

# VARUN NALAM

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## EDUCATION

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**Arizona State University**  
PhD in Mechanical Engineering

*August 2015 - May 2020*  
CGPA: 4.0/4.0

**Indian Institute of Technology, Madras**  
B.Tech and M.Tech in Mechanical Engineering.

*July 2009 - May 2014*  
CGPA: 7.89/10.00

## RESEARCH EXPERIENCE

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### **Neuromuscular Modeling of Human Ankle**

*August 2015 - May 2020*

- Developed a multi-axial robotic platform to facilitate neuromuscular analysis of human ankle.
- Developed a neuromuscular model of the ankle to facilitate rehabilitation of patients affected by neurodegenerative disorders such as Stroke and Multiple Sclerosis.

### **Flexible Robotic Endoscope for Cardiac Surgery**

*October 2014 - July 2015*

- Developed the embedded system and control algorithm of a novel flexible endoscope designed for cardiac surgeries.
- The device is expected to reduce the recovery time and complexity of micro invasive cardiac surgeries.

### **Development of Motion Adaptation Device**

*May 2013 - May 2014*

- Developing a device that can analyze, record and adapt human hand motion to different robotic systems.
- Demonstrated the utility of the system by successfully controlling a 6 DoF Robotic Arm.

### **Portable Gait Analysis and Rehabilitation System**

*May 2013 - May 2014*

- Developed the Embedded system, software and intelligence for an economic portable Gait analysis system
- The patented device is targeted to be used in low income countries for rehabilitation and is designed to be produced under \$40.

### **FIRA Robosoccer**

*May 2011 - May 2013*

- Represented the country and Led a Team of 11 members at FIRA, an International Robosoccer competition.
- Contributed to various aspects of the team including decision making in multi agent systems, vision, embedded systems and Control.

## TECHNICAL EXPERTISE

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**Embedded Systems**  
**Software**  
**Languages**

STM32, ATMELE, Simulink Real Time Systems, RTOS  
Solidworks, EAGLE, SIMULINK, MATLAB, VICON, MOTIVE  
C, C++, Python

## JOURNAL PUBLICATIONS

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- V. Nalam and H. Lee, “Development of a two-axis robotic platform for the characterization of two-dimensional ankle mechanics,” *IEEE/ASME Transactions on Mechatronics*, vol. 24, no. 2, pp. 459–470, 2019.
- L. Hennington, V. Nalam, M. C. Eikenberry, C. L. Kinney, and H. Lee, “Visuomotor ankle training on a stiffness-controlled robotic platform improves ankle motor control and lower extremity function in chronic stroke survivors,” *IEEE Transactions on Medical Robotics and Bionics*, vol. 1, no. 4, pp. 237–246, 2019.
- Z. Li, M. Zin Oo, V. Nalam, V. Duc Thang, H. Ren, T. Kofidis, and H. Yu, “Design of a novel flexible endoscope—cardioscope,” *Journal of Mechanisms and Robotics*, vol. 8, no. 5, 2016.
- E. Adjei, V. Nalam, and H. Lee, “Sex differences in human ankle stiffness during standing balance,” *IEEE Transactions on Biomedical Engineering*, submitted, 2020.
- V. Nalam, E. Adjei, and H. Lee, “Modeling of 2d human ankle stiffness during standing balance,” To be submitted, 2020.
- V. Nalam and H. Lee, “Development of a task and environment independent model of human ankle stiffness along sagittal plane,” To be submitted, 2020.

## CONFERENCES

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- L. Hennington, V. Nalam, M. C. Eikenberry, C. L. Kinney, and H. Lee, “Robotic ankle training during standing on a compliant surface improves paretic ankle motor control, postural balance, and walking in chronic stroke survivors,” in *The 27th Congress of the International Society of Biomechanics (ISB 2019) / The 43rd Annual Meeting of the American Society of Biomechanics (ASB 2019)*, Calgary, Aug. 2019.
- V. Nalam and H. Lee, “Environment-dependent modulation of ankle impedance during the stance phase of walking,” in *The 27th Congress of the International Society of Biomechanics (ISB 2019) / The 43rd Annual Meeting of the American Society of Biomechanics (ASB 2019)*, Calgary, Aug. 2019.
- V. Nalam, M. C. Eikenberry, C. L. Kinney, D. Wingerchuck, and H. Lee, “Robotic approach to characterize altered ankle mechanics affected by stroke and multiple sclerosis,” in *The 42nd Annual Meeting of the American Society of Biomechanics (ASB 2018)*, Minnesota, Aug. 2018.
- V. Nalam, T. Bitz, and H. Lee, “Environment-dependent modulation of human ankle stiffness during upright postural balance,” in *The 42nd Annual Meeting of the American Society of Biomechanics (ASB 2018)*, Minnesota, Aug. 2018.
- V. Nalam and H. Lee, “Environment-dependent modulation of human ankle stiffness and its implication for the design of lower extremity robots,” in *2018 15th International Conference on Ubiquitous Robots (UR)*, IEEE, 2018, pp. 112–118.
- V. Nalam, R. Lodes, D. Shah, and H. Lee, “Quantification of energetic passivity of the human ankle in 2 degrees-of-freedom,” in *2017 BMES Annual Meeting (BMES 2017)*, BMES, Phoenix, Oct. 2017.
- V. Nalam and H. Lee, “A new robotic approach to characterize mechanical impedance and energetic passivity of the human ankle during standing,” in *2017 39th Annual International Conference of the IEEE Engineering in Medicine and Biology Society (EMBC)*, IEEE, 2017, pp. 4123–4126.
- V. Nalam and H. Lee, “Design and validation of a multi-axis robotic platform for the characterization of ankle neuromechanics,” in *2017 IEEE International Conference on Robotics and Automation (ICRA)*, IEEE, Singapore, 2017, pp. 511–516.

V. Nalam and H. Lee, “Development of a multiple axis robotic platform for ankle studies,” in *ASME 2016 Dynamic Systems and Control Conference*, American Society of Mechanical Engineers Digital Collection, 2016.

V. Nalam and P. Manivannan, “Development of a contact based human arm motion analysis system for virtual reality applications,” in *Applied Mechanics and Materials*, Trans Tech Publ, vol. 592, 2014, pp. 2139–2144.

## TEACHING EXPERIENCE

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Fall, 2017 : **MAE 318:** Dynamic Systems and Controls , Teaching Assistant , ASU

Spring, 2014 : **ME 3280:** Mechanical Engineering Lab II , Teaching Assistant , IIT, Madras

Fall, 2013 : **ME 3270:** Mechanical Engineering Lab I , Teaching Assistant , IIT, Madras

## LEADERSHIP ROLES

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### Co-founder, Sol Robotics

*October 2019 - May 2020*

- Co-Founder and technical lead for an early stage robotic venture incubated at Intel
- Part of a 4 member team which was selected into the final 8 out of 600 potential ventures

### GPSA Assembly Member and Engineering Committee Chair

*April 2018 - February 2020*

- Elected to represent IRA Fulton Schools of Engineering as an assembly member in the graduate student government at ASU.
- Founded Engineering committee to better serve graduate engineering students and advocate for mental wellness initiatives for PhD students.

### Research Engineer at SINAPSE, National University of Singapore

*October 2014- July 2015*

- The lead controls engineer for multiple robotic surgical devices in a team comprising of surgeons, engineers and designers.
- Developed a novel control mechanism that can be intuitively learned by surgeons with minimal training while mentoring 4 undergraduate interns.

### CFI Administration and Student Relations Core

*2011 - 2014*

- CFI is a student run initiative which nurtures technical creativity and provides the necessary guidance and resources for the students of IIT Madras to pursue their endeavors in engineering.
- Coordinated a 3 phase strategy which increased the number of successful student driven innovative projects from 5 to 12 in 2014.

## EXTRACURRICULAR ACTIVITIES

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- Awarded the best student paper at Ubiquitous Robotics Conference, Hawaii. (2018)
- Volunteered at ASU Rehabilitation Robotics Workshop and ASU Southwest Robotics Symposium, which is a platform for showcasing robotics research at ASU. (2016-2018)
- Volunteered as a student panelist at the International Students Orientation, to help international students get acclimatized to the university. (2017)
- Volunteered at the Carnival for MS, organized in Tempe for spreading awareness about Multiple Sclerosis. (2017)

## REFERENCES

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**Dr. Hyunglae Lee**

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Arizona State University  
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**Dr. Panagiotis Artemiadis**

*Associate Professor, Department of*  
*Mechanical Engineering*  
University of Delaware  
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**Dr. Thomas Sugar**

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*The Polytechnic School*  
Arizona State University  
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