

## THE HARMFUL EFFECTS OF WATCHING TELEVISION

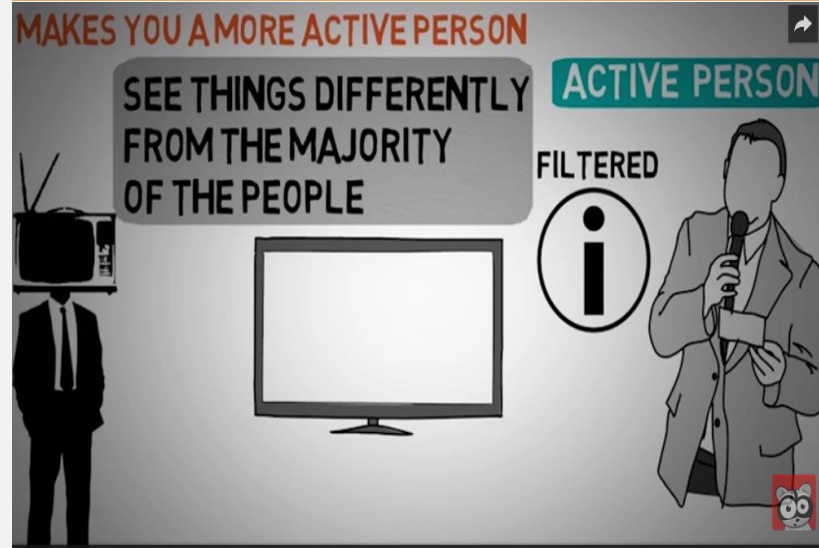
In 30 seconds, answer the following questions:

- Can you name some of your favorite TV shows?
- How many hours do you watch TV a day?

Watch the video, then answer the given question in 60 seconds:

**According to the video, what would life be like without television?**

**Video**



**Source:**  
<http://www.dailymotion.com/video/x5mwtce>



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

# Wear Your Words

Listen and repeat. Then, choose a word to define.

1. **Inactivity (n)** /ˌɪnæk'tɪvəti/

---

2. **Deaf (adj)** /def/

---

3. **Hinder (v)** /'hɪndər/

---

4. **Manipulate (v)** /mə'nɪpjuleɪt/

---

5. **Enormous (adj)** /ɪ'nɔːrməs/

---

6. **Unceasingly (adv)** /ʌn'siːsɪŋli/

---

**Make a sentence using that word.**

**Example:** She spends an **enormous** amount of time watching television every day.



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

# Wear Your Words

Explanation of a useful idiom and phrasal verb:

## Be on about something

(informal) to talk about something;  
to mean something

## Act on something

to do something because you have  
been advised or told to do it



### Examples:

- I didn't know what he **was on about**. It didn't make sense.
- The board of directors will **act on** the findings in the report.

**Make a sentence using either the given idiom or phrasal verb.**



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

**Structure:**

**S + indulge in + something.**

**Example:** *She was free to indulge in a little romantic daydreaming.*

**Make a sentence using the given structure.**



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker



**Pair Work:** In 180 seconds, discuss “Some harmful effects of watching television” with your partner.

## Suggestions:

- ✓ Watching television means inactivity, and inactivity has been linked with obesity and heart disease
- ✓ Television can feed you false information
- ✓ Television wastes your time
- ✓ Watching television can affect brain development and behavior
- ✓ Etc.



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

# Assessment Form

Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

**Feel free to ask if you have any questions!**



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

- ✓ Vocabulary related to the effects of watching television
- ✓ **Idiom: Be on about something**
- ✓ **Phrasal verb: Act on something**
- ✓ **Structure: S + indulge in + something.**
- ✓ Discussion about some harmful effects of watching television



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker



# Homework

Complete your mission and find more in related lessons.

## Your mission

- ✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)
- ✓ Practice the related lessons in the course browser [here \(It doesn't apply to all students\)](#)
- ✓ Take those lessons

## Recommendations

- ✓ [43-present progressive and activities \(#0106\)](#)
- ✓ [113-booking accommodations \(#0696\)](#)



Click on the star to rate  
I am most satisfied



Teacher



Technical  
quality



Material

- ✓ Please don't forget to rate our lesson today



Vietnam: 1800 6885/1800 6086  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker