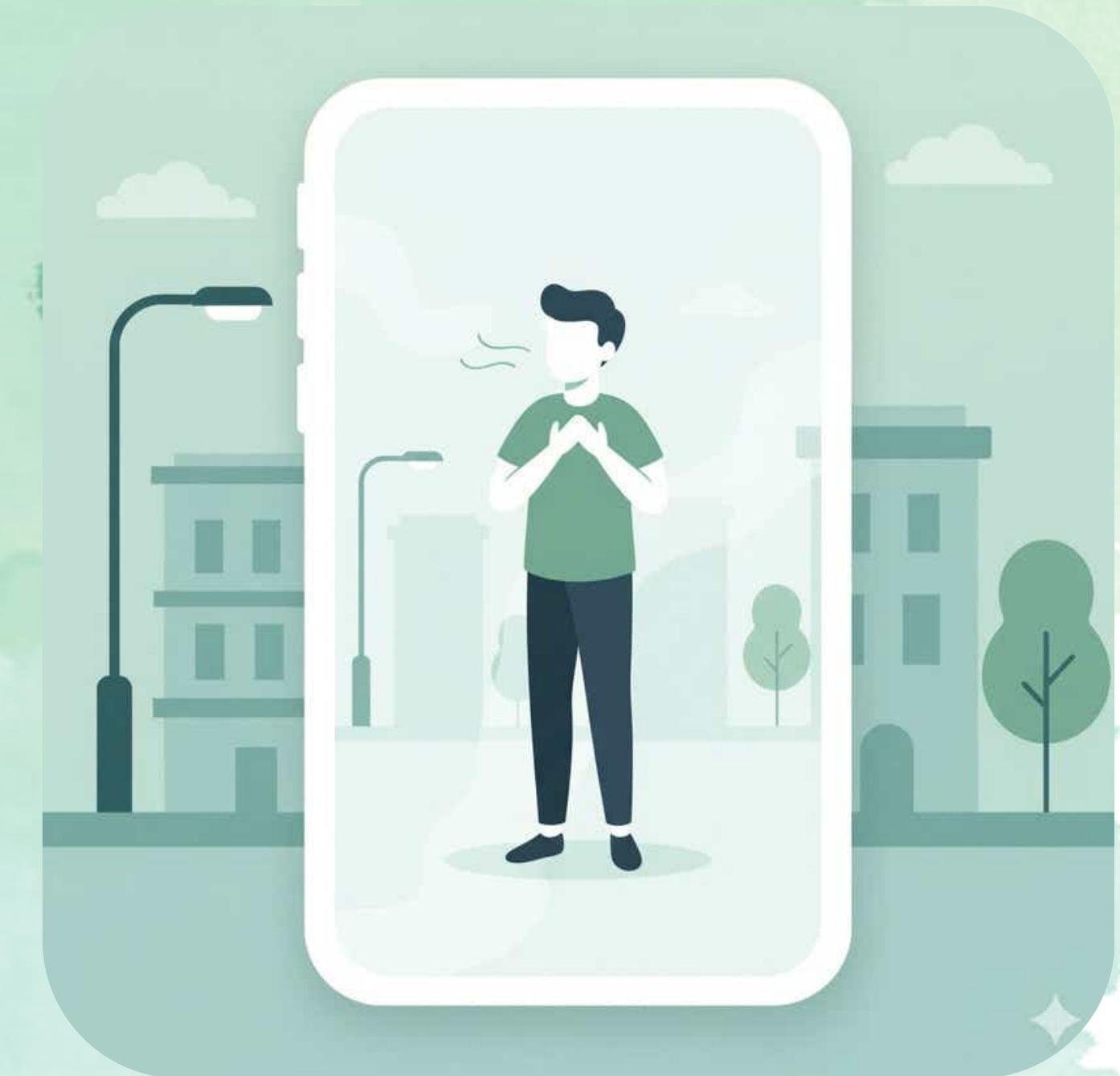


SafarMate Travel Survival Guide



STOP – Don't Panic

When you realize you are lost, stop walking immediately.
Fast movement worsens confusion.
Take 10 slow breaths.
Scan your surroundings without moving too much.
Anchor your mind with one thought:
"I am safe. I will handle this step by step."

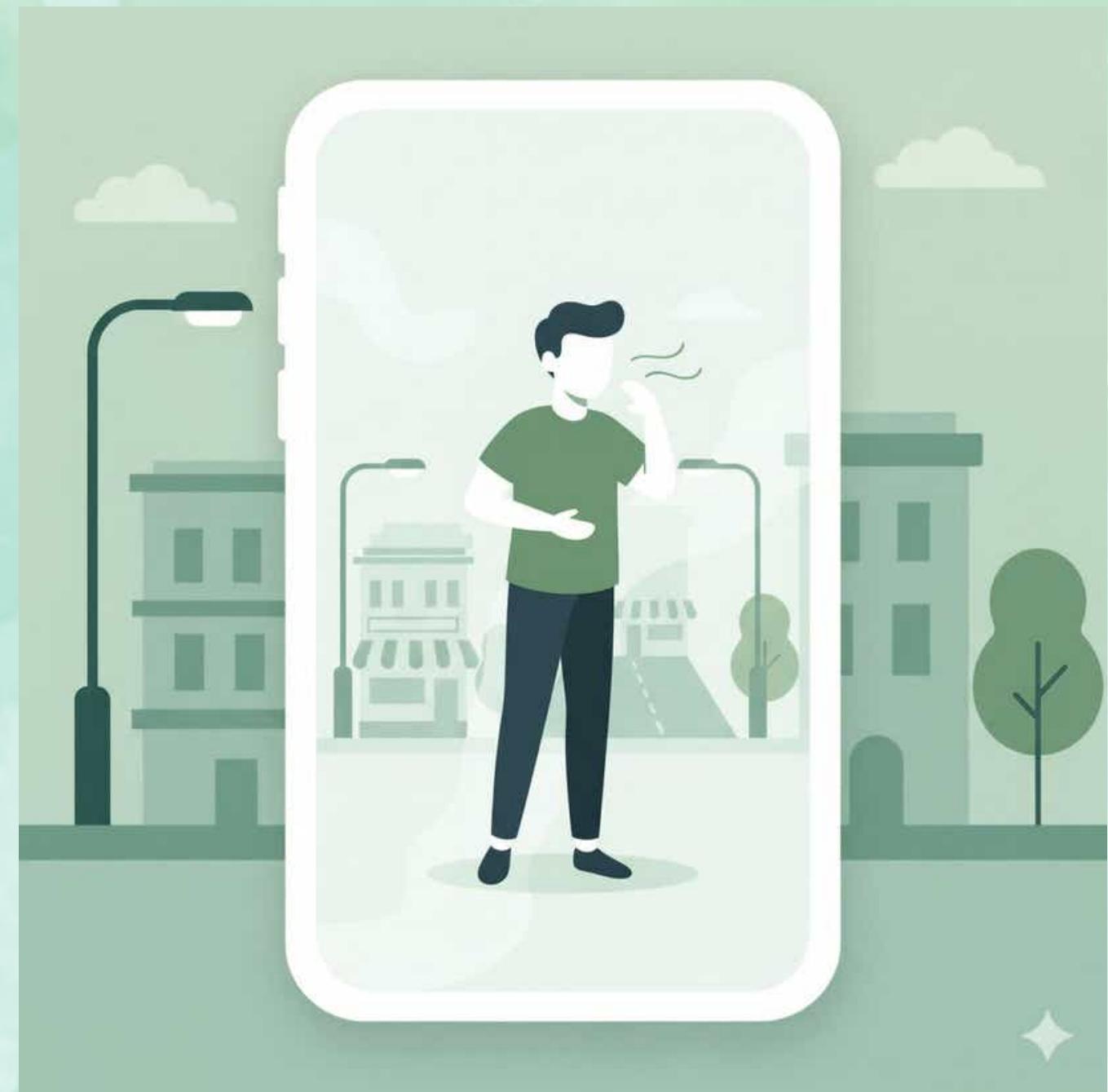


Check Your Surroundings

Look around for anything familiar:

- Shops
- Lighted areas
- Roads and signboards
- People
- Sounds (traffic → main road, silence → isolated)

Move ONLY if the area looks unsafe.
Otherwise stay and observe.

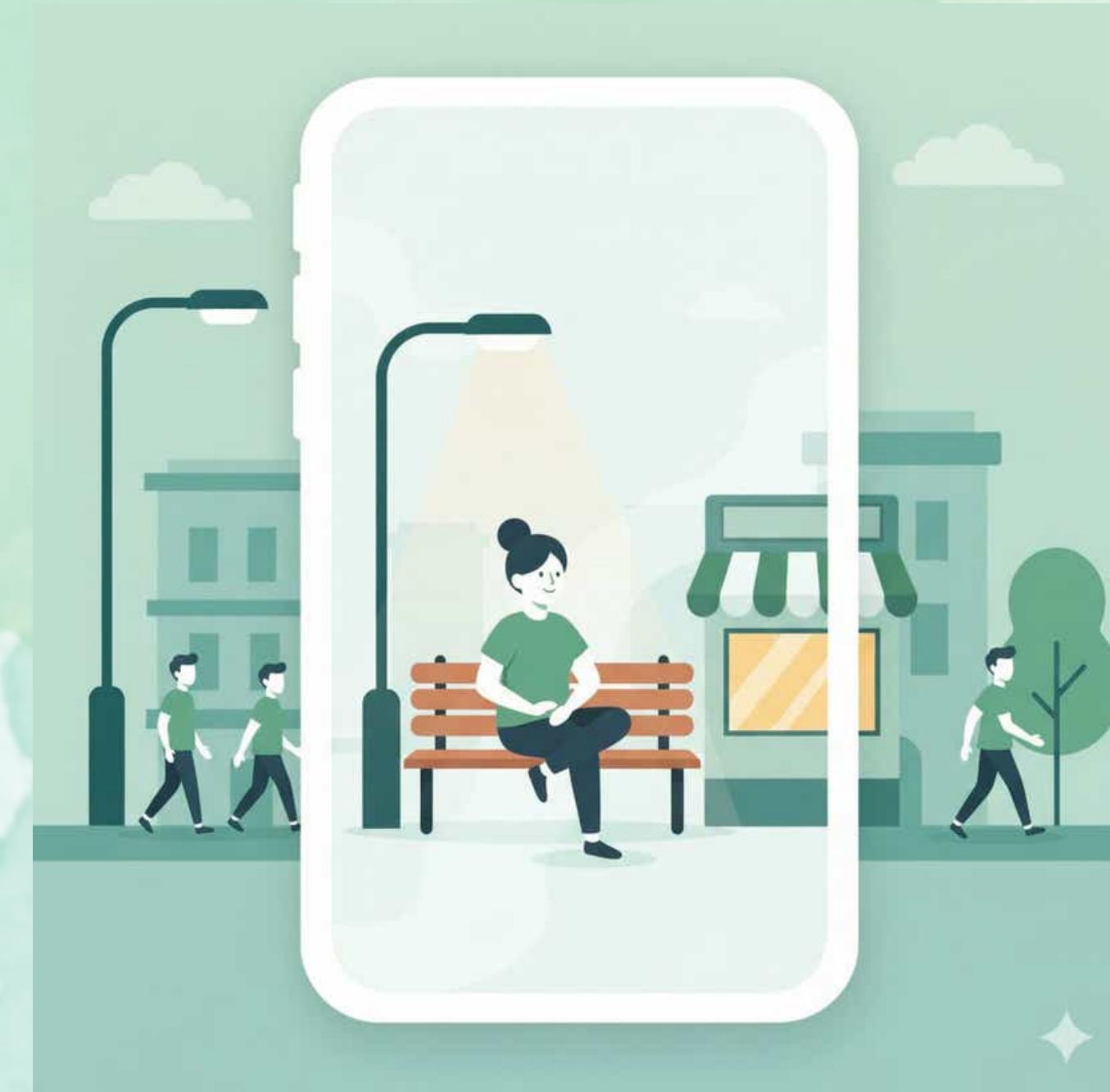


Stay Where You Are (If Safe)

If you are in a safe spot (public, bright, near shops), stay there.

Staying still helps your family, police, or help find you faster.

Movement wastes energy and can lead you further from safe zones.

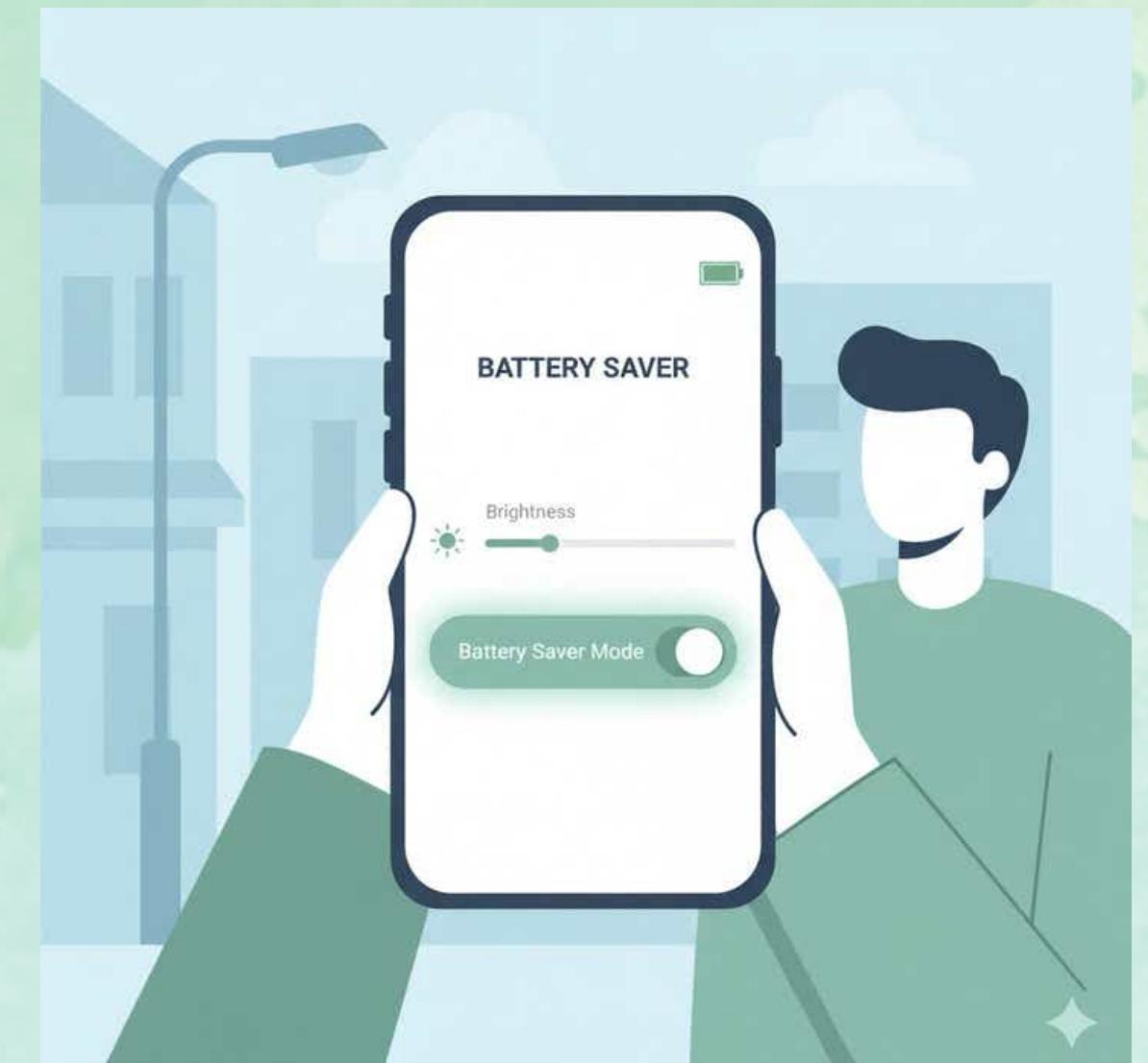


Save Your Phone Battery

Your phone is your most critical survival tool.

Immediately do this:

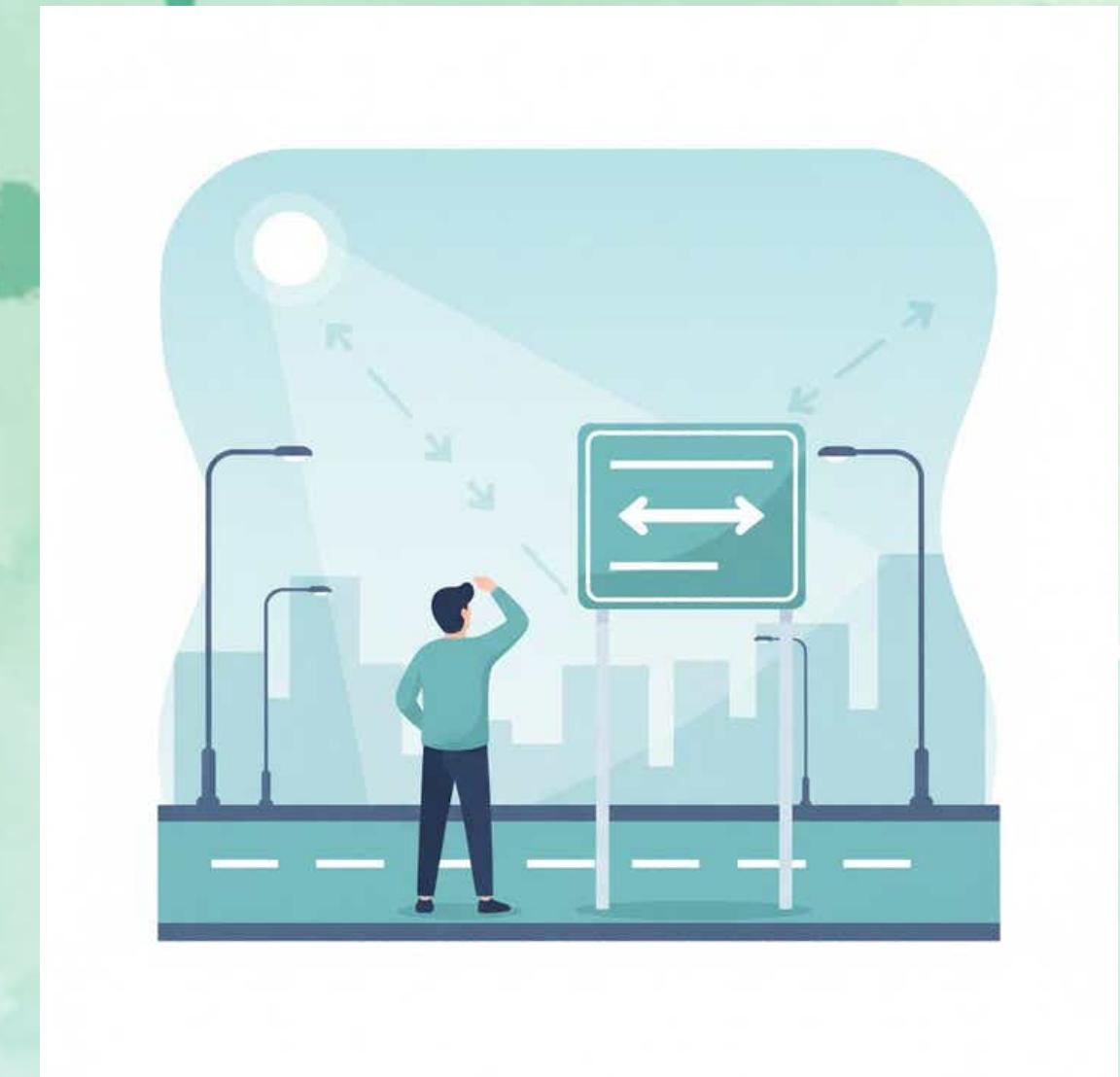
- Lower brightness
- Close background apps
- Turn on battery saver
- Disable Bluetooth + WiFi
- Turn off mobile data unless needed



Reorient Yourself Without Internet

If GPS or network fails, use natural markers:

- Sunlight: rises East → sets West
- Roads: big roads lead to markets
- Landmarks: towers, bridges, tall buildings
- Sound: noisy areas = civilization

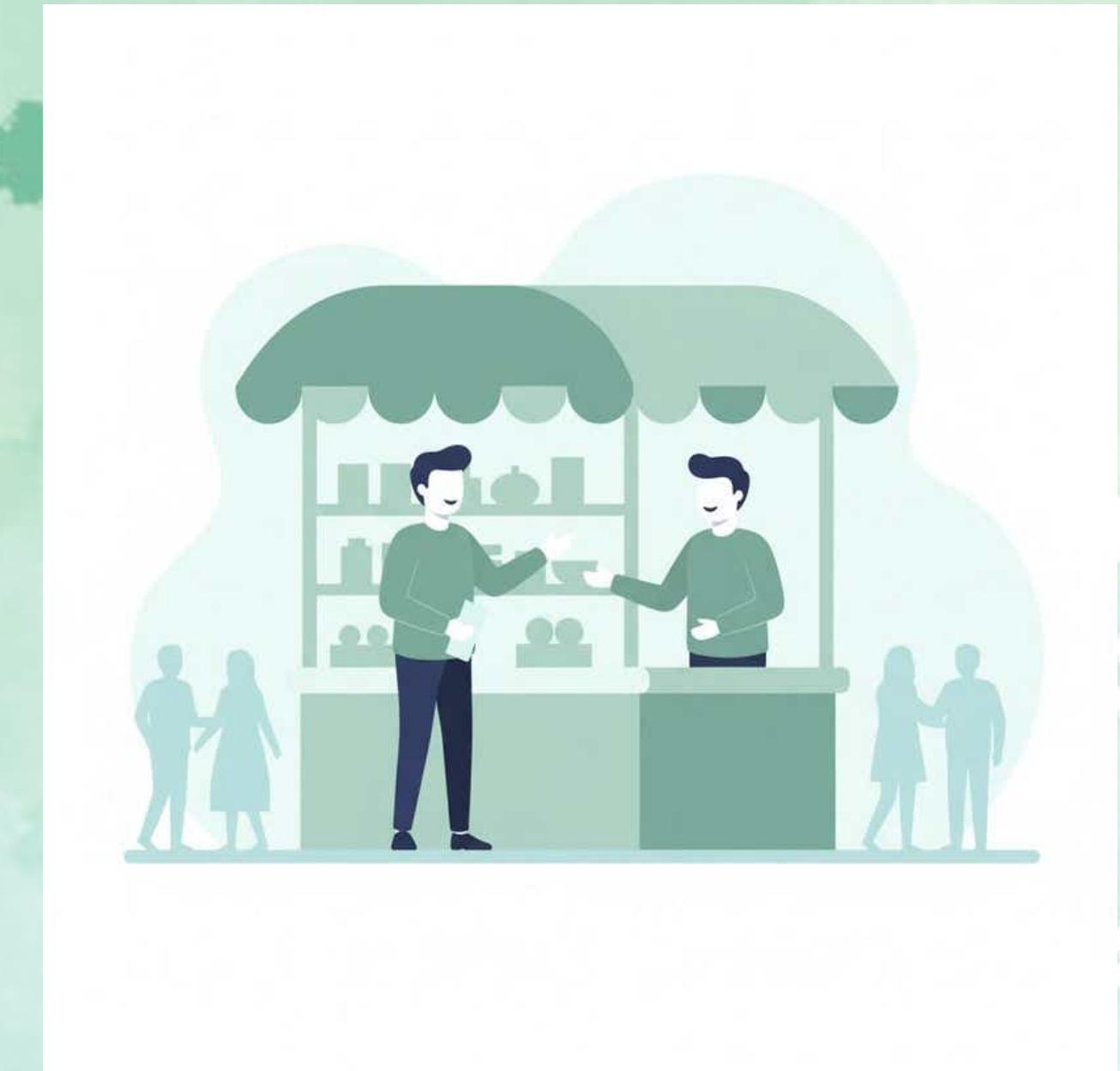


Walk towards populated areas, not deeper into unknown streets.

Ask for Help – But Smartly

Approach ONLY:
Families
Women
Shopkeepers
Security guards
Police
Elder people.

Avoid:
Drunk groups
Suspicious isolated individuals
Closed vehicles
Dark alleys



Contact Someone

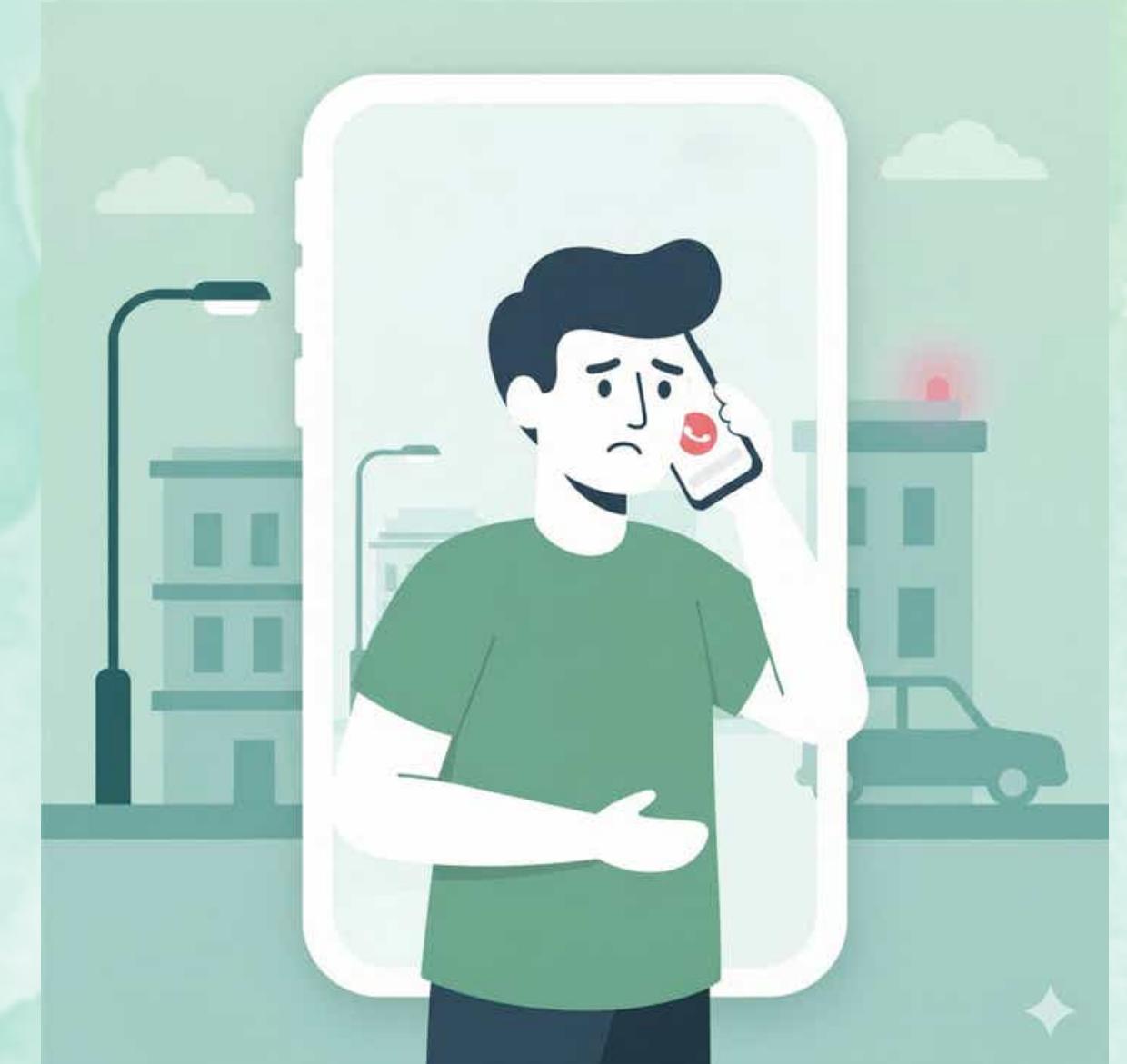
Send a message:

"I am safe but lost. Approx location: _____."

Call:

- 112 (National Emergency)
- 100 (Police)
- 1091 (Women Helpline)

Keep calls short to save battery.



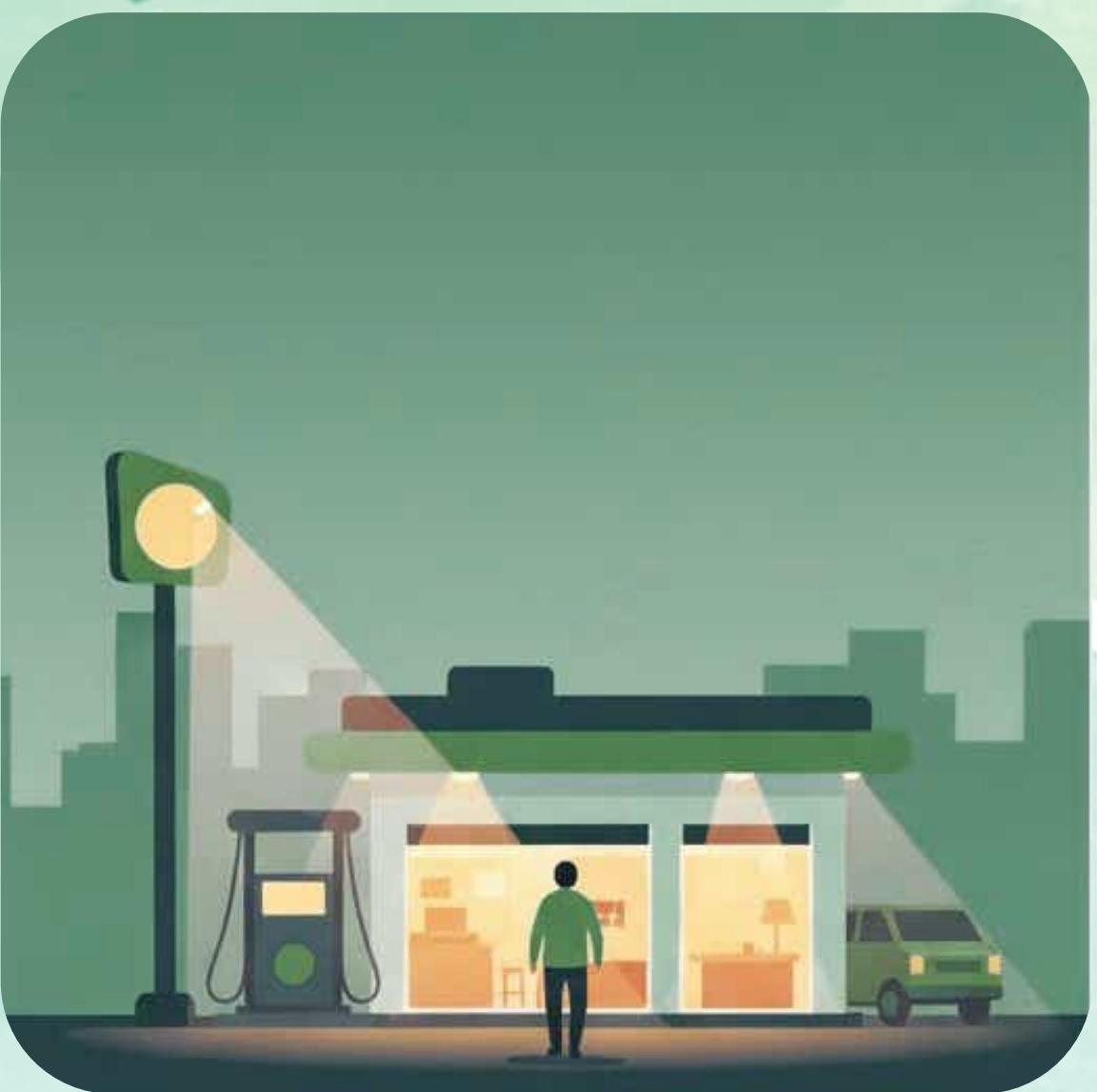
If It's Getting Dark

Move to:

- Shops
- Petrol pumps
- Hospitals
- Bus stops
- Metro stations
- Restaurants

Never go towards:

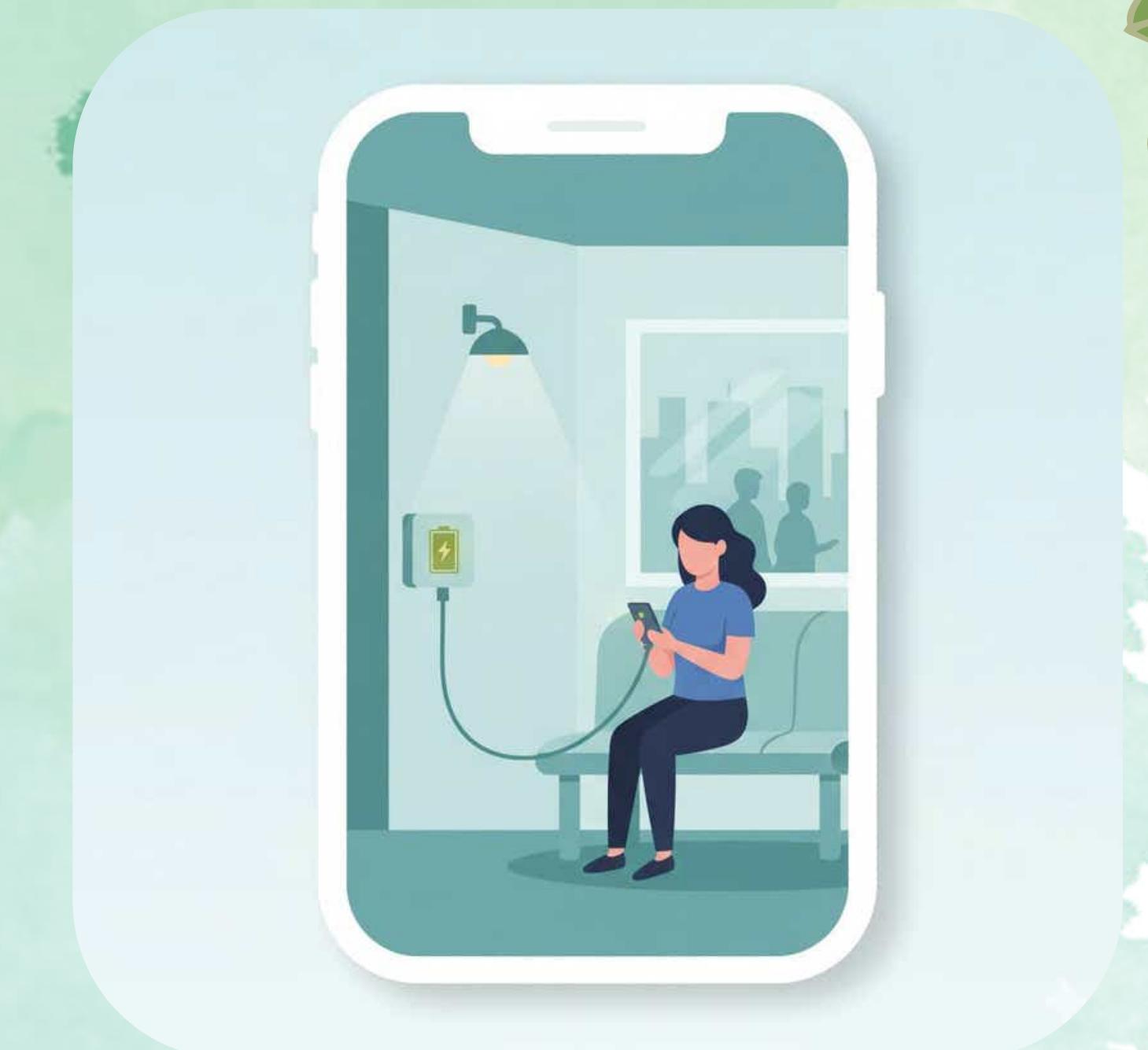
- Forest trails
- Abandoned buildings
- Empty open fields



No Battery / No Signal

Go to the nearest:

- Police booth
- Railway station
- Gurudwara (they always help)
- Bus stand shelter
- Hospital waiting hall



Weather Survival

Cold

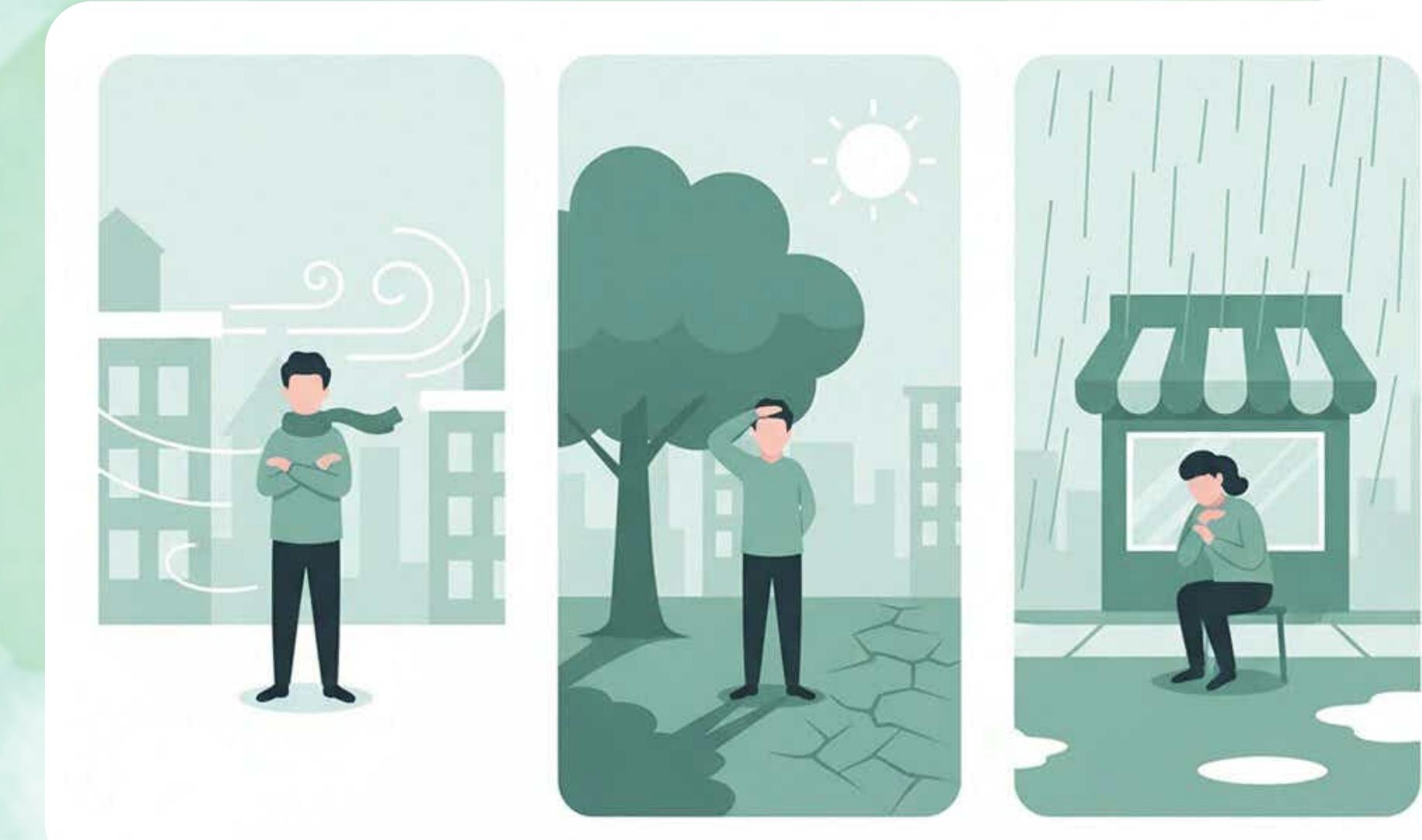
- Block wind behind a wall
- Layer clothes
- Keep moving slowly

Heat

- Find shade
- Drink water if available
- Cover head with cloth

Rain

- Avoid standing under trees
- Find a shop or shelter

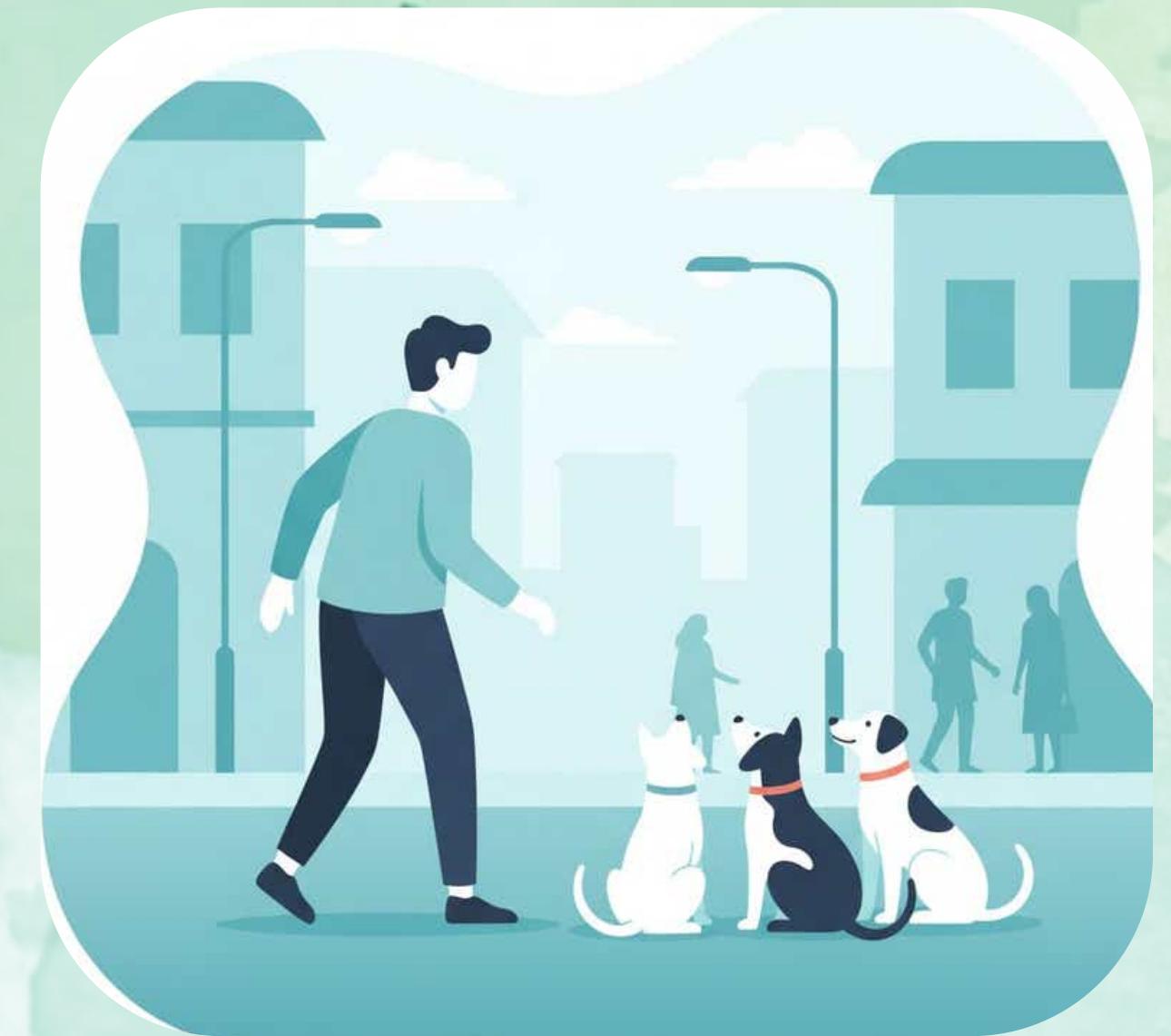


Street Animals

If animals approach:

- Do not run
- Do not shout
- Avoid eye contact
- Slowly walk away

Carry a stick if available—not as a weapon, but to maintain space.



Mini Survival Checklist

Keep these ALWAYS:

- Water bottle
- Power bank
- Lightweight torch
- Small cash (₹500-800)
- ID copy
- Basic snack (energy bar)



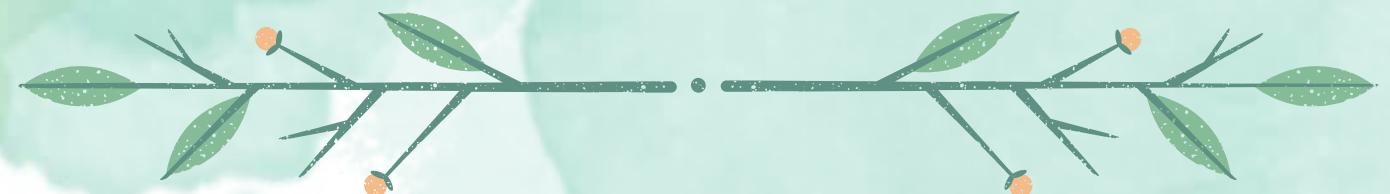
Mental Survival

Your mind is your strongest tool.

Repeat:

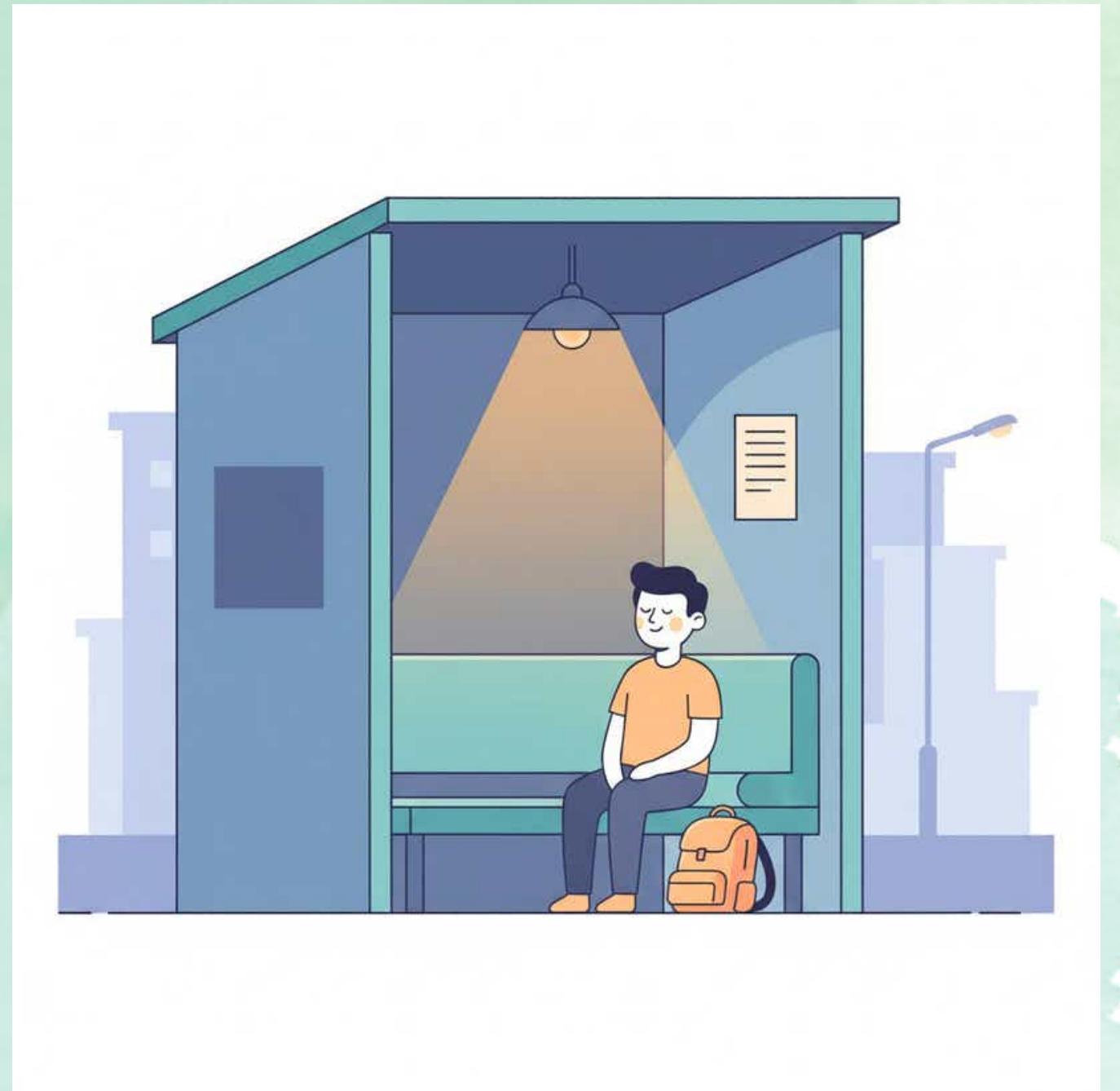
- “I will be okay.”
- “I am safe.”
- “Help is nearby.”

Focus on one decision at a time.



Final Reassurance

- If you truly cannot move, stay in one safe location.
- Someone will find you faster that way.
- Keep your energy.
- Keep calm.
- SafarMate is made for moments like these.



Thank You

