Lucas de Souza Veras

Curriculum Vitae

R Dr Plácido da Costa, 91 4200-450, Porto, Portugal +351 918 119 324 lucasdsveras@gmail.com

Education

2019-Present PhD in Physical Activity and Health, Faculty of Sports, University of Porto

2017-2019 Master's Degree in Physical Activity and Health, Faculty of Sports, University of Porto

2012-2015 Bachelor's Degree in Physical Education, Faculty Estácio of Alagoas

Publications

Peer-reviewed articles _

1. Accelerometer-based prediction of skeletal mechanical loading during walking in normal weight to severely obese subjects.

Veras L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.

Osteoporosis International, 2020, doi: 10.1007/s00198-020-05295-2.

2. Accelerometry calibration in people with class II-III obesity: Energy expenditure prediction and physical activity intensity identification.

Diniz-Sousa F, **Veras** L, Ribeiro JC, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.

Gait and Posture, 2020, doi: 10.1016/j.gaitpost.2019.11.008.

Conference proceedings _____

1. Accelerometer calibration: The importance of individual resting metabolic rate measurement to correctly identify moderate-to-vigorous physical activity intensity.

Veras L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.

In: 23rd Portuguese Congress of Obesity – Braga, Portugal (2019)

2. Moderate-to-vigorous physical activity intensity cut-point for walking steps in patients with class II-III obesity.

Veras L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.

In: 23rd Portuguese Congress of Obesity – Braga, Portugal (2019)

3. Is the correct accelerometer placement at the waist such a big deal?

Veras L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.

In: 23rd Portuguese Congress of Obesity – Braga, Portugal (2019)

- 4. The effect of ActiGraph filtering on raw acceleration metrics and its influence on energy expenditure prediction accuracy.
 - **Veras** L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.
 - In: 23rd Portuguese Congress of Obesity Braga, Portugal (2019)
- 5. evelopment of walking energy expenditure prediction models for patients with severe obesity based on raw acceleration and its comparison with those developed for non-obese subjects.
 - Veras L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.
 - In: 23rd Portuguese Congress of Obesity Braga, Portugal (2019)
- 6. Effectiveness of an exercise intervention program on the prevention of bone mineral density loss 1-year after bariatric surgery: BaSEIB clinical trial.
 - Diniz-Sousa F, Boppre G, Vilares A, **Veras** L, Seixas E, Pereira F, Granja T, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H.
 - In: 23rd Portuguese Congress of Obesity Braga, Portugal (2019)
- 7. Exercise training effectiveness on the improvement of clinical cardiometabolic risk factors after Roux-en-Y Gastric Bypass: A systematic review and meta-analysis.
 - Boppre G, Diniz-Sousa F, Veras L, Oliveira J, Fonseca H.
 - In: 23rd Portuguese Congress of Obesity Braga, Portugal (2019)
- 8. Estimation of ground reaction forces during walking in adult patients with class II-III obesity based on accelerometer data.
 - **Veras** L, Diniz-Sousa F, Boppre G, Devezas V, Santos-Sousa H, Preto J, Machado L, Vilas-Boas JP, Oliveira J, Fonseca H. In: 22nd Portuguese Congress of Obesity Lisboa, Portugal (2018)

Thesis.

1. Master's Thesis

Calibration and validation of accelerometers: Establishing new equations for energy expenditure and ground reaction force prediction.

Awards

2019 Best communication in Physical Activity, 23rd Portuguese Congress of Obesity:

Effectiveness of an exercise intervention program on the prevention of bone mineral density loss 1-year after bariatric surgery: BaSEIB clinical trial.

Diniz-Sousa F, Boppre G, Vilares A, **Veras L**, Seixas E, Pereira F, Granja T, Devezas V, Santos-Sousa H, Preto J, Machado L, Vias-Boas JP, Oliveira J, Fonseca H.

Software

Experience: R, Python, Matlab, Git, LATEX