

Seasonality of Marshallese Food Plants

• = In full production; + = Harvestable

	January	February	March	April	May	June	July	August	September	October	November	December
<i>Artocarpus altilis</i> (breadfruit)		•	•		+	•	•	•	+			
<i>Artocarpus mariannensis</i> (seeded breadfruit)					+	•	•	+				
<i>Pandanus tectorius</i> (screwpine)	•	+								+	•	•
<i>Tacca leontopetaloides</i> (arrowroot)	•	•	+						+	•	•	•
<i>Alocasia macrorrhiza</i> (giant land taro)	•	•	•	•					•	•	•	•
<i>Colocasia esculenta</i> (true taro)				+	•	•	•	•	+			
<i>Cyrtosperma merkusii</i> (giant swamp taro)	•	•	•	•	+				•	•	•	•
<i>Cocos nucifera</i> (coconut)	•	•	•	•	•	•	•	•	•	•	•	•
<i>Musa spp.</i> (banana)	•	•	•	•	•	•	•	•	•	•	•	•
<i>Crinum bakeri</i> (lily)	•	•	•	•	•	•	•	•	•	•	•	•
<i>Ixora casei</i> (kajdo)	•	•	•	•	•	•	•	•	•	•	•	•

From: Spennemann, D. H.R. 1992. *Makmōk—Notes on the Occurrence, Utilization, and Importance of Polynesian Arrowroot* (*Tacca leontopetaloides*) in the Marshall Islands. Majuro, Marshall Islands: Republic of the Marshall Islands Historic Preservation Office, Family Food and Nutrition Programme.