

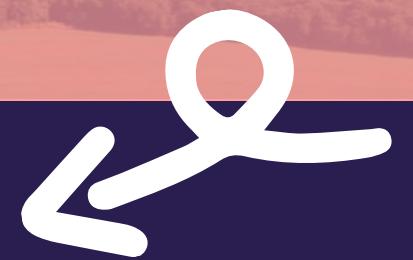


### Get started with simple and effective online activism!

1. Go to the sign up page: <https://action.thehumaneleague.org/signup>
2. Fill in your details and choose a password
3. In the next screen, mark which types of actions you are interested in.
4. Get started straight away!

You'll get a notification once you've completed all actions. Sit back, relax and bask in the glory of the impact you've had on animal's lives with your work that day. Go back to the dashboard the next day for new actions.

### Additional helpful information



- The action list is usually updated daily on working days (Monday to Friday)
- Keep an eye on your scores in the top right corner which show how many consecutive weeks you've been active and your action score.
- The Humane League will send you regular e-mail updates on which campaigns have been successful and which new campaigns are being launched.
- If you like to participate in more online events and connect with other online activists and share experiences, have a look at the events page on: <https://thehumaneleague.org/events>
- Whenever you have questions, concerns or other feedback, you can e-mail the organisation anytime. They do read feedback coming in and usually send personalised replies.
- If you feel like you need some inspiration or a reminder of how impactful your online activism is, have a look at the amazing book 'Doing good better' by William MacAskill, or revisit ACE's review of The Humane League by [clicking this link here](#).

Feeling inspired and want to do more?

Other online animal activism organisations run similar projects to also join:

[Mercy for Animal's Hen Heroes](#)  
[Animal Equality's Animal Protectors](#)  
[Vegan Hacktivist Volunteers](#)

These organisations don't have the same smooth interface but usually send e-mails with suggested actions to support their pressure campaigns.



Thank you for your activism!