

THE SECRET TO MULTITASKING

CLASS INTRODUCTION

In turn introduce yourself using the following information:

- ✓ Name
- ✓ Age
- ✓ Job
- ✓ Address
- ✓ Hobby

Class Rules

1. Use English only
2. Practice speaking on a topic under the guidance of the teacher
3. Don't do personal things in the class



1. **Vocabulary game:** Fill the letter(s) in the blank(s) to complete the word(s). Who gets the most the correct words will be the winner.

Researchers at Stanford University in the United States **di_ide_** a group of over 250 students into **l_ght** or heavy media multitaskers. Light multitaskers focus on just one or two **su_cess** at a time - listening to music while working for example. Heavy multitaskers watch online videos, **su__** the web, talk or text on their mobiles, and write or read, all at the same time. **L_ad** researcher Cliff Nass wanted to see how this would **_ffect** the way their **_rain_** work.



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Technical support



Use headphones



No speaker

2. How good are you at multitasking? Can you give an example of how you multitask?

3. Discuss the following question with your partner:

Are women really better at multitasking than men?



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4. Role-play

A: You have a problem with multitasking. Most of the times you can only concentrate on one thing. Ask your friend some tips to improve your multitasking skills.

B: You're A's friend. Give him/her some advice.



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A cup of coffee, a watch, and a notebook in the background.

Wrap-up

- Topic: **The secret to multitasking**
- Have some talks about the secret to multitasking
- **Please don't forget to rate our lesson today**
- Finish your homework [here \(It doesn't apply to all students\)](#)