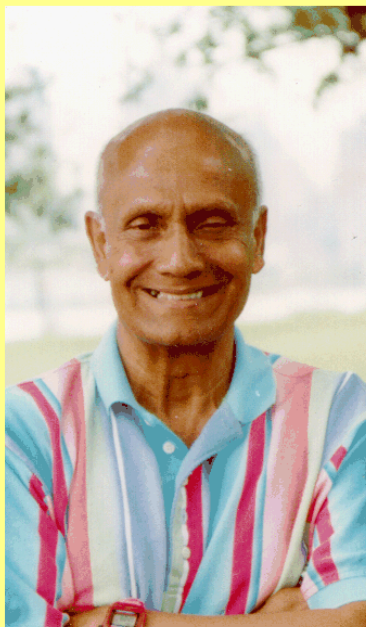


# Relaxation-Secrets for the Pressured Mind



Sri Chinmoy