

CLOSING SONG: SDAH 625
Higher Ground

I'm pressing on the upward way,
New heights I'm gaining every day;
Still praying as I'm onward bound,
"Lord, plant my feet on higher ground."

Refrain

**Lord, lift me up and let me stand,
By faith, on Heaven's table land,
A higher plane than I have found;
Lord, plant my feet on higher ground.**

My heart has no desire to stay
Where doubts arise and fears dismay;
Though some may dwell where those abound,
My prayer, my aim, is higher ground.

I want to live above the world,
Though Satan's darts at me are hurled;
For faith has caught the joyful sound,
The song of saints on higher ground.

I want to scale the utmost height
And catch a gleam of glory bright;
But still I'll pray till Heav'n I've found,
"Lord, plant my feet on higher ground."

HEALTH TIP

Add variety to your meals.

Eat a variety of foods that includes fruit, vegetables, legumes, nuts, seeds, and whole grains. Aim to eat at least 5 servings (400 grams) of fruits and vegetables every day, especially fresh, seasonal ones. If you aren't vegetarian, include fatty fish in your diet, since omega-3 fatty acids can help prevent inflammatory diseases such as heart diseases.

STEWARDSHIP NUGGET

"As we give, let us contemplate God's greatest gift to mankind—Jesus Christ. By giving us Jesus, God emptied 'His pockets.' Let us further consider Romans 8:32: 'He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?'"

Welcome & Announcements

A warm welcome to the Sabbath Service at East Kampala Seventh-day Adventist Church! If you are visiting, please register in our visitor's book.

1. Reverence in the sanctuary

Please keep order in the house of the Lord. Parents attend to young children. Respect church property. Minimize noise and movement in and out of church during worship.

2. Church Construction Updates

Our construction goal for 2024 is to complete plastering and close our church. We will achieve this by God's grace! Works on completion of the children's chapel are already in progress. Plaster works on the church will commence soon. Let us join our hands together and complete our church! You can:

- Choose an aspect to support and give generously
- Pledge and fulfil your pledge
- Choose your date to be a Mugole of the week
- Support the Bagole

If you have queries or would like to be a *mugole wa wiiki*, kindly talk to the Development committee: Mrs. Irene Seguya (0772430540) or Mr. Robert Mukasa (0772464437) or Eld. Sinabulya Denis (0782372399) or Eld. Kasozi Charles (0775416593).

You may deposit your contribution in the offertory envelopes or directly into the church Bank Account; Equity Bank, Wandegeya Branch, Account **No. 1044200980489** in the name of **SDA Church Kampala East**. God bless you all!

3. Serving Family

This Sabbath, Horeb Family will support the lunch and evening tea service at the Cafeteria. Gilead Family will serve next Sabbath.

4. Operational Expenses (OpEx)

All members are encouraged to give generously towards the Church Operating Expenses (Indicated on your envelopes). These are the funds that help in the day to day running of the church i.e. Salaries, Pastor's house rent, security, cleaning, electricity, etc. Our Monthly bill is about 4m UGX, and the expectation is to collect at least 1m UGX per Sabbath. May God Continue blessing you in all things.

5. International Women Ministries Day

The Women Ministries International day of prayer will be held on the Sabbath of 2nd March 2024. Up to 500 women from East Kampala Zone will be hosted by EKC. The Church is requested to prepare to receive the visitors and plan to contribute towards acquisition of land for the Women's Centre of Excellence at Namayina. You may start contributing through your envelopes. The Main Speaker of the day will be our own Mrs. Deborah Maweje.

6. Stewardship Week

Our Stewardship week will run from 18th -24th February 2024. And will be led by Pr. Sebaggala from Uganda Union.

7. Church Business Meeting

Our Church Business Meeting will be held on February 18, 2024. Departmental heads are reminded to prepare their 2023 reports and 2024 work plans.

8. Mid-Week Fellowship

Please join us every Wednesday and Friday for fellowship from 8:15pm–9:00pm via our church Zoom platform: **Meeting ID: 2714890869, Password: 202112**. God bless you all.

**Seventh-day
Adventist Church**



**East Kampala
Kira-Kimwanyi**



O worship the Lord in the beauty of holiness:
Fear before Him, all the earth. Psalm 96:9

February 10, 2024

Family Life



Sabbath

Theme: Christian Home and Marriage

Sermon: Throw the Rope Away

Preacher: Elder Enock Mukokoma

Key Text: Galatians 5:22,23

Special Music: Junior Youth Choir

ORDER OF SABBATH WORSHIP

SONG SERVICE **8:00 – 9:00am**

Hymns of praise to our God through music - Choristers

SABBATH SCHOOL **9:00 - 9:30am**

Reflecting on the work of the gospel around the world

THE CHURCH AT STUDY **9:30 - 10:30am**

Weekly lesson study

SONG SERVICE & PRAYER SESSION **10:30 - 10:50am**

Prayers, Hymns and praises in preparation for the divine worship.

DIVINE WORSHIP SERVICE **10:50 - 12:30pm**

God is Present: Let us Worship Him

- Introit: **“Surely the Presence of the Lord Is in This Place” (Genesis 28:16)**

- *Congregation stands as pulpit team enters*

- Call to Worship: Elder Samuel Balyejjusa

- Doxology: **“Glory be to the Father”**

- Invocation: Elder Enock Mukokoma

- Welcome and Introduction: Elder Samuel Balyejjusa

- Welcome Song: **“Family of God” (Psalms 34:3)**

- Opening Song: **SDAH 522**

- Pastoral Prayer : Emmanuel Tumusiime

Prayer song: **“Blessed be the name of the Lord” (Psalm 72:19)**

- Worship in Giving : Linda Tumusiime

- Special music : Elijah Ibanda

- **“We give Thee but Thine own” SDAH 670**

- *Congregation stands as deacons bring offerings*

- Scripture: Mwiza Imelah Tumusiime

- Special Music: Junior Youth Choir

- Sermon: Eld. Enock Mukokoma

- Closing Hymn: **SDAH 625**

- Benediction: Eld. Enock Mukokoma

- Song of Affirmation: **“Be Exalted, O God” (Psalm 57:20-11)**

- Recessional: Hymn Selected by Chorister

Please exit the sanctuary quietly and with reverence

AFTERNOON PROGRAM

Fellowship Lunch **12:30 – 2:00 PM**

Caring and Sharing **2:00 – 4:00 PM**

Departmental Meetings **4:00 – 5:00 PM**

Sundown, Tea and Departure **5:00 – 6:00 PM**

On Duty

Elder: Elder Samuel Balyejjusa

Deaconates: Calista, Trudie, Rhona, Joshua Kafeero, Moses, Ivan

Choristers: Dan, Teddy, Grace

Introit: Surely the Presence of the Lord Is in This Place (Genesis 28:16)

Surely the presence of the Lord is in this place;

I can feel His mighty power and His grace.

I can hear the brush of angel's wings, I see glory on each face;

Surely the presence of the Lord is in this place.

Call to Worship: Colossians 3:13,14

Elder: *“If anyone has a complaint against another, even as Christ forgave you, so you also must do.”*

Congregation: *“But above all these things put on love, which is the bond of perfection.”*

All: **“AMEN.”**

Doxology: Glory Be to the Father SDAH 660

Glory be to the Father, and to the

Son and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end.

Amen, Amen.

Welcome Song: Family of God (Psalms 34:3)

I'm so glad I'm a part of the Family of God,

I've been washed in the fountain, cleansed by His blood!

Joint heirs with Jesus as we travel this sod,

For I'm part of the family,

The Family of God x 2

For I'm part of the family the family of God.

Prayer Song: Blessed be the Name of the Lord (Psalm 72:19)

Blessed be the name of the Lord,

He's worthy to be praised and adored;

So we lift up holy hands in one accord,

Singing, "Blessed be the name, blessed be the name,

Blessed be the name of the Lord.

As Deacons & Deaconesses bring in the offertory

We Give thee but Thine Own SDAH 670

We give thee but Thine own,

Whate'er the gift may be;

All that we have is Thine alone,

A trust, O Lord, from Thee

Amen

Affirmation: Be Exalted, O God (Psalm 57:20-11)

I'll give thanks to Thee, O Lord, among the people.

I will sing praises to Thee among the nations.

For Thy steadfast love is great, is great to the heavens;

And Thy faithfulness, Thy faithfulness to the clouds.

Be exalted O God, above the heavens; Let Thy glory be over all the earth.

Be exalted, O God above the heavens; Let Thy glory be over all the earth.

OPENING SONG: SDAH 522

My Hope is Built on Nothing Less

1. My hope is built on nothing less
than Jesus' blood and righteousness.
I dare not trust the sweetest frame,
but wholly lean on Jesus' name.

Refrain

**On Christ the solid rock I stand;
all other ground is sinking sand,
all other ground is sinking sand.**

2. When darkness seems to veil His face,
I rest on His unchanging grace.
in every high and stormy gale,
my anchor holds within the veil.

3. His oath, His covenant, His blood
supports me in the whelming flood.
When all around my soul gives way,
He then is all my hope and stay.

4. When He shall come with trumpet sound,
O may I then in Him be found!
Clad in His righteousness alone,
faultless to stand before the throne.

Next Sabbath (17th February 2024)

Theme	<i>Music Sabbath</i>
Preacher	<i>Mt. Olives Choir</i>
Elder on Duty	<i>Eld. SP Mayanja</i>
Deaconry	<i>Paul S, Juliet, Lillian, Becky B, Ivan, Dennis, Ssonko</i>
Choristers	<i>Herman, Grace, Elijah</i>
Sabbath School	<i>Moriah</i>
Wednesday Fellowship	<i>Pr. Sebaggala</i>
Friday Vespers	<i>Adventist Men</i>
Serving Family	<i>Gilead</i>

