

# 'World suicide prevention day'

Sep11,2024



'World suicide prevention day', awareness programme was held at A K D Dharma Raja Women's College, Rajapalayam which was conducted by Youth Red Cross Club on September11, 2024. Mrs. K.Vijayalakshmi, Department of Maths and co-ordinator of Red Cross Society, delivered the welcome address. The Principal, Dr. S. Jamuna honored the chiefguest and talked about the awareness about suicide and advised thestudents, how we should face the problem and to be strong. The educational consultant, Mr. G. Sakaranarayanan joined the programme. The chief guest, Ms. Radhika highlighted the Atmaprasara team as smooth journey into ourselves and insights the irvolunteer works. The chief guest, Ms. Shyamala talked about the data of suicide in every year, why they committed and attempted suicide. She advised to help others who is in depression and overcome their stress by telling them "Are you okay?" and "I'm here for you", and they shared the counseling helpline number 181. The chief guest, Mr. Santosh, Wild life photographer, volunteer member of Atmaprasara, talked about two aspects how to lead a successful life and overcome the failure. The chief guest, Ms. Anandhi encouraged the students to be strong and face the problem. Students of our college shared their views and feedback. Ms. S. Manjula, the student of Computer Science department proposed vote of thanks.