

Comprehensive Prescription Summary

Medications:

1. **Diabetes:**
 - Metformin 1000 mg twice daily.
 - Insulin Glargine (Basal) 10 units at bedtime; adjust per SMBG.
 - Glimepiride 2 mg once daily before breakfast.
2. **Neuropathy:**
 - Gabapentin 300 mg once daily (for peripheral neuropathy).
3. **Cardiovascular:**
 - Atenolol 50 mg once daily (for hypertension).
 - Aspirin 81 mg daily (for cardiovascular risk prevention).
4. **Lipid Control:**
 - Atorvastatin 20 mg once daily at bedtime.
5. **Ophthalmic Health:**
 - Artificial Tears PRN (as needed).

Lifestyle Recommendations:

- Engage in light to moderate physical activity (e.g., walking for 30 minutes daily).
- Follow a diabetes-friendly, low-sodium, and heart-healthy diet.
- Perform daily foot inspections and keep feet moisturized.
- Maintain regular eye examinations and follow up as scheduled.