

# ADMINISTRATION OF ORAL GLUCOSE BLS PROCEDURE

## Indications

- Patients with blood glucose measurement of <60

## Equipment

- Oral glucose and/or juices that contain sugar (no diet drinks)
- **Glucose Paste**

### Responsive patient with a gag reflex

- Give sweetened fluids (orange/fruit juice) to drink
- Do not use “diet” preparations as they do not contain sugar
- If sweetened fluids unavailable, administer **Glucose paste** 30gm PO

### Lethargic patient unable to drink fluids

- Place patient in left or right lateral position
- Place **Glucose paste** 30gm PO between the dependent cheek and gum
- Monitor airway, being prepared to suction if necessary

Transfer care to ALS personnel as soon as possible