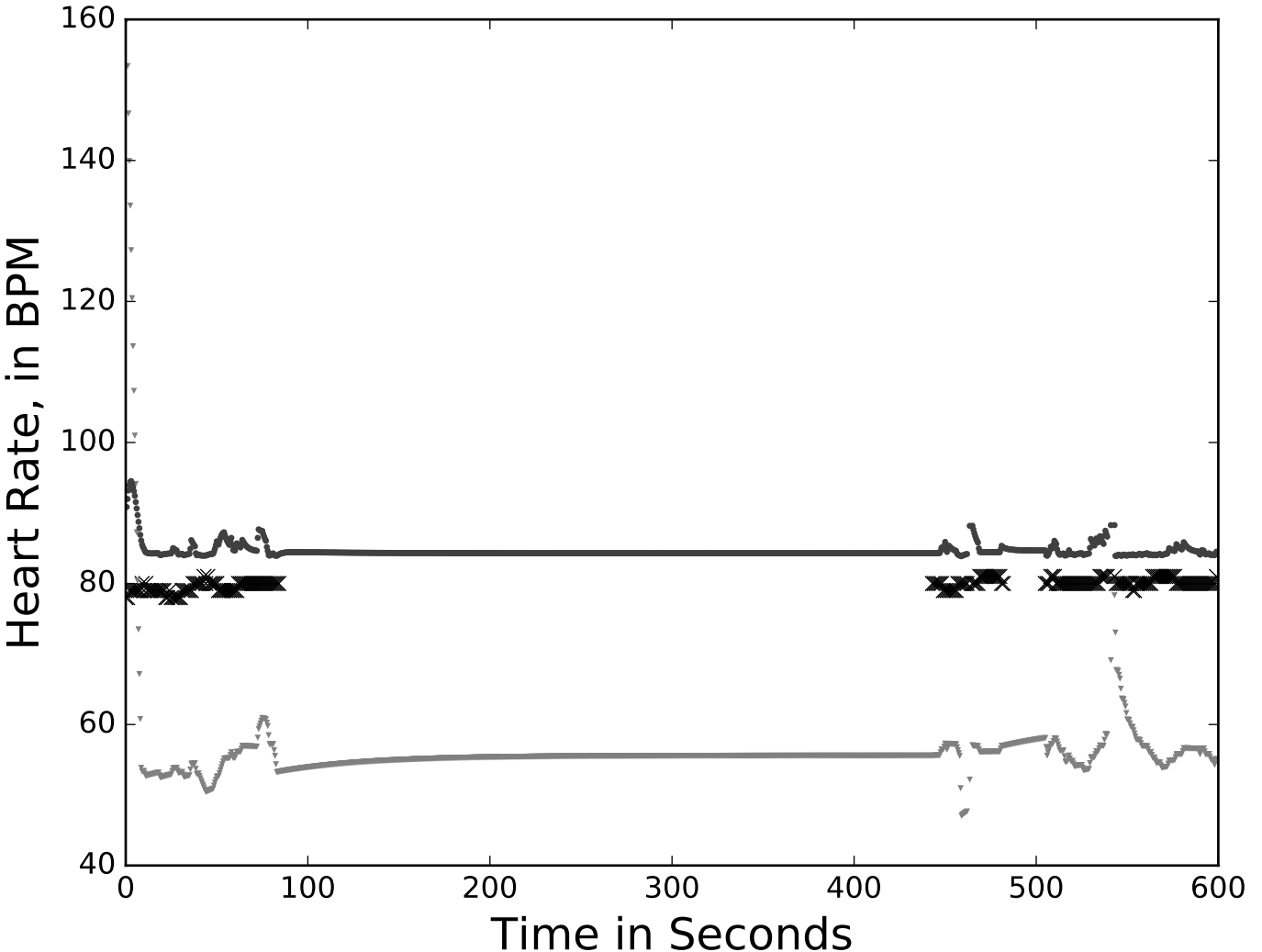
160
140
120
100
80
60
40
Heart Rate, in BPM
0
100
200
300
400
500
600
Time in Seconds