



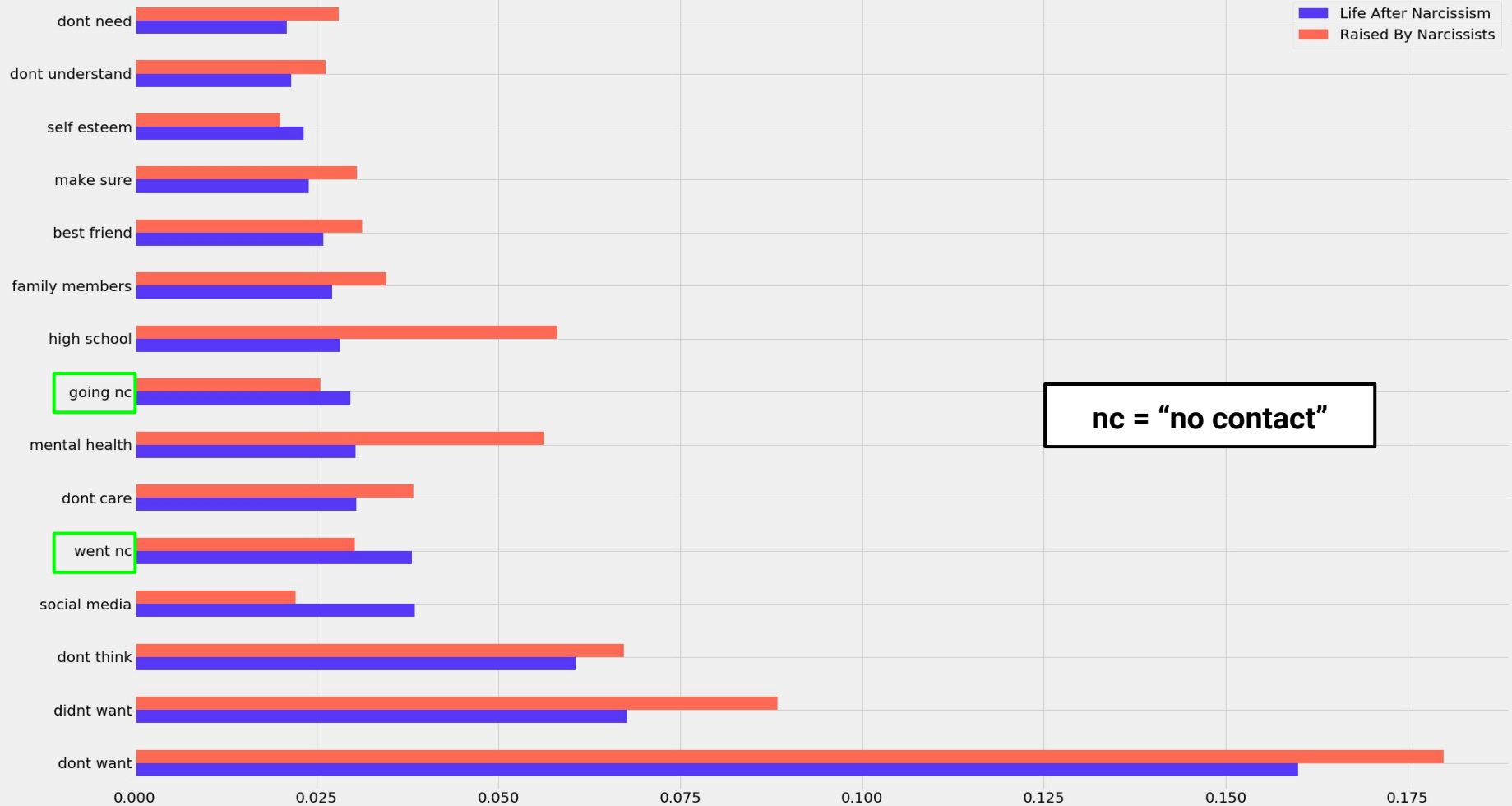
**raisedbynarcissists**



**LifeAfterNarcissism**

**How do you recognize when  
you're in a relationship with  
a narcissistic person?**

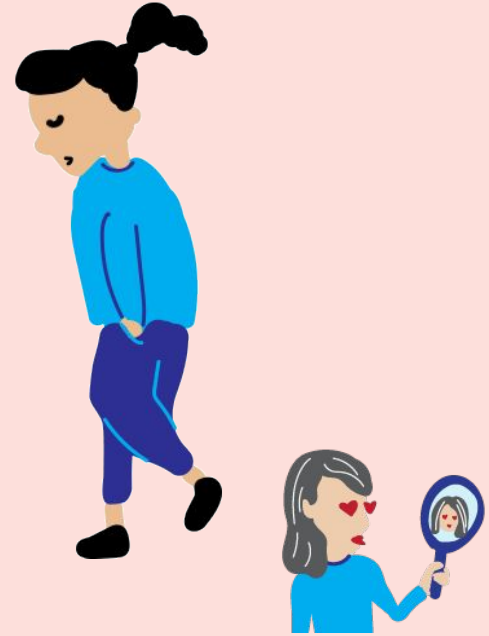
## Most Frequent Bigrams in Each Subreddit



Sentiment was more  
negative in this thread



**raisedbynarcissists**



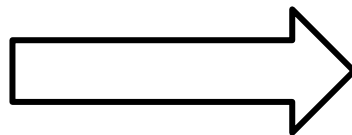
**LifeAfterNarcissism**

**Build a model on the text  
data to predict the subreddit**

stemmed  
**WORDS**

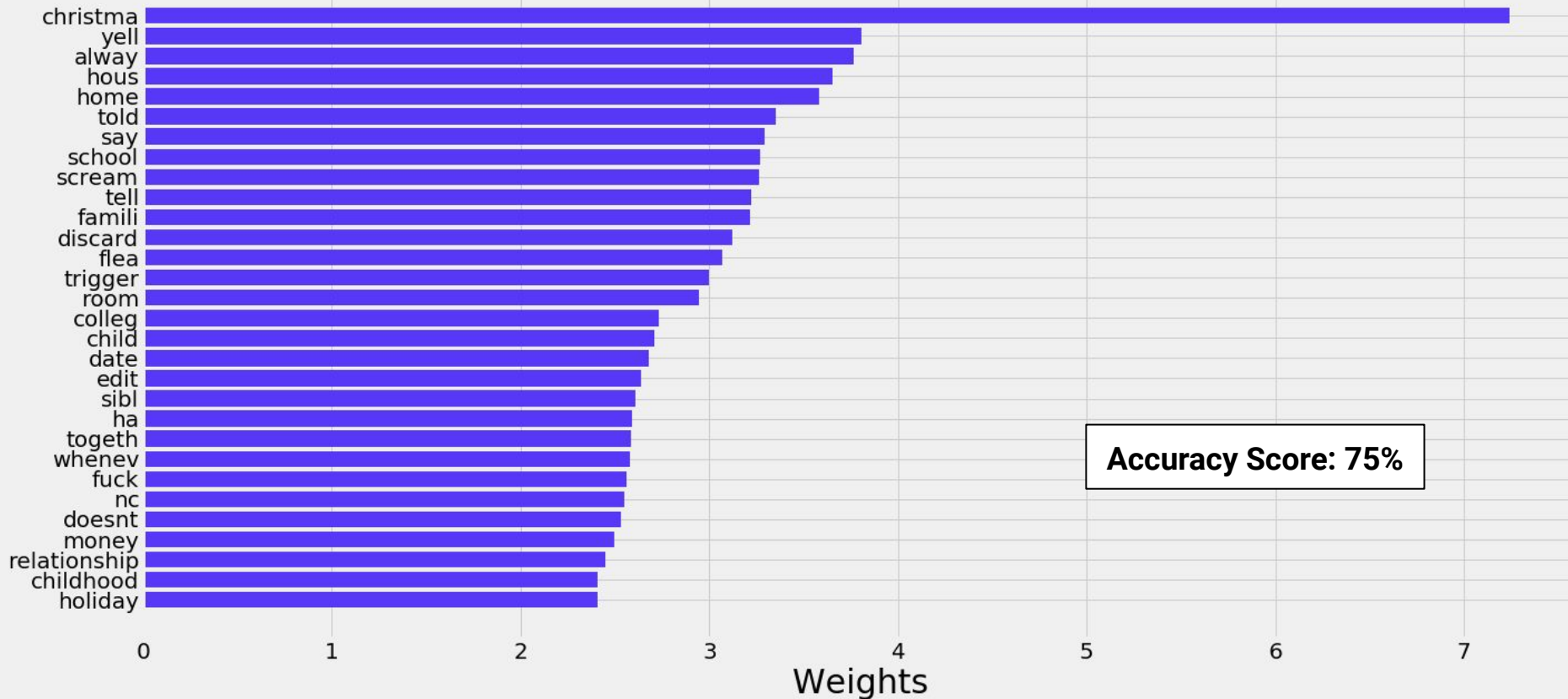
+

numeric  
**FEATURES**

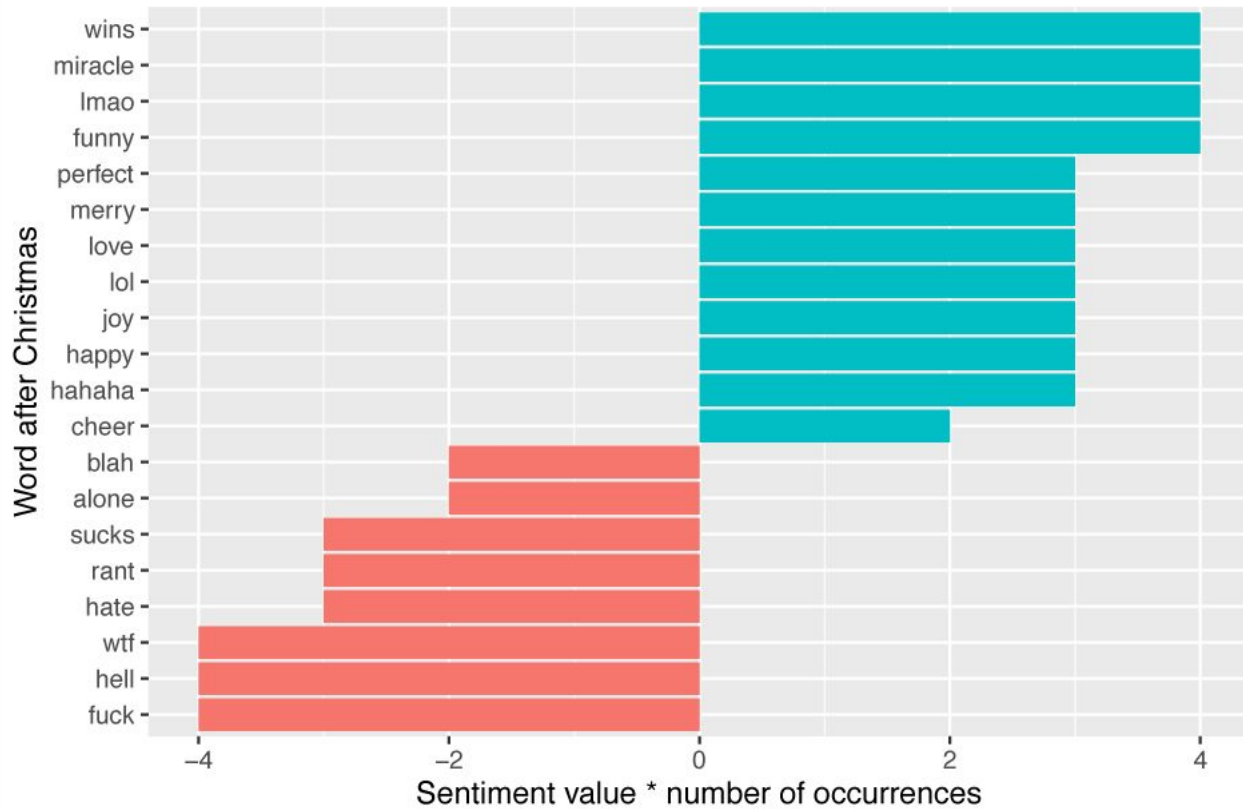


logistic  
**REGRESSION**

# Most Important Features and Weights

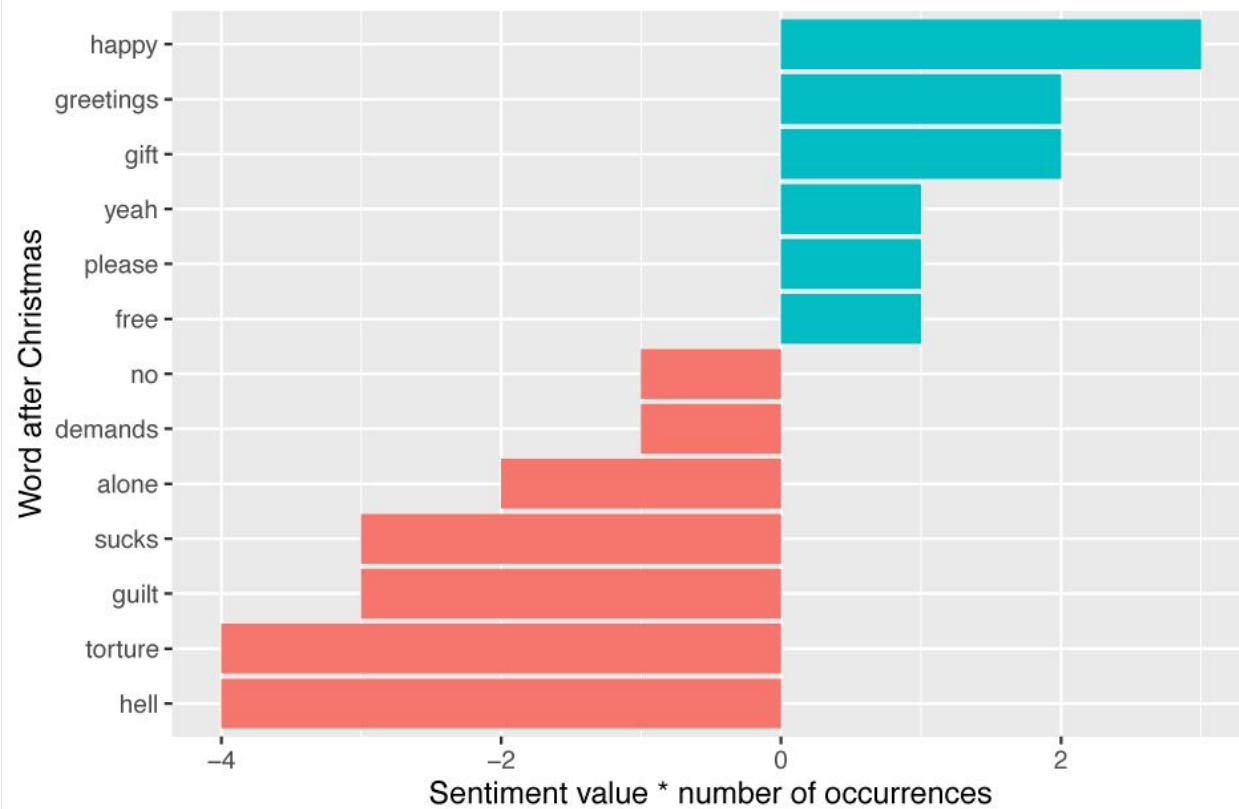


### Words preceded by "Christmas" in Raised by Narcissists Subreddit

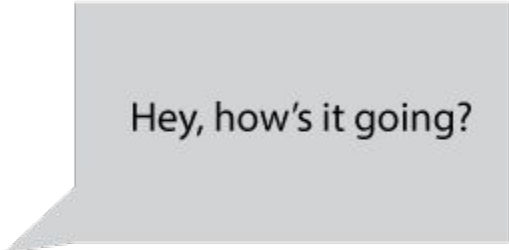




## Words preceded by "Christmas" in Life After Narcissism Subreddit



# Create a chatbox



Hey, how's it going?



# Creating Healthy Boundaries:

1. Check-in during Christmas
2. Healthy affirmations
3. Articles to read
4. Advice from experts
5. Meditation techniques

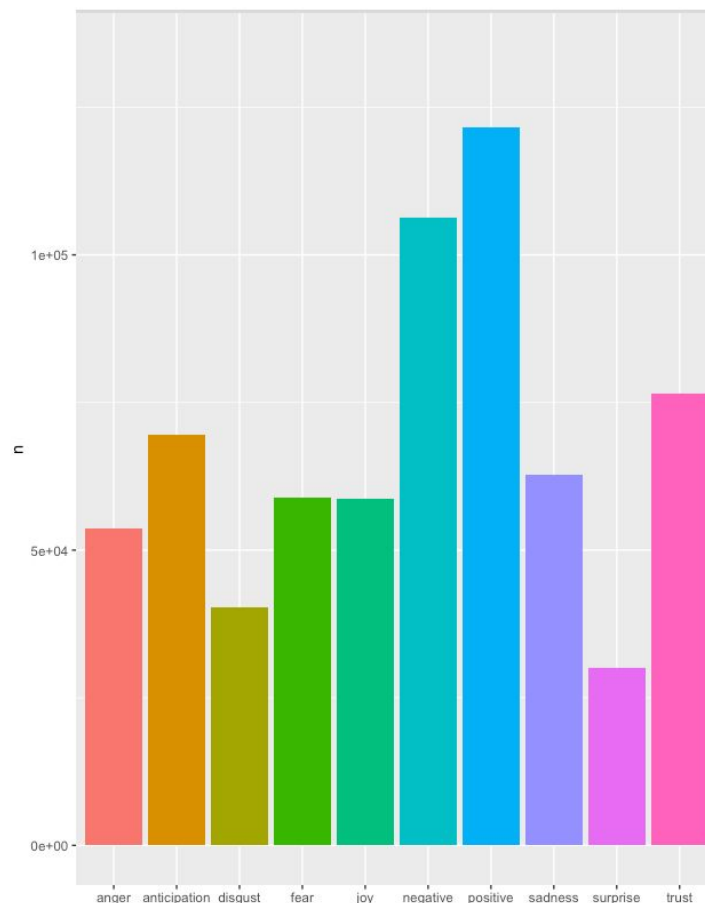


# Next Steps:

1. Scrape reddit posts for comments to find common feedback for similar topic issues
2. Pair with expert advice from psychologists
3. Emotional sentiment library (like nrc library in R)

EIGHT BASIC EMOTIONS...		THEIR GIFTS	
<b>ANGER</b>	RESENTMENT IRRITATION FRUSTRATION	ASSERTIVENESS STRENGTH ENERGY	ALL OVER BODY Power Energy
<b>FEAR</b>	APPREHENSIVE OVERWHELMED THREATENED	PRESERVATION WISDOM PROTECTION	STOMACH UPPER CHEST Suffocation
<b>PAIN</b>	HURT PITY SAD LONELY	HEALING GROWTH AWARENESS	LOWER CHEST AND HEART Hurting
<b>JOY</b>	HAPPY ELATED HOPEFUL	ABUNDANCE HAPPINESS GRATITUDE	ALL OVER BODY Lightness
<b>PASSION</b>	ENTHUSIASM DESIRE ZEST	APPETITE ENERGY EXCITEMENT	ALL OVER BODY Energized Recharged Spontaneous
<b>LOVE</b>	AFFECTION TENDERNESS COMPASSION WARMTH	CONNECTION LIFE SPIRITUALITY	HEART Swelling Warmth
<b>SHAME</b>	EMBARRASSED HUMBLE	HUMILITY CONTAINMENT HUMANITY	FACE, NECK AND/OR UPPER CHEST Warm Hot Red
<b>GUILT</b>	REGRETFUL CONTRITE REMORSEFUL	VALUES AMENDS CONTAINMENT	GUT Gnawing sensation

## Life After Narcissism



EIGHT BASIC EMOTIONS...		THEIR GIFTS	
<b>ANGER</b>	RESENTMENT IRRITATION FRUSTRATION	ASSERTIVENESS STRENGTH ENERGY	<b>ALL OVER BODY</b> Power Energy
<b>FEAR</b>	APPREHENSIVE OVERWHELMED THREATENED	PRESERVATION WISDOM PROTECTION	<b>STOMACH UPPER CHEST</b> Suffocation
<b>PAIN</b>	HURT PITY SAD LONELY	HEALING GROWTH AWARENESS	<b>LOWER CHEST AND HEART</b> Hurting
<b>JOY</b>	HAPPY ELATED HOPEFUL	ABUNDANCE HAPPINESS GRATITUDE	<b>ALL OVER BODY</b> Lightness
<b>PASSION</b>	ENTHUSIASM DESIRE ZEST	APPETITE ENERGY EXCITEMENT	<b>ALL OVER BODY</b> Energized Recharged Spontaneous
<b>LOVE</b>	AFFECTION TENDERNESS COMPASSION WARMTH	CONNECTION LIFE SPIRITUALITY	<b>HEART</b> Swelling Warmth
<b>SHAME</b>	EMBARRASSED HUMBLE	HUMILITY CONTAINMENT HUMANITY	<b>FACE, NECK AND/OR UPPER CHEST</b> Warm Hot Red
<b>GUILT</b>	REGRETFUL CONTRITE REMORSEFUL	VALUES AMENDS CONTAINMENT	<b>GUT</b> Gnawing sensation

## Raised by Narcissists

