



Timely Accurate Diagonostics for a TB-Free Africa

# Training on *Mycobacterium tuberculosis*drug susceptibility testing (first and second line LJ DST)

Module 6: Isolate requirements for LJ DST

Venue:

Presenter:

Date:

# Introduction and Objective

#### Introduction

•This module details the characteristics of isolates to be used in LJ DST and their different sources.

#### **Objectives**

By the end of the module ,Participates should;

- Know the qualities of a good isolate for LJ DST
- Understand different sources of isolates to be used

### **Module Outline**

- Source of isolates for LJ DST
- Criteria for acceptance or rejection of isolates
- Preparing the isolate for DST





## **Exercise (5 minutes)**

 List the qualities of a good isolate for LJ DST and Why?





# Sources of isolates for LJ DST

- There are two sources of isolates for LJ DST:
  - External sources
  - Internal source
- External sources: Samples/Isolates referred to DST testing laboratory from another laboratory.
- Internal sources: Culture isolated that are recovered within the DST testing laboratory





### Sources of LJ DST culture isolates

#### **External sources:**

- Positive culture Isolates are more likely to survive transportation conditions.
- Biosafety requirements must be strictly followed to transport isolates for DST.
- Isolates and relevant patient information must be accurately transcribed and transported to the DST testing laboratory.
- Species identification and DST are best performed at National TB Reference Laboratory or other Quality Assured referral laboratories.





# Criteria for rejection of isolates from external sources

- Isolates should not be processed in the following scenarios;
  - No label on tube
  - Improper or leaking container
  - Isolate overgrown with contaminant
    - Caution: Opening tube with mould can contaminate BSC and other specimens
- Contact the submitter to resubmit isolate for rejected isolates.
- Isolates may be processed if minor questions can be clarified
  - Misspellings between tube and request slip Contact submitter to clarify questions

Supranational Reference Laboratory

# Preparation of isolates for LJ

- Use growth on solid medium within 14 days of appearance of positive growth
  - Species Identification test should be performed before use of isolates.
- Transfer a large amount of growth into a tube with distilled water/saline and glass beads; vortex the tube for 1-2 minutes to break the clumps and leave the suspension to settle for 10 minutes.

Reference Laboratory djust the turbidity of McFarland #1.0.

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# DST performed using solid media;

- Possible problems with egg-based media (LJ)
  - Potency of drugs may be diminished during inspissation
  - Components of the eggs (phospholipids, proteins) affect some drugs
- Middlebrook 7H10 agar with OADC
  - Lot-to-lot variations in quality have been reported.
- DST on solid media requires 3 to 4 weeks of incubation





#### **Assesment**

- List some of the sources of isolates for LJ DST.
- What circumstances can result into referred isolates being rejected by the lab they are referred to?
- Positive LJ culture isolates that qualify for DST should be set on LJ DST before antigen test is done: True/False.
- Positive LJ culture isolates should always be more than a month from the day of culture positivity before setting on LJ DST: True/False.





### Summary

- Isolates can either be grown in the DST testing laboratory or referred from another laboratory.
- Isolates should not be tested if they are un-labelled, leaked, contaminated/overgrown with moulds.
- Growth of MTBc should first be confirmed before LJ DST is set.





### **Summary**

 Positive LJ culture isolates that are to be set on LJ DST should be less than 14 days.





### References

• GLI TB training package http://www.stoptb.org/wg/gli/trainingpackages.asp





### **Acknowledgments**



















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