

# **Recommended Metrics to Better Quantify the Effects of Aircraft Noise on Populations Around Airports**

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# Quantification of Noise Effects

[www.hmmh.com](http://www.hmmh.com)

- **Non-Auditory Health Effects**
- **Annoyance**
- **Sleep Disturbance**
- **Effects on Learning**
- **Larry Finegold**
- **Nick Miller**
- **Nick Miller**
- **Ken Plotkin**

■

## **Identified Effect on Populations**

## **Quantification of Effect**

### **Non-Auditory Health Effects**

**Number of people with elevated risk of medically defined “clinical hypertension”**

### **Annoyance**

**Number of people highly annoyed**

### **Sleep Disturbance**

**Number of people awakened at least once during the night by aircraft noise events**

### **Effects on Learning**

**Number of children in schools with aircraft noise exposure exceeding ANSI guidelines**

# Quantification - Non-Auditory Health Effects

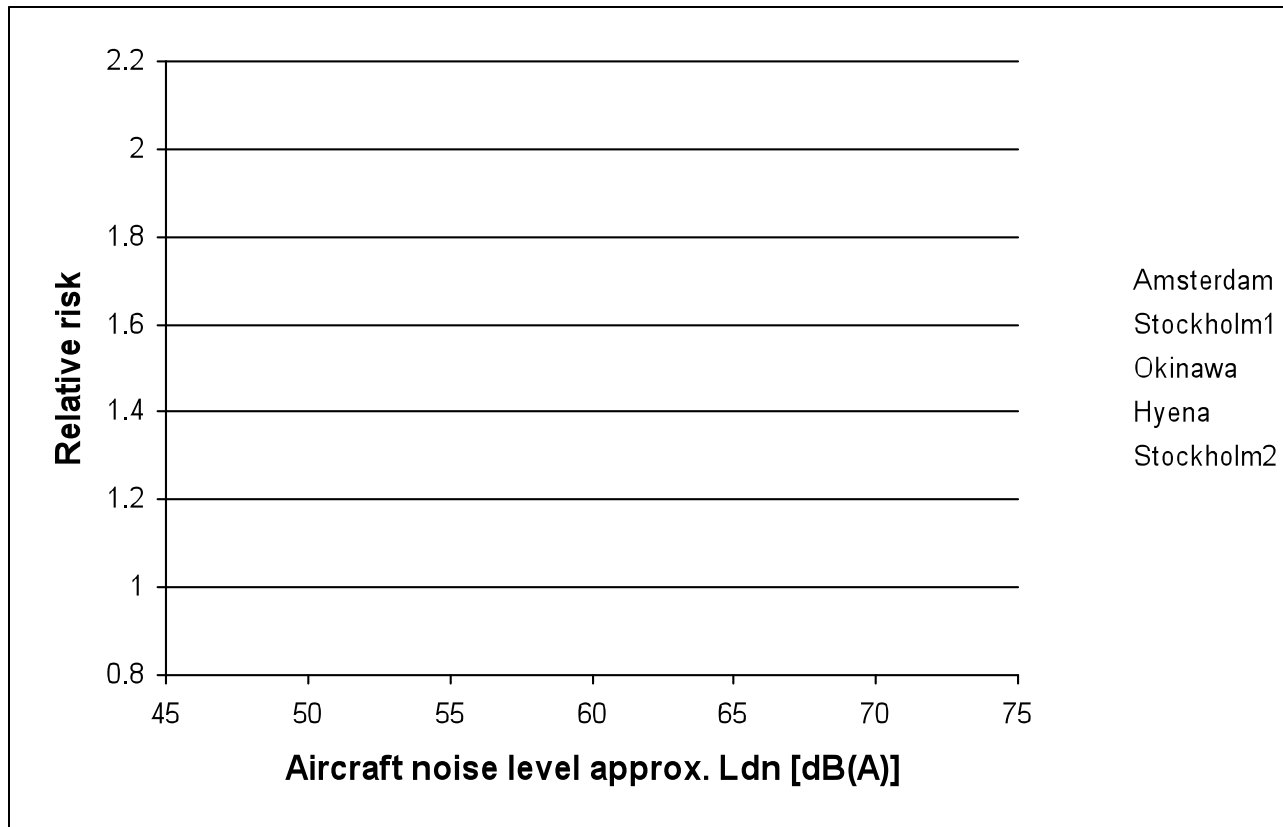
[www.hmmh.com](http://www.hmmh.com)

- **Many studies of health effects – primarily cardiovascular**
- **Best approach would be meta-analysis**
- **Many difficulties comparing / combining studies**
  - Different measures of blood pressure
  - Different means of determining noise exposure
- **However, strong suggestions of correlation of aircraft noise w/ higher blood pressure**

# Quantification - Non-Auditory Health Effects

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## ■ Results of recent meta-analysis



from Babisch, W and van Kamp, I., Draft WHO Workshop Report: "AIRCRAFT NOISE AND HEALTH; Cardiovascular effects of aircraft noise," 2nd draft, December 2007. (Unpublished report)

# Quantification - Non-Auditory Health Effects

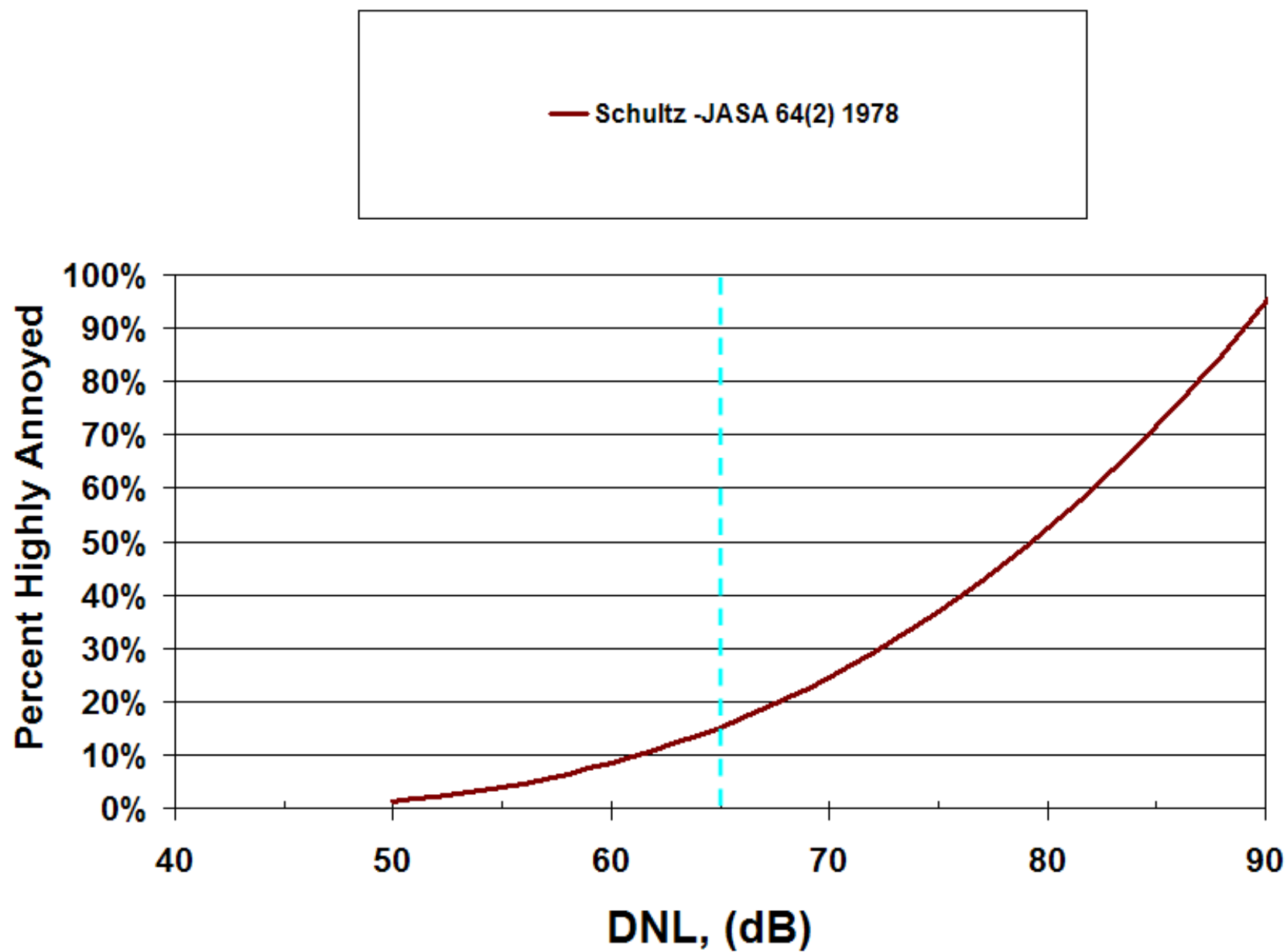
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- **Recommendation**
  - Indication of association of hyper-tension with aircraft noise
  - Insufficient consistency of results to make any recommendation for quantification at this time

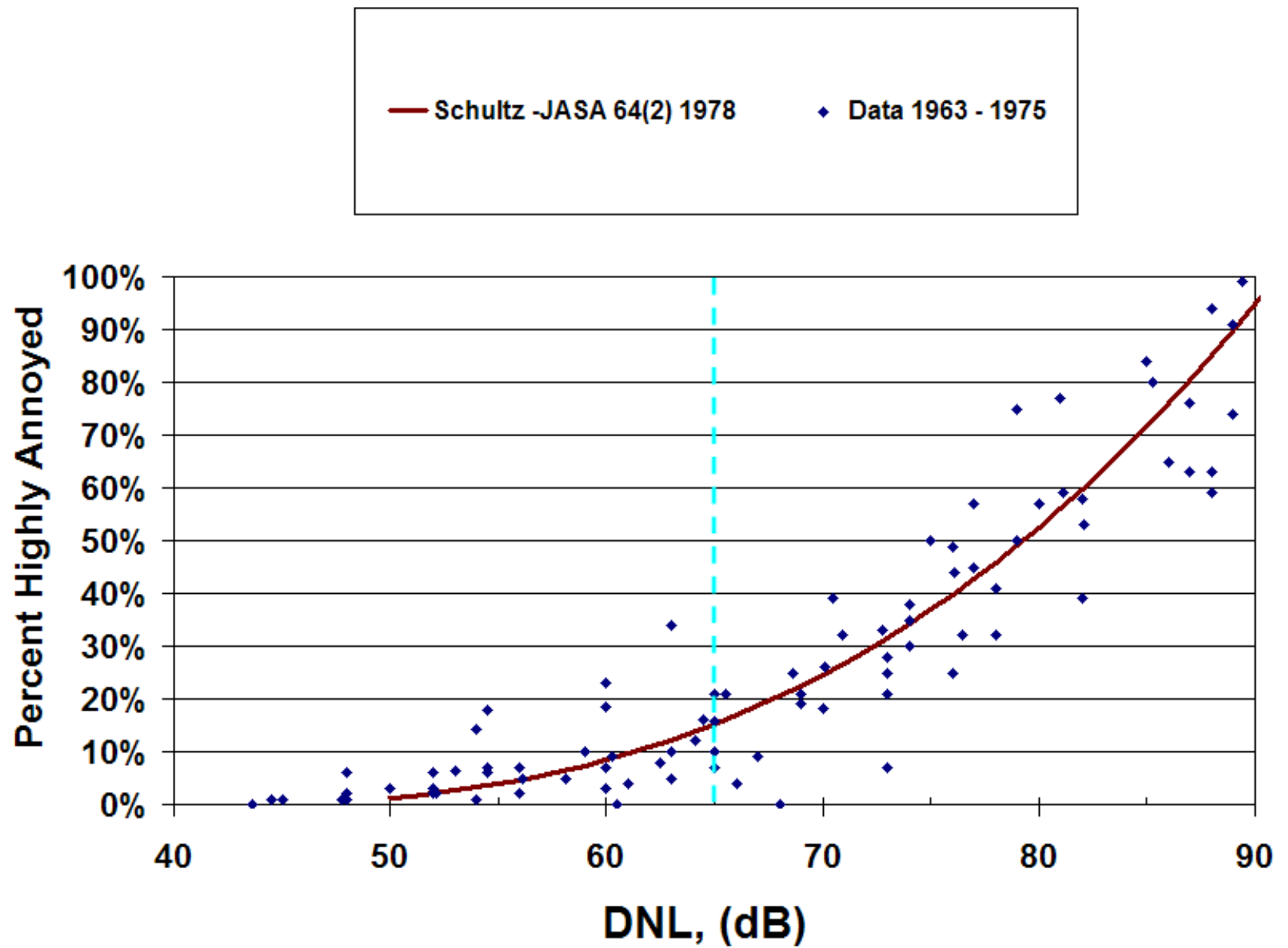
## Quantification - Annoyance

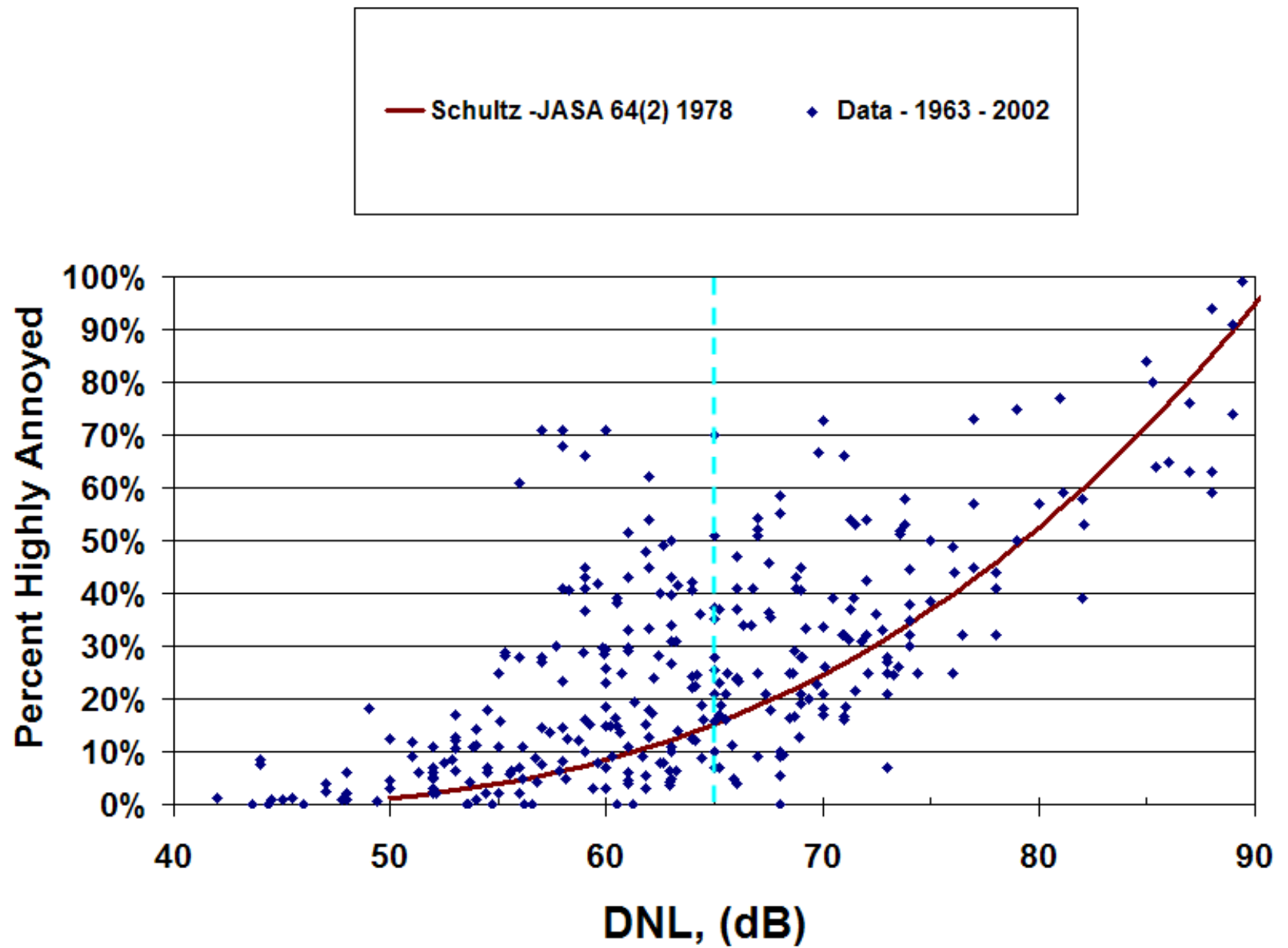
[www.hmmh.com](http://www.hmmh.com)

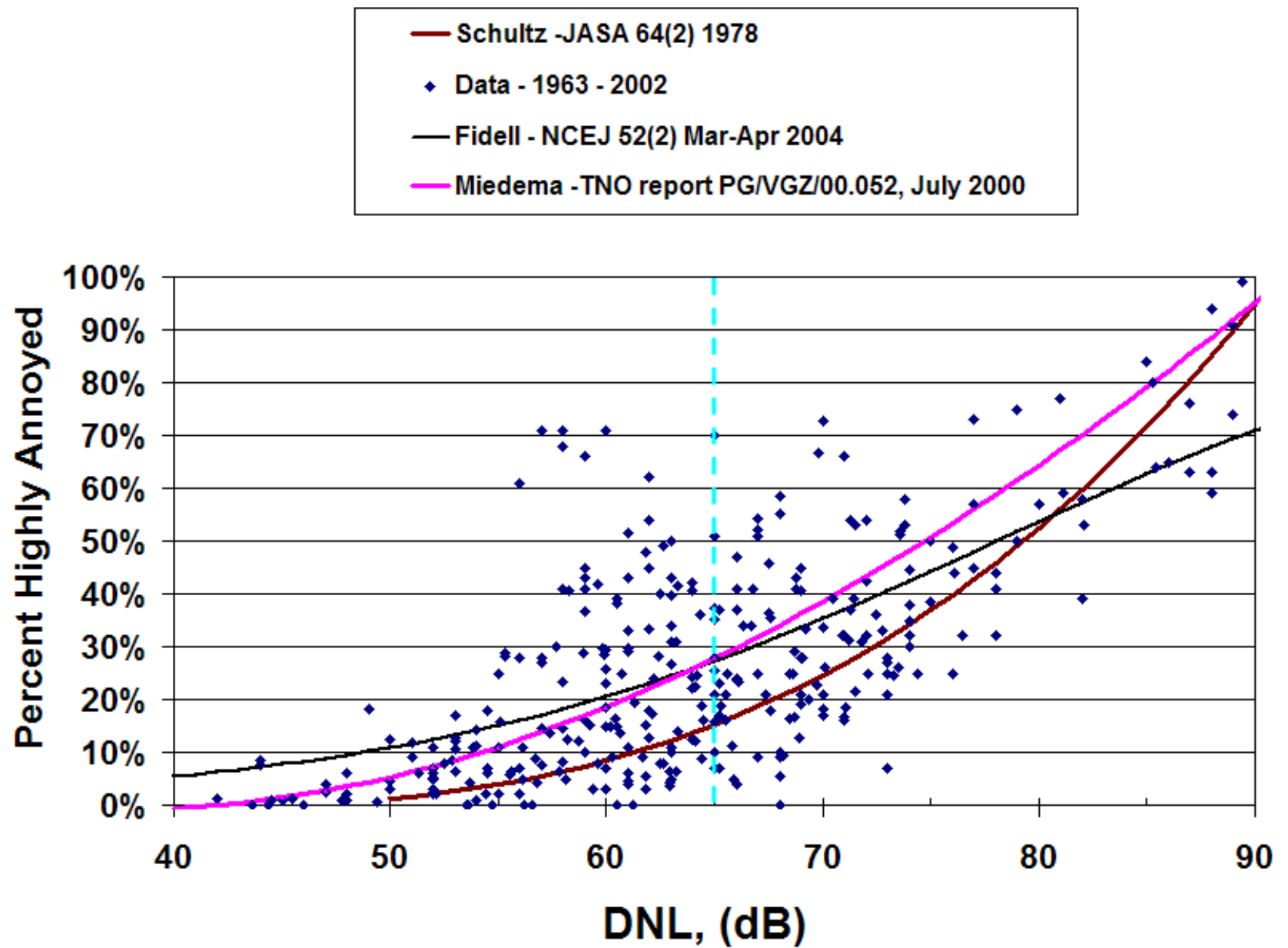
- The “Schultz Curve” is traditional (1978)
- Included all transportation sources
- We want annoyance from aircraft
- Many more annoyance surveys now available











## Quantification - Annoyance

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- **Recommended using Miedema:**

$$\%HA = -1.395 \times 10^{-4} (L_{dn} - 42)^3 + 4.081 \times 10^{-2} (L_{dn} - 42)^2 + 0.342 (L_{dn} - 42)$$

$$\%HA = -9.199 \times 10^{-5} (L_{den} - 42)^3 + 3.932 \times 10^{-2} (L_{den} - 42)^2 + 0.2939 (L_{den} - 42)$$

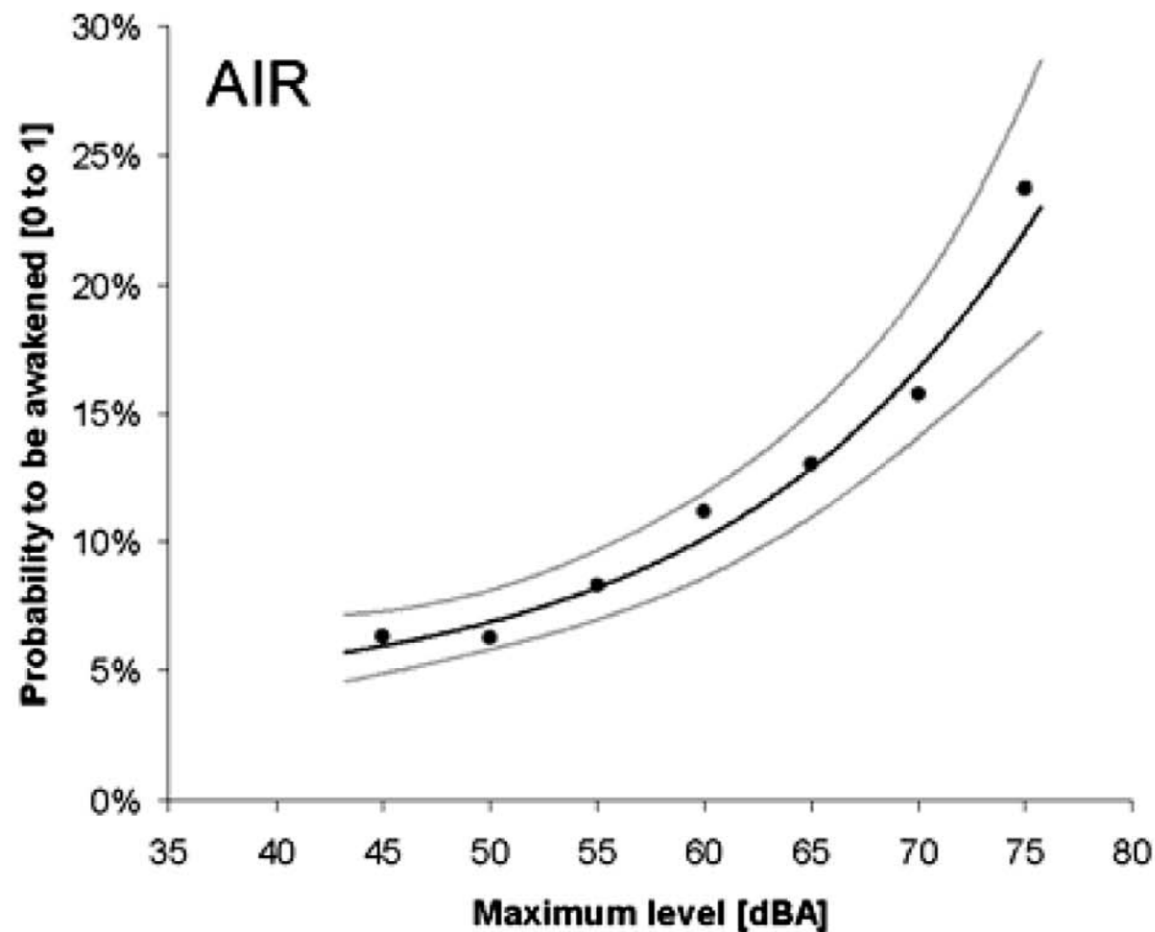
# Quantification - Sleep

[www.hmmh.com](http://www.hmmh.com)

- **Awakening research available:**
  - Behavioral Awakenings
  - Motility
  - Change of sleep structure
- **Recommended Behavioral Awakenings (supported by FICAN)**
  - Easiest to communicate to public
  - No ambiguity about determining awakening

# Quantification - Sleep

www.hmmh.com



From: Marks A, Griefahn B, Basner M (2008). Event-related awakenings caused by nocturnal transportation noise. Noise Control Eng. J. 56 (1), Jan-Feb

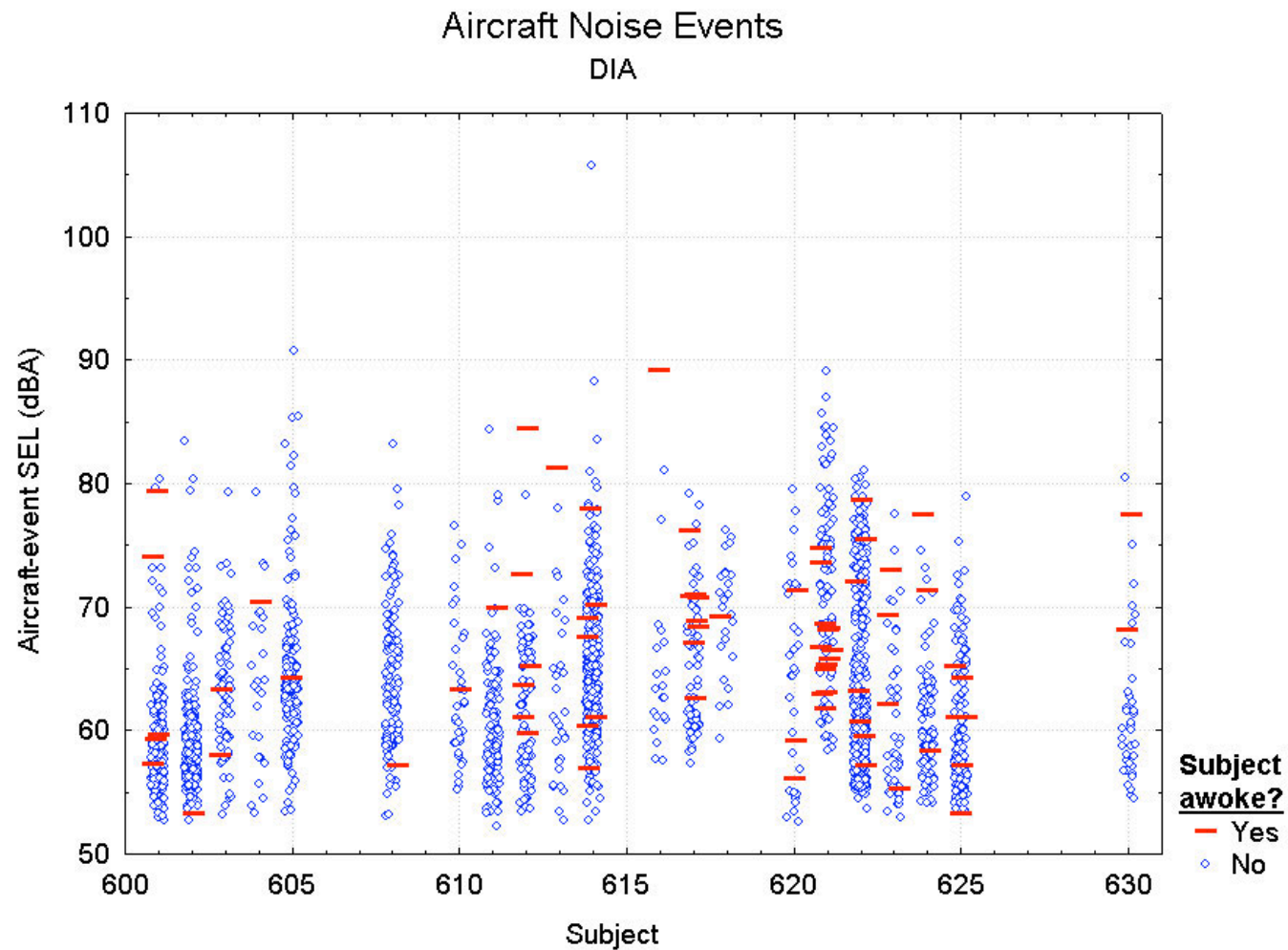
## Quantification - Sleep

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- **Chance of Awakening from Many Aircraft:**
  - One aircraft (Indoor) SEL ~ 90 dB:
    - 10% (or 0.10) chance of awakening
    - 90% (or 0.90) chance of not awakening
  - Two aircraft, both SEL ~ 90 dB:
    - Not awakening or “Sleeping through” means:
      - not awakening from the first, AND
      - not awakening from the second
    - Chance of sleeping through:
      - »  $= (0.9)(0.9) = 0.81 = 81\%$
    - Therefore chance of not sleeping through:
      - »  $= 1 - 0.81 = 0.19 = 19\%$
- **Not sleeping though means you awoke at least once.**

# Quantification - Sleep

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## Quantification - Sleep

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- Resulting probabilities of awakening:

$$P_{awake, single} = \frac{1}{1 + e^{-Z}}$$

## Quantification - Sleep

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- Where:

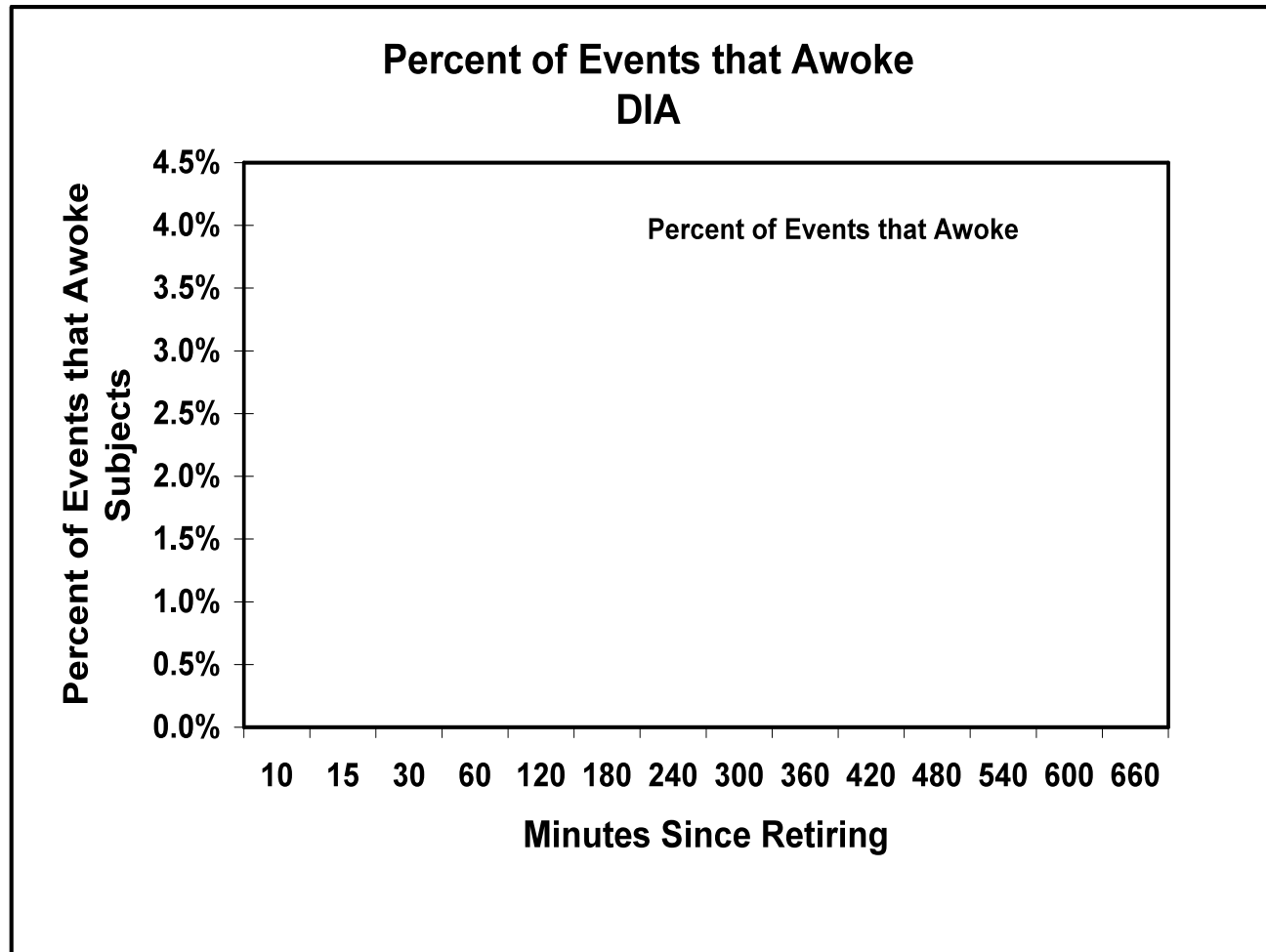
$$Z = \beta_0 + \beta_L L_{AE} + \beta_T T_{retire} + \sum_{s=1}^{s=n-1} \beta_S s$$

Awakening Dose- Relationship	$\beta_0$	$\beta_L$	$\beta_T$	$\beta_S$
<b>ANSI (1)</b>	-6.8884	0.04444	0	0
<b>ANSI (2)</b>	-7.594	0.04444	0.00336	0
<b>W/SENS</b>	-10.723	0.08617	0.00402	Multiple

## Quantification - Sleep

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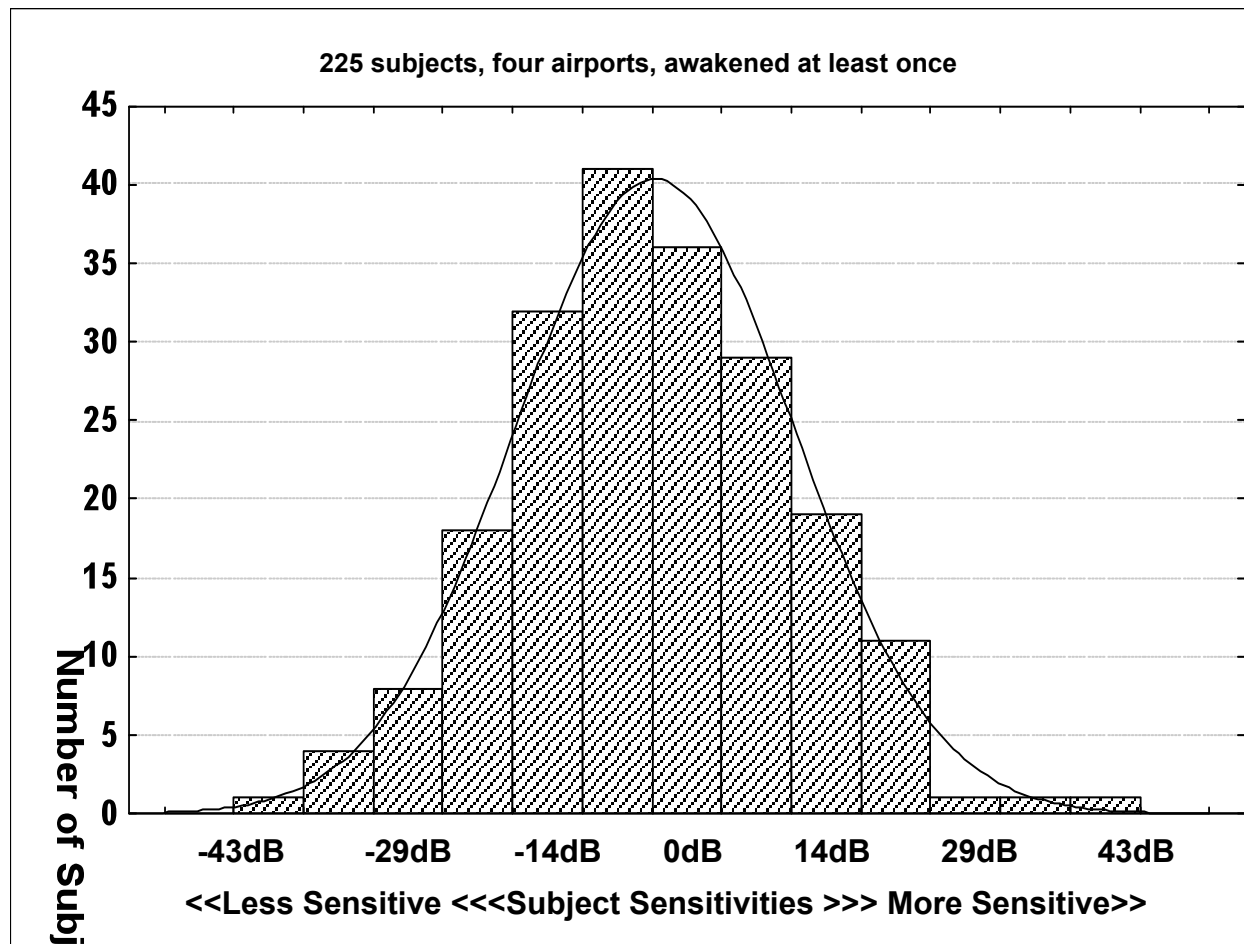
- But people awaken more easily as the night passes



## Quantification - Sleep

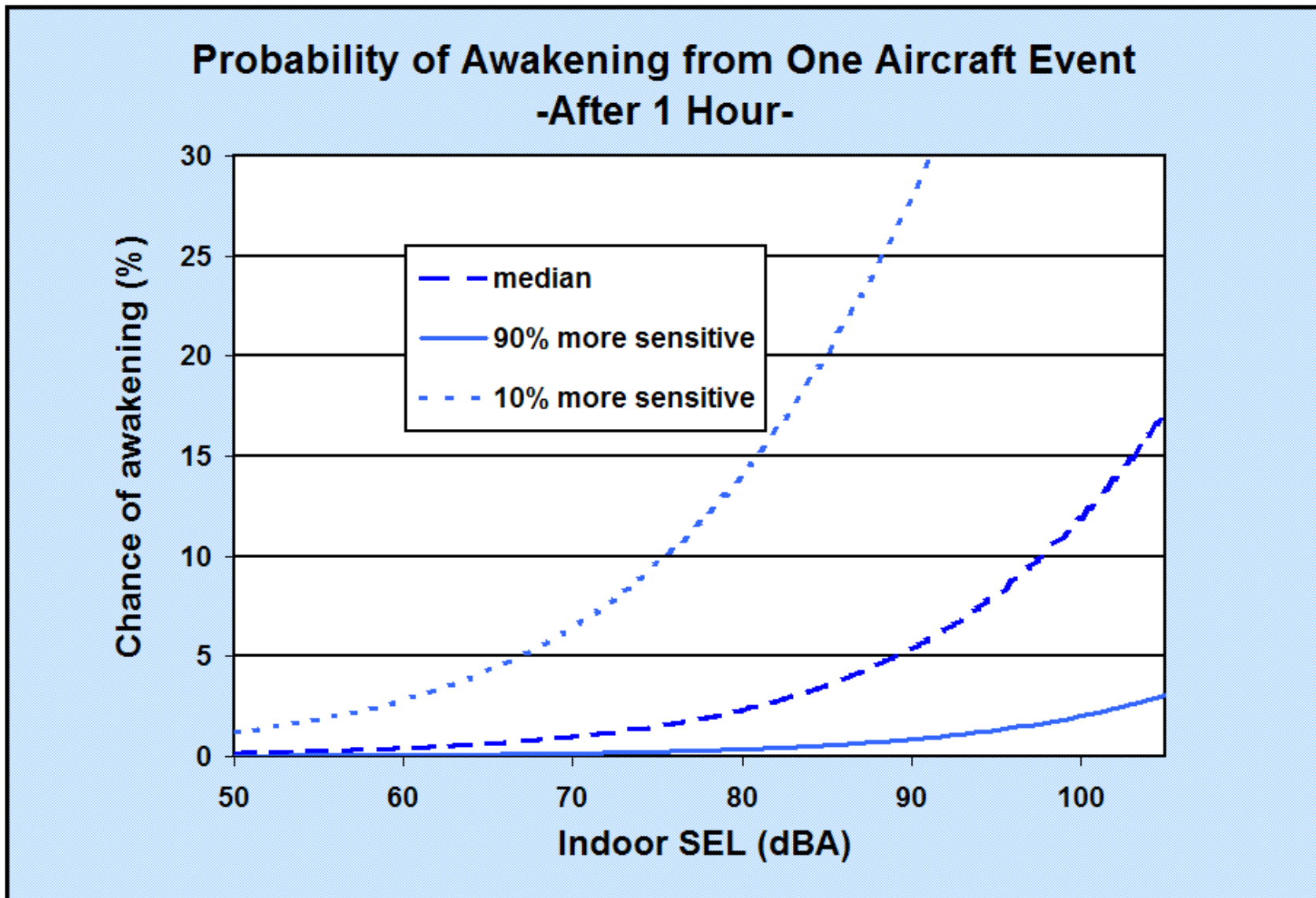
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- And people vary in their sensitivity to awakening



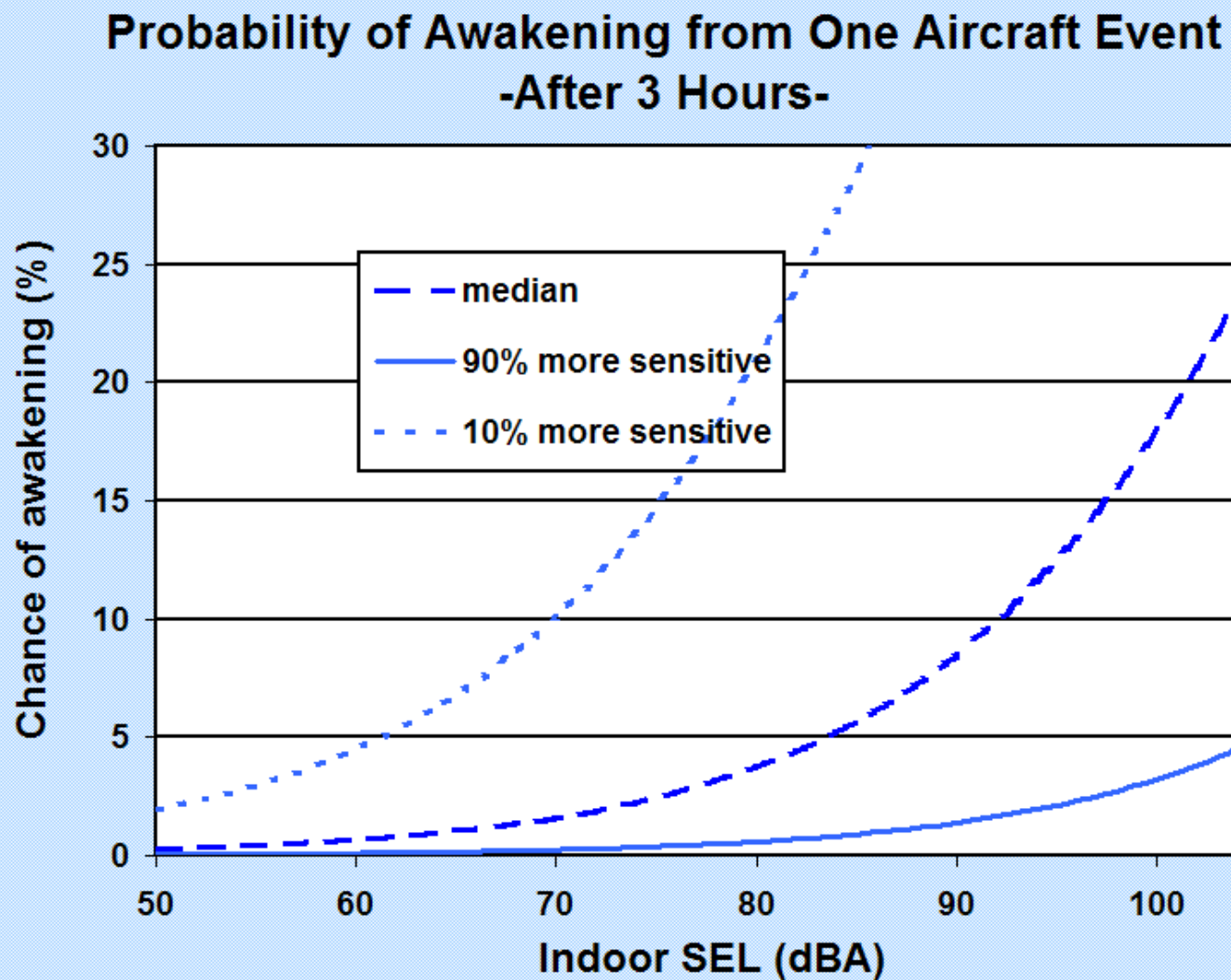
## Quantification - Sleep

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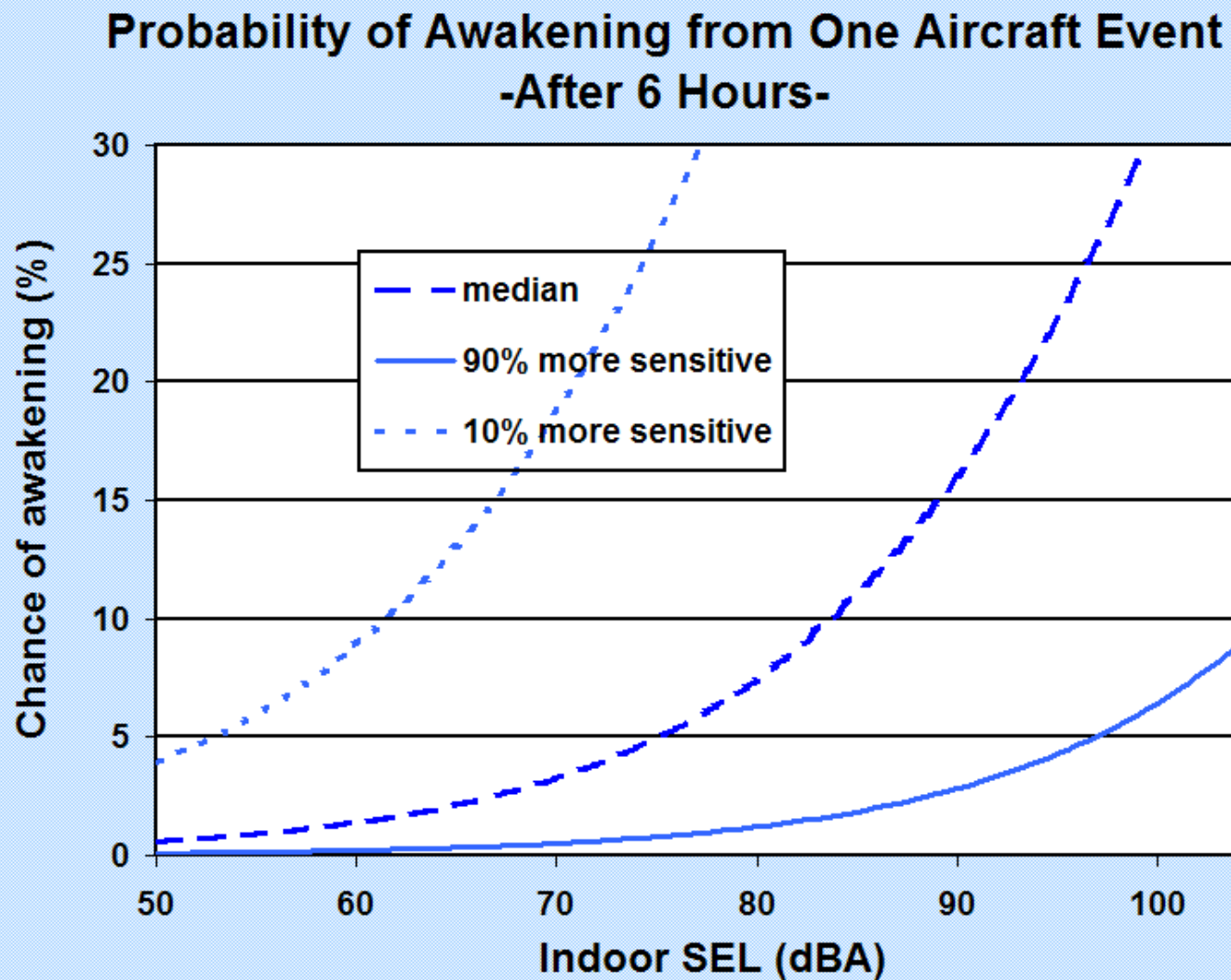
## Quantification - Sleep

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## Quantification - Sleep

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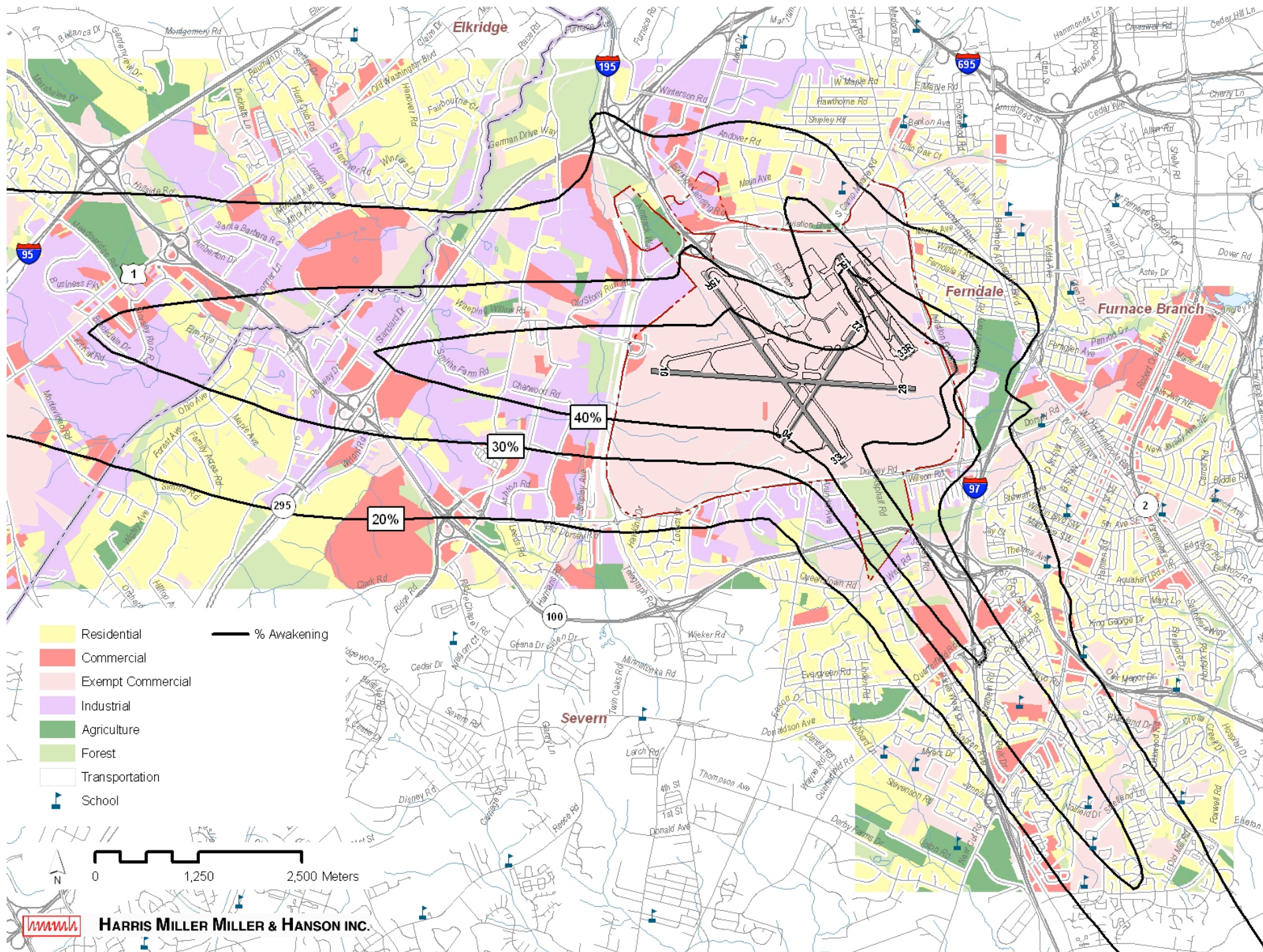


# Quantification - Sleep

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- **Application is point – by – point**
  - Block of population / neighborhood
  - Same sound levels across the block
  - Known number of people
- **Use INM to compute (detailed grid):**
  - All SEL values by time of night (3 periods ok)
  - Number of aircraft for each SEL value
- **The rest is multiplication – for each sensitivity level**
  - Chance of sleeping through all SELs
  - Then  $1 - \text{chance of sleeping through} = \text{chance of awakening}$
  - Multiply chance of awakening times population
- **Add all sensitivities for number of people awakened at least once**





# Quantification - Learning

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- **One of the effects of aircraft noise is speech interference**
  - Produces annoyance – addressed with DNL
  - Can affect learning
- **Acoustical Society of America and the Institute of Noise Control engineers addressed learning**
- **Lead to American National Standards Institute Standard:**
  - ANSI S12.60-2002, "Acoustical Performance Criteria, Design Requirements, and Guidelines for Schools," June 2002

# Quantification - Learning

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- **ANSI S12.60-2002 for core spaces < 20,000 cubic feet**
  - Steady noise:  $L_{eq}$  not to exceed 35 dB
  - Transportation noise:  $L_{eq}$  and  $L_{10}$  not to exceed 40 dB
  - > 20,000 cubic feet, 5 dB higher
  - Based on signal to noise ratio of at least 15 dB
- **Recommendation**
  - Assume outdoor-to-indoor reduction is 25 dB to 30 dB
  - Use outdoor school day hourly  $L_{eq} > 65$  dB to indicate impact on learning (accounts for situations where  $L_{10} > L_{eq}$ )
  - Use actual outdoor-to-indoor reduction if known
  - Compute number of students in schools with impact