



## Food Technology Course Content

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Engineered for skill enhancement.



## PROGRAM HIGHLIGHTS

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- **Accredited Certificates:** ISO-recognized course completion
- **Internships:** Industry-focused roles in food labs and manufacturing units
- **Placement Assistance:** Mentorship from food technologists and R&D experts
- **Basic to Advanced Level Training:** Core science to modern innovations
- **Live & Recorded Lectures:** Learn anytime, anywhere
- **Hands-On Projects:** Real-world formulation, testing, and product development



# ABOUT US

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**OUR MISSION:** NxtSync is committed to building next-generation food technologists who balance nutrition, sustainability, and food safety.

**OUR VISION:**

- UPSKILL:** Gain deep insights into food systems
- INNOVATE:** Develop safe, sustainable, and nutritious solutions
- EXCEL:** Prepare for impactful careers in food industries and R&D



## WHY FOOD TECHNOLOGY?

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- High demand in FMCG, R&D, and regulatory sectors
- Critical for ensuring food safety and global nutrition
- Involves innovation in product development, shelf-life enhancement, and packaging
- Rapid growth in functional foods, nutraceuticals, and alternative proteins



# LEARNING PATH

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- Fundamentals of Food Science
- Food Microbiology & Safety
- Food Chemistry & Nutrition
- Food Processing Techniques
- Packaging, Preservation & Storage
- Quality Assurance & HACCP
- Sensory Evaluation & Product Development
- Emerging Technologies & Trends
- Industrial Case Studies & Capstone Project



# DETAILED MODULE BREAKDOWN

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## **Module 1: Introduction to Food Technology**

- Overview of the Food Industry
- Key Disciplines: Chemistry, Microbiology, Engineering
- Global Food Trends & Career Opportunities

## **Module 2: Food Microbiology & Safety**

- Microorganisms in Food
- Spoilage, Fermentation, and Pathogens
- Foodborne Illnesses & Sanitation



### **Module 3: Food Chemistry & Nutrition**

- Macronutrients & Micronutrients
- Food Additives, Enzymes, and Preservatives
- Nutritional Labelling and Fortification

### **Module 4: Food Processing Techniques**

- Thermal & Non-Thermal Processing
- Drying, Freezing, Pasteurization, Extrusion
- Innovations in Minimal Processing



## **Module 5: Packaging, Storage & Preservation**

- Food Packaging Materials & Methods
- Shelf-Life Testing
- Storage Conditions and Logistics

## **Module 6: Quality Assurance & HACCP**

- Food Quality Standards (FSSAI, ISO, Codex)
- HACCP Principles and GMP
- Audits and Certification Processes



## **Module 7: Sensory Evaluation & Product Development**

- Sensory Science Basics
- Designing and Testing New Food Products
- Consumer Preference Studies

## **Module 8: Emerging Trends & Technologies**

- Functional Foods & Nutraceuticals
- Plant-Based and Alternative Proteins
- Food Waste Reduction & Sustainability

## **Module 9: Research & Capstone Project**

- Formulation or Process Design Project
- Lab Simulation or Industry-Based Case Study
- Final Report, Presentation & Peer Feedback



## ASSIGNMENT'S & ASSESSMENTS

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- Weekly lab or case-based assignments
- Mid-term mini food formulation projects
- Final Capstone Project with real-world application
- Interactive tastings, sensory tests, and presentations



## TOOLS & FRAMEWORKS USED

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- Food Lab Equipment (pH meters, viscometers, etc.)
- Nutrition Analysis Tools (FoodData Central, NutriCalc)
- Sensory Evaluation Kits
- MS Excel, SPSS or R for Data Analysis
- HACCP Software Tools (SafeFood 360, etc.)



## RECOMMENDED READING

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- **“Food Science” by Norman N. Potter**
- **FSSAI Training Manuals & Resources**
- **Institute of Food Technologists (IFT) Journals**
- **Coursera, NPTEL, and EdX Food Tech Courses**
- **YouTube Channels: SciShow, FoodUnfolded, Food Tech Talks**



## WHY CHOOSE NXTSYNC?

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- Curriculum aligned with global food safety and innovation standards
- Hands-on experience in labs and industry simulations
- Expert mentorship and R&D case studies
- Career opportunities in food production, quality control, and product development

**Start Your Journey with NxtSync Today!!!!**



# THANK YOU

