


My 5-Minute Non-Stop Talk!

 [Opening – Getting Comfortable]

Hey everyone! Great to be here. I'm super excited because this is the only time I get to speak non-stop for 5 minutes and no one yells, "Kanna, poyi padi!" (My child/dear, go study!)

You ever notice how every Indian household has a plastic bag full of plastic bags? Like... it's the Bagfather. You open the kitchen drawer, and it's just like—"I'm gonna make you an offer you can't reuse."

Parents and Tech - A New Era

 [Parents and Tech]

My parents just discovered voice assistants—like Alexa, Siri... And now they think they're gods. My dad actually yelled at Alexa: "Alexa! Turn off the fan!" The fan's not even connected. It's an old ceiling fan from the 90s. Alexa was like, "Bro, I'm not God. I'm Wi-Fi."

My mom tried to use Google Assistant the other day. She said, "OK Google, remind me to make dosa at 5 PM."

Google responded, "Setting reminder: 'Make dosa at 5 PM.'"

Mom says, "You're a nice girl. Do you want a **maapillai**?" (Do you want a groom/son-in-law?)

Zoom Struggles - The New Normal

 [Zoom Struggles]

Remember during lockdown, how everyone became a Zoom expert? First few days it was all "Can you hear me? Am I on mute?"

Now we're all just casually eating **sambar sadam** in board meetings. "Yes, sir, I think the quarterly report—munch munch—is on track. Also, extra **appalam** please."

Online Shopping vs. Reality - A Disappointing Match

 [Shopping Online vs. Reality]

Shopping online is like dating apps. You swipe, you fall in love with the picture, you wait... Then it arrives and you're like, "What is this??"

I ordered a shirt, got a handkerchief. Apparently, in China, I'm size XXL.

The return process is like a breakup. "What was the reason for return?" – "It's not you, it's

your stitching.”

WhatsApp University - The Source of All Knowledge

🎤 [WhatsApp University]

You know Indian aunties don't need CNN or BBC. They have WhatsApp University. One aunty told me, “**Kanna**, if you drink hot water while chanting ‘**Thiruppugazh**’ backwards, Corona will run away.” (Thiruppugazh is a famous collection of Tamil religious hymns.)

I was like, “Aunty, at this point, even Corona is confused.”

And the family group chats? You post one selfie and suddenly you've got 57 flower emojis, 16 “Romba azhagu da chellam” messages (So pretty, my dear/darling), and one uncle who says, “Who is this?” It's me, uncle. ME. I've aged because of your forwarded messages.

Gym Goals and Realities - A Constant Battle

🎤 [Gym Goals and Realities]

I went to the gym for the first time... in 3 years. I walked in, looked at the treadmill, it looked at me, and we both agreed: “No need.”

They say “No pain, no gain,” but my body was like, “Forget gain, let's talk survival.”

After 5 minutes on the cycle, my legs were like, “**Ambulance ah koopudu, indha manushan engala konnuddan!**” (Call the ambulance, this man is trying to kill us!)

Food is Life - The Ultimate Dilemma

🎤 [Food is Life]

I tried dieting. For like... one hour.

Mudhalali (Boss/Owner), **Mamanar** (Father-in-law), **Maamiyar** (Mother-in-law)... sounds like names of relative troubles, right? (This is a playful way to refer to the complexity/difficulty of diet plans, linking them to challenging family relations in a humorous way, as opposed to direct translation of Keto/Paleo which don't have similar Tamil puns).

“Introducing Captain **Kozhukattai**! Defender of fat-free justice!” (Kozhukattai is a popular South Indian sweet/savory dumpling, adding a humorous, relatable food item to the “superhero” name.)


Meanwhile, I'm still trying to figure out if **idli** is evil or not.

One expert says, “Carbs are the enemy.”

Another says, "Carbs are fuel."

I'm just standing in the middle with a **vada** like, "Let me think about it."

Outro – Wrapping Up

 [Outro – Wrapping Up]

Before I go, let me give you life advice:

If you ever feel useless, remember there's a "skip intro" button on Netflix. But we never press it... because sometimes, you just want the music, the vibe, the feeling that you've accomplished something... even if it's watching 17 episodes in one sitting.

Thank you so much, you've been a wonderful audience!

Remember: Keep laughing, it's the only exercise some of us are doing regularly! 😊
