

Medication Schedule

Patient Name: John Doe

Time	Medication/Supplement	Dose	Notes
Morning	Amlodipine 5 mg	1 tablet	With water
Morning	Losartan 50 mg	1 tablet	After breakfast
After Lunch	Vitamin D3 1000 IU	1 capsule	With a meal
Evening	Naproxen 250 mg (as needed)	1 tablet	Take if knee pain is significant
Evening	Glucosamine Sulfate 1500 mg	1 tablet	With a glass of water