

Project Initialization and Planning Phase

Date	Panic Disorder Detection
Team ID	SWTID1720001058
Project Name	Panic Disorder Detection
Maximum Marks	3 Marks

Define Problem Statements (Customer Problem Statement Template):

Panic disorder is a type of anxiety disorder characterized by recurrent and unexpected panic attacks. Panic attacks are intense episodes of fear or discomfort that usually reach their peak within minutes and are accompanied by physical symptoms such as rapid heartbeat, shortness of breath, chest pain, dizziness, and a sense of impending doom.

Detecting panic disorder involves recognizing the signs and symptoms of panic attacks and assessing their frequency and impact on an individual's life.

I am	Describe customer with 3-4 key characteristics: who are they?	Describe the customer and their attributes here
I'm trying to	List their outcome or "job" they are after - what are they trying to achieve?	List the thing they are trying to achieve here
but	Describe what problems or barriers stand in the way - what do they have trouble with?	Describe the problems or barriers that get in the way here
because	Enter the "root cause" of why the problems or barriers exist - what needs to be solved?	Describe the reason the problems or barriers exist
which makes me feel	Describe the emotions from the customer's point of view - how does it impact them emotionally?	Describe the emotions the result from experiencing the problems or barriers

Reference: <https://miro.com/templates/customer-problem-statement/>

Example:

I am a traveler	I'm trying to book flights on my phone	but it takes a long time	Because the website is not responsive and doesn't have a mobile version	which makes me feel Frustrated
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Problem Statement (PS)	I am (Customer)	I'm trying to	But	Because	Which makes me feel
PS-1	a healthcare provider specializing in mental health	accurately diagnose panic disorder in my patients	current diagnostic methods rely heavily	this can lead to delayed or misdiagnosis, impacting patient	frustrated and concerned about providing optimal care and support to my patients).

			on subject- ive patient self- reports and clinical observati ons	treatment outcomes and satisfaction.	
PS-2	an individual experiencing panic attacks and seeking help	understand and manage my symptoms of panic disorder	it's challengi ng to accurately identify the triggers and severity of my panic attacks on my own	this uncertainty causes significant distress and affects my daily life and relationships	isolated, anxious, and uncertain about finding effective treatment and support