

# Managing subscriptions for activity on GitHub

To maintain sustainable notification workflows, understand and regularly review your subscriptions.

---

## Viewing your subscriptions

To understand where your notifications are coming from and your notifications volume, we recommend reviewing your subscriptions and watched repositories regularly.

---

## Managing your subscriptions

To help you manage your notifications efficiently, there are several ways to unsubscribe.

---

## Legal

© 2023 GitHub, Inc. [Terms](#) [Privacy](#) [Status](#) [Pricing](#) [Expert services](#) [Blog](#)