

## Thread Lifting Consent Form

Patient Name	:	sai krishna	Emirates ID	:	784-8666-6666666-7
File No	:	8	DOB	:	1996-09-25
Gender	:	Male	Doctor's Name	:	dermatology derma
			Date	:	2024-03-06

This Informed Consent Form has two parts:

- Information Sheet (to share information about the treatment with you)
- Certificate of Consent (for signatures if you agree to go ahead with the treatment)

**Dubai Health Authority law guarantees that you have both the right and the obligation to make decisions regarding your health care. VISION MEDICAL & DENTAL CENTER (Abu Dhabi) team can provide you with the necessary information and advice, but you must participate in the decision-making process. This form acknowledges your consent to treatment and surgical or non-surgical procedures recommended by your physician.**

You will be given a copy of the full Informed Consent Form

### PART I: Information Sheet

I, Dr. dermatology derma with license No: 0 should be performing the Thread Lift procedure on Miss/Mrs./Mr.sai krishna Age 27, on date 2024-03-06 The following has been explained to the patient in general terms.

#### Proposed procedure – Thread Lifting

An alternate to facelift surgery, thread lift procedure is essentially a medical treatment for tightening your skin through the usage of medical-grade thread materials. It is a lesser invasive version of facelift surgery. Once the thread-like materials are inserted in the designated area of your face or neck, they are pulled, which leads to skin tightening. This gives you a younger-looking face and neck. A facelift is performed on the bottom two-thirds of your face and the neck region. The target areas for thread lift include the following:

- Jawline
- Jowls
- Under-eye area
- Brow line
- Cheeks

Sometimes, the forehead is also taken into consideration depending on the requirement of the candidate. Let's see what happens during the procedure.

Thread lifts don't involve deep-tissue manipulation or incision, which is in stark contrast to traditional surgical facelifts. As we stated earlier, threads or sutures are inserted on the affected area of your face and neck.

#### Pre-Operational assessment /before your Surgery

- You must do several blood and urine Investigations which prescribe by your doctor before surgery.
- It is important to tell your doctor about your medication allergies and complete medical history.

#### Side Effects and Complications Thread Lift Procedure

VISION MEDICAL & DENTAL CENTER (Abu Dhabi) team has explained to the patient that there are possible risks and undesirable consequences associated with this procedure including but not limited to Complications

- Difficulty opening your mouth (usually temporary)
- Extrusion of a thread
- Infection
- Pain, which could persist.
- Sensitivity to sun or other bright light
- Swelling and bruising
- Unfavorable result

#### Discomforts

Initial healing may include some swelling, bruising, irritation and discomfort that can be controlled with medication, cold compresses and ointment.

#### Benefits

- An instant lift
- No downtime
- Long-term results
- Reduced wrinkles and fine lines

#### Alternatives

The reasonable alternatives to the procedure as well as risks and benefits of the alternatives have been explained to the patient. Alternatives include but are not limited to.

- Dermal fillers & botox

The most gentle and mainstream treatments available, injectable treatments are a great option for many patients. They're safe,

effective, affordable, and offer little to no downtime. Both types of treatments are temporary, but the longevity of the results depend heavily on the type of product used. Botox tends to last 3-4 months on average, while some dermal fillers can last up to a year.

- Chemical peel

Chemical peels are very good for improving overall skin quality but are often not as effective for significant signs of aging. That said, deep peels can improve the appearance of wrinkling quite effectively. Recovery time depends entirely on the depth of the peel. Mild peels can be repeated for improved results.

- Laser skin resurfacing

Patients can expect to see improvement in wrinkles, lines, overall skin quality, and sun damage. For the best results, many patients elect to have a series of treatments.

- Fat transfer

An exciting facial rejuvenation treatment that can produce semi-permanent improvement, fat transfer uses refined fat cells from the patient's own body to fill in areas of lost volume and deep wrinkles. Fat that survives after the first six months is considered permanent rejuvenation, as this means the cells have established themselves and are likely to keep living long term. Though facial fat transfer can be performed with the patient under light sedation. Recovery generally takes a week or two following the surgery.

### Confidentiality

VISION MEDICAL & DENTAL CENTER (Abu Dhabi) team will maintain the confidentiality of your details and we assure you not to disclose them to any other party without your acknowledgment.

### Financial Implications

All procedures/treatments provided that are not covered by insurance may require your full payment or co-payment.

### PART II: Certificate of Consent

I have read the previous information, or it has been read to me. I have had the opportunity to ask questions about it, and any questions that I have asked have been answered to my satisfaction. I consent voluntarily to undergo this treatment and understand that I have the right to withdraw from the procedure or treatment at any time without in any way affecting my medical care.

In permitting my doctor to perform my procedure, I understand that the unforeseen conditions may be revealed that may necessitate change or extension of the original procedure or a different procedure than those already explained to me. I therefore authorize and request that the above-named physician, his/her assistants or his/her designees perform such procedure as necessary or desirable in the exercise of his/her judgment.

In the unlikely event that one or more of the above inherent complications may occur, my physician may take appropriate and reasonable steps to manage and be available to me and my family to address our concerns and questions.

I consent to any photographing or videotaping of the procedure that may be performed, provided by my identity is not revealed by pictures or descriptive texts accompanying them, so that my physician may follow my therapy progression.




Witness statement I have accurately read or witnessed the accurate reading of the consent form to the potential patient, and the individual has had the opportunity to ask questions. I confirm that the individual has given consent freely.

#### Healthcare Professional Declaration:

I have adequately explained to the patient about the procedure and risks, adverse effects, and the standard alternatives available for the procedure. I have permitted time and opportunity for the patient to ask questions, and all questions have been answered to my knowledge.

**'I agree that healthcare provider(s) involved in my care at this facility will access my health information through the Health Information Exchange System (NABIDH) in accordance with the Laws of the United Arab Emirates, Emirate of Dubai Legislation and Dubai Health Authority Policies'**

'أوافق على أن مقدمي الرعاية الصحية المشاركين في رعايتي في هذه المنشأة سيتمكنون من الوصول إلى معلوماتي الصحية من خلال نظام تبادل المعلومات الصحية (NABIDH) وفقاً لقوانين دولة الإمارات العربية المتحدة، تشريعات إمارة دبي وسياسات هيئة الصحة بدبي'

Sign here, only if all of your questions have been answered to your satisfaction		
Patient	witness	Doctor
		
Patient Name sai krishna  Date 2024-03-06	Witness Name ddvv  Date 2024-03-06	Doctor's Name dermatology derma  Date 2024-03-06