**Hackathon Project Phases Template** 

**Project Title:** 

**Advancing Nutrition Science through GeminiAl** 

Team Name:

**Dextures** 

#### **Team Members:**

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## Phase-1: Brainstorming & Ideation

#### **Objective:**

To develop an Al-driven system that utilizes GeminiAl to analyze and optimize personalized nutrition plans based on user health data, dietary preferences, and scientific research.

### **Key Points:**

# 1. Problem Statement:

The growing need for personalized nutrition guidance often lacks accurate and data-driven recommendations. Many individuals struggle with selecting optimal diets that align with their health conditions, lifestyle, and scientific research.

#### 2. Proposed Solution:

- Develop an Al-powered system leveraging GeminiAl to analyze userspecific data such as dietary habits, health conditions, and nutritional goals.
- The system will provide real-time, evidence-based dietary recommendations personalized to users.
- It will process user inputs locally without relying on cloud storage or external databases.

## 3. Target Users:

- o Individuals looking for personalized diet recommendations
- Nutritionists and dietitians
- Healthcare professionals
- Fitness enthusiasts
- Researchers in nutritional science

#### 4. Expected Outcome:

- An Al-powered nutrition assistant that provides customized meal plans, tracks user progress, and adapts to evolving health conditions.
- The system will reduce nutritional deficiencies, promote healthier lifestyles, and support dietary adherence through Al-driven recommendations.

#### **Phase-2: Requirement Analysis**

#### **Objective:**

To define the technical and functional requirements, ensuring alignment with user needs and industry standards.

#### **Key Points:**

- 1. Technical Requirements:
  - Programming Language: Python
  - Backend: GeminiAl API. StreamLit
  - Processing: On-device Al model execution

## 2. Functional Requirements:

- Al-based meal and nutrition recommendations
- Real-time diet tracking and progress analysis
- User input processing without cloud dependency

#### 3. Constraints & Challenges:

- Ensuring high accuracy in Al-generated meal plans
- Handling large datasets efficiently on local storage

Providing dynamic recommendations without cloud resources

## Phase-3: Project Design

**Objective:** 

To create a structured system architecture and user experience flow.

## **Key Points:**

- 1. System Architecture Diagram: (Flowchart illustrating how GeminiAl processes data and generates nutrition recommendations)
- 2. Data Flow:
  - User inputs health and dietary preferences
  - Al analyzes data and provides recommendations
  - User tracks meals and updates progress
  - System refines suggestions based on ongoing data

# **Phase-4: Project Planning (Agile Methodologies)**

**Objective:** 

To divide development tasks into manageable sprints and allocate responsibilities. Key Points:

- 1. Sprint Planning:
  - Sprint 1: Al Model Setup
  - Sprint 2: Backend Development
  - Sprint 3: Data Processing and Storage Implementation
  - Sprint 4: Testing and Refinements
- 2. Task Allocation:
  - Al Model Development
  - Backend & API Integration
  - Data Processing & Optimization

# **Phase-5: Project Development**

Objective:

To build and integrate all components of the project.

#### **Key Points:**

- 1. Technology Stack Used:
  - Python, streamLit, GeminiAl API
- 2. Development Process:
  - o Implement Al-based recommendation logic
  - Process user input using local file storage
  - Optimize Al model execution for real-time results
- 3. Challenges & Fixes:
  - Optimizing Al-generated recommendations for accuracy
  - Handling data efficiently without cloud storage

# **Phase-6: Functional & Performance Testing**

#### **Objective:**

To ensure the project functions as expected and meets all requirements. Key Points:

- 1. Test Cases Executed:
  - Al meal recommendations accuracy
  - Data processing from local file storage
- 2. Bug Fixes & Improvements:
  - Fixed incorrect diet suggestions for specific health conditions
  - Improved performance of local data handling
- 3. Final Validation:
  - Ensured alignment with initial problem statement and objectives