

# **Boosting the First-Hitting-Time Regression Model**

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# CHAPTER 1

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## Introduction

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sec:intro

In this thesis, we work with boosting for regression in the first hitting time model. First hitting time is a model in survival analysis which serves as an alternative to the proportional hazards model, typically known as Cox regression. Developments in FHT regression are relatively recent, and there has to our knowledge been no attempt at tackling it in the high-dimensional case, in which boosting is an appropriate choice of method.



## CHAPTER 2

# First hitting time regression models

### 2.1 Survival analysis and time-to-event models

sec:survival

In many fields, it is interesting to consider the lifetime of some entity. A lifetime ends when an event occurs. We are usually interested in inferring things about this lifetime, and what it depends upon. In medical fields, this is called survival analysis, while in engineering it is called reliability analysis. In the former case, we consider the lifetime of patients or the length of a hospital stay after some treatment. In the latter, we consider, e.g., the time before a component of a system breaks and must be replaced.

The time-to-event  $T$  is a continuous, non-negative random variable  $T \sim f(t)$ ,  $t > 0$ , for some probability density function  $f$ . We are particularly interested in two things related to  $T$ :

1. The survival function  $S(t)$  – the probability of an individual having survived until time  $t$ . Note that  $S(t) = 1 - F(t)$ , where  $F$  is the cumulative density function of  $f$ .
2. The hazard function  $h(t)$  – the probability of the event happening at time  $t$ . Note that this is conditional on surviving until time  $t$ , and is defined as  $h(t) = \frac{f(t)}{S(t)}$ .

### Regression

sec:surv-reg

To find out anything interesting, we need to be able to do regression on covariates. Given a sample of  $n$  independent observations  $\{t_i, \mathbf{x}_i, \delta_i, i = 1, \dots, n\}$ , where individual  $i$  has covariates  $\mathbf{x}_i$ , lifetime  $t_i$  and censoring indicator  $\delta_i, i = 1, \dots, n$ , which is 1 if the event has happened, and 0 if not. From Caroni 2017, p. 10, the likelihood is given by

$$L(\boldsymbol{\theta} | \mathbf{x}_1, \dots, \mathbf{x}_n) = \prod_{i=1}^n f(t_i | \mathbf{x}_i, \boldsymbol{\theta})^{\delta_i} S(t_i | \mathbf{x}_i, \boldsymbol{\theta})^{1-\delta_i} \quad (2.1)$$

{eq:surv-lik}

### Proportional hazards

The most used method for doing regression on survival data is the Cox proportional hazards (PH) regression. It is based on an assumption that is often

## 2. First hitting time regression models

called the PH property or the PH assumption, namely that

$$h(t|x) = h_0(t)g(\mathbf{x}), \quad (2.2)$$

where  $h_0(t)$  is a baseline hazard function.

more about baseline hazard?

This property states that at any two time points  $t_1$  and  $t_2$ , the ratio between the hazard functions of any two  $\mathbf{x}_1$  and  $\mathbf{x}_2$  will be the same:

$$\frac{h(t_1|x_1)}{h(t_1|x_2)} = \frac{h(t_2|x_1)}{h(t_2|x_2)} \quad (2.3)$$

This is a strong assumption to make, and it will rarely be the case in practice (Lee and Whitmore 2010). However, many times Cox regression will work well in practice.

how to rephrase?

really? or argue why!

### 2.2 The first hitting time model

sec:fht

Revisiting the examples of the two lifetime settings, it may in both cases be natural to imagine that the event happens as a process reaches a threshold. Then one way to model the time-to-event is to model the process itself, and look at the time it takes for the process to reach this threshold, at which point the event is triggered. Lee and Whitmore 2006 is a thorough review on the first hitting time model, and Caroni 2017 is a book which covers many aspects of it. We continue by describing the first hitting time model.

An first hitting time model has two main components.

1. A stochastic process  $\{Y(t), t \in \mathcal{T}, y \in \mathcal{Y}\}$ , with  $Y(0) = y_0$ .
2. A boundary set,  $B \subset \mathcal{Y}$ , where  $y_0 \notin B$

The first hitting time is the first time the process reaches the boundary set. Formally, the first hitting time is a stochastic variable  $S$ , which is defined as

$$S = \inf\{t: Y(t) \in B\}$$

Typically, one will consider a process with boundary  $B = 0$ . The event then occurs if and when the process  $\{Y\}$  reaches 0 at  $y(S)$ . Note that it is possible that  $P(S < \infty) < 1$ .

what did you say about this again?

justify

The first hitting time model is conceptually appealing and does not require the PH assumption, and is hence more flexible. In fact, the PH model may be obtained by constructing the first hitting time model in a specific way (Lee and Whitmore 2010).

Different choices of processes lead to different kinds of distributions for the first hitting time. We now look at a common choice of the process.

### Wiener process

sec:wiener

The Wiener process, also known as the standard Brownian motion process, is a process which is continuous in time and space, and has the properties (Caroni 2017, p. 61) that

### 2.3. First hitting time regression based on underlying Wiener process

- $Y(t)$  has independent increments, such that  $Y(t_2) - Y(t_1)$  and  $Y(t_4) - Y(t_3)$  are independent for any disjoint intervals, and
- for any interval  $(t_1, t_2)$ ,

$$Y(t_2) - Y(t_1) \sim N(\mu(t_2 - t_1), \sigma^2(t_2 - t_1)).$$

This is a process which will both increase and decrease. However, if we want a monotonic restriction on the movement of the process, we may use a gamma process.

#### Gamma process

The gamma process is suitable for modelling a process which we would require to be monotonic, typically a physical degradation, i.e. where the damage cannot mend itself, unlike a patient's health. The first-hitting-time that arises from the gamma process is inverse gamma. (Lee and Whitmore 2006, p. 503.)

make this into a separate section?

Other choices of processes include Markov chain state models, the Bernoulli process, and the Ornstein-Uhlenbeck process.

### 2.3 First hitting time regression based on underlying Wiener process

The first hitting time of the Wiener process (section 2.2) follows an inverse Gaussian distribution (derivation in Chhikara 1988, pp. 23-29):

also derive more clearly in appendix?

$$f(t|y_0, \mu, \sigma^2) = \frac{y_0}{\sqrt{2\pi\sigma^2 t^3}} \exp\left[-\frac{(y_0 + \mu t)^2}{2\sigma^2 t}\right] \quad (2.4)$$

{eq:fht-ig}

If  $\mu$  is positive,  $Y(t) \leq 0$  is not certain to occur. Note also that this model is over-parameterized, because  $Y$  has an arbitrary scale, so we can without loss of generality set  $\sigma^2 = 1$ .

more!

While  $\mu$  and  $y_0$  have simple interpretations in terms of the underlying process, they do not in terms of the lifetime distribution. The mean lifetime is  $\frac{y_0}{|\mu|}$ , and the variance is  $\frac{y_0}{|\mu|^3}$ . (Caroni 2017, p. 62.)

The cumulative distribution function of the FHT is (from Xiao et al. 2015, p. 7)

$$F(t|\mu, \sigma^2, y_0) = \Phi\left[-\frac{y_0 + \mu t}{\sqrt{\sigma^2 t}}\right] + \exp\left(-\frac{2y_0\mu}{\sigma^2}\right) \Phi\left[\frac{\mu t - y_0}{\sqrt{\sigma^2 t}}\right], \quad (2.5)$$

{eq:cumulative}

where  $\Phi(x)$  is the cumulative of the standard normal, i.e.,

$$\Phi(x) = \int_{-\infty}^x \exp(-y^2/2)/\sqrt{2\pi} \, dy. \quad (2.6)$$

## 2. First hitting time regression models

### Regression

We may introduce effects from covariates by allowing  $\mu$  and  $y_0$  to depend on covariates  $\mathbf{x}$ . Suitable models are

$$\begin{aligned}\mu &= \beta^T \mathbf{x} \\ \ln y_0 &= \gamma^T \mathbf{z}\end{aligned}\tag{2.7}$$

{eq:coeffs}

where  $\beta$  and  $\gamma$  are vectors of regression coefficients. Note that we may let  $\mathbf{x}$  and  $\mathbf{z}$  share none, some, or all elements.

### 2.4 Likelihood

sec:lik

In section 2.1, we stated the likelihood of lifetime regression models in (2.1). For an inverse gaussian FHT this then becomes (inserting (2.4) and (2.5) into (2.1), and since  $S(t) = 1 - F(t)$ )

$$\begin{aligned}L(\theta|\mathbf{x}_1, \dots, \mathbf{x}_n) &= \left( \frac{y_0}{\sqrt{2\pi\sigma^2 t^3}} \exp \left[ -\frac{(y_0 + \mu t)^2}{2\sigma^2 t} \right] \right)^{\delta_i} \\ &\times \left[ 1 - \Phi \left( -\frac{y_0 + \mu t}{\sqrt{\sigma^2 t}} \right) - \exp \left( -\frac{2y_0\mu}{\sigma^2} \right) \Phi \left( \frac{\mu t - y_0}{\sqrt{\sigma^2 t}} \right) \right]^{1-\delta_i}\end{aligned}\tag{2.8}$$

{eq:fht-lik}

Since we let  $\sigma^2 = 1$ , this simplifies to

$$\begin{aligned}L(\theta|\mathbf{x}_1, \dots, \mathbf{x}_n) &= \left( \frac{y_0}{\sqrt{2\pi t^3}} \exp \left[ -\frac{(y_0 + \mu t)^2}{2t} \right] \right)^{\delta_i} \\ &\times \left[ 1 - \Phi \left( -\frac{y_0 + \mu t}{\sqrt{t}} \right) - \exp(-2y_0\mu) \Phi \left( \frac{\mu t - y_0}{\sqrt{t}} \right) \right]^{1-\delta_i}\end{aligned}\tag{2.9}$$

We can now substitute the covariates in (2.7) into this. To find optimal parameters, we use numerical maximum likelihood methods. However, this is only feasible in the low-dimensional case, since it will optimize the entire parameter space at once. Therefore it is necessary to develop methods which can deal with high-dimensional cases. That is what we intend to do in the main part of the thesis.

is this correct?

### 2.5 The threg package

There exists an R package **threg** for fitting regression with inverse gaussian FHT, described in Xiao et al. 2015. We provide a small example here, which is the one described in the help pages of the package.

```
1 library(threg)
2 data("lkr")
3 lkr$f.treatment2=factor(lkr$treatment2)
4 # head(lkr)
5 fit <- threg(Surv(weeks, relapse) ~ f.treatment2|f.treatment2,
6             data=lkr)
```

Which provides the following output

Call:

```
threg(formula = Surv(weeks, relapse) ~ f.treatment2 | f.treatment2,
      data = lkr)
```

	coef	se(coef)	z	p
lny0: (Intercept)	2.0097844	0.1705141	11.786620	0.0e+00
lny0: f.treatment21	-1.2739233	0.2441633	-5.217504	1.8e-07
mu: (Intercept)	-0.5886165	0.1340126	-4.392246	1.1e-05
mu: f.treatment21	0.5888365	0.1535081	3.835866	1.3e-04

Log likelihood =-104.64, AIC =217.28

Here we fit an inverse gaussian FHT model where

$$\ln y_0 = \mu = \beta_0 + \beta_1 I(\text{treatment2} = 1)$$

What the **threg** function in the package of the same name does, is essentially to set up the log likelihood and use the numerical optimization function **nlm** to find the optimal parameters.

## Recreating

We recreate the above example in plain R code.

```
1 library(threg)
2 data("lkr")
3 lkr$f.treatment2=factor(lkr$treatment2)
4 fit <- threg(Surv(weeks, relapse) ~ f.treatment2|f.treatment2,
5             data=lkr)
6
7 library(dplyr)
8 #tbl <- select(.data=lkr, weeks, relapse, f.treatment2)
9 tbl <- data.frame(lkr$weeks, lkr$relapse, lkr$f.treatment2,
10                 row_names = c("weeks", "relapse", "f.treatment2"))
11 names(tbl)[names(tbl) == "lkr.weeks"] <- "weeks"
12 names(tbl)[names(tbl) == "lkr.relapse"] <- "relapse"
13 names(tbl)[names(tbl) == "lkr.f.treatment2"] <- "f.treatment2"
14
15 to_optimize <- function(params) {
16   total_loglikelihood <- 0
17
18   gamma <- params[1:2]
19   beta <- params[3:4]
20
21   for (i in 1:n) {
22     tbl_i <- tbl[i, ]
23     event <- tbl_i$relapse
24     t_i <- tbl_i$weeks
25     is_treated <- as.integer(tbl_i$f.treatment2)-1
26     X_i <- c(1, is_treated)
27     y0_i <- exp(sum(gamma*X_i))
28     mu_i <- sum(beta*X_i)
```



## 2. First hitting time regression models

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```
28   log_f_i <- log(y0_i) - 0.5*log(2*pi*t_i^3) - ((y0_i +
      mu_i*t_i)^2)/(2*t_i)
29   log_S_i <- log(1 - pnorm(-(y0_i+mu_i*t_i)/sqrt(t_i)) -
      exp(-2*y0_i*mu_i)*pnorm((mu_i*t_i-y0_i)/sqrt(t_i)))
30   loglik_i <- event*log_f_i + (1 - event)*log_S_i
31   total_loglikelihood <- total_loglikelihood + loglik_i
32 }
33 return(-total_loglikelihood)
34 }
35
36 params_from_threg <- c(2.0098, -1.2739, -0.5886, 0.5886)
37 threg_value <- -to_optimize(params_from_threg)
38
39 initial_params <- c(1, 1, 1, 1)
40
41 best <- nlm(to_optimize, initial_params)
42 params_from_best <- best$estimate
43 best_value <- -best$minimum
44 print(best_value)
45 print(threg_value)
```

---

We can also inspect the parameters we found and see that we did indeed find the optimal parameters.

## CHAPTER 3

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# Statistical boosting

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### Boosting

Boosting is one of the most promising methodological approaches for data analysis developed in the last two decades. (Mayr et al. 2014) The history of boosting started with the question posed in 1989 by Kearns and Valiant, working on computational learning theory, of whether any weak learner could be transformed to become also a strong learner. (Kearns and Valiant 1989) A weak classifier is in general defined to be one which is only slightly better than random choice. For regression, it is a bit harder to give a specific definition, but a weak regressor is simple and low dimensional, and does not pick up much of the underlying signal. The answer to the original question is yes, and Schapire and Freund showed this with the AdaBoost algorithm, which constructs a binary classifier. (Freund and Schapire 1996) The algorithm works by iteratively reweighting observations, giving more weight to misclassified observations, and training a new base learner on all observations, using the updated weights. The resulting AdaBoost classifier is a linear combination of these base classifiers. In its original formulation, the classifier does not have interpretable coefficients, and as such it is a so-called black-box algorithm.

### 3.1 Statistical boosting

sec:sboost

In statistics, however, we are interested in models which are interpretable. We want to estimate the relation between observed predictor variables and the expectation of the response,

$$E(Y|X = x) = f(x).$$

In addition to using boosting for classification, like in the original AdaBoost, we would also like to use it in more general settings. We therefore extend our discussion to the more general regression scheme, where the outcome variable  $Y$  can be continuous. To evaluate a candidate  $\hat{f}(x)$ , we need to see how well it estimates  $f(x)$ . This is typically done by choosing a loss function,

$$L(Y, F(X)), \tag{3.1}$$

{eq:loss}

and calculating the empirical risk, i.e., the average in-sample error over some observed test data set. A typical loss function for regression is the  $L_2$  loss,

$$L(Y, f(X)) = (Y - f(X))^2$$

### 3. Statistical boosting

The empirical risk is then

$$\frac{1}{n} \sum_{i=1}^n (y_i - \hat{f}(x_i))^2$$

A possible model for  $f(x)$  is the generalized additive model (GAM), in which different effects of single predictors are added,

$$f(x) = \beta_0 + \sum_{i=1}^p h_p(x_p). \quad (3.2) \quad \{\text{eq:gam}\}$$

In 2000, Friedman showed that AdaBoost fits a GAM with a forward stagewise algorithm, for a particular exponential loss function. (J. Friedman, Hastie, and Tibshirani 2000) This provided a way of viewing the successful boosting regime through a statistical lens.

#### Gradient boosting

Gradient boosting was proposed in 2001 (J. H. Friedman 2001), and further refined in 2003 (Bühlmann and Yu 2003). We will here explain the gradient boosting framework, starting with the motivation in the gradient descent algorithm.

#### Gradient descent

Gradient descent, or steepest descent, is a greedy iterative algorithm for numerically maximizing an objective function  $F$ . At each iteration step it improves on the previous solution by going in the direction which increases the objective function the most. This is by definition the direction of the gradient. For our purposes, the objective function is the negative loss function, since we are *minimizing* the loss. To avoid going too far, i.e., beyond the closest local optima, we choose a small step size  $\nu$ , and it has been shown empirically that  $\nu = 0.1$  is a good choice (Bühlmann and Yu 2003, Bühlmann 2006). The gradient descent search stops when reaching a maximum, possibly a local maximum. The result of the search after  $M$  steps is a sequence of improvements, or boosts, on the objective function.

#### Setting

Assume we have data  $\mathbf{X} \in \mathbb{R}^p$  and  $Y \in \mathbb{R}$  with some relation  $Y = F(\mathbf{X})$ ,  $F: \mathbb{R}^p \rightarrow \mathbb{R}$ , which we wish to estimate. We have the relationship

$$Y = F(\mathbf{X}) + \varepsilon,$$

where  $\varepsilon$  is a random variable with expectation zero. We wish to find a  $\hat{F}(\cdot)$  which minimizes the expected loss between it and the distribution  $Y = F(\cdot)$ ,

$$F^* = \min E_{Y, \mathbf{X}} [L(Y, \hat{F}(\mathbf{X}))] = \min E_Y \left\{ E_{\mathbf{X}} [L(Y, \hat{F}(\mathbf{x})) | \mathbf{X} = \mathbf{x}] \right\}, \quad (3.3) \quad \{\text{eq:min-loss}\}$$

where  $L$  is some meaningful loss function which measures the difference between  $Y$  and  $F(\mathbf{X})$ . In particular, a loss function is 0 if  $Y$  is exactly equal  $F(\mathbf{X})$ , and positive otherwise. To estimate  $F$  we typically choose a parameterized model,

$$F(\mathbf{X}) = H(\mathbf{X}; \gamma), \quad (3.4)$$

### 3.1. Statistical boosting

where  $H : \mathbb{R}^p \rightarrow \mathbb{R}$  is some function of parameters  $\gamma$ , which are to be estimated. In other words, we are trying to solve

$$\gamma^* = \underset{\gamma}{\operatorname{argmin}} \mathbb{E}_Y \{ \mathbb{E}_{\mathbf{X}} [L(Y, H(\mathbf{x}; \gamma)) | \mathbf{X} = \mathbf{x}] \}. \quad (3.5)$$

{eq:}

In practice, for finite observed data points  $\{\mathbf{x}_i, y_i\}_{i=1}^N$ , we must estimate the expected loss (3.3) by the empirical risk,

$$\hat{L}(y, h(x; \gamma)) = \frac{1}{N} \sum_{i=1}^N L(y_i, H(\mathbf{x}_i; \gamma)). \quad (3.6)$$

{eq:emp-risk}

For finite data points and a chosen such model  $H$ , there exists a  $\gamma^*$  which minimizes (3.3),

citation needed?

$$\gamma^* = \min_{\gamma} R(H; \gamma) = \min_{\gamma} \frac{1}{N} \sum_{i=1}^N L(y_i, H(\mathbf{x}_i; \gamma)) \quad (3.7)$$

{eq:min-loss-param}

but estimating this is not necessarily easy. An algorithm which is often used to find an approximate solution  $\hat{\gamma}$  to 3.7 is gradient descent in parameter space.

#### Gradient descent in parameter space

At iteration step  $m$  we find an improvement  $\beta_m$ , and the current solution at this step is  $\gamma_m = \sum_{j=0}^m \beta_j$ . We start with an initial guess  $\beta_0$ , say  $\beta_0 = 0$ . We then carry out steps  $m = 1, \dots, M$ , where we find increments  $\beta_m$  which improve our existing solution  $\gamma_{m-1}$ , using gradient descent on the parameters. Hence at each iteration, we compute the gradient of the loss with respect to the parameters, evaluated at the current solution,

$$\mathbf{g}_m = \{g_{jm}\} = \left\{ \frac{\partial}{\partial \gamma_{m-i,j}} \frac{1}{N} \sum_{i=1}^N L(y_i, H(\mathbf{x}_i; \gamma_{m-1})) \right\}_{j=1}^p. \quad (3.8)$$

We choose  $\beta_m = \nu \mathbf{g}_m$ , for step size  $\nu$ , and iterate.

#### Gradient descent in function space

We have until now viewed the function estimating problem as the problem of minimizing a function by optimizing its parameters, i.e., doing gradient descent in parameter space. We can instead view the optimization problem (3.3) from a non-parametric perspective, by considering  $F(\mathbf{x})$  at each point  $x$  as a parameter. We seek to find

$$F^* = \underset{F}{\operatorname{argmin}} \mathbb{E}_Y \{ \mathbb{E}_{\mathbf{X}} [L(Y, F(\mathbf{x})) | \mathbf{X} = \mathbf{x}] \} \quad (3.9)$$

{eq:min-loss-func}

In function space there are in theory an infinite number of such  $F$ . But in data sets there are only a finite number of possibilities  $f(x_i)$ . We can also here use gradient descent. However, we would like to estimate function values at other values of  $\mathbf{x}$  than that which we have observed. We can then assume a parameterized form such as

$$F(\mathbf{x}; \{\beta_m\}_{m=1}^M) = \sum_{m=1}^M \beta_m H(\mathbf{x}) \quad (3.10)$$

### 3. Statistical boosting

---

Following the numerical optimization paradigm as above, we take the solution  $F^*$  to (3.9) to be the sum of a sequence of improvements, or boosts,

$$F^* = \sum_{m=0}^M H_m. \quad (3.11)$$

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## **Appendices**

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