

ANIA NOVA

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Height: 5' 9 (1m 76cm)

Size: 8 (38)

Hair: Blond

Eyes: Blue/Green



TELEVISION

Headhunters
Wisting, Season 2
Occupied, Season 2

Recurring / Tanya
Guest-star / Regina
Co-star

Yellow Bird
ITV Studios Norway
Yellow Bird

FILM

Hysteria
Deny
Mortal
A Brixton Tale

Supporting
Lead
Day Player
Day Player

Ivan I. Tverdovskiy, dir.
MetFilm Production, Independent
André Øvredal, dir.
Darragh Carey and Bertrand
Desrochers, dir.

THEATRE

Dante Reloaded

Mask performer

T-Werk Performing Arts Theater,
Germany

COMMERCIALS

Conflict Upon Request

TRAINING

Six Months Acting For Film, MetFilm School, London:
Meisner and Stanislavski Technique, Script Analysis, Acting for Multicam, Audition, Arkie Reece
Stage combat, David Cheung | Voice & Accent, Nancy Wigglesworth, Nina Zendejas | Movement, Matthew
Gordon-Martin | Motion Capture, the Imaginarium Studios, Ealing Studios
Meisner and Method Acting, Kirk Baltz
BA in Drama and Theatre, OsloMet University: Stanislavski, Leqoc, Improv, Clown Techniques
The Chubbuck Technique | Vera Holte, Oslo

AWARDS

Best Supporting Actress: Independent Shorts Awards, LA 2019

SPECIAL SKILLS

English, Norwegian, Russian, French (basic), German (basic), Firearms, Body Combat, Mocap, Ice Skating,
Cross-country Skiing, Canoeing, Rafting, Stand-up Paddling, Swimming, Tennis, Cycling, Volleyball, Yoga &
Pilates, Belly Dance, Pole Dance, Latin Dance, Mask Performance, Physical Theater, Poetry Reading, Voiceover,
Driving license.