

HARMFUL EFFECTS OF WATCHING TOO MUCH TV

Lesson: Harmful Effects Of Watching Too Much TV

At the end of today's lesson, you will:

- Be able to talk about harmful effects of watching too much TV
- Be able to pronounce the sounds /b/ and /p/ correctly
- Be aware of some vocabulary relating to today's topic



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Warm up

Answer the questions.

1. What happens when you watch too much TV?



2. How often do you watch TV?



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Free talk

Choose one role and act it out with your partner in 2 minutes.



Student A: Talk with your friend about harmful effects of watching too much television.



Student B: You are student A's friend. Talk with him/her.



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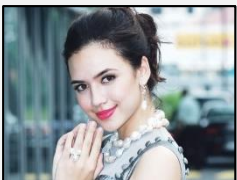
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Dialogue

Learn how to talk about harmful effects of watching too much TV.



Mother



Son

Sam, how long have you been sitting here watching TV?

About 4 hours.

Did you know that watching too much TV is not good for your health?

Really? **How is watching TV not good for my health?**

Well, watching TV can make you overweight because you eat too many snacks and don't move around enough.

Wow. Are there any other bad effects?

Yes. It can also lead to obesity and bad eyesight.

I have never thought that watching too much TV could lead to so many health problems. I will watch less TV from now on.



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Speak Out Loud

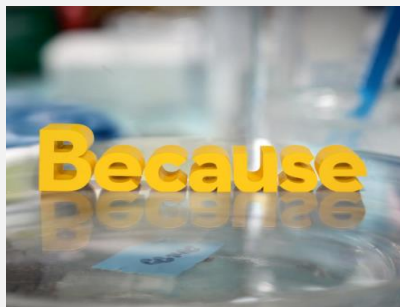
TOPICA NATIVE

Learn how to pronounce the sounds /b/ and /p/ correctly.

Read all the words below:



Sprawled



Because



Program



Break



Stop



Beer



Pair



Blank



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Learn how to pronounce the sounds /b/ and /p/ correctly.

Common mistakes:

/b/: Sprawled, Because, Program, Break, Stop, Beer, Pair, Blank

Correct pronunciation:

/b/

- Because, Break, Beer, Blank

/p/

- Sprawled, Program, Stop, Pair



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Pair work: Choose a context and talk with your teacher in 2 minutes.

Student:

Talk with your teacher about harmful effects of watching too much TV.

Suggestions:

- ✓ Did you know watching too much TV is not good for your health?
- ✓ How is watching TV not good for my health?
- ✓ It can also lead to obesity and bad eyesight.



Children may imitate the violence they see on TV.



Watching too much TV may result in disrupted sleeping patterns.



Watching too much TV prevents children from engaging in physical activities.



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Assessment

Here are some comments on your performance.

Student	Pronunciation	Grammar	Other
1.			
2.			
3.			
4.			
5.			
6.			



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Homework

Complete the assignment below and find more in Related Lessons.

Homework

- ✓ Pronunciation: **The sounds /b/ and /p/**
- ✓ Vocabulary: **Harmful Effects Of Watching Too Much TV**
- ✓ Finish your homework Vietnam: [here \(It doesn't apply to all students\)](#).
- ✓ Finish your homework Thailand: [here \(It doesn't apply to all students\)](#).



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Material

- ✓ Please don't forget to rate our lesson today.



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