**Program**

import java.util.ArrayList;

class Contact

{

public static void main(String[]args)

{

ArrayList<String>con=new ArrayList<String>();

con.add("c++");

con.add("prithiha");

con.add("java");

con.add("python");

con.add("harish");

for(String con1:con)

{

System.out.println("contact list:"+con1);

}

System.out.println("retrieve:"+con.get(3));

System.out.println("update:"+con.set(4,"subbu"));

System.out.println("delete:"+con.remove(1));

}

}

**OUTPUT:**

contact list :c++

contact list :prithiha

contact list :java

contact list :python

contact list :harish

retrieve :python

update :harish

delete :prithiha