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The image displays 14 numbered rhythmic exercises, each consisting of a four-measure sequence. The first measure of every sequence is identical: a five-line staff with a common time signature 'C' and a 4/4 time signature. The first measure contains a half note on the first line (C4), a half note on the second line (D4), and a half note on the third line (E4). The subsequent measures vary according to the exercise number. Exercises 1 through 14 are arranged in two columns of seven. Exercises 1 and 2 are the first sequence, 3 and 4 are the second, and so on, up to 13 and 14. Each exercise is represented by a single staff with a key signature of one flat (Bb) and a common time signature (C). The exercises are numbered 1 through 14, with some numbers appearing in two different positions (e.g., 1 and 2). The patterns involve combinations of eighth and sixteenth notes, rests, and 'x' marks on a five-line staff. The exercises are numbered 1 through 14, with some numbers appearing in two different positions (e.g., 1 and 2). The patterns involve combinations of eighth and sixteenth notes, rests, and 'x' marks on a five-line staff.