

# CMPT 409/981: Optimization for Machine Learning

## Lecture 5

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# Recap

For  $L$ -smooth, convex functions, GD with  $\eta = 1/L$  requires  $T \geq \frac{2L \|w_0 - w^*\|^2}{\epsilon}$  iterations to obtain point  $w_T$  that is  $\epsilon$ -suboptimal in the sense that  $f(w_T) \leq f(w^*) + \epsilon$ .

For  $L$ -smooth, convex functions, the rate can improved to  $\Theta(1/\sqrt{\epsilon})$  using Nesterov acceleration.

For  $L$ -smooth,  $\mu$ -strongly convex functions, GD with  $\eta = \frac{1}{L}$  requires  $T \geq \kappa \log \left( \frac{\|w_0 - w^*\|^2}{\epsilon} \right)$  iterations to obtain a point  $w_T$  that is  $\epsilon$ -suboptimal in the sense that  $\|w_T - w^*\|^2 \leq \epsilon$ .

For  $L$ -smooth,  $\mu$ -strongly convex functions, the rate can improved to  $\Theta(\sqrt{\kappa} \log(\frac{1}{\epsilon}))$  using Nesterov acceleration.

# Dealing with Constrained Domains

We have characterized the convergence of GD on smooth, (strongly)-convex functions when the domain was  $\mathbb{R}^d$  i.e. the optimization was “unconstrained”.

In general, convex optimization can be constrained to be over a convex set.

*Examples:* Linear programming, Optimizing over the probability simplex or a norm-ball.

We can modify GD to solve problems such as  $\min_{w \in \mathcal{C}} f(w)$  where  $\mathcal{C}$  is a convex set.

## Projected GD

$$w_{k+1} = \Pi_{\mathcal{C}} [w_k - \eta \nabla f(w_k)]$$

where,  $\Pi_{\mathcal{C}}[x] = \arg \min_{w \in \mathcal{C}} \frac{1}{2} \|w - x\|^2$  is the Euclidean projection onto the convex set  $\mathcal{C}$ .

Q: (i) Is  $\Pi_C[x]$  unique for convex sets? (ii) For non-convex sets?

Q: For  $x \in \mathbb{R}^d$ , compute the Euclidean projection onto the  $\ell_2$ -ball:  $\mathcal{B}(0, 1) = \{w \mid \|w\|_2^2 \leq 1\}$ ?

# Dealing with Constrained Domains

For convex optimization over unconstrained domains, we know that the minimizer can be characterized by its gradient norm i.e. if  $w^*$  is a minimizer, then,  $\nabla f(w^*) = 0$ .

**Optimality conditions:** For constrained convex domains, if  $w^* \in \arg \min_{w \in \mathcal{C}} f(w)$ , then  $\forall w \in \mathcal{C}$ ,

$$\langle \nabla f(w^*), w - w^* \rangle \geq 0$$

i.e. if we are at the optimal, either the gradient is zero (if  $w^*$  is inside  $\mathcal{C}$ ) or moving in the negative direction of the gradient will push us out of  $\mathcal{C}$  (if  $w^*$  is at the boundary of  $\mathcal{C}$ ).

For the Euclidean projection, if  $y := \Pi_{\mathcal{C}}[x] = \arg \min_{w \in \mathcal{C}} \frac{1}{2} \|w - x\|^2$ , then, using the optimal conditions above,  $\forall w \in \mathcal{C}$ ,

$$\langle x - y, w - y \rangle \leq 0$$

i.e. the angle between the rays  $y \rightarrow x$  and  $y \rightarrow w$  for all  $w \in \mathcal{C}$  is greater than  $90^\circ$ .

**Q:** For convex set  $\mathcal{C}$ , if  $w^* = \arg \min_{w \in \mathcal{C}} f(w)$ , what is  $\Pi_{\mathcal{C}}[w^*]$ ?

# Dealing with Constrained Domains

**Claim:** Projections onto a convex set are non-expansive operations i.e. for all  $x_1, x_2$ , if  $y_1 := \Pi_{\mathcal{C}}[x_1]$  and  $y_2 := \Pi_{\mathcal{C}}[x_2]$ , then,  $\|y_1 - y_2\| \leq \|x_1 - x_2\|$ .

**Proof:** Recall from the last slide, that for the Euclidean projection,  $y = \Pi_{\mathcal{C}}[x]$ ,  $\langle x - y, w - y \rangle \leq 0$  for all  $w \in \mathcal{C}$ . Hence,

$$\langle x_1 - y_1, w - y_1 \rangle \leq 0 \implies \langle x_1 - y_1, y_2 - y_1 \rangle \leq 0 \quad (\text{Set } w = y_2)$$

$$\langle x_2 - y_2, w - y_2 \rangle \leq 0 \implies \langle x_2 - y_2, y_1 - y_2 \rangle \leq 0 \quad (\text{Set } w = y_1)$$

Adding the two equations,

$$\begin{aligned} \langle x_2 - y_2, y_1 - y_2 \rangle + \langle x_1 - y_1, y_2 - y_1 \rangle &\leq 0 \implies \langle x_2 - x_1 + y_1 - y_2, y_1 - y_2 \rangle \leq 0 \\ \implies \langle y_1 - y_2, y_1 - y_2 \rangle &\leq \langle x_1 - x_2, y_1 - y_2 \rangle \implies \|y_1 - y_2\|^2 \leq \|x_1 - x_2\| \|y_1 - y_2\| \\ &\quad (\text{Cauchy Schwartz}) \end{aligned}$$

$$\implies \|y_1 - y_2\| \leq \|x_1 - x_2\|$$

# Projected GD for Smooth, Strongly-Convex Functions

Recall the projected GD update:  $w_{k+1} = \Pi_{\mathcal{C}}[w_k - \eta \nabla f(w_k)]$ . Since  $w^* = \Pi_{\mathcal{C}}[w^*]$ , using the non-expansiveness of projections with  $x_1 = w^*$ ,  $x_2 = w_k - \eta \nabla f(w_k)$ ,  $y_1 = w^*$ ,  $y_2 = w_{k+1}$ ,

$$\|w_{k+1} - w^*\| \leq \|w_k - \eta \nabla f(w_k) - w^*\|$$

i.e. by projecting onto  $\mathcal{C}$ , the distance to the minimizer  $w^*$  (that lies in  $\mathcal{C}$ ) has not increased.

With this change, the proof proceeds as before. In particular,

$$\|w_{k+1} - w^*\|^2 \leq \|w_k - \eta \nabla f(w_k) - w^*\|^2 = \|w_k - w^*\|^2 - 2\eta \langle \nabla f(w_k), w_k - w^* \rangle + \eta^2 \|\nabla f(w_k)\|^2$$

Using smoothness, strong-convexity similar to Lecture 4, we can derive the same linear rate.

$$\|w_{k+1} - w^*\|^2 \leq \exp(-T/\kappa) \|w_0 - w^*\|^2$$

Using non-expansiveness of projections, we can redo the proof for smooth, convex functions and get the same  $O(1/\epsilon)$  convergence rate.

Hence, projected GD is a good option for minimizing convex functions over convex sets when the projection operation is computationally cheap.

Questions?



# Nesterov Acceleration

**Gradient Descent:**  $w_{k+1} = \text{GD}(w_k)$  where GD is a function such that  $\text{GD}(w) := w - \eta \nabla f(w)$ .

**Nesterov Acceleration:**  $w_{k+1} = \text{GD}(w_k + \beta_k(w_k - w_{k-1}))$  for  $\beta_k \geq 0$  to be determined. Hence,

$$w_{k+1} = [w_k + \beta_k(w_k - w_{k-1})] - \eta \nabla f(w_k + \beta_k(w_k - w_{k-1}))$$

i.e. Nesterov acceleration can be interpreted as doing GD on “extrapolated” points where  $\beta_k$  can be interpreted as the “momentum” in the previous direction  $(w_k - w_{k-1})$ .

If we define sequence  $v_k := w_k + \beta_k(w_k - w_{k-1})$ , and initialize  $w_0 = v_0$ , then,

$$v_k = w_k + \beta_k(w_k - w_{k-1}) \quad ; \quad w_{k+1} = v_k - \eta \nabla f(v_k) \tag{1}$$

Rewriting the above expression only in terms of  $v_k$ ,

$$v_{k+1} = v_k - \eta \nabla f(v_k) + \beta_{k+1}[v_k - v_{k-1}] - \eta \beta_{k+1}[\nabla f(v_k) - \nabla f(v_{k-1})]$$

i.e. Nesterov acceleration can be interpreted as moving along a combination of three directions – the gradient direction  $\nabla f(v_k)$ , the momentum direction for the iterates  $[v_k - v_{k-1}]$  and the momentum direction for the gradients  $[\nabla f(v_k) - \nabla f(v_{k-1})]$ .

# Nesterov Acceleration for Smooth, Convex Functions

In order to analyze the convergence of Nesterov acceleration for smooth, convex functions, define  $d_k := \beta_k(w_k - w_{k-1})$ , set  $\eta = \frac{1}{L}$  and define  $g_k := -\frac{1}{L}\nabla f(w_k + d_k)$ . For  $k \geq 1$  (for simplicity, set  $w_1 = w_0$ ),

$$\begin{aligned} w_{k+1} &= [w_k + \beta_k(w_k - w_{k-1})] - \eta \nabla f(w_k + \beta_k(w_k - w_{k-1})) \\ \implies w_{k+1} &= w_k + d_k - \frac{1}{L} \nabla f(w_k + d_k) = w_k + d_k + g_k. \end{aligned}$$

In order to set the momentum parameter  $\beta_k$ , we define a sequence  $\{\lambda_k\}_{k=1}^{T-1}$  such that,

$$\lambda_0 = 0 \quad ; \quad \lambda_k = \frac{1 + \sqrt{1 + 4\lambda_{k-1}^2}}{2} \quad ; \quad \beta_{k+1} = \frac{\lambda_k - 1}{\lambda_{k+1}} \quad (2)$$

**Claim:** For  $L$ -smooth,  $\mu$ -strongly convex functions, Nesterov acceleration with  $\eta = \frac{1}{L}$  and  $\beta_k$  set according to Eq. (2)  $T \geq \frac{\sqrt{2L} \|w_1 - w^*\|}{\sqrt{\epsilon}}$  iterations to obtain point  $w_{T+1}$  that is  $\epsilon$ -suboptimal in the sense that  $f(w_{T+1}) \leq f(w^*) + \epsilon$ .

Hence, Nesterov acceleration is optimal for minimizing the class of smooth, convex functions.

# Nesterov Acceleration for Smooth, Convex Functions

In order to prove the claim, we will need the following lemma:

**Lemma:** When using Nesterov acceleration with  $\eta = \frac{1}{L}$ , for any vector  $y$ ,  
 $f(w_{k+1}) - f(y) \leq \langle \nabla f(w_k + d_k), w_k + d_k - y \rangle - \frac{1}{2L} \|\nabla f(w_k + d_k)\|^2$ .

**Proof:** Using  $L$ -smoothness, since Nesterov acceleration is equivalent to GD on  $w_k + d_k$ ,

$$\begin{aligned} f(w_{k+1}) - f(w_k + d_k) &\leq \langle \nabla f(w_k + d_k), w_{k+1} - w_k - d_k \rangle + \frac{L}{2} \|w_{k+1} - w_k - d_k\|^2 \\ &= -\frac{1}{L} \langle \nabla f(w_k + d_k), \nabla f(w_k + d_k) \rangle + \frac{1}{2L} \|\nabla f(w_k + d_k)\|^2 \\ \implies f(w_{k+1}) - f(w_k + d_k) &\leq \frac{-1}{2L} \|\nabla f(w_k + d_k)\|^2 \\ \implies f(w_{k+1}) - f(y) &\leq f(w_k + d_k) - f(y) - \frac{1}{2L} \|\nabla f(w_k + d_k)\|^2 \end{aligned}$$

Using convexity:  $f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle$  with  $x = w_k + d_k$  and  $y = y$

$$\implies f(w_{k+1}) - f(y) \leq \langle \nabla f(w_k + d_k), w_k + d_k - y \rangle - \frac{1}{2L} \|\nabla f(w_k + d_k)\|^2 \quad (3)$$

# Nesterov Acceleration for Smooth, Convex Functions

Using the lemma with  $y = w^*$ , with  $f^* := f(w^*)$  and define  $\Delta_k := f(w_k) - f^*$ ,

$$\begin{aligned}\Delta_{k+1} = f(w_{k+1}) - f^* &\leq \langle \nabla f(w_k + d_k), w_k + d_k - w^* \rangle - \frac{1}{2L} \|\nabla f(w_k + d_k)\|^2 \\ &\leq -\frac{L}{2} \left[ 2 \left\langle \frac{-\nabla f(w_k + d_k)}{L}, (w_k - w^*) + d_k \right\rangle + \frac{1}{L^2} \|\nabla f(w_k + d_k)\|^2 \right] \\ \implies \Delta_{k+1} &\leq -\frac{L}{2} \left[ 2 \langle g_k, w_k - w^* + d_k \rangle + \|g_k\|^2 \right]\end{aligned}\tag{4}$$

Using the lemma with  $y = w_k$ ,

$$\begin{aligned}[f(w_{k+1}) - f^*] - [f(w_k) - f^*] &\leq \langle \nabla f(w_k + d_k), d_k \rangle - \frac{1}{2L} \|\nabla f(w_k + d_k)\|^2 \\ \implies \Delta_{k+1} - \Delta_k &\leq -\frac{L}{2} \left[ 2 \left\langle \frac{-\nabla f(w_k + d_k)}{L}, d_k \right\rangle + \frac{1}{L^2} \|\nabla f(w_k + d_k)\|^2 \right] \\ \implies \Delta_{k+1} - \Delta_k &\leq -\frac{L}{2} \left[ 2 \langle g_k, d_k \rangle + \|g_k\|^2 \right]\end{aligned}\tag{5}$$

# Nesterov Acceleration for Smooth, Convex Functions

For  $\lambda_k > 1$ ,

$$(\lambda_k - 1) \text{Eq. (5)} + \text{Eq. (4)} \leq -\frac{L}{2} \left[ (\lambda_k - 1) \left[ 2\langle g_k, d_k \rangle + \|g_k\|^2 \right] + \left[ 2\langle g_k, w_k - w^* + d_k \rangle + \|g_k\|^2 \right] \right]$$

Let us first simplify the RHS,

$$\begin{aligned} & \left[ (\lambda_k - 1) \left[ 2\langle g_k, d_k \rangle + \|g_k\|^2 \right] + \left[ 2\langle g_k, w_k - w^* + d_k \rangle + \|g_k\|^2 \right] \right] \\ &= \lambda_k \left[ 2\langle g_k, d_k \rangle + \|g_k\|^2 \right] - \left[ 2\langle g_k, d_k \rangle + \|g_k\|^2 - 2\langle g_k, w_k - w^* + d_k \rangle - \|g_k\|^2 \right] \\ &= \frac{1}{\lambda_k} \left[ \lambda_k^2 \left( 2\langle g_k, d_k \rangle + \|g_k\|^2 \right) + 2\lambda_k \langle g_k, w_k - w^* \rangle \right] \\ &= \frac{1}{\lambda_k} \left[ \|w_k - w^* + \lambda_k d_k + \lambda_k g_k\|^2 - \|w_k - w^* + \lambda_k d_k\|^2 \right] \end{aligned}$$

Putting everything together,

$$\lambda_k [(\lambda_k - 1) \text{Eq. (5)} + \text{Eq. (4)}] \leq \frac{L}{2} \left[ \|w_k - w^* + \lambda_k d_k\|^2 - \|w_k - w^* + \lambda_k d_k + \lambda_k g_k\|^2 \right] \quad (6)$$

# Nesterov Acceleration for Smooth, Convex Functions

Now let us simplify the LHS of Eq. (6),

$$\lambda_k [(\lambda_k - 1) \text{Eq. (5)} + \text{Eq. (4)}] = \lambda_k [(\lambda_k - 1)(\Delta_{k+1} - \Delta_k) + \Delta_{k+1}] = \lambda_k^2 \Delta_{k+1} - (\lambda_k^2 - \lambda_k) \Delta_k$$

Putting everything together,

$$\lambda_k^2 \Delta_{k+1} - (\lambda_k^2 - \lambda_k) \Delta_k \leq \frac{L}{2} \left[ \|w_k - w^* + \lambda_k d_k\|^2 - \|w_k - w^* + \lambda_k d_k + \lambda_k g_k\|^2 \right]$$

We wish to sum from  $k = 1$  to  $T$ , and telescope the terms. For the RHS, we want that,

$$\begin{aligned} w_k - w^* + \lambda_k d_k + \lambda_k g_k &= w_{k+1} - w^* + \lambda_{k+1} d_{k+1} = w_k + d_k + g_k - w^* + \lambda_{k+1} d_{k+1} \\ &= w_k + d_k + g_k - w^* + \lambda_{k+1} \beta_{k+1} [w_{k+1} - w_k] \\ &= w_k + d_k + g_k - w^* + \lambda_{k+1} \beta_{k+1} [w_k + d_k + g_k - w_k] \\ &\implies \text{We want that: } w_k - w^* + \lambda_k (d_k + g_k) = w_k - w^* + (1 + \lambda_{k+1} \beta_{k+1}) [d_k + g_k] \end{aligned}$$

This can be achieved if  $\beta_{k+1} = \frac{\lambda_k - 1}{\lambda_{k+1}}$ .

# Nesterov Acceleration for Smooth, Convex Functions

Recall that:  $\lambda_k^2 \Delta_{k+1} - (\lambda_k^2 - \lambda_k) \Delta_k \leq \frac{L}{2} \left[ \|w_k - w^* + \lambda_k d_k\|^2 - \|w_k - w^* + \lambda_k d_k + \lambda_k g_k\|^2 \right]$ .  
In order to telescope the LHS, we want that,

$$\lambda_{k-1}^2 = \lambda_k^2 - \lambda_k \implies \lambda_k = \frac{1 + \sqrt{1 + 4\lambda_{k-1}^2}}{2}$$

By using the sequence  $\lambda_k = \frac{1 + \sqrt{1 + 4\lambda_{k-1}^2}}{2}$  and setting  $\beta_{k+1} = \frac{\lambda_{k-1}}{\lambda_{k+1}}$ ,

$$\lambda_k^2 \Delta_{k+1} - \lambda_{k-1}^2 \Delta_k \leq \frac{L}{2} \left[ \|w_k - w^* + \lambda_k d_k\|^2 - \|w_{k+1} - w^* + \lambda_{k+1} d_{k+1}\|^2 \right]$$

Summing from  $k = 1$  to  $T$ , since  $\lambda_0 = 0$

$$\begin{aligned} \lambda_T^2 \Delta_{T+1} &\leq \frac{L}{2} \left[ \|w_1 - w^* + \lambda_1 d_1\|^2 - \|w_{T+1} - w^* + \lambda_{T+1} d_{T+1}\|^2 \right] \\ &\leq \frac{L}{2} \|w_1 - w^*\|^2 \quad (\text{Since } w_0 = w_1 \implies d_1 = \beta_1(w_1 - w_0) = 0) \end{aligned}$$

$$\implies \Delta_{T+1} = f(w_{T+1}) - f^* \leq \frac{L}{2\lambda_T^2} \|w_1 - w^*\|^2 \quad (7)$$

## Nesterov Acceleration for Smooth, Convex Functions

Recall that  $f(w_{T+1}) - f^* \leq \frac{L}{2\lambda_T^2} \|w_1 - w^*\|^2$ . Let us prove that  $\lambda_k \geq \frac{k}{2}$  by induction.

**Base case:**  $k = 1$ ,  $\lambda_1 = \frac{1 + \sqrt{1 + 4\lambda_0^2}}{2} = 1 \geq \frac{1}{2}$ .

**Inductive step:** Assuming the statement is true for  $k - 1$  i.e.  $\lambda_{k-1} \geq \frac{k-1}{2}$ ,

$$\lambda_{k+1} = \frac{1 + \sqrt{1 + 4\lambda_{k-1}^2}}{2} = \frac{1 + \sqrt{1 + (k-1)^2}}{2} \geq \frac{k}{2}.$$

Hence,  $\lambda_k \geq \frac{k}{2}$  and  $\lambda_T \geq \frac{T}{2}$ . Hence,

$$f(w_{T+1}) - f^* \leq \frac{2L \|w_1 - w^*\|^2}{T^2}$$

Hence, Nesterov acceleration with  $\eta = \frac{1}{L}$  and a carefully engineered  $\beta_k$  sequence can obtain the accelerated  $O\left(\frac{1}{T^2}\right)$  rate for smooth, convex functions.



# Nesterov Acceleration for Smooth, Strongly-Convex Functions

Nesterov acceleration also results in the accelerated  $O(\sqrt{\kappa} \log(1/\epsilon))$  rate for smooth, strongly-convex functions.

In order to obtain this rate, the algorithm requires the following parameter settings:  $\eta = \frac{1}{L}$  and,

$$\beta_k = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}$$

Refer to Bubeck, 3.7.1 for the analysis.

Compared to the smooth, convex setting for which  $\beta_k$  decreases, the strongly-convex setting requires a constant  $\beta_k$  in order to attain the accelerated rate.

Compared to GD, for smooth, strongly-convex functions, Nesterov acceleration requires knowledge of  $\kappa$  (and hence  $\mu$ ) in order to set  $\beta_k$ .

Unlike estimating  $L$ , estimating  $\mu$  is difficult, and misestimating  $\mu$  can result in bad empirical performance. Common trick that results in decent performance is to use the convex parameters (with the decreasing  $\beta_k$ ) with restarts.

Questions?