

MEDICAL TEST REPORT

Patient Name: Meera Joshi

Gender: Female

Date: 2025-06-18

Test Type: Cardiac Risk Profile

Total Cholesterol: 250 mg/dL (High)

LDL: 180 mg/dL (High)

HDL: 35 mg/dL (Low)

Triglycerides: 250 mg/dL

BP: 150/95 mmHg

Impression:

Patient is at high risk of cardiovascular disease. BP and lipid levels are elevated. Strongly recommend lifestyle changes and begin antihypertensive medication.

Doctor's Prescription:

1. Amlodipine 5mg once daily.
2. Atorvastatin 10mg at night.
3. Salt-restricted diet and daily 30 min walk.
4. Cardiology review advised.