



Hearing Conservation Verification

**Hearing Conservation – Quiz**

1.	True	False	Hearing protection needs to fit properly no matter what type of hearing protection is being used.
2.	True	False	Inside the cochlea, sound waves bend over tiny nerve cells called hair cells.
3.	True	False	SDS Lumber requires hearing protection for noise that's 85 dBs or greater.
4.	True	False	Moderate exposure to noise over 85 dB will not cause damage over time.
5.	True	False	Hearing loss happens overnight if wearing the wrong hearing protection.
6.	True	False	Hearing loss is not permanent.
7.	True	False	Noise exposure off the job will not damage your hearing.
8.	True	False	Some areas on the plant site require double hearing protection.
9.	True	False	Here at SDS we only have one type of hearing protection.
10.	True	False	Power tools do not require hearing protection.

**Training Record for Hearing Conservation**

This is to certify that I have been trained and informed on the hazards and precautions associated with hearing conservation in my work as required in the company's written hearing conservation program.

EMPLOYEE NAME

PRINT \_\_\_\_\_ SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_ TRAINER \_\_\_\_\_

**Hearing Conservation – Answers**

1. True	
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## Hearing Conservation Verification

2. True	
3. True	
4. False	Even moderate exposure can cause damage over time.
5. False	Hearing loss can happen gradually over time.
6. False	Hearing loss is permanent and can affect the quality of your life.
7. False	Off the job noise can have a significant impact on hearing loss.
8. True	Some areas and activities on the plant site require double protection.
9. False	We have several different types of ear plugs and we also have ear muffs.
10. False	Some tools produce noise over 85 dBs.

### Hearing Conservation - LESSON PLAN

1. Hand out the pencils to be used for the quiz. Make sure that you have enough pencils for your crew.
2. Pass around the sign in sheet and ask everyone to please print and sign their names.
3. Review Hearing Conservation Training/Quiz Document.
4. Hand out quizzes.
5. Answer any questions on the subject that the crew might have. If you don't know the answer, tell them you will find the answer and get back to them. (Make sure you do what you said you would do.)
6. Collect the papers and pencils and thank the group for their dedication to safety.
7. Send sign-in sheet and quizzes to the EHS Office for recording.