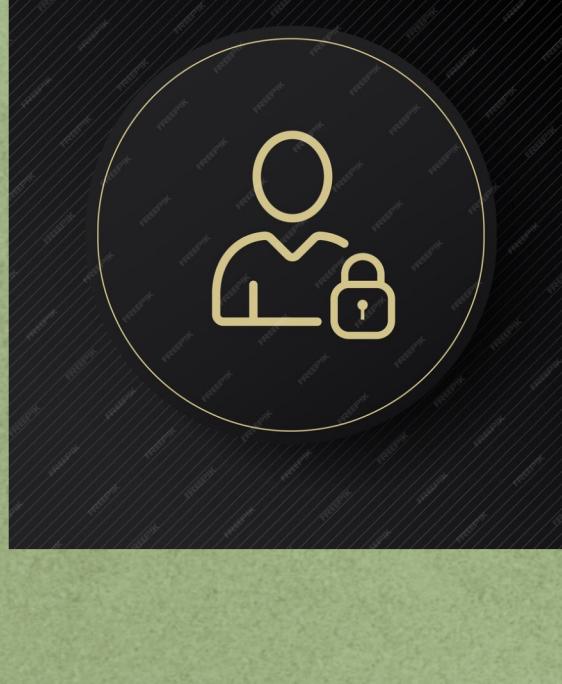


Password Security Awareness

Passwords are the keys to your digital kingdom – don't let them be '123456'!

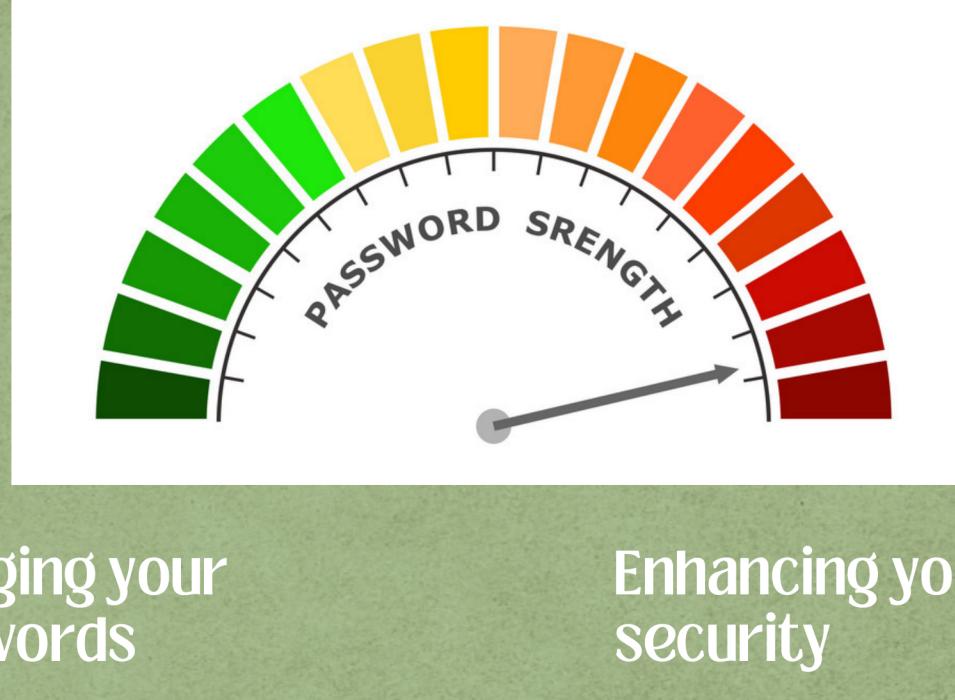


Importance of Password Security

Strong passwords protect personal and company data, prevent identity theft, and ensure compliance with industry regulations. Weak or stolen passwords cause 81% of data breaches, over 90% of passwords are vulnerable to hacking, and 1 in 5 people reuse the same password for all accounts.

Creating a strong password

- **Length: Minimum 12 characters**
- **Complexity: Mix of letters, numbers, and symbols**
- **Uniqueness: No reuse across multiple sites**
- **Avoid: Common words and personal info**



Managing your passwords

Use a Password Manager:

- Enhances security by generating and storing complex passwords, and offers convenience by auto-filling login details.

• Example Tools: LastPass

Regular Updates:

- Schedule Reminders
- Frequency: Update every 3-6 months.

Enhancing your security

Use Two-Factor Authentication (2FA):

- An added security layer requiring a second verification method

Phishing Awareness:

- Suspicious emails - spelling errors, and urgent requests for personal information.