

# IS THERE A LIMIT TO HUMAN POTENTIAL?

## CLASS INTRODUCTION

In turn introduce yourself using the following information:

- ✓ Name
- ✓ Age
- ✓ Job
- ✓ Address
- ✓ Hobby

## Class Rules

1. Use English only
2. Practice speaking on a topic under the guidance of the teacher
3. Don't do personal things in the class



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Technical support



Use headphones



No speaker

**1. Vocabulary game: Fill in the blanks using the given words. (capacity, overcame, progression, nurtured, powerful, endurance)**

- A) Limited resources are restricting our \_\_\_\_\_ for developing new products.
- B) My father \_\_\_\_\_ a love of art in me.
- C) He \_\_\_\_\_ all obstacles in his path to the top.
- D) The pain was bad beyond \_\_\_\_\_.
- E) Her \_\_\_\_\_ through the grades of the civil service have been rapid.
- F) He is one of the most \_\_\_\_\_ directors in Hollywood.





2. **“The idea that certain things are beyond us is quite a bleak one and history does show that we can eventually overcome the most difficult problems.” - Dr. Brian Cox. What do you think about this quote?**
3. **Discuss “Some ways to nurture your mind and to overcome your limitations” with your partner.**



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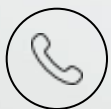


No speaker

## 4. Role-play

**A:** Your child has to deal with many difficulties in studying for an exam. Give your child some advice to overcome these difficulties to reach the highest result.

**B:** You are the child. You feel very stressed about the upcoming Math exam because you're bad at this subject. Talk with him/her.



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A cup of coffee, a watch, and a notebook in the background.

# Wrap-up

Topic: **Is there a limit to human potential?**

- Have discussions about:
  - ✓ Some ways to nurture your mind and overcome your limitations
  - ✓ Motivate someone to do something
- **Please don't forget to rate our lesson today**
- Finish your homework [here \(It doesn't apply to all students\)](#)