

**Patient Name:** John Doe  
**Date of Birth:** 15th June 1985

**Date:** 5th November 2024

**Doctor:** Dr. Sarah Thompson

**Follow-Up:**

John attended a follow-up appointment to review blood pressure and knee pain management. Blood pressure has improved to 135/85 mmHg. The patient reports mild improvement in joint pain but occasional discomfort during physical activity.

**Recommendations:**

1. Continue current hypertension and joint pain medications.
2. Physical therapy referral initiated.
3. Follow up in 3 months for reassessment.