

"Discover Yourself"-Unveiling the Power of Bhagavad Gita.

Dec 4,2024



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On December 4, 2024, A.K.D.Dharma Raja Women's College, Rajapalayam, organised a spiritual and motivation programme for all students. The programme aims to raise awareness among students about spiritual well-being.

The chief guest, Mr. Vamisdhari Dasa, IT Engineer and M.A. in Sanskrit, delivered a spiritual speech on the topic "Discover Yourself". He emphasised three essential aspects of life: soul, happiness, and satisfying the soul . He shared with the students that the ultimate purpose in life is happiness. He suggested that students should read the Bhagavad Gita to discover more about human nature and the soul.