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**UNDERSTANDING THE INDIVIDUAL:**

**SUGGESTED QUESTIONS AND SCENARIOS**

Tell me about yourself and what brought you here today. (*Let the individual talk!*)

Who are the people most important to you? (i.e., support system, family, friends, etc.)

What role do they play in your life?

Would you like other people to be involved in helping you make decisions?

Would you like other support in planning and making choices and decisions?

What is your living situation now?

Can you describe a typical day for you?

What activities do you enjoy? (social, recreational, faith-based, hobbies, etc.)

What are you most **satisfied** with in your current life/circumstances?

What are you most **dissatisfied** with in your life now or in the foreseeable future?

What would you like to change about your current life/circumstances, and which of these things is most important to you?

What kind of help are you looking for?

* + - 1. What supports, if any, do you currently use?
      2. Is there anything that you have tried that has worked well or hasn’t worked for you?

What do others need in order to best support you?

Where do you see yourself in one year, in five years, and how can I help you get there?

**Depending on responses to these questions, more specific questions may be needed regarding the following areas:**

Navigating the home or other physical environment

* Can you move freely around your home and the community?

Physical, memory, social or emotional needs

* Do you have any health problems that affect your ability to care for yourself?
* Are there activities you would like to participate in but can’t?

Challenges with health care or medication

* Do you trust physicians in general?
* Do you like your physician?
* Do you have any challenges with getting/taking your medications?

How well are you able to meet the basic necessities of life (eating, preparing meals, bathing, toileting, dressing, etc.)?

Cultural or religious preferences that need to be taken into account

Do you believe that you have enough financial resources? What is the most important thing for you to spend your resources on?