# THE SHOCKING TRUTH SUDDEN CARDIAC ARREST

Every

**SKIN CANCER** 

16th Biggest Killer (2011)

**BREAST CANCER** 

12th Biggest Killer (2011)

DIABETES

6th Biggest Killer (2011)

DIE FROM SUDDEN CARDIAC ARREST. AUSSIE "TOP THREATS" AREN'T EVEN CLOSE

**AMERICA** IN THE YEAR

Clinton legislated compulsory access to defibrillation in all federal buildings...

## **MEANWHILE IN AUSTRALIA**

# SCA SURVIVAL DROPS BY 10% EVERY MINUTE

100

MINUTES BEFORE DEFIBRILLATION

11.13 10

#### **AMBULANCE RESPONSE** ON AVERAGE IS 11 MINUTES

By that time, emergency defibrillation will be too late and in all probability the SCA victim will die.

0% SURVIVAL CHANCE



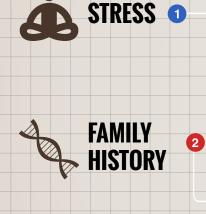
**TIME:** TO GET A HEART BEATING AGAIN

RISK: IRREVERSIBLE BRAIN DAMAGE



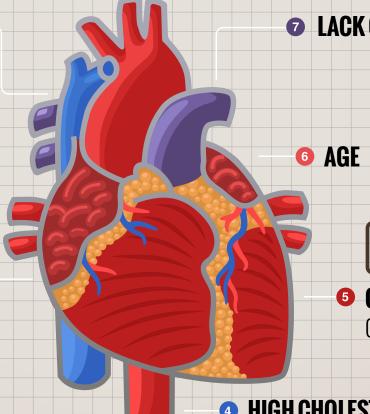
**SURVIVAL RATE** WITHOUT AN AUTOMATIC **EXTERNAL DEFIBRILATOR** 

### **INCREASING YOUR RISK OF HEART ATTACK**





PASSIVE AND ACTIVE



LACK OF EXCERCISE









## GET A SECOND CHANCE AT LIFE

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