

Living the Truth: Chapter 46

The Eucharist

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Outline

1 The Eucharist

- Looking at the Bible
- Looking at History
- Going in depth
- Outcomes

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Christ's Promise

- What it was.
- How the Jews understood it.
- How Christ approved of their interpretation.
- How He re-acted to their refusal to accept it.

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Its Fulfilment

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- Why they must be taken in their proper sense.

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St. Paul's Testimony

- In regard to unworthy Communions.
- In regard to idolatry.

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Tradition

- Early Documents.
- The Fathers.
- Drawings.
- Inscriptions.
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How He Becomes Present

- Substance and accident.
- Kinds of change: Accidental; substantial; transubstantiation.
- Why transubstantiation is unique.

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Consequences

- The accidents of bread and wine remain.
- Body and Blood separated sacramentally.
- Whole Christ under either species.
- Christ present with His natural dimensions.
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A Sacrament

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Its Worthy Reception

- Baptised.
- Grace.
- Fasting.
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Its Effects

- Union with Christ.
- Union with Christ.
- Union with fellowmen.
- Increase of grace.
- Increase of charity.
- Increase of gifts.
- Supernatural nourishment.
- Assimilation to Christ.
- Integrity.
- Privilege of acting as host to God.
- Glorious resurrection.

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Practical Conclusions.

- I should receive Communion very often — daily if I can.
- I should make a good preparation and thanksgiving.
- I should try to visit Our Lord in the Eucharist every day.
- I should never miss Benediction when I can be present at it.
- I should practise the devotion to the Eucharistic Heart of Christ.

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