

**FAT FAT**  
**THE WORLDS FUNNIEST**  
**FAT FAT**  
**103**  
**JOKES**

**#1 Fat Joke Book**  
**THE CLOWN FACTORY**

**COLLECTION OF THE BEST FAT JOKES EVER!**

## **I. Overeating**

## **II. Stepping on the Scale**

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### **I. Overeating**

1. Q: What happens when you eat too much candy?

A: It makes you THICK to the stomach!

2. I'm on a seafood diet. I see food, and I eat it.

3. Most people gain weight by having intimate dinners for two...alone.

4. Inside me there's a thin person struggling to get out, but I can usually sedate her with four or five cupcakes.

5. Yet another excuse for overeating: "I have metal fillings in my teeth. My refrigerator magnets keep pulling me into the kitchen. That's why I can't lose weight!"

6. "My husband is so desperate to lose weight he's on three different diets...because he doesn't get enough food on one."

7. Although I knew I had put on a few pounds, I didn't consider myself overweight until the day I decided to clean my refrigerator. I sat on a chair in front of the appliance and reached in to wipe the back wall. While I was in this position, my teenage son came into the kitchen.

"Hi, Mom," he said. "Whatcha doin', having lunch?"

8. A very thin man met a very fat man in the hotel lobby. "From your looks," said the fat man, "there might have been a famine."

"Yes," was the reply, "and from your looks, you might have caused it."

9. Genevieve belongs to our Diet Club and she was lamenting that she had gained weight.

She told us that she had made her family's favorite and luscious cake over the weekend, and added that they'd eaten half of it at dinner that evening. The next day, Genevieve continued, she kept staring at the other half, until finally she cut a thin slice for herself. One slice led to another, and soon the whole cake had vanished. She went on to tell us how upset she was with her lack of willpower, and how she knew her husband would be so disappointed.

Everyone commiserated until someone asked what her husband said when he found out. Genevieve smiled broadly and quipped, "He never found out. I made another cake and ate half of that too."

## **II. Stepping on the Scale**

1. Two little kids went in to their parents' bathroom and spotted their mother's scale on the floor. "Whatever you, do," said the first kid to the second, "don't step on it."

"Why not?" asked the second.

"Because," replied the first, "every time Mom steps on it, she screams."

2. You're so fat that when you step on the scale it says, "One person at a time please."

3. You're so fat when you stepped on the scale it said, "To be continued."

4. You're so fat when you stepped on a talking scale it said, "GET OFF!"

5. Yo daddy is so fat when he stepped on his scale it said call 911.

6. When a fat woman steps on a scale it says, "Sorry, we don't do livestock."

7. A husband was standing on the bathroom scale, sucking his gut in as far as he could. His wife laughs, saying, "I don't think that is going to help lower the number."

He replies, "It's the only way I can read the numbers on the scale."

8. You're so fat the scale at the doctor's office says, "Hey, hey, hey...no crowding!"

9. Following his motivational talk at a Weight Watchers meeting, my father

noticed one client's small son climbing onto a scale. "Don't go on that, Joey," warned the boy's slightly older brother. "It makes people cry."

10. You might be overweight if your scale says "Bad News" when you step on it.

### **III. You're So Fat...**

1. You got baptized at Sea World.
2. You had your baby pictures taken by satellite.
3. You fell into the Grand Canyon and were stuck.
4. You have more Chins than a Chinese phonebook.
5. People jog around you for exercise.
6. Your blood type is O-reo.
7. When you told me your weight, I thought it was your phone number.
8. You rented a 250-foot long limo, sat in the back, and squished the poor driver.
9. When you bungee jump, you pull down the bridge too.
10. Your shadow probably weighs 40 pounds.
11. There's no more room in the family tree.
12. Goodyear wanted to fly you over the Superbowl.
13. When I had to swerve to avoid hitting you on the road, I ran out of gas.
14. Your belly button has an echo.
15. When the family has their picture taken, you're the background.
16. Elephants hang pictures of you in their lockers and vow never to get that big!
17. You have to put a belt on with a boomerang.

18. You closed an all-you-can eat buffet.
19. Your neighbors complain when you hang your underwear out to dry because they lose three hours of sunlight.
20. Your Victoria's Secret pants say "Wide" instead of "Pink."
21. You have more rolls than a bakery.
22. You have to hold in your stomach to fit into your own skin.
23. NASA orbits satellites around you.
24. You put a blanket over the ocean and call it your waterbed.
25. Your driver's license says, "Picture continued on other side."
26. When you dance, you make the band skip.

#### **IV. One Liners**

1. Fat women make Free Willy look like a Tic Tac.
2. She's so fat she was born with a silver shovel in her mouth.
3. He is so fat when he gets on an elevator, it *has* to go down.
4. "When you have fat friends, there are no seesaws -- only catapults."
5. She is so fat when she was a kid she could only play Seek.
6. One guideline applies to fat and thin people alike: if you're thin, don't eat fast. If you're fat, don't eat - FAST.
7. She's a light eater. As soon as she sees light, she starts eating.
8. Weight loss tip: Throw away the lip gloss, use superglue instead!
9. "My doctor told me to stop having intimate dinners for four. Unless there are three other people."
10. Did you hear about the two fat men who ran in the New York Marathon? One ran in short bursts, the other in burst shorts!

11. She has so many double chins it looks like she's staring at you over a stack of pancakes!
12. She's a real oomph girl. When she sits on a sofa, it goes, "Oomph!"
13. "I'm not saying she's fat. I'm just saying if I were to pick 5 of the fattest people I know, she'd be 3 of 'em."
14. It's not the minutes spent at the table that put on weight, it's the seconds.
15. She's so fat her belt can be the equator.
16. She's so fat she wears an asteroid belt.
17. Your daddy is so fat that they use the elastic in his underwear for bungee jumping.

## **V. Medical Advice**

1. Patient: Doctor I'm having dreadful trouble with my stomach.  
Doctor: What's wrong?  
Patient: I can't get my trousers over it.
2. I was talking to my doctor about a weight-loss patch I had seen advertised. Supposedly you stick it on, and the pounds melt away. "Does it work?" I asked.  
"Sure," he said, "if you put it over your mouth."
3. Fat lady: Give me some advice that can reduce my fatness.  
Health expert: Okay. You must move your head to the right and the left at a particular time.  
Fat lady: At which particular time?  
Health expert: Whenever anybody asks you to eat.
4. Patient: I'm worried about my figure.  
Doctor: You'll have to diet.  
Patient: OK. Which color?
5. Patient: It isn't possible that I'm as overweight as you say I am.  
Doctor: Maybe you would prefer to look at it in a different way. According to this chart, you're about 10 inches too short.

6. An overweight guy went to the doctor who advised him to try a keep fit class. The guy said he couldn't be bothered. "Well," suggested the doctor, "try something that leaves you a little out of breath."

So the guy took up smoking.

7. Fat girl: Doctor, I beg of you, please prescribe me something immediately to reduce my weight. My husband has given me a wonderful birthday present, and I can't get into it.

Doctor: Just come over here tomorrow, and I shall give you a prescription. Then you will soon be able to wear your wonderful new dress.

Lady: Who said anything about a dress? I am talking about the car.

8. "I'm prescribing these pills for you," said the doctor to the overweight patient, who tipped the scales at about 300 pounds. "I don't want you to swallow them. Just spill them on the floor twice a day and pick them up, one at a time..."

## **VI. Husband and Wife**

1. I think it's time my wife went on a diet. She threw the bedroom curtains open this morning, saying, "Oh my God, what a lovely sunny day."

And I was still lying in total darkness.

2. A big fat woman looked in the mirror and said to her husband, "I'm fat and ugly. Say something to make me feel better."

He said, "Your eyesight is perfect."

3. While driving the car on a cross country trip I decided to lose 120 pounds of ugly fat... I left my wife at a rest stop.

4. My husband may be fat, but you'll never catch him eating junk food. He's far too quick.

5. My wife keeps telling me that obesity runs in her family. It must be the only thing that does.

6. My wife just asked me, "Do my ankles look fat?"

I replied, "What ankles?"

7. I'm not saying my husband is fat, but we've been married six years and I

still haven't seen all of him.

7. A wife asked her husband, "Honey, will you still love me when I am old and overweight?"

The man replied, "Yes, I do."

8. My wife was getting all depressed about being overweight earlier, so I said to her, "Darling, you're not fat. Chin up now... and the other one."

9. Wife: I'm leaving you... You're constantly sneering at my overweight...

Husband: But honey, what about our kid?

Wife: What kid?

Husband: So you are not pregnant?!

11. I said to my wife this morning, "There are three things I really don't like about you..."

"Oh, really? What are they?" she asked.

"Your chins," I said.

12. Wife: Does this dress make me look fat?

Husband: Stop blaming the dress. It's fat that makes you look fat.

13. Wife: How'd your doctor appointment go?

Husband: Well, there's good news and bad news. My blood pressure's high and I'm overweight. But, at the doctor's suggestion, I'm going to take up golf!

Wife: And the good news?

## **VII. Random Fat Jokes**

1. Q: Why do fat people like Twitter?

A: Because the hashtag looks like a #waffle.

2. Q: What is the only thing stopping fat people from going to Jenny Craig?

A: The door.

3. Q: What do you call two fat men having a chat?

A: A heavy discussion.

4. Q: What berries do fat people like the most?

A: Cadburys.



5. Q: What do you call a fat man who abandoned his diet?

A: A desserter!

6. Q: Why are married women heavier than single women?

A: Single women come home, see what's in the fridge and go to bed. Married women come home, see what's in bed and go to the fridge.

7. Q: How do you get a fat kid to lose weight?

A: Pay the ice cream man to keep driving.

8. Q: What's the difference between a skinny person and a fat person?

A: A skinny person is very lean and a fat person is very jell-ous.

9. Q: How do you distract a fat person?

A: It's a piece of cake!

10. Q: What do you call an obese psychic?

A: A four-chin teller.

11. Q: What religion do fat people follow?

A: Must-slim.

12. My daughter couldn't muster the willpower to lose unwanted pounds. One day, watching a svelte friend walking up our driveway, she lamented, "Linda's so skinny it makes me sick."

"If it bothers you," I suggested gently, "why don't you do something about it?"

"Good idea, Mom," she replied. Turning to her friend, she called out, "Hey, Linda, have a piece of chocolate cake."

13. A fat lady is lying on the beach. A lifeguard approaches her and says, "Excuse me ma'am, could you please leave the beach?"

The obese lady replies, "Why? What's wrong?"

"Well you see," says the lifeguard, "It's getting pretty late, and the tide wants to come in!"

14. I went up to this fat bird in the pub last night. "You're a big lass." I said.

"Tell me something I don't know," she replied with a tear in her eye.

"Salad tastes nice."

15. A little boy and his dad are standing in line at the grocery store behind a

big fat lady. The little boys says, "Hey Dad, look how fat that lady is!"

"Shhh, quiet son, she can hear you!"

"But Dad, look how big and fat that lady is!"

"Shhh, don't say that son, it's not nice!"

"But Dad, look how big and fat that lady is!"

"Shhh, don't say that son, it's not nice and it's rude!"

Suddenly, the fat lady's beeper goes off.

"Look out, Dad! She's backing up!"

16. A fat lady walks into a bar carrying a pig under one arm. The bartender asks, "Where did you get the cow?"

The lady tells him, "It's not a cow - it's a pig."

The bartender explains, "I know; I was talking to the pig."

17. A fat man told his skinny partner during an argument, "When you see me walking down Main Street get on the other side."

The skinny man said, "When you walk down Main Street. There ain't no other side."

18. My sisters and I have weight problems and are always sharing diet tips. One day my oldest sister was showing us a low-fat cookbook and pointed out a chicken dish she had tried the night before. Reading the ingredients, I commented, "It looks like it would taste really bland."

"It did," she replied, "until I added cheese and sour cream."

19. A gentleman was invited for dinner. When he hurried there and sat down, he was happy to see a roast pig in front of his seat, "Not bad, I am next to the pig."

But then he noticed the angry fat lady sitting next to him. He faked a smile and added, "Oh I am sorry. I meant the roasted one on the table."

20. Having lost weight over the past few years, a lady was discarding things from her wardrobe that no longer fit. Her seven-year-old niece was watching as she held up a huge pair of slacks. "Wow," the lady said, "I must have worn these when I was 183."

Her niece looked puzzled, then asked, "How old are you now?"