

IMMINENT DELIVERY (NORMAL)

Indications

Imminent delivery as indicated by regular contractions, bloody show, low back pain, need to bear down, presence of crowning

ALS RMC

- Provide reassurance and instructions during delivery
- Contact hospital
- If infant is < 36 weeks gestation, prepare for neonatal resuscitation and early transport

Start IV; **NS** TKO if time allows prior to delivery

During Delivery

- As head is delivered, gently wipe baby's mouth and nose keeping head dependent
- If the cord is around neck and can't be slipped over the head: Double clamp and cut between clamps

After Delivery

- Allow delivery, dry baby and keep warm
- Place baby on mother's abdomen or breast
- Delay cord clamping until 30-60 seconds after birth, then clamp and cut 6-8 inches from baby
- Apgar score at 1 and 5 minutes
- Allow delivery of placenta, save and bring to hospital

APGAR SCORE

Sign	0	1	2
Appearance	Blue or pale	Pink body with blue extremities	Completely pink
Pulse	Absent	<100/minute	>= 100/minute
Grimace	No response	Grimacing/weak cry	Vigorous cry
Activity	Limp	Some flexion	Active movement
Respirations	Absent	Slow, irregular	Good, crying