



Pir Mehr Ali Shah

ARID AGRICULTURE UNIVERSITY RAWALPINDI

Institute of Food and Nutritional Sciences



Dated: _____

RECOMMENDATION LETTER

It is my pleasure to write some words for **Mr. Abdul Wahid Khan S/o Muhammad Ishaq Khan** with Registration No. **15-ARID-5254**. **Mr. Abdul Wahid** is known to me as an undergraduate student in the Institute of Food and Nutritional Sciences PMAS Arid Agriculture University Rawalpindi, Pakistan. He is studious student, who always obtained excellent grades in his academics, he is hardworking young boy with drive and aptitude for research in his field. I always found him quite cooperative in department activities. He is well organized reliable and capable of work in diverse setup. He can work independently and is able to follow through to ensure that the job is gets done. I have no reservation in strongly recommending him for admission in your university.

I am confident that **Mr. Abdul Wahid Khan** will give account of himself, if provided an opportunity for higher education. Please don't hesitate to contact me for any further information.

Dr. Marina Sajid

Assistant Professor

Institute of Food & Nutritional Sciences

PMAS-Arid Agriculture University, Rawalpindi, Pakistan

Contact No.: +92-51-9292148

Email: marinasajid1118@uaar.edu.pk

**PMAS ARID AGRICULTURE UNIVERSITY MURREE ROAD SHAMSABAD
RAWALPINDI PAKISTAN**