Recognizing and solving quadratic equations

Sometimes, the equation is not given in the form ax^2+bx+c directly, but if you look close enough, you will see it.

 x^6-3x^3-40 can be written as $(x^3)^2-3(x^3)^1-40$, which is the quadratic equation form. Or you can substitute x^3 with p or any other variable.

$$p^2 - 3p - 40 = 0$$

$$(p-8)(p+5) = 0$$

$$p = 8 \ or \ p = -5$$

$$x^3 = 8 \text{ or } x^3 = -5$$

$$x = \sqrt[3]{8} \text{ or } x = -\sqrt[3]{5}$$