```
1 "/Users/victorenogwe/Library/Mobile Documents/com~
   apple~CloudDocs/Documents/CSU GLOBAL/CSC 450/Module
    Seven/Portfolio Milestone/cmake-build-debug/
   Portfolio_Milestone"
 2 Running Count Up and Down Main Thread Process:
   91107
3 Count Up and Down Main Thread: 0x7ff84f6387c0
 5 Running Count Up Thread Process:
                                      91107
6 Count Up Thread: 0x7000007c6000
 7 Count From 0 to 20
 8 0
 9 1
10 2
11 3
12 4
13 5
14 6
15 7
16 8
17 9
18 10
19 11
20 12
21 13
22 14
23 15
24 16
25 17
26 18
27 19
28 20
29
30 Running Count Down Thread Process:
                                        91107
31 Count Down Thread: 0x700000849000
32 count from 20 to 0
33 20
34 19
35 18
36 17
37 16
```

```
38 15
39 14
40 13
41 12
42 11
43 10
44 9
45 8
46 7
47 6
48 5
49 4
50 3
51 2
52 1
53 0
54
55
56 Process finished with exit code 0
57
```