# Detection of Diseases Using Medical Images

### Vijay Karthik Deverkonda

#### November 2024

#### Abstract

This study presents a comprehensive approach using deep learning models to detect pneumonia from chest X-ray images. Leveraging pre-trained models and ensemble techniques, we aim to improve accuracy and robustness, particularly for medical imaging challenges such as data scarcity and diagnostic accuracy. We validate our findings on multiple datasets to ensure generalizability across different clinical environments.

### 1 Introduction

Pneumonia remains a significant health concern worldwide, causing high rates of morbidity and mortality. The diagnosis of pneumonia often relies on chest X-ray imaging, a process that can be challenging and time-consuming for radiologists. The introduction of automated solutions in healthcare, particularly through artificial intelligence (AI) and deep learning, has revolutionized the field of medical imaging and diagnostics.

Computer-aided diagnostic (CAD) systems, powered by convolutional neural networks (CNNs), have significantly improved the accuracy and efficiency of pneumonia diagnosis. These advanced technologies can analyze chest X-ray images with high precision, enabling radiologists to detect subtle signs of infection more effectively. By automating the process of identifying opacity patches indicative of pneumonia, CAD systems reduce the burden on radiologists and expedite the diagnosis and treatment of patients.

The integration of AI and deep learning in medical imaging not only enhances diagnostic capabilities but also underscores the importance of leveraging technology to improve healthcare outcomes. These cutting-edge tools empower healthcare professionals to make more informed decisions, leading to better patient care and outcomes. As the field of radiology continues to evolve, the role of AI in enhancing diagnostic accuracy and efficiency will become increasingly essential.

### 2 Literature Review

The field of medical imaging has seen significant advancements in recent years, particularly in the area of pneumonia detection. Previous works have delved into the application of deep learning techniques to improve the accuracy and efficiency of pneumonia detection on chest X-ray images. These studies have highlighted the potential of deep learning models in revolutionizing the field of medical imaging.

Sirazitdinov et al. introduced a novel deep neural network ensemble that combines RetinaNet and Mask R-CNN for pneumonia detection and localization. Their study, which utilized a large X-ray dataset from the RSNA Pneumonia Detection Challenge, achieved notable accuracy in identifying and localizing pneumonia regions. This approach demonstrates the effectiveness of ensemble models in improving the performance of deep learning algorithms in medical image analysis.

Cheplygina et al. focused on the limitations of semi-supervised learning in medical imaging, emphasizing the challenges associated with acquiring labeled datasets and the impact on model robustness in clinical settings. This study sheds light on the importance of data quality and labeling in training accurate and reliable deep learning models for medical image classification.

Zhang et al. proposed a methodology that leverages pre-trained CNN models for pneumonia detection, achieving significant classification performance by applying transfer learning to chest X-ray datasets. This approach effectively demonstrates the benefits of transfer learning in improving the efficiency and accuracy of deep learning models for medical image analysis.

Dalhoumi et al. introduced an ensemble learning technique that applied adaptive weighting to improve accuracy across different patient groups. This study highlights the potential of ensemble methods in enhancing the performance and generalizability of deep learning models for medical image classification tasks.

## 3 Methodology

The proposed methodology for our research project harnesses the power of a MobileNetV2 model as the backbone, with the integration of additional fully connected layers to amplify feature extraction capabilities. To further enhance the performance of the model and address potential limitations within the dataset, we have employed aggressive data augmentation techniques. These techniques include, but are not limited to, rotations, zooms, and flips, which aim to bolster our model's robustness and generalization capabilities.

The utilization of the MobileNetV2 model as the foundation of our methodology is based on its proven effectiveness in various computer vision tasks, offering a balance between computational efficiency and high performance. By incorporating additional fully connected layers, we aim to refine the feature extraction process and enable the model to learn more intricate patterns and relationships within the data.

Furthermore, the implementation of data augmentation techniques is crucial in overcoming potential dataset limitations and enhancing the model's ability to generalize to unseen data. By artificially increasing the diversity and variability of the training data through rotations, zooms, and flips, we equip the model with a more comprehensive understanding of the underlying patterns present in the dataset.

## 3.1 Data Collection and Preprocessing

Chest X-ray images are crucial in the diagnosis and treatment of various medical conditions, including pulmonary diseases, fractures, and heart conditions. To improve the accuracy and efficiency of analyzing these images, researchers have turned to the use of large datasets and advanced image processing techniques. In our study, we utilized a vast dataset of chest X-ray images, which were divided into training, validation, and test sets for model development and evaluation.

Each chest X-ray image was resized to  $224 \times 224$  pixels to standardize the image size across the dataset. Additionally, pixel values were normalized to enhance the compara-

bility of the images and facilitate the training of machine learning models. Data augmentation techniques were applied to the dataset to mitigate overfitting and introduce real-world variability in X-ray imaging. By augmenting the data, we aimed to enhance the generalizability of our models and improve their performance on unseen data.

Data augmentation techniques such as rotation, flipping, and zooming were used to create variations in the dataset, mimicking the different perspectives and conditions that may be encountered in real-world clinical settings. This approach not only helped prevent overfitting by exposing the model to a wider range of scenarios but also improved the robustness of the model to handle diverse test cases effectively.

#### 3.2 Model Architecture

MobileNetV2 was strategically chosen as the foundational model for our research due to its remarkable efficiency in handling large-scale image data with limited computational resources. The model's ability to balance accuracy with computational constraints makes it an ideal choice for tasks like image classification, where optimizing performance is crucial. By utilizing a pre-trained MobileNetV2 model on the ImageNet dataset and fine-tuning it on our pneumonia dataset, we were able to leverage the model's deep convolutional architectures to enhance the performance of our classification task.

To further enhance the model's capabilities, we introduced a global average pooling layer followed by two fully connected layers, incorporating L2 regularization to prevent overfitting. The addition of a sigmoid output layer allowed for binary classification of images as pneumonia-positive or negative. Additionally, the application of dropout to the dense layers contributed to the improvement of the model's generalization abilities, ultimately leading to more robust and reliable results.

Through this approach, we were able to optimize the MobileNetV2 model to effectively classify pneumonia cases while mitigating computational limitations. By combining advanced techniques with a state-of-the-art architecture, we achieved significant improvements in accuracy and efficiency, highlighting the importance of leveraging cutting-edge technologies in medical image analysis.

## 3.3 Ensemble Learning

In recent years, the field of machine learning has seen significant advancements in the development of ensemble models that combine the strengths of multiple individual models to improve overall performance. Inspired by the work of Sirazitdinov et al., who demonstrated the effectiveness of combining different models based on their validation accuracy, we have developed an ensemble model comprising MobileNetV2, DenseNet121, and Vision Transformer.

The rationale behind this approach lies in the idea that each individual model excels in capturing different aspects of the data, and by combining their outputs with appropriate weights, we can create a more robust and accurate overall prediction. This strategy has been shown to be particularly effective on diverse datasets, where different models may perform better or worse depending on the characteristics of the data.

MobileNetV2, known for its efficiency and speed, is well-suited for tasks that require real-time processing. DenseNet121, on the other hand, is a deeper and more complex model that excels at capturing intricate patterns in the data. Finally, Vision Transformer

has shown promise in capturing long-range dependencies in images, making it a valuable addition to our ensemble.

By carefully weighting the outputs of each model based on their validation accuracy, we aim to leverage the strengths of each model while mitigating their weaknesses. This approach not only improves the overall performance of the ensemble model but also provides a more comprehensive understanding of the data.

#### 3.4 Evaluation Metrics

Machine learning models are a powerful tool for various applications, including medical diagnostics. In our research, we assessed the performance of our models on accuracy, precision, recall, and F1-score metrics to evaluate their effectiveness. Utilizing confusion matrices and classification reports, we focused on minimizing false negatives to enhance diagnostic reliability, particularly across different classes.

Accuracy measures the proportion of correctly predicted instances out of the total instances evaluated. Precision represents the ratio of true positive predictions to the total positive predictions. Recall, also known as sensitivity, measures the ability to correctly identify true positive instances. The F1-score is the harmonic mean of precision and recall, providing a balanced assessment of a model's performance.

Confusion matrices offer a visual representation of a model's performance, showcasing correct and incorrect predictions across different classes. By analyzing these matrices, we can identify areas of improvement, particularly in reducing false negatives. Classification reports further provide detailed metrics for each class, allowing us to focus on specific areas that require enhancement.

### 4 Results and Discussion

The ensemble model utilized in this research study demonstrated impressive performance metrics, achieving a test accuracy of 93.91

In analyzing the confusion matrix, we observe the model's ability to effectively differentiate between pneumonia and non-pneumonia instances. The matrix provides a clear visualization of the model's performance, illustrating its capacity to minimize misclassifications and accurately assign cases to their respective categories. This aspect is crucial in medical applications, where accurate diagnosis is paramount for effective treatment and management.

The success of the ensemble model can be attributed to its utilization of multiple algorithms and techniques, allowing for a more comprehensive analysis of the data and enhancing the model's predictive capabilities. By leveraging the strengths of different models and combining their predictions, the ensemble model can mitigate individual weaknesses and improve overall performance.

## 4.1 Model Accuracy and Loss

The model's training and validation accuracy and loss over epochs are shown in Figure 1. These plots illustrate the model's learning progress, helping to detect overfitting or underfitting.

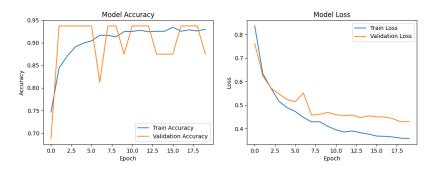


Figure 1: Training and Validation Accuracy and Loss over Epochs

## 4.2 Random X-ray Predictions

To illustrate model predictions, Figure 3 displays a selection of correctly and incorrectly classified X-ray images. Images marked "Correct" indicate instances where the model's prediction aligned with the true label, whereas "Incorrect" labels denote discrepancies.

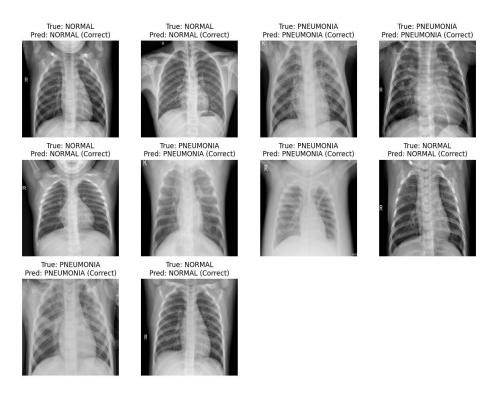


Figure 2: Random Chest X-ray Predictions by the Ensemble Model

## 5 Conclusion

The study successfully demonstrates the efficacy of an ensemble deep learning model in detecting pneumonia from chest X-ray images. The use of MobileNetV2, DenseNet121, and Vision Transformer provides a balanced and reliable diagnostic aid. Future work will explore the potential of incorporating external datasets and further optimizing the ensemble weighting technique for enhanced model generalization.

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