

Style Guide



Breathify

Relaxed
Mental Clarity
Energy Boost
Better Sleep
Respiratory health
Focus
Emotional balance
Self-aware
Well-being

Off-white Logo
on dark background

Breathify

Off-black Logo
on light background

Breathify

Colored Logo
on neutral background

Breathify

Roboto Regular 36
used for titles

Roboto Regular 24
used for standard headings

Roboto Regular 22
used for card titles

Roboto Regular 20
used for sub headings

ROBOTO MEDIUM 16
USED FOR BUTTON LABELS

Roboto Medium 14
used for labels

Roboto Medium 11
used for secondary labels

Roboto Medium 14
used for paragraph headings

Roboto Regular 14
used for paragraphs

Roboto Regular 16
used for body text

Roboto Regular 12
used for secondary body text

Roboto Regular 14
used for body text

Roboto Regular 12
used for body text

TYPOGRAPHY

background

surface

text on surface

text on background

primary

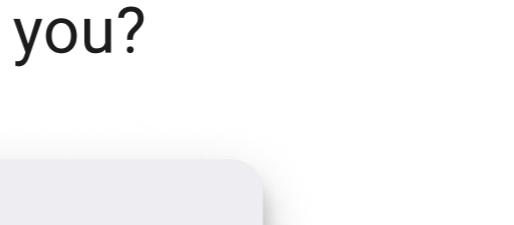
secondary

ALIGNMENT

Deactivated



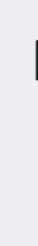
Default state



Buttons



Active, Pressed



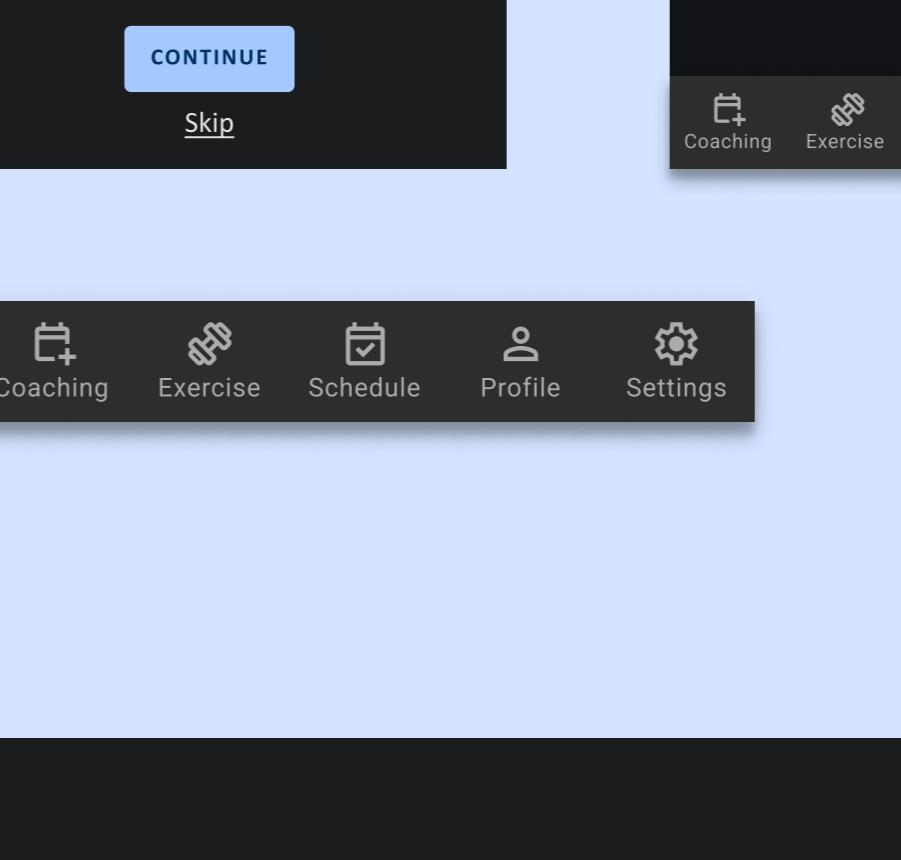
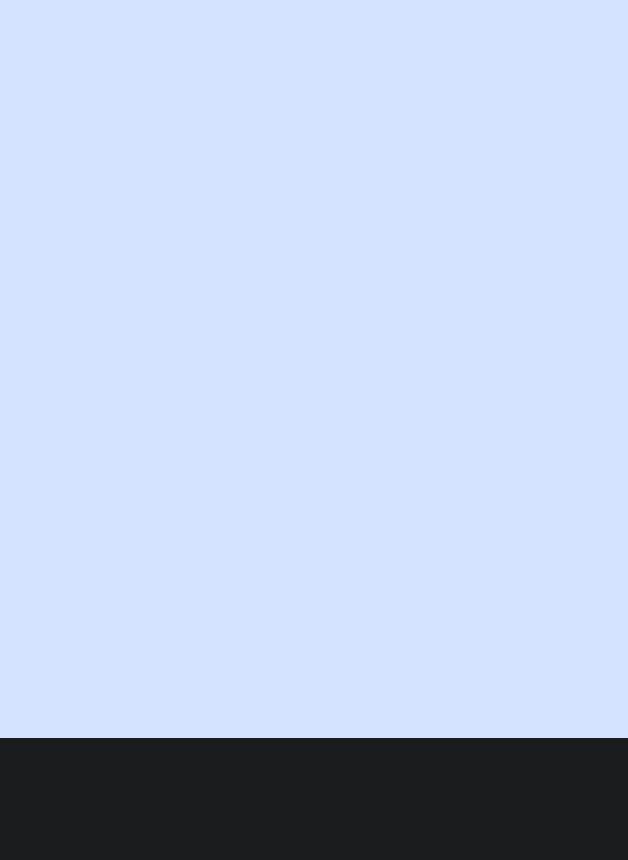
IMAGERY

Minimalistic, focus on calming, non-distractive content
Use images for consulting and classes only

ICONOGRAPHY

STATES

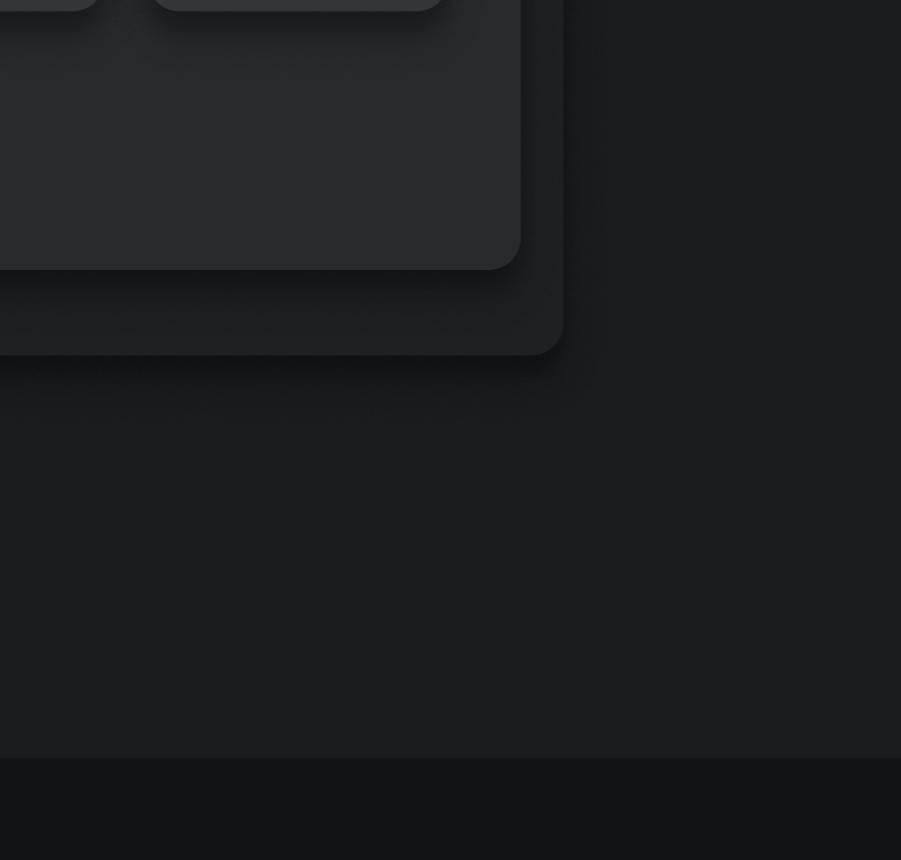
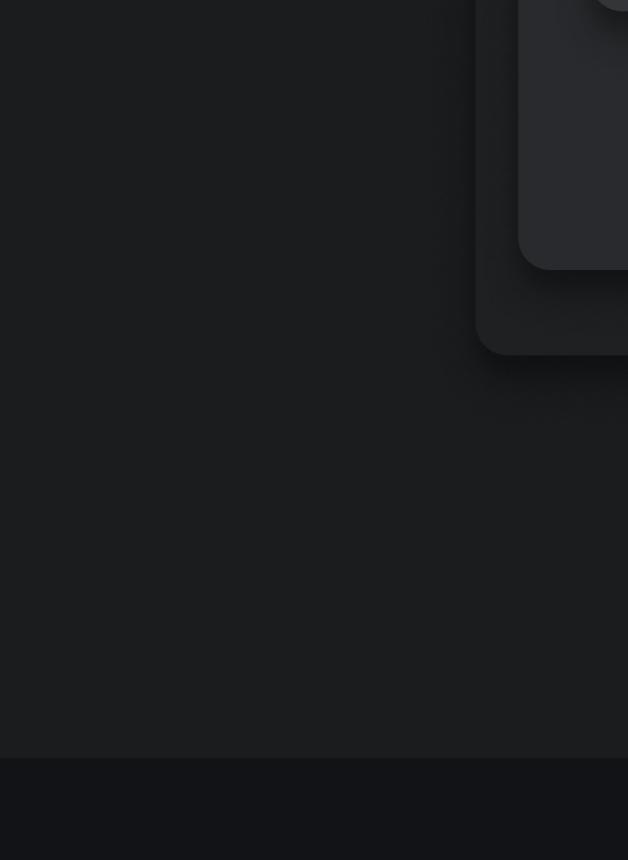
IMAGERY



ICONOGRAPHY

STATES

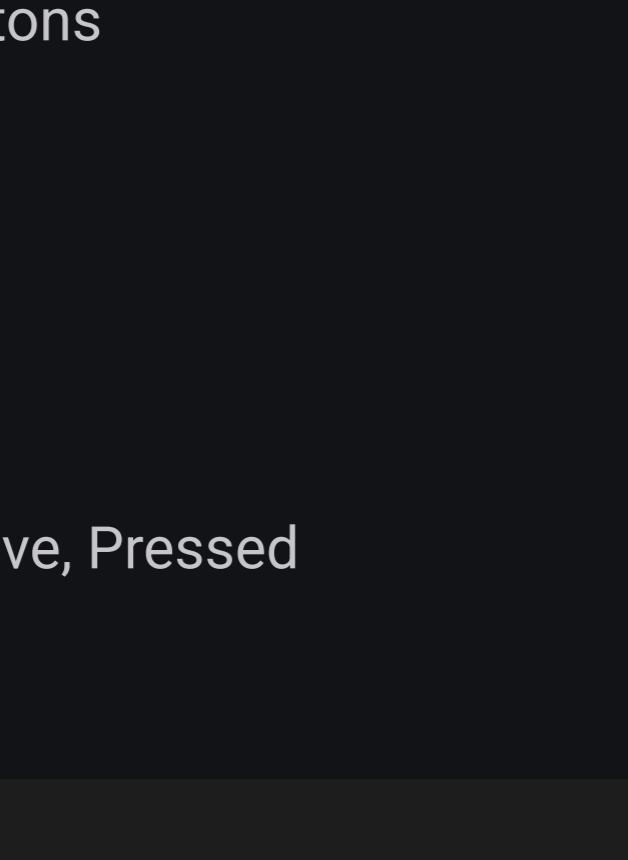
IMAGERY



ICONOGRAPHY

STATES

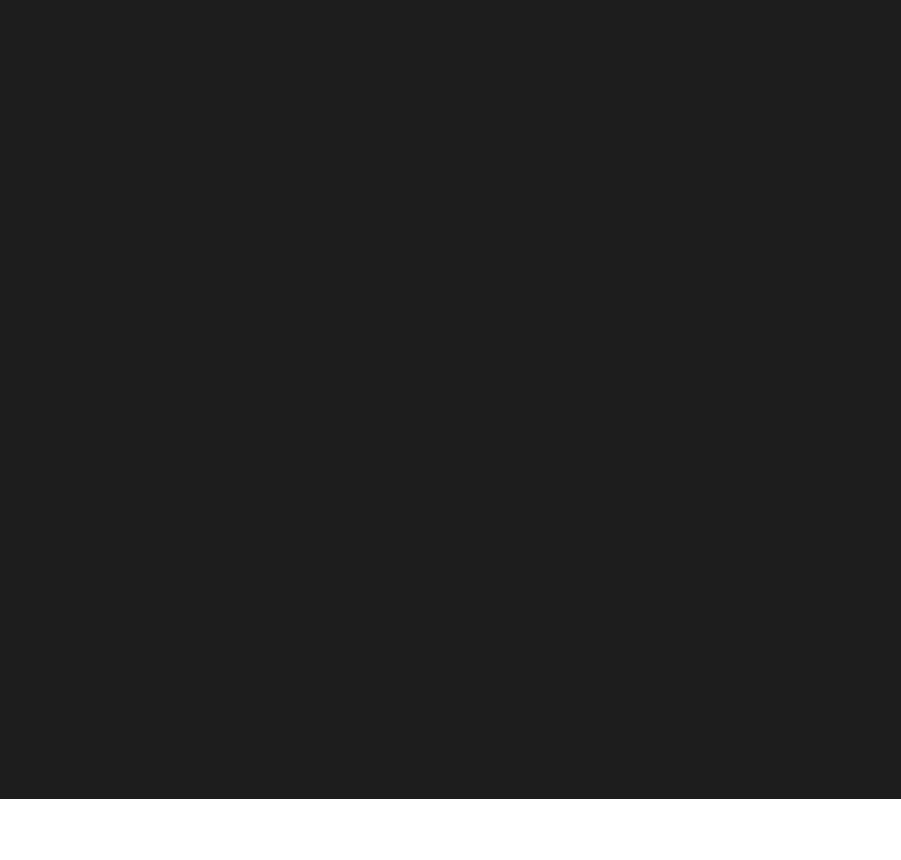
IMAGERY



ICONOGRAPHY

STATES

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