

Swiss Army Triplets

Swisslets

Here are some examples to help get comfortable with swiss army triplets (swisslets). For examples ① and ②, don't forget to practice with a left hand lead. Even though the accented hand is playing a series of down and up strokes, as you get faster, it essentially utilizes the same drop-catch technique as the tap stroke hand. When playing swiss army triplets at a fast tempo, the weight distribution in your hand is shifted to the fulcrum for support.

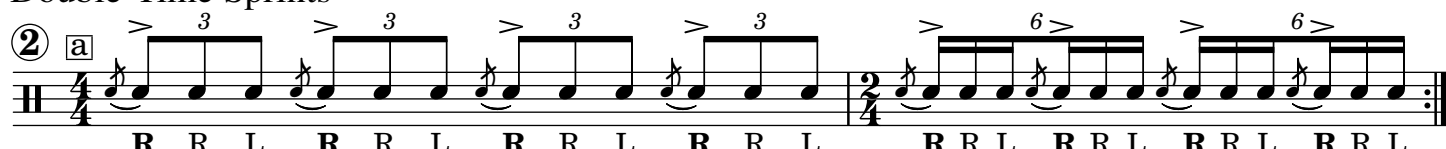
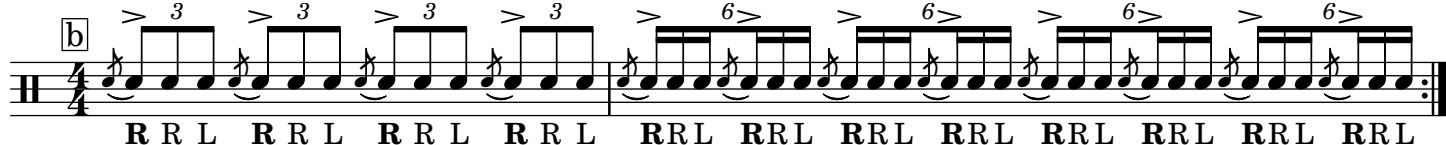
①

a   

L R R L L R L R R L L R R L L R L R R L L R R L L R R L L R

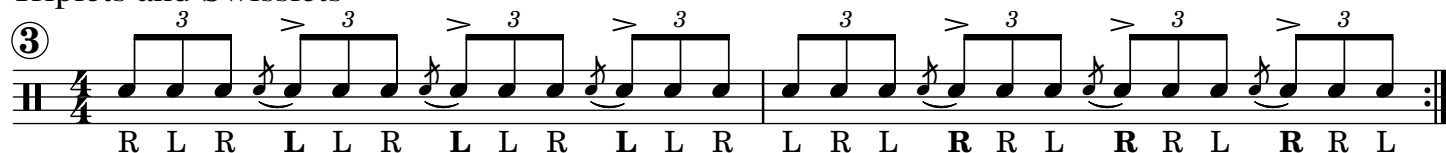
Double-Time Sprints

②

a  

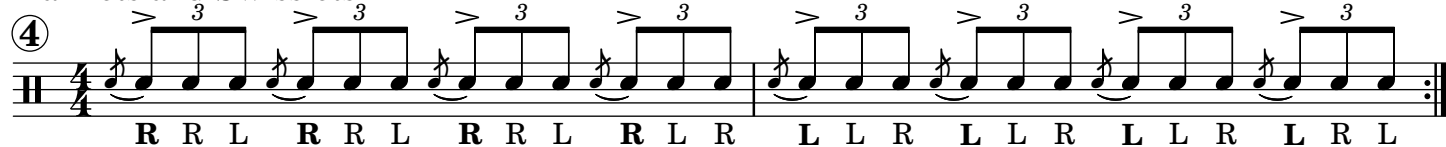
R R L R R L R R L R R L R R L R R L R R L R R L R R L R R L R R L R R L R R L R R L R R L

Triplets and Swisslets

③ 

R L R L L R L L R L L R L R L R R L R R L R R L

Flamlets and Swisslets


④ 


R R L R R L R R L R L R L L R L L R L L R L R L

Swiss Army Triplets


Swisslets


With Flammed Mills and Flamadiddles

⑤ a 
 R R L R R L R R L R R L R L L R L L R L L R L L R L

b 
 R R L R R L R R L R L R R L L R L L R L L R L R L L


16ths and Sixlets


⑥ a 
 R R L R R L R R L R R L R R L R R L

b 
 R R L R R L R R L R R L

Can play with left hand lead

16ths and Flam Taps

⑦ a 
 R R L R R L R R L R R L R R L L

b 
 R R L R R L R R L R R L R R L L R L L R L L R L L