

## SUMMARY AND CONCLUSIONS

Health disparities and inequality are gaps in health or health determinants between segments of the population. For example, differences in disease rates, receipt of preventive vaccinations, or risky behaviors are all examples of disparities. Health inequities are avoidable, unfair differences in health status seen within and between populations. According to the World Health Organization, the social determinants of health -- the conditions in which persons are born, grow, live, work, and age -- are mostly responsible for health inequities.

Achieving health equity, eliminating health disparities, and improving the health of all are overarching goals to improve and protect the nation's health. The future health of the nation will be determined, to a large extent, by how effectively federal, state, and local agencies and private organizations work with communities to eliminate health disparities among those populations experiencing a disproportionate burden of disease, disability, and death.

And, Heal Helping Hand which has tried to achieve all of these goals and more. It is dedicated to providing quality health information and to upholding the integrity of our editorial process. As serious as we are about credibility, we also know that at times, health information can and should be engaging, exciting, and entertaining.

Knowing the audience's needs and delivering the most appropriate experience are the goals of HHH. It is understood here that there is a difference between using a health site for health "performance" issues vs. health research needs vs. community support. The mission is to fulfill all these needs in the most appropriate ways possible. With the promise to publish even more content, communities, and services to help make lives better, to help find the way when faced with healthcare decisions, and to help everyone feel better about their health and that of their family.

Making healthcare more accessible to ALL is the dream goal. The freedom to make educated choices by obtaining full information from the site will enable the young and the old to better handle their health. HHH is dedicated to those who seek answers for their health questions. HHH is dedicated to making health care information available to those all over the world. HHH is dedicated to building communities that help promote wellness and empower those who have questions.