# CMPT 409/981: Optimization for Machine Learning

Lecture 10

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For smooth, strongly-convex functions, SGD with an O(1/k) decreasing step-size converges to the minimizer at an  $\Theta(1/\tau)$  rate (we will prove this later today).

Similar to the convex setting, using SGD with a constant step-size results in convergence to the neighbourhood that depends on the noise in the stochastic gradients.

**Claim**: For *L*-smooth,  $\mu$ -strongly convex functions, T iterations of SGD with  $\eta_k = \eta = \frac{1}{L}$  returns iterate  $w_T$  such that,

$$\mathbb{E}[\|w_T - w^*\|^2] \le \exp\left(\frac{-T}{\kappa}\right) \|w_0 - w^*\|^2 + \frac{\sigma^2}{\mu L}$$

Hence, SGD results in an exponential convergence to the neighbourhood of the minimizer.

Unlike the convex case for which we proved a guarantee on the average iterate  $\bar{w}_T$ , here we have a guarantee for the last iterate  $w_T$ .

**Proof**: Following a proof similar to the convex case,

$$||w_{k+1} - w^*||^2 = ||w_k - \eta_k \nabla f_{ik}(w_k) - w^*||^2$$
  
=  $||w_k - w^*||^2 - 2\eta_k \langle \nabla f_{ik}(w_k), w_k - w^* \rangle + \eta_k^2 ||\nabla f_{ik}(w_k)||^2$ 

Taking expectation w.r.t  $i_k$  on both sides,

$$\mathbb{E}[\|w_{k+1} - w^*\|^2] = \|w_k - w^*\|^2 - 2\mathbb{E}\left[\eta_k \langle \nabla f_{ik}(w_k), w_k - w^* \rangle\right] + \mathbb{E}\left[\eta_k^2 \|\nabla f_{ik}(w_k)\|^2\right]$$

$$\implies \mathbb{E}[\|w_{k+1} - w^*\|^2] = \|w_k - w^*\|^2 - 2\eta_k \langle \nabla f(w_k), w_k - w^* \rangle + \eta_k^2 \mathbb{E}\left[\|\nabla f_{ik}(w_k)\|^2\right]$$
(Assuming  $\eta_k$  is independent of  $i_k$  and Unbiasedness)

Recall that 
$$\mathbb{E}[\|w_{k+1} - w^*\|^2] = \|w_k - w^*\|^2 - 2\eta_k \langle \nabla f(w_k), w_k - w^* \rangle + \eta_k^2 \mathbb{E} \left[ \|\nabla f_{ik}(w_k)\|^2 \right].$$

$$\mathbb{E}[\|w_{k+1} - w^*\|^2]$$

$$= \|w_k - w^*\|^2 - 2\eta_k \langle \nabla f(w_k), w_k - w^* \rangle + \eta_k^2 \mathbb{E} \left[ \|\nabla f_{ik}(w_k) - \nabla f(w_k) + \nabla f(w_k)\|^2 \right]$$

$$\leq \|w_k - w^*\|^2 - 2\eta_k \langle \nabla f(w_k), w_k - w^* \rangle + \eta_k^2 \mathbb{E} \left[ \|\nabla f(w_k)\|^2 \right] + \eta_k^2 \sigma^2$$
(Using the bounded variance assumption)

Using 
$$\mu$$
-strong convexity,  $f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} \|y - x\|^2$  with  $y = w^*$  and  $x = w_k$ ,

$$\leq \|w_{k} - w^{*}\|^{2} - 2\eta_{k}[f(w_{k}) - f(w^{*})] - \mu\eta_{k} \|w_{k} - w^{*}\|^{2} + \eta_{k}^{2} \mathbb{E}\left[\|\nabla f(w_{k})\|^{2}\right] + \eta_{k}^{2} \sigma^{2}$$
(Eq. (1))

$$\Rightarrow \mathbb{E}[\|w_{k+1} - w^*\|^2] \\ \leq (1 - \mu \eta_k) \|w_k - w^*\|^2 - 2\eta_k [f(w_k) - f(w^*)] + 2L \, \eta_k^2 \, \mathbb{E}[f(w_k) - f(w^*)] + \eta_k^2 \, \sigma^2$$
(Using *L*-smoothness of *f*)

$$\mathbb{E}[\|w_{k+1} - w^*\|^2] \le (1 - \mu \eta_k) \|w_k - w^*\|^2 - 2\eta_k [f(w_k) - f(w^*)] + 2L \eta_k^2 \mathbb{E}[f(w_k) - f(w^*)] + \eta_k^2 \sigma^2.$$
Setting  $\eta_k = \eta = \frac{1}{L}$ 

$$\mathbb{E}[\|w_{k+1} - w^*\|^2] \le \left(1 - \frac{\mu}{L}\right) \|w_k - w^*\|^2 + \frac{\sigma^2}{L^2}$$

Since the above inequality is true for all k, using it for k = T - 1,

$$\mathbb{E}[\|w_{T} - w^{*}\|^{2}] \le \left(1 - \frac{\mu}{L}\right) \|w_{T-1} - w^{*}\|^{2} + \frac{\sigma^{2}}{L^{2}}$$

Taking expectation w.r.t the randomness from iterations k = 0 to T - 1,

$$\implies \mathbb{E}[\|w_T - w^*\|^2] \le \rho \, \mathbb{E} \|w_{T-1} - w^*\|^2 + \frac{\sigma^2}{I^2} \qquad \qquad \text{(Denoting } \rho := 1 - \mu/L)$$

Recall that  $\mathbb{E}[\|w_T - w^*\|^2] \le \rho \mathbb{E} \|w_{T-1} - w^*\|^2 + \frac{\sigma^2}{L^2}$ . Unrolling the recursion until k = 0,

$$\mathbb{E}[\|w_{T} - w^{*}\|^{2}] \leq \rho^{T} \|w_{0} - w^{*}\|^{2} + \frac{\sigma^{2}}{L^{2}} \sum_{k=0}^{T-1} \rho^{k} \leq \rho^{T} \|w_{0} - w^{*}\|^{2} + \frac{\sigma^{2}}{L^{2}} \sum_{k=0}^{\infty} \rho^{k}$$

$$\leq \rho^{T} \|w_{0} - w^{*}\|^{2} + \frac{\sigma^{2}}{L^{2}} \frac{1}{1 - \rho} \qquad \text{(Infinite geometric series)}$$

$$= \left(1 - \frac{\mu}{L}\right)^{T} \|w_{0} - w^{*}\|^{2} + \frac{\sigma^{2}}{\mu L}$$

$$\leq \exp\left(\frac{-T}{\kappa}\right) \|w_{0} - w^{*}\|^{2} + \frac{\sigma^{2}}{\mu L} \qquad (1 - x \leq \exp(-x))$$

$$\implies \mathbb{E}[\|w_{T} - w^{*}\|^{2}] \leq \exp\left(\frac{-T}{\kappa}\right) \|w_{0} - w^{*}\|^{2} + \underbrace{\frac{\sigma^{2}}{\mu L}}_{\text{neighbourhood}}$$



Let us prove that SGD with an O(1/k) step-size results in O(1/T) convergence to the minimizer. Similar to [LJSB12], for simplicity, let us assume that the stochastic gradients are bounded in expectation, i.e. there exists a G such that  $\mathbb{E} \|\nabla f_i(w)\|^2 \leq G^2$  for all w.

Claim: For  $\mu$ -strongly convex functions with the above assumption, T iterations of SGD with  $\eta_k = \frac{1}{\mu \, (k+1)}$  returns iterate  $\bar{w}_T = \frac{\sum_{k=0}^{T-1} w_k}{T}$  such that,

$$\mathbb{E}[\|\bar{w}_{T} - w^*\|^2] \le \frac{G^2 [1 + \log(T)]}{2\mu T}$$

Three problems – the above result (i) requires knowledge of  $\mu$ , (ii) requires bounded stochastic gradients, (iii) the guarantee only holds for the average iterate and not the last iterate.

[GLQ $^+$ 19, Theorem 3.2] uses a constant, then O(1/k) step-size. Solves (ii), (iii)

[LZO21, VDTB21] use an  $O\left((^1\!/\tau)^{k/T}\right)$  step-size and solves all three problems. Also prove a noise-adaptive  $O\left(\exp\left(\frac{-T}{\kappa}\right)+\frac{\sigma^2}{T}\right)$  rate, but requires knowledge of T.

**Proof**: Following the previous proof,

$$\mathbb{E} \|w_{k+1} - w^*\|^2$$

$$\leq \|w_k - w^*\|^2 - 2\eta_k [f(w_k) - f(w^*)] - \mu \eta_k \|w_k - w^*\|^2 + \eta_k^2 \mathbb{E} \left[ \|\nabla f_{ik}(w_k)\|^2 \right]$$

$$\leq \|w_k - w^*\|^2 - 2\eta_k [f(w_k) - f(w^*)] - \mu \eta_k \|w_k - w^*\|^2 + \eta_k^2 G^2$$
(Using the boundedness of stochastic gradients)

$$\Longrightarrow \mathbb{E}[f(w_{k}) - f(w^{*})] \leq \frac{\left[\|w_{k} - w^{*}\|^{2} (1 - \mu \eta_{k}) - \mathbb{E} \|w_{k+1} - w^{*}\|^{2}\right]}{2\eta_{k}} + \frac{\eta_{k}}{2} G^{2}$$

Taking expectation w.r.t the randomness from iterations k = 0 to T - 1,

$$\mathbb{E}[f(w_k) - f(w^*)] \leq \frac{\mathbb{E}\left[\left\|w_k - w^*\right\|^2 \left(1 - \mu \eta_k\right) - \left\|w_{k+1} - w^*\right\|^2\right]}{2\eta_k} + \frac{\eta_k}{2} G^2$$

Recall that  $\mathbb{E}[f(w_k) - f(w^*)] \leq \frac{\mathbb{E}[\|w_k - w^*\|^2 (1 - \mu \eta_k) - \|w_{k+1} - w^*\|^2]}{2\eta_k} + \frac{\eta_k}{2} G^2$ . Summing from k = 0 to T - 1,

$$\sum_{k=0}^{T-1} \mathbb{E}[f(w_k) - f(w^*)] \leq \sum_{k=0}^{T-1} \frac{\mathbb{E}\left[\|w_k - w^*\|^2 (1 - \mu \eta_k) - \|w_{k+1} - w^*\|^2\right]}{2\eta_k} + \frac{G^2}{2} \sum_{k=0}^{T-1} \eta_k$$

$$= \sum_{k=0}^{T-1} \frac{\mathbb{E}\left[\|w_k - w^*\|^2 (1 - \mu \eta_k) - \|w_{k+1} - w^*\|^2\right]}{2\eta_k} + \frac{G^2}{2} \sum_{k=0}^{T-1} \frac{1}{\mu (k+1)}$$

$$\leq \sum_{k=0}^{T-1} \frac{\mathbb{E}\left[\|w_k - w^*\|^2 (1 - \mu \eta_k) - \|w_{k+1} - w^*\|^2\right]}{2\eta_k} + \frac{G^2 [1 + \log(T)]}{2\mu}$$

Dividing by T, using Jensen's inequality for the LHS, and by definition of  $\bar{w}_T$ ,

$$\mathbb{E}[f(\bar{w}_{\mathcal{T}}) - f(w^*)] \leq \frac{1}{\mathcal{T}} \sum_{k=0}^{\mathcal{T}-1} \frac{\mathbb{E}\left[\left\|w_k - w^*\right\|^2 (1 - \mu \, \eta_k) - \left\|w_{k+1} - w^*\right\|^2\right]}{2\eta_k} + \frac{G^2 \left[1 + \log(\mathcal{T})\right]}{2\mu \, \mathcal{T}}$$

Recall that 
$$\mathbb{E}[f(\bar{w}_T) - f(w^*)] \leq \frac{1}{T} \sum_{k=0}^{T-1} \frac{\mathbb{E}[\|w_k - w^*\|^2 (1 - \mu \eta_k) - \|w_{k+1} - w^*\|^2]}{2\eta_k} + \frac{G^2 [1 + \log(T)]}{2\mu T}$$
.

$$\frac{1}{2T} \sum_{k=0}^{T-1} \frac{\mathbb{E}\left[\|w_{k} - w^{*}\|^{2} (1 - \mu \eta_{k}) - \|w_{k+1} - w^{*}\|^{2}\right]}{\eta_{k}}$$

$$= \frac{1}{2T} \mathbb{E}\left[\sum_{k=1}^{T-1} \left[\|w_{k} - w^{*}\|^{2} \left(\frac{1}{\eta_{k}} - \frac{1}{\eta_{k-1}} - \mu\right)\right] + \|w_{0} - w^{*}\|^{2} \left(\frac{1}{\eta_{0}} - \mu\right) - \frac{\|w_{T} - w^{*}\|^{2}}{\eta_{T-1}}\right]$$

$$\leq \frac{1}{2T} \mathbb{E}\left[\sum_{k=1}^{T-1} \left[\|w_{k} - w^{*}\|^{2} (\mu(k+1) - \mu k - \mu)\right] + \|w_{0} - w^{*}\|^{2} (\mu - \mu)\right] = 0$$

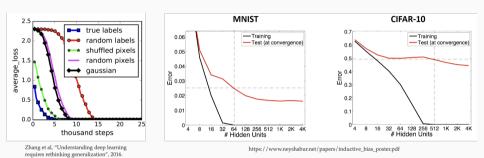
Putting everything together,

$$\mathbb{E}[f(\bar{w}_T) - f(w^*)] \leq \frac{G^2 \left[1 + \log(T)\right]}{2\mu T}$$



#### Interpolation for over-parameterized models

**Interpolation**: Over-parameterized models (such as deep neural networks) are capable of exactly fitting the training dataset.



Loss vs Training steps on CIFAR-10 dataset

Error vs Network size

Formally, when minimizing  $f(w) = \frac{1}{n} \sum_{i=1}^{n} f_i(w)$ , interpolation means that if  $\|\nabla f(w)\| = 0$ , then  $\|\nabla f_i(w)\| = 0$  for all  $i \in [n]$  i.e. the variance in the stochastic gradients becomes zero at a stationary point.

#### SGD under Interpolation

Recall that SGD needs to decrease the step-size to counteract the noise (variance).

**Idea**: Under interpolation, since the noise is zero at the optimum, SGD does not need to decrease the step-size and can converge to the minimizer by using a *constant* step-size.

If f is strongly-convex and the model is expressive enough such that interpolation is satisfied (for example, when using kernels or least squares with d > n), constant step-size SGD can converge to the minimizer at an  $O(\exp(-T/\kappa))$  rate.

In this setting, SGD matches the rate of deterministic (full-batch) GD, but compared to GD, each iteration is cheap.

Moreover, empirical results (and theoretical results on "benign overfitting") suggest that interpolating the training dataset does not adversely affect the generalization error!



#### References

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