

MEDICAL TEST REPORT

Patient Name: Rajesh Kumar

Gender: Male

Date: 2025-06-15

Test Type: Comprehensive Metabolic Panel

Fasting Blood Sugar: 145 mg/dL

Cholesterol: 220 mg/dL

HDL: 42 mg/dL

LDL: 160 mg/dL

Triglycerides: 210 mg/dL

Creatinine: 1.3 mg/dL

Blood Urea: 34 mg/dL

Impression:

Patient shows signs of borderline diabetes and elevated cholesterol. Recommend starting on a low-carb diet, daily exercise, and reviewing with endocrinologist in 1 month.

Doctor's Prescription:

1. Metformin 500mg once daily after breakfast.
2. Lifestyle modifications.
3. Follow-up lipid profile in 3 months.