- Add 2.5 ml bead solution (also in the cold room) work @ RT
- 0.25 ml Solution SR1
- 0.8 ml of Solution IRS

Note: volume now is ca. 4 mL

- Add 2g samples to the 15 ml bead tube (provided)

Note: work on metal plate pre-cooled at -80 C (at least for 3-4 hours), and open tube in a petri dish; add sediments to extraction tube to reach ca. 6 mL.

- Add 3.5 ml Phenol/chloroform/isoamyl alcohol.
- Cap and vortex the bead tube to mix until the biphasic layer disappears.
- Place the bead tube on a vortex adapter and vortex at maximum speed for 20 min.
- Remove the bead tube and centrifuge ad 3000x g for 10 min.
- **Transfer the upper phase** to a clean 15 ml collection tube (provided). Discard the phenol/chloroform/isoamyl alcohol.
- Add 1.5 ml of solution SR3 to the aqueous phase and vortex to mix.
- Incubate at 2-8°C for 10 min
- centrifuge at 2500x g for 10 min at RT
- **Transfer the supernatant**, without disturbing the pellet, to a new 15 ml collection tube (provided)
- Add 1:1 vol of Solution SR4 (ca. 5-6 ml) to the supernatant in the collection tube and invert or vortex to mix.
- Incubate at -20°C for 1 h.
- Centrifuge at 2500x g for 30 min.
- **Decant the supernatant** and invert the 15 ml collection tube on a paper towel for 5 min.
- Shake solution **SR5 to mix and add 1 m**l to the 15 ml collection tube. Resuspend the pellet completely by repeatedly pipetting or vortexing
- Prepare one **mini column** for each RNA isolation sample:
 - o Remove the cap of a 15 ml collection tube and place the RNA capture column inside it. The column will hang in the collection tube
 - o **Add 2 ml of Solution SR5** to the mini column. Allow it to completely gravity flow through the column and collect in the 15 ml tube.
- **Add RNA isolation sample** from step 12 onto the mini column and allow it to gravity flow through the column into the 15 ml collection tube.
- Add 1 ml of solution SR5 to the mini column and allow it to completely gravity flow into the 15 ml collection tube
- **Transfer the mini column** to a new 15 ml collection tube.
- Shake solution **SR6 to mix and then add 1 ml** to the mini column to elute the bound RNA. Allow solution SR6 to gravity flow into the 15 ml collection tube
- Transfer the eluted RNA to a 2.2 ml collection tube.
- Add 1 ml of solution SR4. Invert at least once to mix and
- Incubate overnight at -80°C and then 30 min at -20°C or 1 hours at -20°C
- Centrifuge the 2.2 ml collection tube at **13000x g for 15 min** to pellet the RNA.
- **Decant the supernatant** and invert the 2.2 ml collection tube onto a paper towel for **10** min to air dry pellet
- Resuspend the RNA pellet in 50 μl of solution SR7 and transfer in a PCR tube (0.5 mL)

Note: This is a potential stopping point. Store the sample at -80 °C.

Procedure for DNA removing with TURBO DNA-free Kit (ambion)

Note: pre-heat the waterbath at 37°C

- add 5 μ l (0.1 volume) of **10X TURBO DNase Buffer** and 1.5 μ l of **TURBO DNase** to the RNA, and mix gently (flicking the bottom of the tube)
- incubate at 37°C for 20 min in pre-heated waterbath
- Remove the mixture from the waterbath, and add an additional
- 1.5 µL of TurboDNase.
- Return to the waterbath for another 20 min.
- add 10 μ l (0.2 volume) of resuspended **DNase Inactivation Reagent** and mix well, incubate 2-5 min at room temperature (22-26°C) and mix (2-3 times by flicking), vortexing every 20 or 30 s

Note: if DNase Inactivation Reagent is difficult to pipette see Kit instruction!

- centrifuge at 10,000 rpm for 1.5 min (set 2 min)
- Being careful not to disturb the inactivation reagent at the bottom of the tube, transfer the supernatant (\sim 50-60 μ L) to a new V-collection tube and place on ice.
- adjust volume to 100 μL with 40-50 μL of RNase free water (e.g. use that provided in Clean up kit)

Note: This is a potential stopping point. Store the sample at -80 °C.

Procedure for RNA purification and concentration with RNeasy MinElute Clean up kit (Qiagen)

Note: as final eluent solution use 30 µl of **RNA Secure 1x solution** (ambion), pre-heat the solution at 60°C, and let cool down at room temperature right before use (see kit instruction).

- to 100 μl of RNA add 350 μl **Buffer RTL**, and mix well
- add 250 µl of 96-100% ethanol and mix well by pipetting
- transfer the sample (700 μ l) to a RNeasy MinElute spin column placed in 2 ml collection tube (supplied), close the lit and centrifuge for 15 sec (set 20 sec) at 10,000 rpm
- discard the flow-through
- place the RNeasy MiniElute spin column in a new 2 ml collection tube (supplied), and add 500 µl **Buffer RPE**, centrifuge for 15 sec (set 20 sec) at 10,000 rpm
- discard the flow-through
- -add 500 µl **80% ethanol** (prefiltered) to a RNeasy MinElute spin column, close the lit and centrifuge for 2 min (set 2:30 min) at 10,000 rpm
- discard the flow-through and collection tube
- place the RNeasy MiniElute spin column in a new 2 ml collection tube (supplied), open the lit of the spin column and centrifuge for 5 min at 10,000 rpm
- discard the flow-through and collection tube
- place the RNeasy MiniElute spin column in a new 1.5 ml collection tube (supplied), add 30 µl of **RNA Secure 1x solution**, centrifuge for 1 min (set 1:30 min) at 10,000 rpm, repeat
- pass the flow-through (eluent+RNA) a second time on the same spin column, make sure the liquid is over the filter before centrifugation
- store RNA at -80°C.