



Course Title: Self Reliance and Socialization

Course Code: BS207

Credit Units: 4

L	T	P/S	SW/F W	TOTAL CREDIT UNITS
3	-	-	2	4

Course Objectives:

- To understand self and self-development
- To understand attitudes and its relevance with personality
- To understand Emotional Competency and Power of Motivation
- To understand Diversity and Explore Cultural and Social Dynamics

Pre-requisites: ----

Course Contents/Syllabus:

	Weightage (%)
Module I: Understanding Self for Effectiveness	10%
Descriptors/Topics <ul style="list-style-type: none">• Understanding of Self• Components of Self – Self-concept, Self-identity, Self image• TEA Model of Self• Real Self, Role Self, Ideal Self• Techniques of Self Awareness – Johari Window and SWOT Analysis of Self• Introspection for Self• Knowing thinking pattern	
Module II: Personality and Attitude	

Descriptors/Topics <ul style="list-style-type: none"> • Understanding Personality • Role of Nature and Nurture in Personality Development • Big 5 factor • Meaning and nature of attitude • Components and Formation of attitude • Importance and relevance of attitude • Attitudinal Change • Prejudice, Discrimination, Stereotype 	15%
Module III: Motivation and Emotional Intelligence	15%
Descriptors/Topics <ul style="list-style-type: none"> • Understanding Emotions • Types of Emotions • Function of Emotions • Positive emotions and Personal development • Creating healthy organizational climate • Emotional Intelligence – Meaning, components, Importance and Relevance • Managing Emotions • Motivation: Meaning, Types of Motivation, Components of Motivation • Source of Motivation 	
Module IV: Social Dynamics	15%
Descriptors/Topics <ul style="list-style-type: none"> • Nature of Socialization • Types of Socialization • Agents of Socialization • Contributions Socialization to Society and Nation • Social Inhibition and Social facilitation • Social issues in Community • Healthy management of Social Issues: • Social and Psychological Stigma • Strategies to overcome Social Stigma • Behavioural Problems • Rumors; Social Media, Electronic Media • 	
Module V: Individual, Society and Nation	

Descriptors/Topics <ul style="list-style-type: none"> • Tolerance • Harmony • Pro-Social Behaviour • Social Change • Sense of pride and standings up for one's right • Integrity and accountability • Fundamental duties for a good Citizen • Individual Differences • Understanding Diversity • Barriers and Challenges in Managing Diversity • Managing Diversity in Organisation • 	<p style="text-align: center;">15%</p>
Module VI: Organizational Justice	<p style="text-align: center;">15%</p>
Descriptors/Topics <ul style="list-style-type: none"> ▪ Types of Judgment (Factual Aesthetic, Moral) ▪ Meaning, Types of Organizational Justice, ▪ Implications of Organizational Justice ▪ Consequences of Organizational injustice ▪ Examples with the help of Case Studies ▪ Demonstration of Organizational Justice through role play, 	
Module VII: Self Reliance & Employability skills	<p style="text-align: center;">15%</p>
Descriptors/Topics <ul style="list-style-type: none"> • Interest, Aptitude & Attitude • Action planning, Networking, Negotiation • Political awareness, Coping with uncertainty, • Dimension of Personal effectiveness • Work life Integration • Time Management • Impression Management • Managing difficult people • Criticism • Handling Criticism 	

Course Learning Outcomes:

Students will be able to:

- Understand the potential within oneself
- Develop and adopt positive attitude
- Analyse positive emotion and Motivation
- Evaluate the role of social competence

Pedagogy for Course Delivery: Lectures, PPT Presentation, Activities, Psychometric testing, Group Discussion, Role Plays, Situational Analysis, Project etc.

List of Professional Skill Development Activities (PSDA):

PSAD 1: The students will project the skills acquired while steering through the course content in the form of learning journal.

PSDA 2: The students will be given real life situation for analysis and developing solutions. They will be evaluated on creativity and applicability of the solution

PSDA 3: Network with corporate employee / carry out industry research survey to identify and understand the translation of behavioral skills in daily work practices.

Assessment/ Examination Scheme:

Theory L/T (%)	Lab/Practical/Studio (%)	End Term Examination
50%		50%

Theory Assessment (L&T):

		Continuous Assessment/Internal Assessment	End Term Examination
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Components (Drop down)	Class Test	Social Awareness Program	Learning Articulation Portfolio (LAP)	Quiz	Interdisciplinary Project	Attendance	
Linkage of Internal Assessment component with PSDA, if any	NA	PSDA 2	PSDA 1	NA	PSDA 3	NA	
Weightage (%)	10%	5%	10%	10%	10%	5%	50%

Lab/ Practical/ Studio Assessment: NA

Mapping Continuous Evaluation with CLOs

Blooms Level >	Understanding	Applying	Analysing	Evaluating
Course Level Outcomes	CLO1	CLO2	CLO3	CLO4
Assessment type				
Assessment Component 1			✓	
Assessment Component 2		✓		✓
Assessment Component 3	✓	✓	✓	✓
Assessment Component 4			✓	
Assessment Component 5	✓	✓	✓	✓

Text & References:

- Organizational Behaviour, Davis, K.
- Hoover, Judhith D. Effective Small Group and Team Communication, 2002, Harcourt College Publishers
- Dick, Mc Cann & Margerison, Charles: Team Management, 1992 Edition, viva books
- Bates, A. P. and Julian, J.: Sociology - Understanding Social Behaviour
- Dressler, David and Cans, Donald: The Study of Human Interaction

- Lapiere, Richard. T – Social Change
- Lindzey, G. and Borgatta, E: Sociometric Measurement in the Handbook of Social Psychology, Addison – Welsley, US.
- Rose, G.: Oxford Textbook of Public Health, Vol.4, 1985.
- LaFasto and Larson: When Teams Work Best, 2001, Response Books (Sage), New Delhi
- J William Pfeiffer (ed.) Theories and Models in Applied Behavioural Science, Vol 2, Group (1996); Pfeiffer & Company
- Smither Robert D.; The Psychology of Work and Human Performance, 1994, Harper Collins College Publishers