Disease Diagnosis Using NLP

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Abstract:

The medical field has advanced significantly, yet early disease diagnosis remains crucial to minimizing complications. Many individuals struggle to identify their symptoms, especially in the early stages, leading to delayed treatment and worsening conditions. This project leverages natural language processing (NLP) to address this issue by analyzing symptoms and correlating them with potential diseases. The system leverages a dataset of medical symptoms and disease descriptions to train a model capable of accurately diagnosing diseases. The methodology involves preprocessing the data to remove unnecessary information, performing topic modeling with Latent Semantic Analysis (LSA), and applying supervised learning techniques like Logistic Regression for classification. The model's performance was evaluated using various metrics, achieving an accuracy of 76%. Key challenges, such as medical terminology ambiguity and symptom variability, were addressed through model tuning and data preprocessing. The outcome of this project demonstrates the potential for NLP techniques in enhancing disease diagnosis and provides a foundation for further improvements in medical decision support systems.

The project contains 4 notebooks:

- 1. Data Preprocessing
- 2. Topic Modelling
- 3. Supervised ML model
- 4. Predicting new input

Introduction:

1. Problem Statement:

Early diagnosis in healthcare is critical for improving patient outcomes, yet accessible diagnostic tools are limited for many. This project seeks to create a tool using NLP algorithms that classifies symptoms and offers potential diagnoses based on textual input.

2. Motivation:

The rising complexity of medical care and information calls for advanced methods to make healthcare knowledge accessible. This project aims to bridge this gap by

leveraging NLP to help individuals understand potential health concerns from their symptoms.

3. Objectives:

To design an NLP-based disease diagnosis system by preprocessing medical text data, implementing topic modeling techniques like Latent Semantic Analysis (LSA) to extract relevant patterns, and developing a classification model using Logistic Regression. The project aims to address challenges in medical data such as ambiguity and variability in symptom descriptions, with the ultimate goal of creating an effective, real-time disease classification prototype.

Literature Review:

"Natural Language Processing in Medicine: A Review" by Saskia Locke, Anthony Bashall, Sarah Al-Adely, John Moore, Anthony Wilson, Gareth B. Kitchen (2021) This paper discusses the application of NLP in healthcare, emphasizing its potential in predicting patient outcomes, improving hospital triage systems, and detecting early-stage chronic diseases. The paper highlights how NLP, through natural language understanding (NLU) and natural language generation (NLG), can enhance clinical decision-making, such as by enabling chatbots to interact with patients. The authors also note the challenges, such as the need for unbiased training data and clinician training, for NLP to be safely integrated into routine practice. The future of NLP in medicine involves its integration into clinical workflows, assisting clinicians and providing personalized, evidence-based care.

"Natural Language Processing Enabled Cognitive Disease Prediction Model for Varied Medical Records Implemented over ML Techniques" by Vikas Kamra, Praveen Kumar, Masoud Mohammadian (2021)

This paper explores the use of AI and NLP in predicting cognitive diseases such as bipolar disorder, obsessive-compulsive disorder, and schizophrenia. The paper highlights how machine learning and NLP can assist healthcare professionals by analyzing medical records to identify patterns indicative of mental health conditions. The proposed e-healthcare system aids in early diagnosis, saving time for both patients and healthcare providers, and improving the overall treatment of cognitive diseases.

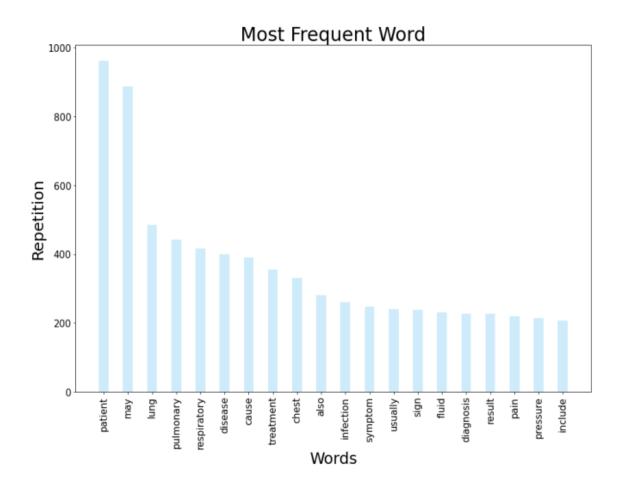
Methodology

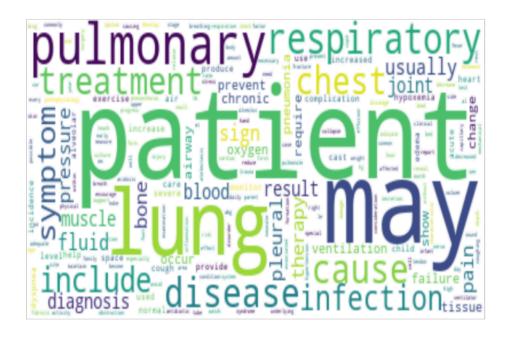
1. Tools Used:

Libraries such as Numpy, Pandas, sklearn, PyPDF2, gensim, nltk, matplotlib, SpaCy, and Flask.

2. Data Collection:

To achieve the objectives of this project, we will utilize a trusted and comprehensive resource in the medical field: 'Professional Guide to Diseases, 11th Edition'. This book, spanning over 2,900 pages, provides detailed descriptions of numerous diseases, including their symptoms, causes, and treatments. It will serve as the primary source for extracting the necessary information for clustering and categorizing diseases. The extensive and reliable content of this guide ensures a robust foundation for the application of NLP algorithms and techniques in this project. Showcasing below snippets of datasets.





3. Data Preprocessing:

The data preprocessing phase is critical for transforming raw medical text into a form suitable for NLP algorithms. Given the complexity of medical language, this step ensures that only relevant information is retained for disease diagnosis. Below is a breakdown of the preprocessing stages implemented in this project:

- **Digit and Expression Removal:** Medical documents often include numeric data, measurements, and various expressions that do not contribute to the diagnostic process and can introduce noise. By removing all digits and irrelevant expressions, the dataset is streamlined, retaining only terms that are directly relevant to disease identification. For example: Digits like "30 mg" or "50%" were removed to focus on the qualitative medical descriptions.

- Stop-word Removal:

English Stop Words: Common English words, totaling 179, such as "is," "the," and "an," were removed. These words typically carry little meaning in the context of disease classification, making this step essential for reducing noise in the dataset. **Medical Domain-specific Stop Words:** A set of 216 terms commonly found in medical text, like "patient," "treatment," and "disease," were removed as well. While these words are relevant to the field, they are too general and do not aid in distinguishing between specific diagnoses.

Sample Words Removed: Examples include terms like 'patient,' 'serosanguineous,' 'cervical,' 'inhaled,' 'bronchopleural,' and 'femur.' This filtering process ensures the model focuses on terms with direct diagnostic relevance.

Outcome: After removing these terms, the data retained key words with higher specificity to medical symptoms and diagnoses, streamlining the text for efficient model processing.

- Named Entity Removal with SpaCy:

Using SpaCy, the project employed named entity recognition (NER) to identify and exclude entities unrelated to diagnosis (such as dates, locations, and other non-disease-specific names). For example, terms like specific drug names or unrelated geographic locations were removed. This step minimized distractions within the data by ensuring that only medically relevant terms remained, enhancing the model's focus on symptom and disease recognition.

- Lemmatization

Purpose: Lemmatization was used to convert each word to its root or dictionary form, such as changing "inflammatory" to "inflammation." This process prevents variations of the same term from being treated as separate entities, which would dilute the model's accuracy.

Examples: Words like "chronic," "hypoxemic," and "neurological" were standardized to their base forms.

Benefit: Lemmatization is especially beneficial in the medical field, where terminology consistency is crucial for accurate classification.

- Part of Speech (POS) Tagging and Filtering:

Target: Adjectives (1,452 identified) were specifically retained, as they often describe symptoms (e.g., "severe," "persistent") and provide critical diagnostic insight. **Filtering Process:** Non-essential parts of speech were filtered out, narrowing the dataset to words most relevant to symptom description and disease characteristics. Below is the same of words removed.

patient", Serosanguineous", Tast", 'bullous', 'gonadal', 'alkaline', 'uncomplicated', 'comprehensive', neurovascular', 'heoprosite', 'hyporolic', 'markedy', 'bedcover', 'unavallable', 'nathrefic', 'ligamentous', permissible', stable', midaxillary, 'minor', difficult', 'cervical', variable', 'honeycombing', subcutaneous', extruded, 'inhaled', enteropathy', direct', 'bedaidden', bronchopleural', 'bulltile, 'teal', 'gastic', 'edematous', pelvis', mynoreural', 'martiness, 'miky, 'heberden', lobectomy', 'bright', 'unaffected, 'reflex', 'archicular', 'norproductive', 'sign', 'unicosuric', pollutant', 'outdoor', 'anashesologist', adverse, 'anasola', 'definial', 'norproductive', 'sign', 'unicosuric', pollutant', 'outdoor', 'anashesologist', adverse, 'anasola', 'definial', 'indianc', 'morproductive', 'sign', 'sign', 'sign', 'morproductive', 'sign', '

Vectorization

Approach: Text was transformed into numerical format using vectorization methods like TF-IDF (Term Frequency-Inverse Document Frequency). This technique quantified each term's importance in the text, enabling the model to prioritize terms that significantly contribute to disease diagnosis.

Purpose: Vectorization makes text data computationally manageable and enhances the model's ability to recognize patterns and correlations within symptoms and diagnoses.

- Frequency Analysis

Common Words Analysis: Frequent words in the medical domain were identified and analyzed for diagnostic relevance. Terms like "patient" (961 occurrences), "lung" (484), "pulmonary" (442), and "disease" (400) were particularly common and, where appropriate, removed if they didn't directly assist in symptom specificity.

Outcome: Filtering common, general terms ensured that the text data focused on unique diagnostic features, thereby increasing the model's accuracy.

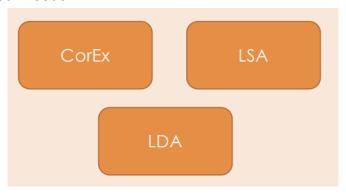
- Summary of Preprocessing Results:

Total Stop-words and Filters Applied: A total of 1,847 filters were applied, comprising 179 general English stop-words, 216 topic-specific words, and entities removed through SpaCy.

Enhanced Focus on Relevant Medical Terms: This structured approach to data preprocessing resulted in a dataset that was cleaner, more relevant, and representative of terms with high diagnostic importance, setting up a strong foundation for the model's disease identification tasks.

4. Topic Modeling:

Topic modeling plays a central role in categorizing medical terms into relevant body systems, which helps in linking symptoms to possible diseases. Three primary topic modeling techniques were applied: Latent Semantic Analysis (LSA), Latent Dirichlet Allocation (LDA), and Correlation Explanation (CorEx). Each approach offers unique methods of grouping terms, and the outputs were compared to determine the most effective model for our needs.



i. Latent Semantic Analysis (LSA):

Method: LSA uses Singular Value Decomposition (SVD) to reduce the dimensionality of the term-document matrix, capturing relationships between terms and topics.

Output: LSA generated distinct topics that aligned closely with relevant medical themes, such as specific body systems or groups of symptoms.

Examples of Topics:

• Topic 0:

bone, muscle, ear, otitis, hearing, membrane, bleeding, airway, deformity, obstruction

• Topic 1:

ear, otitis, hearing, throat, sinusitis, bleeding, nose, membrane, externa, obstruction

• Topic 2:

ventilation, oxygen, airway, copd, breathing, acidosis, hg, bronchiectasis, artery, collapse,

Advantages: LSA is effective in capturing associations between terms even if they don't frequently appear together, making it robust for handling the variability in medical terminology.

Challenges: Since LSA doesn't capture probabilistic relationships, some topic associations might lack precision, particularly with rare terms.

ii. Latent Dirichlet Allocation (LDA)

Method: LDA is a generative probabilistic model that assumes each document is a mixture of topics, and each topic is a distribution over words. It creates topics based on the likelihood of word co-occurrence within documents.

Output: LDA generated coherent topic groupings based on the probabilistic relationships between terms.

Examples of Topics:

• Topic 0:

al, ventilation, journal, retrieved, http, medicine, hypertension, injury, antibiotic, bronchiectasis

Topic 1:

pleural, oxygen, copd, american, report, case, clinical, death ,pediatric, tuberculosis

• Topic 2:

airway, dyspnea, silicosis, technique, cardiac, muscle, atelectasis, abscess, massive

Advantages: LDA's probabilistic approach helps capture the nuanced relationships between terms, making it effective for handling overlapping topics, such as those that involve both respiratory and cardiac systems.

Challenges: LDA requires careful tuning of parameters (e.g., the number of topics) and can be computationally intensive, particularly with large medical datasets.

iii. Correlation Explanation (CorEx)

Method: CorEx is a newer method for topic modeling that maximizes the total correlation (or "mutual information") between terms and topics, aiming to create more interpretable clusters of words.

Output: CorEx produced well-defined topics that highlighted specific medical terminology clusters based on mutual information.

Examples of Topics:

• Topic 0:

staphylococci,fluorescent,metatarsal,accompani ed,permitted,fraction,bloodstream,digoxin,rsv,elde rly

• Topic 1:

acetaminophen, vitamin, generally, methacholine, local, advise, alive, trimethoprim, booming, deliver

• Topic 2:

gold, vendor, aminotransferase, indication, ptt, referred, cease, globally, intravascular, meninges

Advantages: CorEx's emphasis on maximizing information correlation makes it particularly useful for identifying strong topic clusters in diverse datasets.

Challenges: CorEx can sometimes produce overly specific topics, which might not generalize well across different medical domains.

iv. Model Comparison and Selection

Evaluation Criteria: The models were compared based on coherence scores and interpretability of the topics in a medical context.

Best Performing Model: LSA was chosen as the optimal model because it provided the most coherent and interpretable topics that aligned with body systems and symptoms, making it particularly suitable for identifying disease-relevant clusters. **Use of Cosine Similarity:** After determining the topics, cosine similarity was applied to match user inputs to the most relevant body system topics generated by the LSA model. This matching process aids in linking specific symptoms to appropriate diagnostic categories.

5. Cosine Similarity

Cosine similarity was applied as an additional layer to enhance the topic modeling results. After identifying relevant topics with LSA (the chosen model for this project), cosine similarity was used to match user-provided symptoms with the closest topic, aiding in the classification of body systems and specific diseases. This method calculates the cosine of the angle between two vectors in a multi-dimensional space, making it a robust measure for similarity between text data. We used cosine similarity to

measure how closely the user's input matches the most relevant body organ system, based on topic modeling.

```
[] new_text = ["dizziness loss of balance vomiting tinnitus of hearing in the high
    new_text_cv = cv.transform(new_text).toarray()[0]
    new_text_tfidf = cv_tfidf.transform(new_text).toarray()[0]

for chpter_number in range(int(df.shape[0])):
    print(f"This is chpter number : {chpter_number} ")
    print(f"Cosin cv : { cosine( df_cv.iloc[chpter_number] , new_text_cv )} ")
    print(f"Cosin TFIDF : { cosine( df_tfidf.iloc[chpter_number] , new_text_tfidf) } ")

This is chpter number : 0
    Cosin cv : 0.0818902227600523
    Cosin TFIDF : 0.07304513144543733
    This is chpter number : 1
    Cosin cv : 0.11331668394168082
    Cosin TFIDF : 0.10928108877281124
    This is chpter number : 2
    Cosin cv : 0.0
    Cosin TFIDF : 0.00
```

How Cosine Similarity Works in this Project:

- <u>1. Symptom Matching:</u> For each user input, the text was vectorized (using TF-IDF or embeddings) and compared to each identified topic's vector representation. Cosine similarity provided a similarity score indicating how closely the user's input aligned with each topic.
- <u>2. Application to Topic Assignment:</u> The topic with the highest cosine similarity score to the user input was selected as the most relevant topic. For instance, if the input closely matched a topic cluster associated with respiratory symptoms, it was assigned to that body system, facilitating targeted disease prediction.

3. Advantages of Cosine Similarity:

Independence from Document Length: Cosine similarity is unaffected by the length of input text, making it well-suited for variable-length user inputs.

Enhanced Precision: By quantifying similarity between user input and topic vectors, cosine similarity improves the accuracy of symptom categorization and subsequent disease diagnosis.

6. Supervised Learning for Classification.

The supervised learning model used for classification is Logistic Regression, achieving an accuracy of 76%. The model was trained on symptom descriptions using a bag-of-words approach for text vectorization. After training, it successfully predicted categories for new inputs, such as classifying symptoms like "ear pain" and "hearing difficulties" under the 'ear_nose' category. This demonstrates its effectiveness in symptom-based classification tasks.

7. Predicting New Input:

The symptoms in the test sentence *"Difficulty sleeping or staying asleep, fever, fluid draining from ear, loss of balance, hearing difficulties, ear pain"* are preprocessed by removing unnecessary characters, converting to lowercase, and eliminating stop words. The cleaned input is then vectorized using the same method as during model training. The processed data is passed through the supervised learning model, which was trained on ear and nose-related disease descriptions. The model predicts the disease as "Otitis Media", demonstrating its ability to accurately classify new inputs based on learned symptom patterns. This confirms the model's effectiveness in making accurate predictions.

```
[ ] X_test = "Difficulty sleeping or staying asleep Fever Fluid draining from ear cleaned_text = clean_text_func(X_test)

X_test_cv3 = cv1.transform([cleaned_text])
y_pred_cv3 = nar_nose_model_lr.predict(X_test_cv3)

[ ] print(y_pred_cv3)
disease_name = y_pred_cv3

★ ['OTITIS MEDIA ']
```

Results and Analysis:

The proposed NLP-based disease diagnosis tool was evaluated using symptom classification and disease prediction tasks. The model demonstrated an accuracy of 76% in classifying symptoms and predicting corresponding diseases based on the input text. This result suggests that the system can effectively identify and categorize symptoms, although there are areas for improvement.

Key observations from the results include:

• The system was able to classify symptoms related to specific body systems, such as "ear pain" and "hearing difficulties," into the appropriate categories (e.g., "ear nose").

- For new, unseen input, the model accurately predicted the disease "Otitis Media" for a test sentence containing symptoms like "difficulty sleeping," "fever," and "fluid draining from ear."
- The use of topic modeling and cosine similarity significantly improved the model's ability to match symptoms with appropriate topics, contributing to better accuracy in disease prediction.

However, some challenges remain, particularly in the context of medical terminology variability, limited dataset diversity, and the complexity of symptom descriptions. Further work is required to address these limitations and enhance the model's generalizability and real-time application in clinical settings.

Challenges and Limitations

- Data Limitations: The current dataset used for training the model is relatively narrow, limiting the generalizability of the model across diverse populations and medical conditions. Additionally, the dataset is largely based on a single medical source, which may introduce biases or gaps in representing a wide range of diseases.
- 2. Complexity of Medical Terminology: Medical language is inherently complex and contains terms with multiple meanings depending on context. This ambiguity can hinder accurate classification, as the model may misinterpret terms based on insufficient contextual information. For example, the word "inflammation" could apply to a variety of conditions affecting different body systems, leading to potential misclassifications.
- 3. **Symptom Variability:** The way symptoms are described can vary greatly between patients. Different wording, spelling, and sentence structures may lead to challenges in standardizing symptoms for analysis. This variability makes it difficult for the model to reliably categorize all possible symptom descriptions.
- 4. **Scalability Issues:** As the model relies on large-scale datasets, the computational complexity increases with the size of the dataset. Training and inference times may be longer when expanding to more extensive medical texts, potentially limiting its real-time application in clinical environments.
- 5. **Data Quality and Preprocessing:** The preprocessing steps, while effective, rely on the assumption that all irrelevant data has been removed. However, some

subtle, medically significant terms could be inadvertently discarded during stop-word removal or lemmatization, leading to missed opportunities for accurate diagnosis.

6. **Overfitting:** Given the limited amount of training data, there is a risk of overfitting the model to specific patterns, resulting in poor performance on new or unseen data. Future work will need to focus on increasing the diversity of training examples and implementing techniques to prevent overfitting.

Conclusion:

This project effectively demonstrates the application of NLP techniques to aid in early disease diagnosis by classifying symptoms and correlating them with potential diseases. By employing advanced topic modeling methods like Latent Semantic Analysis (LSA) and supervised learning models like Logistic Regression, we have created a tool capable of analyzing medical symptoms from text and providing relevant diagnostic categories. The preliminary results, with an accuracy of 76%, show that NLP can serve as a valuable tool in bridging the gap between symptoms and diagnoses, thus enabling early intervention. Our approach highlights the potential for transforming healthcare by improving the accessibility and accuracy of diagnostic tools, especially for individuals who struggle with interpreting their symptoms. This project sets the foundation for future advancements, and with further refinements, it can offer a scalable solution for improving healthcare outcomes on a broader scale.

Future Work:

- 1. **Improving Model Performance:** Enhance the accuracy and robustness of the model through advanced optimization techniques and parameter tuning.
- 2. **Expanding Data Sources:** Incorporate a larger and more diverse dataset to improve the model's generalization and handle a wider variety of input scenarios.
- 3. **Implementing Language Correction:** Integrate preprocessing steps to correct grammatical and spelling errors in textual data, ensuring higher quality inputs for the model.
- 4. **Leveraging Doctor-Patient Conversations:** Utilize real-time dialogues between doctors and patients to build a comprehensive NLP model that can better understand and analyze medical interactions.

References:

- 1. Professional Guide to Diseases, 11th Edition.
- 2. Centers for Disease Control and Prevention (CDC), www.cdc.gov
- 3. WebMD, www.webmd.com
- 4. Libraries and Tools: Numpy, Pandas, sklearn, PyPDF2, gensim, nltk, SpaCy, Flask.