IMPORTANT INSTRUCTION AFTER THE SURGERY

Patient Name	:	Alston Rebello				Emirates ID	:	784-1991-2906159-3
File No	:	17	DOB	:	1996-06-20	Nationality	:	Indian
Gender	:	Male	Doctor's Name	:	Alan Alfred	Date	:	2024-04-19

1. Don't eat for 2hours after the surgery
2. Apply cold compress on your face on the same side of the implant area
3. Hot foods/drinks are not allowed; you can eat/ drink cold stuffs (ex.ice tea, cold juice).
4. Don't sleep right away; stay awake for 2 hours after the surgery
5. Don't sleep lying flat; keep your head elevated after the surgery
6. Please avoid smoking cigar because it may affect the integration of the implant with the bone, it may cause failure of the treatment.
7. Gargle with Luke warm water with little salt the following day
8. You can eat normal (hot/cold) the following day
9. Brush your teeth and gums as normal, keep the implant area clean
10. Avoid using ultrasonic scalar for cleaning/ scaling
11. Please bring your OPG (x-ray) next appointment so the doctor can check the condition of the implant
12. Any emergency or question please call and inform your doctor.

Sign here, only if all of your questions have been answered to your satisfaction	
Patient	Doctor
Patient Name Alston Rebello Date 2024-04-19	Alan Alfred - Dental (15245565544445) Date 2024-04-19