INSTRUCTION AFTER IMPLANT SURGERY									
Patient Name	:	tousif top	life			Emirates ID		111-1111-1111111-1	
File No	:	5	DOB		2021-06-16	Nationality		Other	
Gender	:	Male	Doctor's Name	:	Alan Alfred	Date		2023-11-29	

## INSTRUCTION AFTER IMPLANT SURGERY

- 1. Don't eat for 2hours after the surgery
- 2. Apply cold compress on your face on the same side of the implant area
- 3. Hot foods/drinks are not allowed; you can eat/ drink cold stuffs (ex.ice tea, cold juice).
- 4. Don't sleep right away; stay awake for 2 hours after the surgery
- 5. Don't sleep lying flat; keep your head elevated after the surgery
- 6. Please avoid smoking cigar because it may affect the integration of the implant with the bone, it may cause failure of the treatment.
- 7. Gargle with Luke warm water with little salt the following day
- 8. You can eat normal (hot/cold) the following day
- 9. Brush your teeth and gums as normal, keep the implant area clean
- 10. Avoid using ultrasonic scalar for cleaning/ scaling
- 11. Make appointment for your suture removal and please bring your OPG (x-ray) on that time.
- 12. Call clinic after 2 months for follow up appointment. Bring your new O.P.G. for evaluation of Implant Bone Regeneration. Based on prognosis of the case, doctor will proceed to next procedure.
- 13. Any emergency or question please call and inform your doctor.

Sign here, only if all of your questions have been answered to your satisfaction							
Patient	Doctor						
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Patient Name tousif toplife Date 2023-11-29	Alan - Dental (GD10001) Date 2023-11-29						