

Re: Mr. James Anderson
Date of Birth: 15 June 1985
NHS Number: 1234567890

Dear Dr. Thompson,

Re: New Onset Cold and Fever

I am writing to inform you of Mr. James Anderson's recent visit to the clinic on 14 November 2024, where he presented with symptoms consistent with cold..

Clinical Presentation:

Mr. Anderson reports experiencing a low-grade fever (approximately 38°C) over the past three days, along with symptoms of nasal congestion, sore throat, and a productive cough. He has also noted generalized fatigue and mild body aches. He denies any shortness of breath or chest pain and has no prior history of respiratory issues.

Examination Findings:

On physical examination, Mr. Anderson appeared mildly unwell. His temperature was 37.9°C, and he had mildly erythematous oropharynx with posterior pharyngeal discharge. Chest examination revealed clear breath sounds with no adventitious sounds, and cardiovascular examination was unremarkable. His oxygen saturation was 98% on room air.

Impression:

Mr. Anderson's symptoms and examination findings are consistent with an upper respiratory tract infection, likely viral in origin.

Plan:

1. Symptomatic Management: Mr. Anderson has been advised to take paracetamol as needed for fever and body aches, maintain hydration, and rest.
2. Follow-up: He has been advised to monitor his symptoms, and a follow-up appointment has been scheduled for one week. If symptoms worsen or he develops new symptoms (such as difficulty breathing or chest pain), he has been advised to seek urgent medical attention.

Yours sincerely,

Dr. Emily Carter
General Practitioner