

Sep 12, 2024



September 12, 2024, 'A World First Aid Day' programme was conducted by Youth Red Cross Club held at A K D Dharma Raja Women's College, Rajapalayam. The chief guest, Dr. B. Ananda Krishnan gave a speech on lifestyle disease and how to prevent the disease by following good food habits, regular exercises and avoiding preserved foods. Another chief guest, Dr. Bindhya provided the details on CPR First Aid for cardiac arrest and demonstrated the CPR method practically. Mrs. K. Vijayalakshmi, Department of Maths and co-ordinator of Red Cross Society, delivered the welcome address. Dr. S. Jamuna, Principal delivered the presidential address. Ms. S. Manjula, student of Computer Science department proposed a vote of thanks.