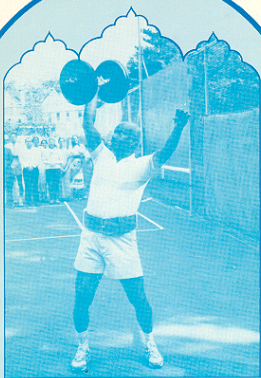


# **Soul-Illumination - Shrine Body-Preparation - Temple**



**Part 1**

**(questions and answers on weight-training)**

**Sri Chinmoy**