

## Program for Infant Toddler Care – Module 1

### **Module One: Social-Emotional Growth and Socialization**

#### **Day 1**

##### **Temperament Traits**

15 Minutes	Introduction to PITC Classes Video: <i>In Our Hands</i>
15 Minutes	Housekeeping details and Icebreaker <ul style="list-style-type: none"><li>• Treasure Hunt</li></ul>
10 Minutes	Outlook on Temperament <ul style="list-style-type: none"><li>• Have participants close eyes and think about temperament</li><li>• Chart negative and positive responses</li></ul>
15 Minutes	PowerPoint <ul style="list-style-type: none"><li>• Early Research</li><li>• Key Concepts</li><li>• Nine Temperament Traits</li></ul>
15 Minutes	Video: <i>Fearful, Flexible, and Feisty</i> <ul style="list-style-type: none"><li>• Nine Traits Section</li></ul>
10 Minutes	PowerPoint <ul style="list-style-type: none"><li>• Definition of Temperament</li><li>• Individual Differences</li><li>• Research on cause and differences</li></ul>
20 Minutes	Temperament Assessment Scale <ul style="list-style-type: none"><li>• Chart self and someone you have a difficult time getting along with</li><li>• Discuss implications for infants and toddlers in group care</li></ul>
15 Minutes	Video: <i>Flexible, Fearful, and Feisty</i> <ul style="list-style-type: none"><li>• Three temperamental styles and implications</li></ul> Temperament Scenarios <ul style="list-style-type: none"><li>• Look at teacher and children's temperament assessments</li></ul>
5 Minutes	Review

#### **15 Minutes BREAK**

##### **Social-Emotional Milestone, Responsive Caregiving, Continuity of Care, Individualized Care, and Small Groups**

5 Minutes	Overview of Social and Emotional Milestones
10 Minutes	Visualizations <ul style="list-style-type: none"><li>• Participants close eyes, visualize newborn</li><li>• Characteristics, feelings, thoughts, and emotions</li><li>• Healthy Child at Three and Four Years Old</li></ul>

15 Minutes	PowerPoint/Discussion <ul style="list-style-type: none"> <li>• Goals for healthy emotional development</li> <li>• Responsive caregiver</li> <li>• Challenges we face today</li> <li>• Culture in social/emotional development</li> </ul>
15 Minutes	Ages of Infancy <ul style="list-style-type: none"> <li>• Young</li> <li>• Mobile</li> <li>• Older</li> </ul>
20 Minutes	Small group activity <ul style="list-style-type: none"> <li>• How would you support and nurture children in each stage of development?</li> <li>• Make-It, Take-It</li> </ul>
30 Minutes	Video: <i>Getting in Tune</i> <ul style="list-style-type: none"> <li>• Getting in Tune worksheet to accompany video</li> </ul>
15 Minutes	Reflection Activity <ul style="list-style-type: none"> <li>• Handout #19: Baby's Emotional Milestones</li> <li>• Handout #2: Resentments, Regrets, and Gifts</li> <li>• Handout #11: The Responsive Process</li> </ul>
5 Minutes	Activity <ul style="list-style-type: none"> <li>• The Hand Dance</li> </ul>
5 Minutes	Review
<b>30 Minutes</b>	<b>LUNCH</b>
	<b><u>Understanding Children's Behavior</u></b>
10 Minutes	Define social emotional behavior <ul style="list-style-type: none"> <li>• Chart responses</li> </ul>
10 Minutes	PowerPoint/Discussion <ul style="list-style-type: none"> <li>• Understanding social/emotional development</li> <li>• Indicators of healthy development</li> </ul>
45 Minutes	Discussion <ul style="list-style-type: none"> <li>• Handout: Chart for possible causes of behavior</li> <li>• Examples</li> <li>• Video: <i>Nova: Life's First Feelings</i></li> </ul>
15 Minutes	Activity <ul style="list-style-type: none"> <li>• Supporting Individual Needs</li> <li>• Groups brainstorm unmet needs</li> </ul>
15 Minutes	Activity <ul style="list-style-type: none"> <li>• Brainstorm individual children</li> <li>• Use handout to find possible solutions to behavior issues</li> </ul>
15 Minutes	Scenarios <ul style="list-style-type: none"> <li>• Small groups work</li> <li>• Brainstorm scenarios</li> </ul>
10 Minutes	Review

15 Minutes

**BREAK**

**Guidance and Discipline with Infants and Toddlers in Group Care**

10 Minutes

Overview of Nurturing Relationships

10 Minutes

The Magic Years

- Read and discuss with neighbor

30 Minutes

PowerPoint/Discussion

- Defining terms: socialization and guidance
- Chart expectations caregivers have for preschool children in regards to social/emotional development, guidance, and self-control

20 Minutes

“Hot Spots” walk-about and discussion

10 Minutes

Discussion

- Factors that create discipline problems
- Preventing behavior issues

20 Minutes

Activity

- 10 Caregiving Gifts

10 Minutes

Activity

- Create bumper sticker that demonstrates your thoughts on what children need

10 Minutes

Wrap-up and evaluations

**Videos that can be used with this module:**

PITC:

*In Our Hands*

*First Moves: Welcoming a New Child to a New Caregiver Situation*

*Getting in Tune: Creating Nurturing Relationships with Infants and Toddlers*

*Flexible, Fearful, Feisty: The Different Temperaments of Infants and Toddlers*

Supplemental:

*Nova: Life's First Feelings*