



National Provider No. 31961

AustraliaWide **First Aid** | Queensland **First Aid**



HLTFA311A Apply First Aid

includes HLTCP211A Perform CPR
and HLTFA211A Provide Basic Emergency Life Support

Current for three (3) years
with CPR Component updated annually.

- 7 hour course
- First Aid manual
- Same day certificate
- No homework
- No prerequisite

This unit of competency describes the skills and knowledge required to provide First Aid response, life support, management of casualty(s) the incident and other first aiders until the arrival of medical or other assistance. This course was previously known as Senior First Aid, Workplace Level 2 or Level 2 qualification. This is the advised minimum requirement by Workplace Health & Safety Legislation for the workplace First Aider.

Working knowledge of:

- Basic principles and concepts underlying the practice of first aid
- Procedures for dealing with major and minor injury and illness
- Priorities of management in first aid when dealing with life threatening conditions
- Basic workplace health and safety requirements in the provision of first aid
- Infection control principles and procedures, including use of standard precautions
- Chain of survival
- First Aiders' skills and limitations
- Understanding of the use of an Automated External Defibrillator (AED), including when to use it and when not to

Social/legal issues:

- Duty of care
- Need to be culturally aware
- Importance of debriefing
- Confidentiality
- Own skills and limitations

Guidelines for provision of first aid as outlined in Australian Resuscitation Council (ARC) guidelines Australian national peak clinical bodies and State / Territory legislation and regulations.

First Aid management of:

- Abdominal injuries
- Allergic reactions
- Altered or loss of consciousness
- Bleeding
- Asthma
- Anaphylaxis
- Burns-thermal, chemical, friction, electrical
- Cardiac arrest
- Casualty with signs of no life
- Chest pain
- Drowning/choking/airway obstruction
- Injuries: cold and crush injuries; eye and ear injuries; head, neck and spinal injuries; minor skin injuries; needle stick injuries; soft tissue injuries including sprains, strains, dislocations and fractures
- Envenomation snake, spider, insect, marine bites and stings
- Environmental impact such as hypothermia, hyperthermia, dehydration, heat stroke
- Medical conditions, including cardiac conditions, epilepsy, diabetes, asthma and other respiratory conditions
- Poisoning and toxic substances (including chemical contamination)
- Respiratory distress
- Seizures
- Shock
- Stroke
- Substance misuse - common drugs and alcohol, including illicit drugs
- Unconsciousness, not breathing or not breathing normally
- Understanding the causes of asphyxia due to body position

APPLY
FIRST
AID

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