



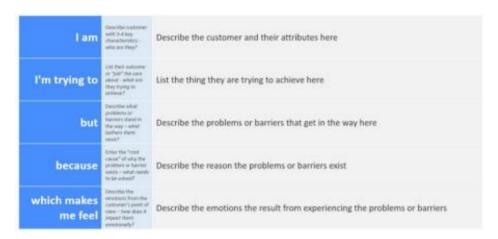
Project Initialization and Planning Phase

Date	Panic Disorder Detection
Team ID	SWTID1720001058
Project Name	Panic Disorder Detection
Maximum Marks	3 Marks

Define Problem Statements (Customer Problem Statement Template):

Panic disorder is a type of anxiety disorder characterized by recurrent and unexpected panic attacks. Panic attacks are intense episodes of fear or discomfort that usually reach their peak within minutes and are accompanied by physical symptoms such as rapid heartbeat, shortness of breath, chest pain, dizziness, and a sense of impending doom.

Detecting panic disorder involves recognizing the signs and symptoms of panic attacks and assessing their frequency and impact on an individual's life.



Reference: https://miro.com/templates/customer-problem-statement/

Example:



Problem Statement (PS)	I am (Customer)	I'm trying to	But	Because	Which makes me feel
PS-1	a healthcare provider specializing in mental health	accurately diagnose panic disorder in my patients	current diagnostic methods rely heavily	this can lead to delayed or misdiagnosis, impacting patient	frustrated and concerned about providing optimal care and support to my patients).





			on subject- ive patient self- reports and clinical observati	treatment outcomes and satisfaction.	
PS-2	an individual experiencing panic attacks and seeking help	understand and manage my symptoms of panic disorder	it's challengi ng to accurately identify the triggers and severity of my panic attacks on my own	this uncertainty causes significant distress and affects my daily life and relationships	isolated, anxious, and uncertain about finding effective treatment and support