HOPP

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Track:

We decided to work with the Mental Health Track to help people struggling with Mental Health. We want to provide a platform to elevate their mood and potentially make a difference in their lives.

Agenda

1. Key Features
2. Major Risks
3. Solutions Explored
4. Feasibility
5. Target Audience
6. Conclusion

Key Features

▶ Website focused on mental health.

▶ Provides space for individuals to:

  ▶ Express gratitude through guided journal writing

  ▶ Assess moods.

  ▶ Find events happening around them.

Major Risks:

- ► Will ask for permissions before collecting personal information specially in journals

- ► Will take all necessary steps to maintain confidentiality.

Solutions Explored:

- More Niche website targeting specific mental illnessess

- Integration of medical support in the form of Therapists.

- Mental Welbeing Gamification

Our Solution

We Created a Website which:

- ▶ Website to connect individuals struggling with mental health
- ▶ Easy to use interface
- ▶ Mood tracking feature
- ▶ Community support and encouragement

Feasibility and Scalability

- The website can be easily scaled up or down to meet user demand.

- New features can be added as needed to keep up with changing user needs.
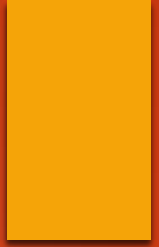
Target Audience

- Lonely
- Going through a hard time
- Looking to improve their wellbeing