

5. Efficacy and Safety of an Ayurvedic Regimen consisting of *Navaka Guggulu*, *Sthaulyahara Kashayam*, a Diet Pattern and Walk Exercise in *Medoroga* (Obesity)

Submitted for publication to *Indian Journal of Traditional Knowledge*, New Delhi, India.

6. Standardization of the Polyherbal Formulation *Trayodasanga Guggulu*

Submitted for publication to the *Journal Aryavaidyan*, Kottakkal, Kerala state, India

7. Medicinal Plants used in Ayurvedic Formulations for Certain Ailments – Availability, Need for Cultivation and Conservation

Paper presented in a national seminar on *Conservation of Eastern Ghats*, held on *Dec 28 – 29, 2007* at Chennai, India, organized by *Environmental Protection Training & Research Institute*, Hyderabad and included in the proceedings of the national seminar

8. An Open Labeled, Prospective, Comparative Clinical Trial of *Nyagrodhadi Churna* (a Polyherbal Formulation), *Nishamalaki* and *Mudga Churna*, each as a part of Ayurvedic Treatment Regimen Supplement, in *Madhumeha* (*NIDDM*)

Accepted for publication in the journal *Evidence-based Complementary and Alternative Medicine* (*ECAM*), a journal published from Japan, supported by *Oxford University Press*, Ed: Prof Edwin L Cooper, Prof in Neurobiology, *University of California*, Los Angeles (*UCLA*), USA