

WAYS SUCCESSFUL PEOPLE SPEND THEIR TIME AFTER WORK

CLASS INTRODUCTION

In turn introduce yourself using the following information:

- ✓ Name
- ✓ Age
- ✓ Job
- ✓ Address
- ✓ Hobby

Class Rules

1. Use English only
2. Practice speaking on a topic under the guidance of the teacher
3. Don't do personal things in the class



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Technical support



Use headphones



No speaker

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1. Vocabulary game: Describe the picture below and describe your job in 5 words.



2. What small successes do you have every day?



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3. Discuss the following questions with your partner : Have you ever felt trapped by a lack of time? What are your time management strategies?

4. Role-play

A: Your team doesn't meet the deadline because your co-worker always feels tired at work. Talk with him/her.

B: You're A's co-worker. You often stay up late so you can't wake up early and focus on your work in the morning. Talk with him/her.



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A cup of coffee, a watch, and a notebook in the background.

Wrap-up

Topic: **Ways successful people spend their time after work**

- Have discussions about small successes you have every day and time management strategies
- **Please don't forget to rate our lesson today**
- Finish your homework [here \(It doesn't apply to all students\)](#)