

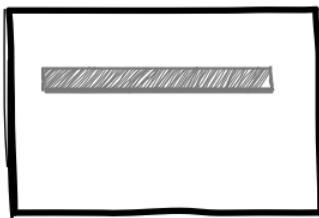
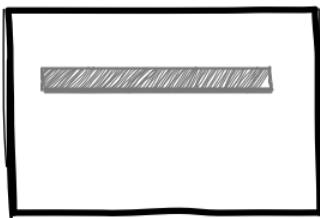
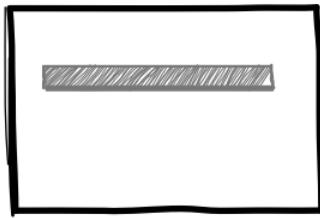
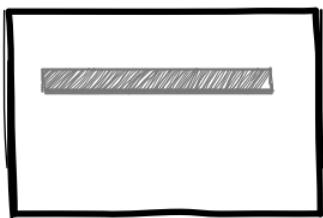
<

Create plan



< Exercises

Exercises



Tutorial

Book class

Breathify



loading...

Breathify setup - Accessibility

Language

Select your flag to change language:



English



DE



IT



• • •

Continue

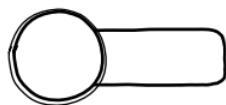
< Breathify setup - Accessibility



Voice assistant

Switch on to talk to me

Voice command

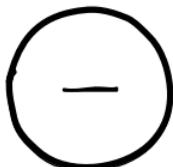


Continue

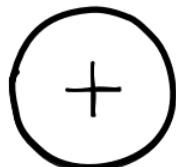


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the smallest size to test
readability



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Coloring

Choose your preferred color mode

Light mode

Dark mode

System default

Continue

< Breathify setup User Profile

User account

Sign up with Google

or

Sign up with email

Already have an account?

Login

< Breathify setup User Profile

Your name

Brad

Continue

Goals

Checkbox

Checkbox

Checkbox

Checkbox

Checkbox

Continue

Frequency

When?

- Mornings Daytime Evenings

- daily
- weekly times
- weekdays
- weekends

Continue

< Breathify setup - Your plan

Breathometer

measure your breathing rhythm to
optimize the exercise pacing



Inhale

Press SPACE while you inhale

Release while exhaling

Keep repeating



SPACE

Skip

< Breathify setup - Your plan



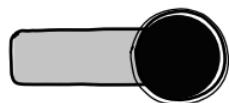
Breathometer

WELLDONE

Your current breathing rate is
XX-XX-XX

Use it to preset my breathing exercises for
accurate personal pace.

Default



Continue

< Breathify setup Finished!

Congratulations

You're ready and earned a free
20min consulting to get you started
with professional guidance.

Book consultation

or

Start exercising

Close

< Exercises

Exercises

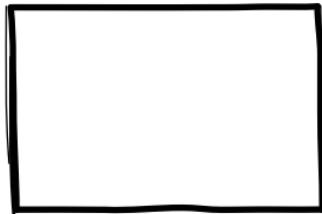
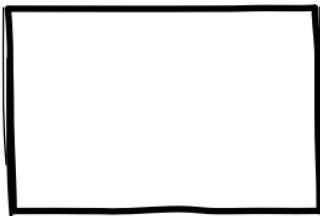
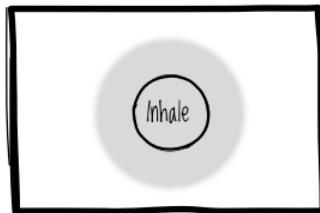
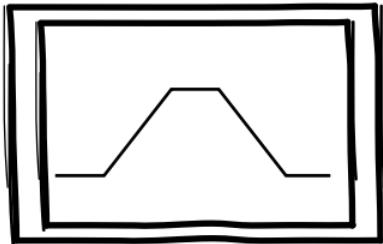
Beginners



Start your first learner exercise
to unlock your plan

Box breathing

Tutorial

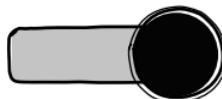


5-2-5 rhythm

5 cycles

2min ↕

Personal breathing pace



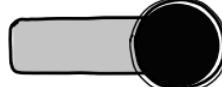
♪ Trumpet



♫ Voice guide



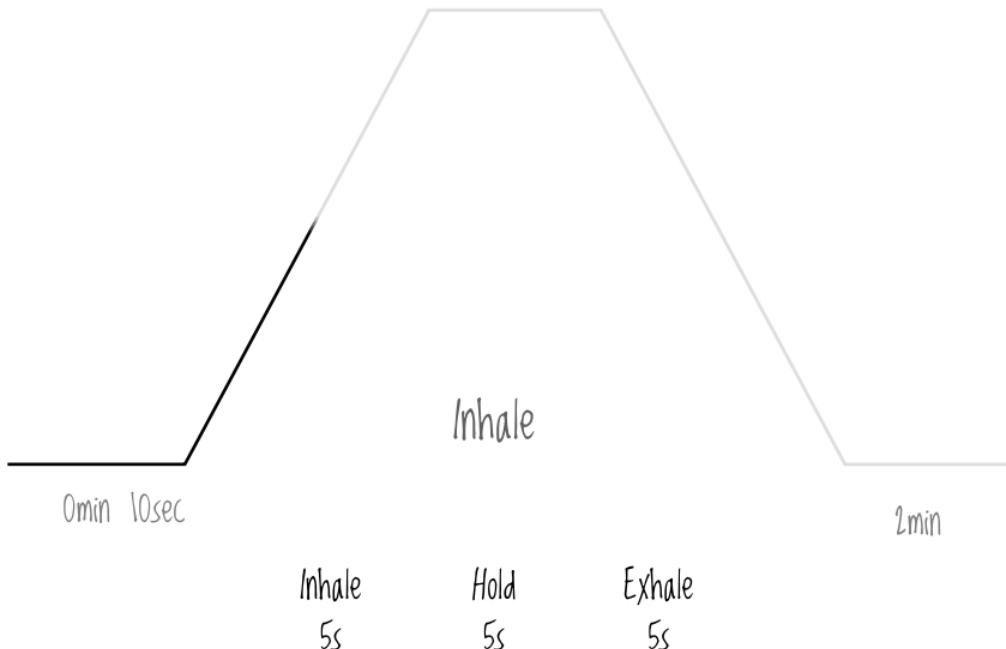
|| Vibration guide



Start

< Box breathing

Tutorial



< Exercise

Done!

You completed the beginners trial exercise. Still not confident or want to know more?

Book consultation

or

Ready to roll?

Set up plan

Close

< Consultation

Coaching call

How can we help you?

free

20min

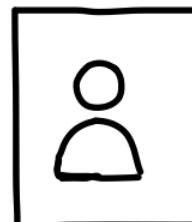
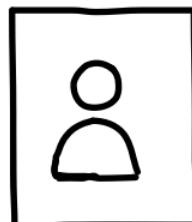
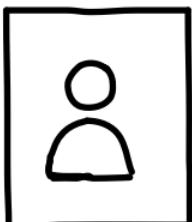
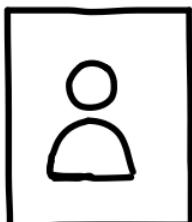
First-time consulting

Optimize your plan
your perfect routine

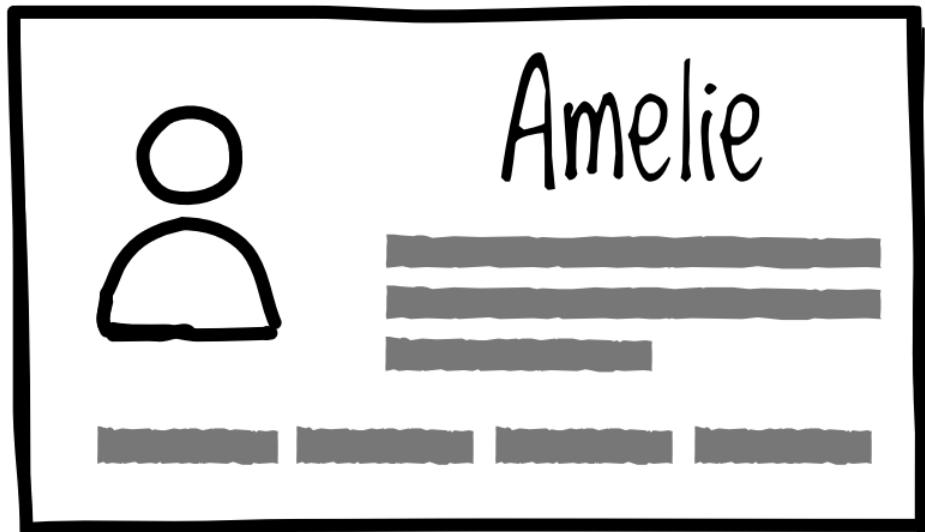
35min

more

Choose your coach

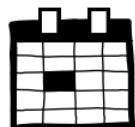
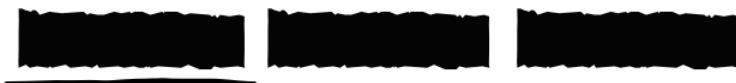


< Consultation - Coach



First time consulting

Date



9:30

11:30

Book now

< Consultation - Booking confirmation

Confirmed

First time consulting



with Amelie

Date

Time

Open calendar

Close





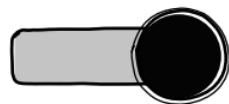
< Breathify setup - Accessibility



Voice assistant

Switch on to talk to me

Voice command



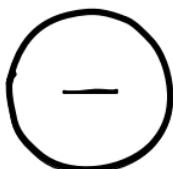
You can now speak with me

Continue

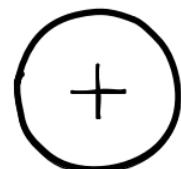


Better Reading

To enlarge text click on the plus
until it looks good



This is a sample text
with the smallest size



to test readability

Continue

X

Warning



Don't show again

Understood

Book consultation

< Calendar

Calendar



